

WELCOME TO BLUMINE HEALTH

What we do

Our primary care centers provide you, your spouse, and your eligible dependents (ages between 2 - 26 if still considered a dependent), basic front-line primary care with no copays and no deductibles! If you are participating in a Health Savings Account, a copay may apply. We will remind you at each visit on the patient check in form.

What services do you provide at no cost to me?

Our primary care services include:

- Annual wellness physicals
- Asthma (breathing) treatments
- Allergy treatments (injections only if serum is provided by patient)
- Annual hearing screenings
- Biometric screenings (cholesterol, blood pressure, and glucose)
- Blood pressure checks
- Cold/flu/bronchitis treatment
- Colon cancer screening
- Earaches/infections
- Ear wax removal
- EKGs with basic interpretation
- Flu vaccines (based on availability)
- Minor cuts/wounds
- Minor sprains/strains
- Minor suturing/splinting
- Nebulizer treatment
- Pink eye/styes
- Poison ivy/skin conditions
- Pregnancy testing
- School, camp and sports physicals
- Sinus infection
- Sore throat
- Stomach viruses
- Strep test (rapid)
- UTI/bladder infection



Labs sent outside of clinic are not covered by BluMine and will be charged to your health insurance.



What medications do you provide at no cost to me?

Our Care Centers stock, based on availability, some of the most frequently prescribed primary care medications that are free to you for the initial diagnosis (maximum 30-day dose). Our staff can guide you on best options for refills. Please note, BluMine does not carry or prescribe medications classified as controlled substance.

What other programs do you offer me at no cost?

BluMine Health offers Wellness Education, Counseling and Monitoring! We can help impact your health in areas of:

- Chronic disease management
- Hypertension treatment
- Diabetes/metabolic syndrome
- Cholesterol/nutrition monitoring
- Weight and BMI optimization
- Smoking cessation
- Stress reduction

What if I need to see a specialist?

Our nurse practitioners are able to refer you to any specialist necessary and can help with any questions you may have in the process.

Which holidays do you close?

BluMine Health will be closed on the following holidays: ½ day New Year's Eve; New Year's Day; Good Friday, Memorial Day; Independence Day; Labor Day; ½ day Wednesday before Thanksgiving; Thanksgiving Day; the Friday after Thanksgiving; Christmas Eve and Christmas day.

IF YOU EVER EXPERIENCE A MEDICAL EMERGENCY

Please do not hesitate to dial 911 immediately! Don't wait!

FREQUENTLY ASKED QUESTIONS: WHAT I NEED TO KNOW ABOUT MY CARE CENTER

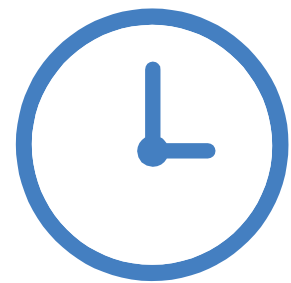
Is my personal health information kept private from my employer?

Yes! HIPAA compliant health program data is the only information shared with your employer. Your health information is protected by SSL technology and not accessible to your employer.



Do I need an appointment to visit the Care Center?

We strongly encourage scheduling an appointment for the promptest service, especially for your first visit. New patient and walk-in visits must be scheduled prior to one hour before care center closing. Walk-ins are welcome and will be seen in between scheduled appointments. Emergencies are given priority status. In most cases, you are in and out within approximately 30 minutes.



Can my kids be seen at the Care Center?

You're eligible dependent children, between the ages of 2-26, are more than welcome to visit the Care Center. We require all minors be accompanied by a parent or legal guardian.



Can My Family and I get Physicals at the Care Center?

Yes! As these typically require more time, we encourage you to schedule an appointment for your annual wellness, school, and sports physicals.

Do I need my insurance card?

Yes, bring insurance information with you for yourself and eligible dependents. There is NO copay or deductible for visits to the Care Center; however, if our medical staff determines that further testing or referral to a specialist is required, we can assist with next steps, and your insurance information will be necessary to complete the process.



What if I have a work-related Injury?

Always follow your employers' policies and procedures for work-related injury reporting. If necessary, they will send you to our care center with an authorization to be seen. Only employees are eligible to be seen for work injuries.



Will I have paperwork to complete at the Care Center?

Yes, we will need to gather information on your medical history, current ailments, medications, and the reason for your visit.

You will also need to bring a state or federal photo ID with you during each visit. Our new patient paperwork is available to the patient in a variety of ways - it can be filled out at the care center at the time of arrival (please plan on arriving a few minutes early!), it can be downloaded from our website via the "Patient Login/Forms" tab and filled out in advance of your visit (please bring with you the day of your scheduled visit), or it can be emailed from any of our care centers directly to your personal email. The forms can be emailed back to the clinic prior to your arrival for your appointment or can be brought with you the day of your visit.

