

# Governor's Commission for a Drug Free Indiana

*A Division of the*



## Comprehensive Community Plan

**County: Dubois County**

**LCC: Dubois County Substance Abuse Council**

**Date Due:**

**Date Submitted:**

**New Plan**  **Plan Update**



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**County Commissioners: Larry Vollmer, President**

**Address: 602 Main Street**

**City: Jasper**

**Zip Code: 47546**

## Plan Summary

**Mission Statement:** The mission of the Substance Abuse Council is to reduce the problems associated with substance abuse in Dubois County in order to enhance family and community life.

**History:** Dubois County was founded in 1802 near Patoka River. The county is divided into 12 townships, with 2 cities and 3 incorporated towns that maintain their own governing officials. There are 3 elected members on the Board of Commission with legislative and executive authority. In 2010 the estimated population was 41,889, predominantly female, Caucasian, with a high school education. Jasper, in the heart of the area, is the county seat.

The Committee for a Drug-Free Jasper (CDFJ) was officially organized in March of 1990. The committee was organized to address the issues of substance abuse and related problems in Jasper, Indiana. The group made great efforts to expand its reach by involving all the school corporations in Dubois County. The Committee met the second Monday of every month. Three sub-committees were formed to include Treatment/Intervention, Prevention/Education, and Justice. The beginning meetings were devoted to structuring the organization and recruiting members. A Comprehensive Plan was drawn up to identify substance abuse problems with solutions in Dubois County.

In 1991 CDFJ held a public forum for the purpose to gather community input to expand the groups focus. The public forum proposed to join forces with all county committees addressing substance related problems in Dubois County. The group voted to officially change the name of the group from Committee for a Drug Free Jasper (CDFJ) to the Dubois County Substance Abuse Task Force (DCSATF). The name change was well received with a new comprehensive county focus. During consideration of a website the group determined DCSATF was too long. In 2002 the name was reduced to Dubois County Substance Abuse Council (SAC) and easier to recognize for the general public. SAC created a logo and website in 2003 to help increase awareness.

In 2004 SAC and Step Ahead joined forces to raise awareness of methamphetamine use in Dubois County. Four flyers in English and Spanish with a focus on addiction and treatment were distributed. Two forums were held for professionals and the public with speakers from law enforcement, treatment providers, and recovering addicts.

SAC hired a part-time Coordinator in 2006 to assist grantees, members, and executive council; compile and file data reports; and prepare for monthly meetings. In 2007 and 2008 SAC conducted a community awareness campaign regarding prescription drug abuse. Informational fliers were distributed to doctor offices, non-profit agencies and pharmacies in Dubois County. Informational fliers were included in the Jasper and Huntingburg utility bills for March. A forum was held in April for the public with speakers from law enforcement, pharmacies, treatment providers, and a recovering addict.

At the beginning of 2008 the method of collecting user fees from offenders was changed. The community fund collection from the automatic bond inclusion is collected at a later date. Funding was reduced for the following year when the changes were reflected on the SAC budget. From 2009 to 2010 the SAC executive members made difficult decisions to fund grants with a reduced budget.

In 2010 a new coordinator was hired for a maximum of 30 hours a month to assist the executive council, members and those applying for a grant. Other responsibilities are to maintain the website, communicate with media, and attend community meetings to represent SAC. Funding for the Dubois County Substance Abuse Council has stabilized. Grants were funded in areas of prevention/education, treatment/intervention, and law enforcement/justice.

2011 the executive committee increased to include Chair, Co-Chair, Secretary, Treasurer, and 7 representatives in law enforcement, education, treatment, senior citizens, judicial, and at-large. Membership includes community people for segments in business, education, faith-base, justice, law enforcement, and the youth in Dubois County. A new website was developed so the coordinator could have more control over content and research statistics to reduce the cost of a webmaster. SAC continues to have support from the Dubois County Commissioners and Council. In 2012 a comprehensive plan with new problem statements, supportive data, goals, bench marks, and objectives was developed.

The SAC coordinator attended 2 ICJI meetings to better understand the new forms required by the institute. The SAC assisted Greater Jasper School district in developing a new drug and alcohol policy. Member discussion continues at monthly meetings regarding new drugs found in the community. Dubois County Sheriff Department keeps the council updated on the inmate population and offenses regarding substance abuse. Indiana State Police have been tracking Clandestine (meth) lab seizures revealing Dubois County seized 11 labs in 2012 and 7 labs in 2011. Members of SAC continue to discuss the new Indiana law requiring smoke-free public places. Memorial Hospital and Health Care Center continues to provide smoking cessation classes for adults. SAC and Dubois County Public Health Partnership are working together to develop an adult survey to assess adult attitudes regarding substance use in our county. The results will be compared to the Indiana Prevention Resource Center teen survey. In 2012 new requirements set in place by Indiana Criminal Justice Institute (ICJI) have made it difficult for the coordinator to complete all necessary requirements in only 30 hours each month. The Executive Committee has requested the coordinator document over time spent on SAC activities.

