

Mental Health and Addiction Committee

MINUTES

THUR, August 14, 2025 at 12:00pm to 1:00pm 3rd Floor, ASSEMBLY ROOM Floyd County Courthouse

- **I.** Welcome, Attendance and Announcement of Proxies (See attached attendance.)
- II. Approval of Minutes (March and June, 2025). Both approved unanimously. Lorch motion. Hodges seconded.
- **III.** New Business and Committee Reports
 - A. State/DMHA Match Grant update
 - a. Prevention target: Meribeth Wolfe presentation (see attached). Discussion. Group consensus reached to pursue the full match grant opportunity at \$150,000.00. Meribeth will complete her proposal for presentation to full at special meeting on September 11, 2025.
 - B. 2025 Summit Planning Ann Carruthers and Judge Stiller update provided.
 - C. Data Collection Update from Kelly Deuser/Daniel. Update provided. Strategic plan to be presented at October, 2025 meeting. Discussion of possible case study in coordination with university.
 - D. JRAC Finance Committee for Opioid Funds Judge Stiller and Denise Konkle. Konkle prepared spreadsheet (attached) of funds available with assistance from Mansfield and Deuser. Judge Stiller to review with Auditor.
 - E. Resource Committee updates. Deuser update provided. Work continues on this committee to list and ultimately set performance measures and evaluate all resources in use by our local criminal justice system.
 - F. ALL IN: Update from Magistrate Flanigan/Judge Brown. Update from Judge Brown and Judge Stiller. All In recognized by local news organizations after Dr. Madison's press release. Look to see additional resources and support with possible opioid funding for SIW and Big Brother Big Sisters.
 - G. CARES update provided by Judge Stiller.

Adjourned at 1:10pm.

2025 Monthly Subcommittee on Mental Health and Addiction

Assembly Room, Third Floor - Sep 11, Oct 9, Nov 13, Dec 11

Join Zoom Meeting option for all meetings:

https://zoom.us/j/91710568284?pwd=Wmc0TU5UcTE4Rk0xMFZwVzlRdGFpQT09

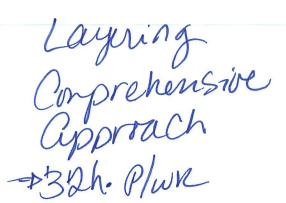
Meeting ID: 91710568284 Passcode: 684922 Phone: 312-626-6799

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JRAC: Mental Health and Addiction Subcommittee Membership 8/14/2025

	Meeting Date:	Date:	8/14/2025				
	Present	Position	Name	Member Date	Email	Phone	
1	7	Sheriff (part)	Steve Bush	2023	sbush@fcsdin.net	812-948-4732	
2	7	Circuit Judge	Hon. Justin Brown, Vice Chair	2023	jbrown@floydcounty.in.gov	812-948-5455	
ω	7	Sup 1 Judge		2021	cStiller@floydcounty.in.gov	812-948-5450	
4	X	Sup 3 Judge	Hon. Maria Granger	2021	mgranger@floydcounty.in.gov	812-948-5257	
5	×	Mag Judge	Mag. Julie Fessel Flanigan J. Kow	2021	jflanigan@floydcounty.in.gov	812-948-5486	
6	1	Prosecutor	9	2021	estigdon@floydcounty.in.gov	812-948-5422	
7	my	Criminal Def-Chief PD	Atty Matthew Lorch	2021	mlorch@floydcounty.in.gov	812-981-0350	
∞	1	County Fiscal Body	Denise Konkle	2021	DKonkle@floydcounty.in.gov	502-819-9286	
9	×	Juvenile PO	Denise Beckwith	2021	dbeckwith@floydcounty.in.gov	812-948-5444	
10	×	MH/Addic	Kelley Stafford, LCSW	2023	kelley@staffordcounselingconsulting.com	_	
11	8	Chief Prob Off	Kelly Deuser	2021	KDeuser@floydcounty.in.gov	812-948-5448	
12	X	Lay Person - Commissioner	Frank Loop	2021	floop47@yahoo.com	812-948-5466	
13	×	Lay Person-FCHD Admin.	Charlotte Bass (Brian)	2023	cbass@floydcounty.in.gov	812-948-4726	
14	1	Cert. Peer Recovery Coach	Jordan Furnish	24-Jul	jordanfurnish930@gmail.com	502-434-0790	
(M. 920)		JRAC ADVISORY BOARD ADDITIONAL MEMBERS (NON-VOTING	FOR	FCCC)			
15	7	FCCC Director	Daraius Randelia o 3 L	2021 <u>d</u>	drandelia@floydcounty.in.gov	812-948-5418	
16	×	FCCC Asst. Dir	Laura Elliott Daraius	2021	lelliott@floydcounty.in.gov	812-948-5418	
17	さるで	Jail Case Mgr	Off. Kara Hodges	2023	khodges@fcsdin.net	812-542-3058	
18	7	b	Joe Evinger	2023	jevinger@floydcounty.in.gov	812-948-5448	
19	And the second s		Annie Stocksdale - Sec.	2023	2023 astocksdale@floydcounity.in.gov	812-948-5418	
20	8	Prob Veteran Off.	Jackie Estephan <i>Kelly D</i>	2023	jestephan@floydcounty.in.gov	812-948-5448	
21	K	System of Care, Ex. Dir.	Ann Carruthers	2023	annc@clarkfloydsoc.org	812-670-5807	
22	CAN'S	System of Care, Dir. Just Prog	Amanda Omar Zoom	2023			
23	×	Lay Person - Council member	Connie Moon	2023	clm7214@yahoo.com		
24	X	FC Youth Shelter	Leah Pezzarossi	2024	lpezzarossi@floydcounty.in.gov		
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Floyd County JRAC, Opioid Matching Grant Proposal