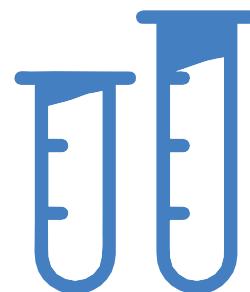


Are there charges for labs or other services?

Some diagnostics or lab tests may require evaluation outside of the Care Center and could incur a charge. You will be informed at the time of service if that is the case.

What about medications I'm already taking?

Bring in any medications you are taking, and our experienced staff will discuss and help you compare options for the best value.



Where are you located?

Your enrollment packet includes a map of all current Care Center locations.

Can I schedule an appointment online?

Yes, please visit www.BluMineHealth.com to schedule your appointment in Care center of your choice.

What is the typical wait time for visit?

Each care center will try to get you in the same day or next business day.

Do I have to be on my employer's Healthcare to take advantage of this benefit?

Yes.

What if I have more questions?

Feel free to contact your nearest Care Center. Phone numbers and addresses are included in your enrollment packet.





WELCOME TO BLUMINE HEALTH

Welcome to YOUR BluMine Health Primary Care Center! We are pleased to provide you and your family with quality frontline primary healthcare, wellness education and counseling.

Getting started is easy!

- Schedule an appointment by calling your BluMine Health Care Center at: 812-282-4485 or the care clinic of your choice
- Please make sure to bring your health coverage insurance card (if applicable) at the time of visit.
- Please make sure to bring a valid state or federal ID to all your appointments.
- Please bring a list of all of your medications (prescription, herbal, over-the-counter, etc.) to your appointment.

Your personal Care Center contact information is as follows:

BluMine Health Primary Care Center Address:

255 Quartermaster Court
Jeffersonville, IN 47130

For additional care center options and contact information, please see the BluMine Health Clinic locations page included in this packet.

Phone:

812-282-4485

Hours:

Monday – Friday 8am – 6pm
Closed daily for lunch 12:00 – 12:30pm



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Annual wellness physical	EKGs with basic read	Sinus Infection
Asthma Treatment	Flu Vaccines	Sore Throat
Allergy treatment	Minor cuts / wounds	Stomach Virus
Annual hearing screening	Minor sprains/strains	Strep Test (rapid)
Biometric screening	Minor Suturing/Splinting	UTI/Bladder Infection
Blood pressure check	Nebulizer treatment	Well Men/Women Exam
Cold/flu/bronchitis	Pink Eye/Styes	
Colon cancer screening	Poison Ivy/Skin Condition	
Earaches/Infections	Pregnancy Tests	
Ear wax removal	School/Sports Physical	

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BluMine Health offers wellness education, counseling, and monitoring! We can help your health in the areas of chronic disease management, hypertension treatment, diabetes/metabolic syndrome, cholesterol & nutrition monitoring, BMI & weight optimization, smoking cessation, and stress reduction.

What if I need to see a specialist?

Our Nurse Practitioners are able to refer you to any specialist necessary and can help with any questions you may have in the process.

**IF YOU EVER EXPERIENCE A MEDICAL EMERGENCY, PLEASE CALL 911
IMMEDIATELY!**



BluMine[™]
HEALTH

WHERE SHOULD I GO?

When To Choose BluMine Health Instead of Urgent Care or ER

BluMine Health

NO COPAY!

- Biometric Screening
- Annual Physical
- Well-Women/men check-up
- Chronic condition management
- Allergies
- Asthma
- Minor burns
- Flu Shots
- Insect bites or skin rashes
- Minor cuts/wounds/stitches
- Nausea, vomiting, diarrhea
- Pregnancy testing
- Minor sprains, strains, bruising
- Bladder infection
- Sinus infection, cough/cold, upper respiratory infection

Urgent Care

- Asthma attack (moderate)
- Minor broken bones with no skin penetration
- Burns (minor)
- Insect bites or rashes
- Migraines
- Minor head injuries
- Minor cuts/wounds/stitches
- Sprains, strains or deep
- Sinus infection, cough/cold,

Should you need care after BluMine clinic hours or on the weekend please go to an Urgent Care Clinic or the Emergency Room

Emergency Room

- Severe Asthma Attack
- Broken bones (where bone is visible)
- Severe burns or electrical shock
- Coughing or vomiting blood
- Difficulty breathing
- Poison ingestion
- Severe diarrhea or dehydration
- Shock
- Trauma or serious head injury
- Uncontrollable bleeding or amputation
- Vaginal bleeding during pregnancy