**Summary of the Comprehensive Community Plan:** The Dubois County Substance Abuse Council (SAC) has identified 3 problem statements to address the problems associated with substance abuse.

**#1:** Dubois County youth use and adults abuse alcohol.

**#2:** Dubois County youth use and adults abuse prescription drugs.

**#3:** Dubois County has a lack of full continuum of treatment services providers in our area.

## **Membership List**

**County LCC Name:**

| #  | Name                | Organization                       | Race | Gender | Category    |
|----|---------------------|------------------------------------|------|--------|-------------|
| 1  | Nancy Eckerle       | Chamber of Commerce                | C    | F      | Chair       |
| 2  | Doug Tarvin         | Jasper Police Department           | C    | M      | Co-Chair    |
| 3  | Donna Hopkins       | Parent                             | C    | F      | Secretary   |
| 4  | Terry Tanner        | Retired DC Sheriff                 | C    | M      | Treasurer   |
| 5  | Janet Schnell       | DC SAC Coordinator                 | C    | F      | Coordinator |
| 6  | Becky Michael       | Southern Hills                     | C    | F      | At-Large    |
| 7  | Chad Blessinger     | DC Treasurer                       | C    | M      | At-Large    |
| 8  | Deb Capps           | IN State Dept. of Health           | C    | F      | At-Large    |
| 9  | Jim McFaul          | VUJ-C                              | C    | M      | At-Large    |
| 10 | Leah Tooley         | Greater Jasper High School         | C    | F      | At-Large    |
| 11 | Ruthann Hildenbrand | Crisis Connection                  | C    | F      | At-Large    |
| 12 | Tim Lampert         | DC Sheriff Department              | C    | M      | At-Large    |
| 13 | Ashley Niehaus      | PU Extension Office                | C    | F      | Business    |
| 14 | Johnny Merder       | Self Employed                      | C    | M      | Business    |
| 15 | Kim Woodward        | Self Employed                      | C    | F      | Business    |
| 16 | Michelle Sims       | Self Employed                      | C    | F      | Business    |
| 17 | Mike Siebert        | Self Employed                      | C    | M      | Business    |
| 18 | Roy York            | Self Employed                      | C    | M      | Business    |
| 19 | Sharon Kunkel       | Self Employed                      | C    | F      | Business    |
| 20 | Alice Hildebrand    | VUJ-C                              | C    | F      | Education   |
| 21 | Alli Baer           | VUJ-C                              | C    | F      | Education   |
| 22 | Audrey Fleck        | Southeast Dubois High              | C    | F      | Education   |
| 23 | Bob Hacker          | Greater Jasper High Administration | C    | M      | Education   |
| 24 | Jenny Fowler        | Southwest Dubois High              | C    | F      | Education   |
| 25 | Jessica Frick       | University of Southern Indiana     | C    | F      | Education   |
| 26 | Jill Wigand         | Greater Jasper High                | C    | F      | Education   |
| 27 | Jim Mehling         | Southeast Dubois High              | C    | M      | Education   |
| 28 | Kristi Boeglin      | Northeast Dubois High              | C    | F      | Education   |
| 29 | Laura Gibson        | VUJ-C                              | C    | F      | Education   |
| 30 | Phil Tolbert        | Greater Jasper High                | C    | M      | Education   |
| 31 | Rick Gladish        | Northeast Dubois High              | C    | M      | Education   |
| 32 | Sheri Reeves        | VUJ-C                              | C    | F      | Education   |
| 33 | Jace Rasche         | Young Life                         | C    | M      | Faith-Based |
| 34 | Larry Altstadt      | Peers Educating Peers              | C    | M      | Faith-Based |
| 35 | Penny Altstadt      | Peers Educating Peers              | C    | F      | Faith-Based |
| 36 | Sarah Wilson        | Wyld Life                          | C    | F      | Faith-Based |
| 37 | Tara Popp           | Young Life                         | C    | F      | Faith-Based |
| 38 | Brandy Himsel       | Probation                          | C    | F      | Justice     |
| 39 | Jennifer Lampert    | Probation                          | C    | F      | Justice     |