1. Indicated need: Based upon data provided by Prevention Insights, depending upon the grade, between 15 to 25% of students responding to the Indiana Youth Survey report having at least one parent with a history of incarceration.

In an effort to break the generational cycle of the trauma and subsequent mental health and substance use issues for these children who are at higher risk, we are proposing to offer **Guiding Good Choices** - created by Communities That Care—Hawkins and Catalano (Tier 1- Universal Direct - however it can also be used for selective or indicated populations — Family Domain — Education — Schedule B Part Two Prevention - G.10).

Target Audience: Programming would be offered to parents involved in the Justice system including parents of juveniles on probation, involved in truancy intervention efforts and those identified parents being supervised by adult Floyd County Probation and/or Community Corrections. One session also involves direct contact with children. We could provide up to 8 cohorts per year possibly 9 if warranted by referrals.

This is a 5 session (2 hour per session) curriculum. The Guiding Good Choices Program consists of the following:

INTRODUCTORY SESSION, Building a Learning Community SESSION 1

Getting Started: How to Promote Health and Wellbeing During the Teen Years - Parents learn about the nature and extent of problem behaviors among teens and decide for themselves how they want to prevent problems in their own families.

400 E. Spring Street, New Albany, Indiana 47150 812-945-3400 Fax: 812-945-9870 106 South Capitol Avenue, Corydon, Indiana 47112 812-705-5169 SESSION 2 Setting Guidelines: How to Develop Health Beliefs and Clear Standards - Parents develop clear family guidelines and expectations for behavior.

SESSION 3 Managing Conflict: How to Deal with Your Anger in a Positive Way Parents learn to manage family conflict in a way that maintains and strengthens bonds with their children.

SESSION 4 Avoiding Trouble: How to Say No, Keep Your Friends, and Still Have Fun Children and parents are invited to this session. They learn skills children can use to stay out of trouble and keep their friends, while still having fun. SESSION 5 Involving Everyone: How to Strengthen Family Bonds - Parents learn ways to strengthen family bonds and increase children's involvement in their family through the teen years. Parents also learn how to create a parent support network.

This program would be offered within the fidelity of the curriculum including qualifications and required training of the presenters.

This program would be offered within the fidelity of the curriculum including qualifications and required training of the presenters. Our Place would actively participate in data collection with the identified local evaluator to document fidelity, and outcome measures. Evaluation measures would include documenting number of referrals, attendance, pre and posttest measures on outcomes for both parents and children.

Partners: Family Courts, All In Truancy Coalition, Probation, Community Corrections

2. Indicated need: Based upon student report that identify anywhere from 25% to 35% of students as identifying themselves feeling sad or hopeless for more than two weeks in a row (which often places a student at higher risk for mental health issues and substance use).