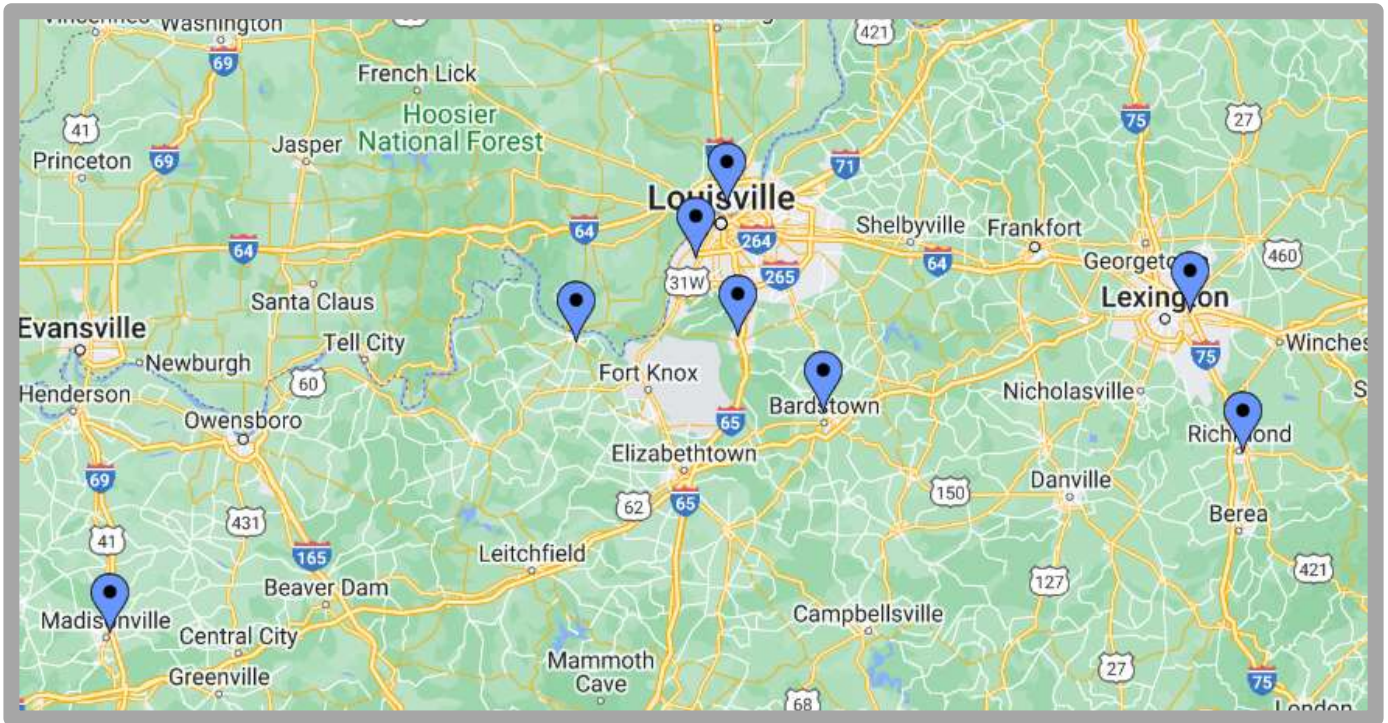
WHEN TO CALL 9-1-1

STROKE: Sudden dizziness, numbness or paralysis, difficulty seeing or speaking, or loss of consciousness

SEVERE ABDOMINAL PAIN

SEIZURES

CHEST PAIN: Chest pain with pressure sensation or pain radiating into jaw, teeth, shoulder or back; or palpitations with dizziness or shortness of breath; sweating and/or nausea or vomiting



1. Bardstown Clinic
700 Portland Avenue
Suite C
Bardstown, KY 40004
502-628-2103

2. Brandenburg Clinic
1404 Old Ekron Road
Brandenburg, KY 40108
502-684-8446

3. Jeffersonville Clinic
255 Quartermaster Court
Jeffersonville, IN 47130
812-282-4485

4. Lexington Clinic
2285 Executive Drive
Suite 100
Lexington, KY 40505
859-254-0151

5. Madisonville Clinic
343 East Center Street
Madisonville, KY 42431
270-452-2420

6. Richmond Clinic
235 Boggs Lane
Suite 1
Richmond, KY 40475
859-376-1363

7. Shepherdsville Clinic
189 Adam Shepherd Pkwy
Suite 14
Shepherdsville, KY 40165
502-531-9823

8. Southwest (Louisville) Clinic
5129 Dixie Highway
Suite 206
Louisville, KY 40216
502-995-7008