|    |                    |                          |   |   |                 |
|----|--------------------|--------------------------|---|---|-----------------|
| 40 | Josh Gunselman     | Probation                | C | M | Justice         |
| 41 | Mark McConnell     | Superior Court           | C | M | Justice         |
| 42 | Megan Durlaugh     | Community Corrections    | C | F | Justice         |
| 43 | Tammy Lampert      | Community Corrections    | C | F | Justice         |
| 44 | Adam Bower         | Jasper Police Department | C | M | Law Enforcement |
| 45 | Allan Foy          | Jasper Police Department | C | M | Law Enforcement |
| 46 | Brian LaRoche      | Indiana State Police     | C | M | Law Enforcement |
| 47 | Chad Dick          | Indiana State Police     | C | M | Law Enforcement |
| 48 | Charles Butler     | Indiana State Excise     | C | M | Law Enforcement |
| 49 | Dave Drew          | Jasper Police Department | C | M | Law Enforcement |
| 50 | Donny Lampert      | DC Sheriff Department    | C | M | Law Enforcement |
| 51 | Jason Knies        | Jasper Police Department | C | M | Law Enforcement |
| 52 | Mark Green         | Indiana State Police     | C | M | Law Enforcement |
| 53 | Matt Taylor        | Indiana State Excise     | C | M | Law Enforcement |
| 54 | Mike Bennett       | Jasper Police Department | C | M | Law Enforcement |
| 55 | Nathan Schmitt     | Jasper Police Department | C | M | Law Enforcement |
| 56 | Philip Hensley     | Indiana State Police     | C | M | Law Enforcement |
| 57 | Steve Stapleton    | Indiana State Excise     | C | M | Law Enforcement |
| 58 | Jim O'Neal         | DC WITZ                  | C | M | Media           |
| 59 | John Seasly        | DC Herald                | C | M | Media           |
| 60 | Kathy Tretter      | Ferdinand News           | C | F | Media           |
| 61 | Matt Crane         | DC Free Press            | C | M | Media           |
| 62 | Mick Birge         | WJTS                     | C | M | Media           |
| 63 | Becky Beckman      | TRI-CAP                  | C | F | Non Profit      |
| 64 | Beth Stein         | Crisis Connection        | C | F | Non Profit      |
| 65 | Christine Hasenour | YMCA                     | C | F | Non Profit      |
| 66 | Christine Vinson   | TRI-CAP                  | C | F | Non Profit      |
| 67 | Joan M. Knies      | Crisis Connection        | C | F | Non Profit      |
| 68 | Joe Schrode        | IN Youth Institute       | C | M | Non Profit      |
| 69 | Keri Brooks        | TRI-CAP                  | C | F | Non Profit      |
| 70 | Melissa Wagler     | Big Brothers/Big Sisters | C | F | Non Profit      |
| 71 | Paige Mundy        | TRI-CAP                  | C | F | Non Profit      |
| 72 | Sarah Kasprzak     | Independent              | C | F | Non Profit      |
| 73 | Alice Berger       | Southern Hills           | C | F | Treatment       |
| 74 | Darla Bush         | Memorial Hospital        | C | F | Treatment       |
| 75 | Heather Terwiske   | Memorial Hospital        | C | F | Treatment       |
| 76 | Jan Renner         | Memorial Hospital        | C | F | Treatment       |
| 77 | Jodi Richardson    | Memorial Hospital        | C | F | Treatment       |
| 78 | Kara Glendening    | Memorial Hospital        | C | F | Treatment       |
| 79 | Kathi Mathies      | Memorial Hospital        | C | F | Treatment       |
| 80 | Mike Denu          | Southern Hills           | C | M | Treatment       |
| 81 | Darlene Schmitt    | Parent                   | C | F | Youth           |
| 82 | DeAnn Meyer        | Northeast Dubois High    | C | F | Youth           |
| 83 | Jennifer Baseden   | Southridge High          | C | F | Youth           |
| 84 | Joann Bower        | Parent                   | C | F | Youth           |

|    |                    |                       |   |   |       |
|----|--------------------|-----------------------|---|---|-------|
| 85 | Peggy Huff         | Southeast Dubois High | C | F | Youth |
| 86 | Rick Mundy         | Teen Outback          | C | M | Youth |
| 87 | Salena Drew        | Youth                 | C | F | Youth |
| 88 | Sheila Beck        | Parent                | C | F | Youth |
| 89 | Stephanie Crockett | Parent                | C | F | Youth |
| 90 | Tamara Zehr        | Northeast Dubois High | C | F | Youth |