In an effort to provide support and resiliency skill building for these youth who are higher risk, we are proposing to offer the Blues Program (Tier 1-Selective/Indicated Direct – Individual - Education – Schedule A Core Strategy G.2 OR Schedule B Part Two Prevention G.10) to high school students.

Target Audience: The Blues Program is a group-based prevention program for teens in grades 8th-12th (aged 14-19). We would start with high school students

400 E. Spring Street, New Albany, Indiana 47150 812-945-3400 Fax: 812-945-9870 106 South Capitol Avenue, Corydon, Indiana 47112 812-705-5169 and work into middle schools as possible/appropriate. We could provide up to 5 cohorts per school (10 total at high school level), Plus ongoing support groups that would meet throughout the year. Moderate levels of anxiety, stress, and depression symptoms affect a wide range of students, from a student struggling with multiple risk factors to a student that is high achieving within a supportive environment.

This program is also appropriate for students that are interested in learning more about mental and emotional health and effective coping strategies, perhaps due to interest in supporting their friends.

In six one-hour sessions, students learn cognitive behavioral strategies with a simple focus: change how you think and what you do to feel better.

- Changing thinking: Teens learn to identify negative thoughts and practice new ways of thinking that are more realistic and positive.
- Changing doing: Each session the group focuses on ways to increase their involvement in pleasant activities and makes plans to incorporate these activities into their daily life.

Weekly sessions focus on building group rapport and increasing participant involvement in pleasant activities (all sessions), learning and practicing cognitive restructuring techniques (sessions 2-4), and developing response plans to future life stressors (sessions 5-6). In-session exercises require participants to apply skills taught in the program. Home practice assignments are intended to reinforce the skills taught in the sessions and help participants learn how to apply these skills to their daily life. Additionally, the group explores a variety of coping strategies for true negative events and develops response plans for future life stressors. However, upon completing the original 6 sessions they could continue to participate in a support group offered during lunch or after school as needed to receive ongoing support from trained professionals. Additional cohorts would be offered throughout the school year.

The Blues Program is an anxiety and depression prevention intervention and not treatment, so it is important to assess adolescents for current major depression and serious suicidal ideation. If either is present, the adolescent needs to be referred for appropriate treatment. A validated depression screening assessment tool is suggested, such as the CES-D or PHQ-9.

This program would be offered within the fidelity of the curriculum including qualifications and required training of the presenters. Our Place would actively participate in data collection with the identified local evaluator to document fidelity, and outcome measures. **Evaluation would include referrals**, attendance and pre/post measures on outcomes for participants.

Partners – New Albany Floyd County Schools, All-In Truancy Coalition

- 3. Indicated need: Based upon Floyd County only having three drug drop off locations and all three are located inside drug stores or a large box store, we are proposing to re-establish drug drop off boxes or establish location(s) for RX Destroyer (Tier 2 Universal Direct Community Community Based Process Schedule A Core Strategy G.4 or Schedule B Part Two Prevention G.4). This will be included in the workplan if the matching funds are received.
 - The RX Destroyer is a national campaign and is recognized by the DEA as an effective strategy in take-back initiatives.
 - Sites are identified and advertised. Medications are brought in and with double signatures, destroyed on the spot using the material/containers provided by RX Destroyer.
 - When containers are full, they are then shipped for disposal through EPA approved means.
 - Our Place would actively participate in data collection with the identified local evaluator to document fidelity, and outcome measures. Evaluation would include identifying partners, tracking drop offs, amount collected, feedback from community members.

Partners: Our Place, Health Department, other partners as identified and vetted.

These proposed programs are new programs and obviously there are specifics that would need to be worked out with collaborating partners. Our Place has presented a layered approach which is the preferred method to increase community outcomes. This layered approach addresses individual, family, and community-based domains. It addresses different levels of risk. It also addresses vulnerable populations, seeking out need and removing potential barriers to access services. This approach does so with all evidenced based programs/practices.

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400 E. Spring Street, New Albany, Indiana 47150 812-945-3400 Fax: 812-945-9870 106 South Capitol Avenue, Corydon, Indiana 47112 812-705-5169

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Our Place Supervision Attendance Liaison Southern IND Juvenile Probation

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All In (Prevention)

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Data Collection and Clark/Floyd SOC FCCC Assessment

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