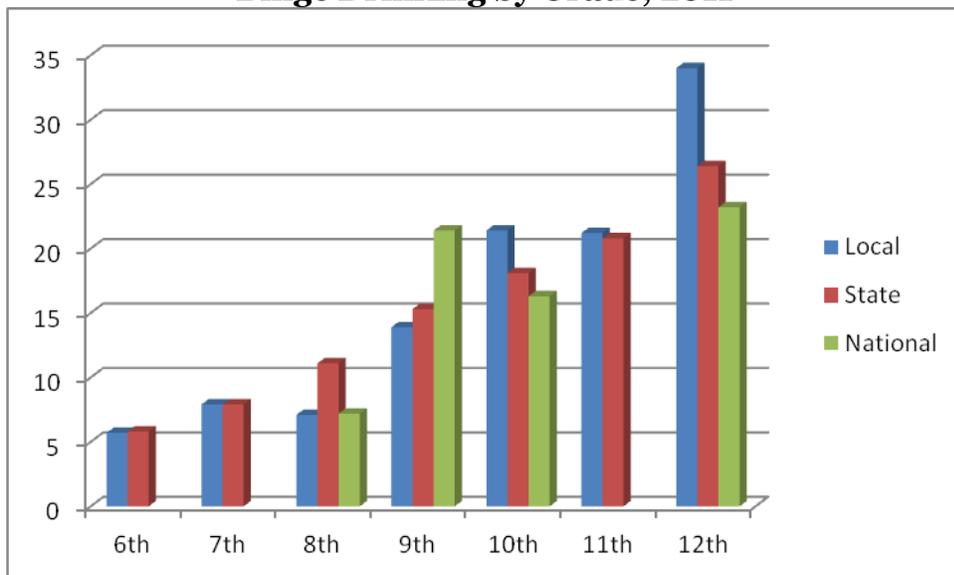
## Problem Identification

### A. Problem Statement #1: Dubois County youth use and adults abuse alcohol.

#### B. Supportive Data:

1. Indiana Prevention Resource Center (IPRC) surveyed 2,883 – 6<sup>th</sup> through 12<sup>th</sup> graders in the Greater Jasper, Northeast Dubois, Southeast Dubois, and Southwest school district in Dubois County (DC). Statistical results revealed in 2011 DC 10<sup>th</sup> graders (21.4) were above state (18.1) and national (16.3) rates for binge drinking. In 2011 DC students increased lifetime alcohol use by grade level. Percentages of grade 6 (11.9), 7 (23.1), 8 (28), 9 (33.4), 10 ( 33.4), 11 (39.2), and 12 (50.6).

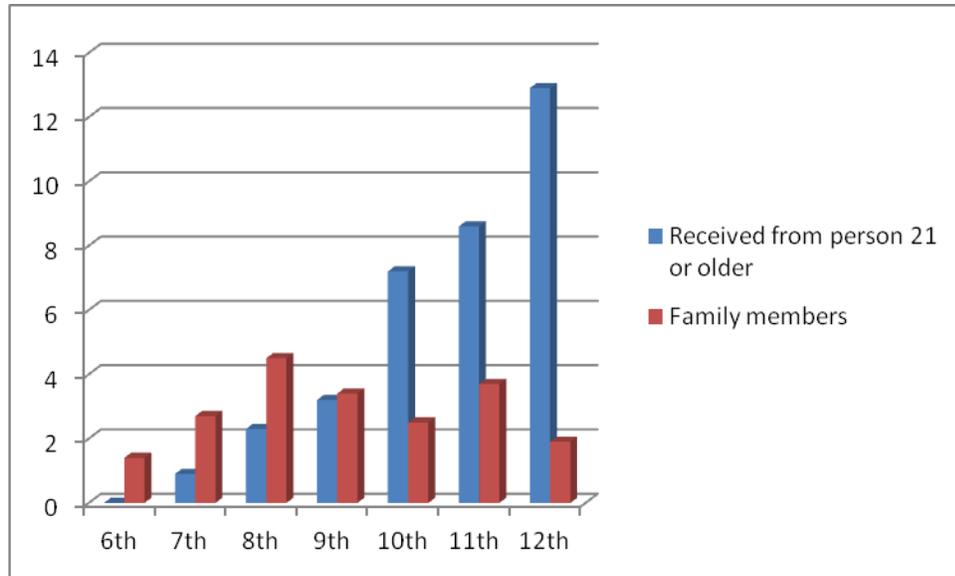
**Binge Drinking by Grade, 2011**



Source: Indiana Prevention Resource Center at Indiana University, 2011  
Johnston, et al., National Institute on Drug Abuse, 2010

2. Of the 2,883 the percentages of 6<sup>th</sup> through 12<sup>th</sup> graders ease of obtaining alcohol became easier to obtain as students became older. 6<sup>th</sup> (11.9), 7<sup>th</sup> (14.3), 8<sup>th</sup> (24.7), 9<sup>th</sup> (37.8), 10<sup>th</sup> (33.2), 11<sup>th</sup> (42.0), and 12<sup>th</sup> (42.1)

### Main Sources of Alcoholic Beverages



Source: Indiana Prevention Resource Center at Indiana University, 2011

3. In 2011 the Dubois County Superior Court reported 215 Operating While Intoxicated (OWI) convictions.
4. The Dubois County Probation department reported in 2011 there were 761 drug tests given to probationers. Of those 761 – 105 probationers were revoked due to substance use. One of the areas tested was consumption of alcohol.

**End of Year 1 Update:**

1. Indiana Prevention Resource Center (IPRC) surveyed 3,566 – 6<sup>th</sup> through 12<sup>th</sup> graders in the Greater Jasper, Northeast Dubois, Southeast Dubois, and Southwest school district in Dubois County (DC). Statistical results revealed in 2012 DC 11<sup>th</sup> graders (22.8) continue to be above state (20.5) rates in binge drinking. The difference from DC to Indiana percentage rating in 2012 (2.3) was lower than in 2011 (3.3). DC students have a continued increased lifetime alcohol use by grade level. Percentages of grade 6 (2011 is 11.9 & 2012 is 16.9), 7 (2011 is 23.1 & 2012 is 24.3), 8 (2011 is 28 & 2012 is 25.5), 9 (2011 is 33.4 & 2012 is 35.9), 10 (2011 is 33.4 & 2012 is 41.7), 11 (2011 is 39.2 & 2012 is 52.3), and 12 (2011 is 50.6 & 2012 is 61.3). Highest increase from year to year was in the 10<sup>th</sup> grade and by class was from 6<sup>th</sup> to 7<sup>th</sup> grade.
2. Of the 3,566 the percentages of 6<sup>th</sup> through 12<sup>th</sup> graders ease of obtaining alcohol became was easier to obtain in grades 6<sup>th</sup> through 8<sup>th</sup> and more difficult in 9<sup>th</sup> through 12<sup>th</sup>. 6<sup>th</sup> (2011 is 11.9 & 2012 is 14.2), 7<sup>th</sup> (2011 is 14.3 & 2012 is 21.7), 8<sup>th</sup> (2011 is 24.7 & 2012 is 25.6), 9<sup>th</sup> (2011 is 37.8 & 2012 is 29), 10<sup>th</sup> (2011 is 33.2 & 2012 is 31.9), 11<sup>th</sup> (2011 is 42.0 & 2012 is 32.5), and 12<sup>th</sup> (2011 is 42.1 & 2012 is 28).
3. In 2012 the Dubois County Superior Court reported 188 Operating While Intoxicated (OWI) convictions compared to 215 in 2011.
4. The Dubois County Probation department reported in 2012 there were 927 drug tests (226 – hair, 282 – urine, 419 – ETG) given to

probationers. Of those 927 – 103 probationers were revoked due to substance use. One of the areas tested was consumption of alcohol. Results from 2011 there were 761 probationers drug tested with 105 revoked due to substance use. In 2012 the largest increase was seen in opiate use.

#### End of Year 2 Update:

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#### Final Update (end of Year 3):

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#### C. Goals:

1. Decrease youth use and adult abuse of alcohol in Dubois County by 10%.
2. Increase awareness of alcohol abuse in Dubois County by bringing in a speaker at 1 monthly meeting and information sharing through the website.
3. Increase the consumer's knowledge of treatment providers in Dubois County and surrounding areas by providing a list on our website and word of mouth at monthly meetings.

#### End of Year 1 Annual Benchmarks:

1. 13 % decrease in adult alcohol arrests for 2012 as reported by Dubois County Superior Court. This goal has been met for 2012.
2. During monthly meetings executive committee and members report on alcohol abuse in the community. Information is added to monthly meeting minutes. Minutes are provided on the SAC website at: [http://www.duboiscountysubstanceabuse.org/pb/wp\\_344ec818/wp\\_344ec818.html](http://www.duboiscountysubstanceabuse.org/pb/wp_344ec818/wp_344ec818.html). There was not a specific speaker brought into the monthly meeting to address alcohol abuse. The goal was partially met for 2012.
3. Treatment providers that are listed through the Substance Abuse & Mental Health Services Administration are on the SAC website at <http://findtreatment.samhsa.gov/TreatmentLocator/faces/addressSearch.jspx>. This goal was met for 2012.

**End of Year 2 Annual Benchmarks:**

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**Final Report (end of Year 3):**

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**D. Objectives:**

1. Increase outreach to youth, adults, and senior citizens through educational efforts, including public service announcements and activities.
2. Promote a decrease in youth substance use and adult abuse of alcohol through educational programs.
3. Support existing and new programs through grant funding that have the potential to increase awareness of alcohol.

**End of Year 1 Update:**

1. Southern Hills provided 4 Adolescent Substance Abuse Program (ASAP) meetings in 2012 to address education programs with youth.
2. In 2012 SAC provided grants to 3 of the 4 Dubois County High Schools post proms. These events promote an alternative to drinking after prom by offering a drug free/safe event. The \$500 given to each post prom was used for prizes to increase participation.
3. SAC provided a \$584.00 to Jasper Police Department DARE program and \$1250.00 to Jasper Middle School Respecting Ourselves and Others Students (ROOS). DARE is an evidence based program that offers education in youth and adult substance abuse. ROOS is a middle school program that educates and identifies the problems associated with underage drinking and tobacco use. In 2012 SAC funded a laptop information station to the Dubois County Probation department to educate offenders and their families using evidence based Independent Life Skills course.

**End of Year 2 Update:**

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**Final Update (end of Year 3):**

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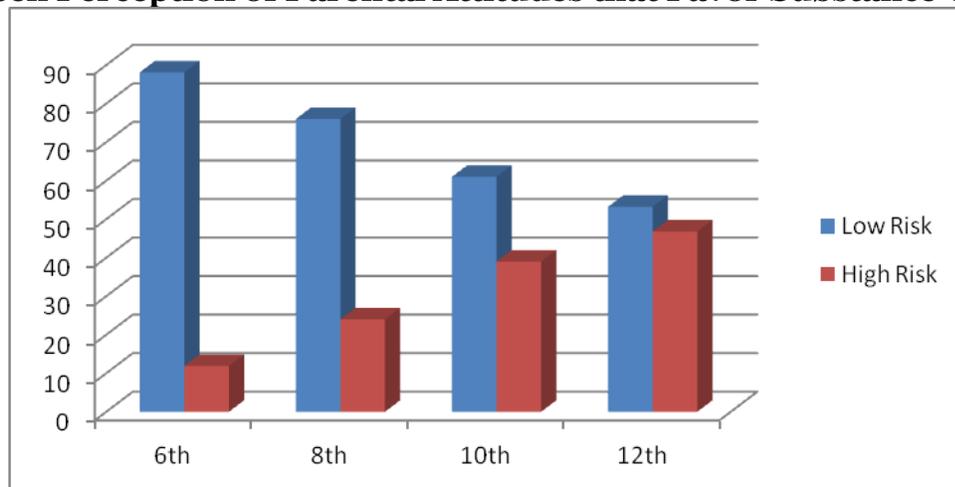
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**A. Problem Statement #2: Dubois County youth use and adults abuse prescription drugs.**

**B. Supportive Data:**

1. **Memorial Hospital and Health Care Center (MHHCC) Psychiatrist, Dr. White reported, “there are definitely problems with drug and alcohol abuse in Dubois County, which is very similar to national trends. Prescription opiate pain medications, alcohol, and marijuana, and are the most common substances that we see abused at MHHCC. Consistent with other areas of the nation, there is also abuse of cocaine, methamphetamines and sedatives along with K2 and bath salts. Again, our trends here seem to be very similar to the trends in other areas of the country.”**
2. **The Dubois County Sheriff’s department reported the following arrests for 2011: 9 offenders dealing in a Schedule II Controlled Substance and 3 offenders dealing in a Schedule IV Controlled Substance. Schedule II includes a category of drugs considered to have a strong potential for abuse or addiction. Schedule IV has a less potential chance for abuse or addiction than Schedule II but still considered dangerous.**
3. **Indiana Prevention Resource Center (IPRC) surveyed 2,883 – 6<sup>th</sup> through 12<sup>th</sup> graders in the Greater Jasper, Northeast Dubois, Southeast Dubois, and Southwest school district in Dubois County (DC). Parental attitudes favored substance use shows a high risk for concern in grades 10 and 11 in the 2011 survey. Students in grades 10 and 11 perceive their parents do not feel it is very wrong to consume alcohol.**

**Teen Perception of Parental Attitudes that Favor Substance Use**



Source: Indiana Prevention Resource Center at Indiana University, 2011

**End of Year 1 Update:**

1. Southern Hills Addiction Counselor, Becky Michaels reported, “Drug and alcohol are a problem in Dubois County. In our adult services the substances frequently abused are alcohol, marijuana, and methamphetamine. We also see adults abusing prescription drugs, methadone, synthetics, and cocaine. In our adolescent services the most common abused substances are alcohol, marijuana, synthetics, over the counter drugs, and prescription drugs. While not as common, we have seen adolescents using methamphetamine, cocaine, and inhalants. On average the population we serve began using these substances around 12 years of age.”
2. The Dubois County Sheriff’s department reported the following arrests for 2012: 34 offenders dealing in a Schedule I, II, III, and IV Controlled Substance.
3. Indiana Prevention Resource Center (IPRC) surveyed 3,566 – 6<sup>th</sup> through 12<sup>th</sup> graders in the Greater Jasper, Northeast Dubois, Southeast Dubois, and Southwest school district in Dubois County (DC). Parental attitudes favored substance use shows a high risk for concern in grades 10 and 11 in the 2011 survey. In the 2012 survey grades 9, 10, 11, and 12 continued to show a high risk. Students in the graduation year 2016, 2015, 2014 and 2013 perceive their parents do not feel it is very wrong to consume alcohol. In 2013 an adult survey was created to compare teen and adult responses.

**End of Year 2 Update:**

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**Final Update (end of Year 3):**

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**C. Goals:**

1. Decrease illegal youth and adult abuse of prescription drugs in Dubois County.
2. Increase awareness of prescription drug abuse in Dubois County.
3. Increase knowledge and awareness of prescription drug abuse by youth and adults in Dubois County.

**End of Year 1 Annual Benchmarks:**

1. TRI-CAP RSVP in conjunction with Indiana State Police hold prescription take back days in 2012.
2. Memorial Hospital and Health Care Center’s representative, Heather Terwiske, provides information on prescription drug abuse at monthly meetings.
3. Crisis Connection hosts educational programs at Vincennes University Jasper Campus on prescription drug abuse in Dubois County. During monthly meetings their representative, Ruthann Hildebrand shares information.

**End of Year 2 Annual Benchmarks:**

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**Final Report (end of Year 3):**

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**D. Objectives:**

1. Increase outreach of prescription drug abuse to youth, adults, and senior citizens through educational efforts, including public service announcements and activities.
2. Raise public awareness of the problems associated with illegal youth and adult abuse of prescription drugs through community efforts.

**End of Year 1 Update:**

1. In 2012 TRI-CAP RSVP and Indiana State Police collected 900 pounds of prescription drugs in Dubois County. This was the largest amount collected since the program began in 2002. There were 2 county take back days and 733 people taking advantage of the program. SAC continues to forward emails from Indiana Youth Institute, Youth Worker Café educational programs to council members.
2. Crisis Connection hosted 8 educational programs at Vincennes University Jasper Campus and 3 at area high schools on prescription drug abuse in Dubois County. In 2012 SAC coordinator presented an educational program to Dubois County workers regarding substance abuse problems in the county.

**End of Year 2 Update:**

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### **Final Update (end of Year 3):**

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**A. Problem Statement #3: Dubois County has a lack of full continuum of treatment services providers in our area.**

#### **B. Supportive Data:**

1. Patients in Dubois County who are in need of substance abuse emergency services are detained by court order or can voluntarily admit themselves to Memorial Hospital and Health Care (MHHCC). MHHCC has a 9 patient unit that is shared with patients who are mentally ill. A separate unit specifically designed to help patients with substance abuse related issues would be ideal.
2. In Dubois County there are two out-patient treatment facilities. Southern Hills (SH) has out-patient services for adults and adolescents. MHHCC offers out-patient services to adults only. The two agencies are not able to service the needs of all the people needing services. Many are recommended to services outside the community.
3. Dubois County does not have an in-patient treatment facility causing a long waiting list for patients in need of services who seek treatment outside the county. A new facility was to open in Huntingburg but because of funding issues there continues to be a delay.
4. New private self-pay treatment facilities have been opening outside the Dubois County. This leads to financial hard ship or lack in treatment service providers for those not able to afford private self-pay treatment. As Medicaid is cut in Indiana providing services for patients using this service have less to no options for substance abuse treatment.
5. In 2011 the Crisis Connection reported 185 perpetrators of physical abuse including sexual and domestic disturbances were also misusing alcohol. In 2010 there were 46 perpetrators compared to 54 in 2009. Perpetrators under the influence of drugs and alcohol in 2011 were 30 compared to 27 in 2010 and 17 in 2009. As the economy has become a problem an increase in abuse has occurred in Dubois County.

### **End of Year 1 Update:**

1. Patients in Dubois County who are in need of substance abuse emergency services are detained by court order or can voluntarily admit themselves to Memorial Hospital and Health Care (MHHCC). MHHCC has a 9 patient unit that is shared with patients who are mentally ill. A separate unit specifically designed to help patients with

substance abuse related issues would be ideal. Currently the 9 patient unit is being remodeled and updated. A new area for geriatric services is being added.

2. In Dubois County there are two out-patient treatment facilities. Southern Hills (SH) has out-patient services for adults and adolescents. MHHCC offers out-patient services to adults only. The two agencies are not able to service the needs of all the people requiring services. Many are recommended to agencies outside the community. In 2011 SH provided substance abuse services to 14 adolescents and 421 adults. An increase was seen in 2012 with 76 adolescents and 1201 adults. SH began offering substance abuse out-patient services to teens in 2011. There are plans to provide group services specifically for prescription medication addiction in 2013. There are 3 substance abuse treatment providers in private practice: Mae Chinn Songer, Center for Psychological Services, and Jennifer Weisheit.
3. Dubois County does not have an in-patient treatment facility causing a long waiting list for patients in need of services who seek treatment outside the county. A Substance Abuse Treatment locator link has been added to the SAC website to help community members find services. <http://findtreatment.samhsa.gov/TreatmentLocator/faces/addressSearch.jsp>
4. New private self-pay treatment facilities have been opening outside the Dubois County. This leads to financial hard ship or lack in treatment service providers for those not able to afford private self-pay treatment. As Medicaid is cut in Indiana providing services for patients using this service have less to no options for substance abuse treatment. Out-patient service providers have become essential. SH has a plan to expand their services in the next year if qualified mental health providers can be found. There has been discussion with the Vincennes University – Jasper Center and University of Southern Indiana to provide a Bachelor’s Degree in Social Work.
5. In 2012 Crisis Connection reported 230 victims of domestic/sexual violence. There were 31 perpetrators of alcohol abuse, 28 abuse drugs, and 16 used alcohol and drugs (compared to 30 in 2011, 27 in 2010, and 17 in 2009).

**End of Year 2 Update:**

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**Final Update (end of Year 3):**

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**C. Goals:**

- 1. **Decrease individuals unable to locate full continuum of treatment services providers in Dubois County.**
- 2. **Increase awareness of treatment service providers in Dubois County and surrounding areas.**

**End of Year 1 Annual Benchmarks:**

- 1. **SAC has included a Substance Abuse Treatment facility locator on our website. The link is directed through the Substance Abuse and Mental Health Services Administration.**  
<http://findtreatment.samhsa.gov/TreatmentLocator/faces/addressSearch.jspx>
- 2. **During monthly meetings representatives from MHHCC and SH keep the group updated on treatment service providers in Dubois County and surrounding areas. The information provided is added to the monthly SAC minutes which are posted on our website.**  
[http://www.duboiscountysubstanceabuse.org/pb/wp\\_309cddcc/wp\\_309cddcc.html](http://www.duboiscountysubstanceabuse.org/pb/wp_309cddcc/wp_309cddcc.html)

**End of Year 2 Annual Benchmarks:**

- 1.
- 2.
- 3.

**Final Report (end of Year 3):**

- 1.
- 2.
- 3.

**D. Objectives:**

- 1. **Increase funding available to treatment/intervention services.**
- 2. **Support through grant funding the development and maintenance of self-help education/support for community members.**
- 3. **Identify efforts and programs of treatment service providers at monthly substance abuse meetings.**
- 4. **Document community efforts to overcome barriers to treatment service providers.**

**End of Year 1 Update:**

1. In 2012 SAC provided grants to SH teen substance abuse program - \$314.90, Dubois County Probation drug screens - \$2500.00, MHCC smoking cessation class – \$1500.00, Dubois County Community Corrections for adult substance abuse program - \$1299.25, Crisis Connection for crisis intervention services - \$3000.00, and TRI-CAP for substance abuse assessments – \$2385.85. Total funded in 2012 were 6 agencies and \$11,000.00.
2. In 2012 SAC provided grants to Brosmer House an Alcoholics Anonymous group - \$1801.85, Peers Educating Peers a peer mentoring group - \$1000.00, and Jasper Middle School Respecting Ourselves and Others peer mentoring group - \$1250.00, 3 Dubois County Post Proms - \$1500.00, Jasper Police Department DARE program - \$ 584.00, Dubois County Probation Department lap top educational sharing station - \$ 800.00, TRI-CAP substance abuse services for teens - \$2114.15, Dubois County Community Corrections adult classes on reducing anger - \$1200.00. Total funded in 2012 were 10 agencies and \$10,750.00
3. In 2012 a SH representative gave 5 reports identify efforts, programs of treatment service providers, and substance abuse problems at monthly substance abuse meetings.
4. In 2012 SAC has documented community efforts to overcome barriers to treatment service providers. In responses SAC has added a resource link to our website.  
[http://www.duboiscountysubstanceabuse.org/pb/wp\\_a330a743/wp\\_a330a743.html](http://www.duboiscountysubstanceabuse.org/pb/wp_a330a743/wp_a330a743.html)

**End of Year 2 Update:**

- 1.
- 2.
- 3.
- 4.
- 5.

**Final Update (end of Year 3):**

- 1.
- 2.
- 3.
- 4.
- 5.

***Please attach the County’s Fiscal Report for review!***

**Next Annual Update Due: March 2014**

**Next Comprehensive Community Plan Due: March 2015**

**Date of Community Consultant Review:**

**Disclaimer:**

You agree that the information provided within this Plan is subject to the following Terms and Conditions. These Terms and Conditions may be modified at any time and from time to time; the date of the most recent changes or revisions will be established by the Commission and sent electronically to all Local Coordinating Councils.

**Terms and Conditions:**

The information and data provided is presented as factual and accurate. I hereby acknowledge that I can be asked to submit proper documentation regarding the data submitted within the Plan. Failure to do so could result in a “denied approval” by the Commission under IC 5-2-6-16.

The Local Drug Free Communities Fund must be spent according to the goals identified within the plan. I hereby acknowledge that I can be asked to submit proper documentation regarding funds that are collected, allocated, and disbursed within the county. Failure to do so could result in a “denied approval” by the Commission under IC 5-2-6-16.

**Initials: JAS**

## Dubois County LOCAL DRUG FREE COMMUNITIES FUND INFORMATION

(1) Amount deposited into the drug-free communities fund during the most recent, complete calendar year, per the County Auditor:

- The Dubois County Auditor’s office reported \$37,487.95 into the LCC’s Drug Free Community Fund from fees collected last calendar year, 2012.
- \$579.46 rolled over from unused funds from the previous years.
- \$38,067.41 total amount available for programs and administrative costs for the upcoming calendar year.
- \$9,516.86 approved for administrative costs leaving \$28,550.55 available for the upcoming year for programming

(2) Funding approval by category, including a brief description of the purpose of the grant funding:

| APPLICANT/PROJECT &<br>PROGRAM DESCRIPTION  | AMOUNT<br>REQUESTED | AMOUNT<br>GRANTED |
|---|---------------------|-------------------|
| <b>Prevention/Education</b>   |                     |                   |
| LCC to provide 48 ½ hours to prevention/education in the community through trainings, presentations or events.  | \$1455.00           | \$1455.00         |
| TRI-CAP RSVP – advertising, paper, printing for national drug take back day                                     | \$668.00            | \$668.00          |
| Southridge High School Post Prom – computer prize to increase participation at a drug free/safe event           | \$500.00            | \$100.00          |
| Forest Park Jr./Sr. High School Post Prom – food to increase participation at a drug free/safe event            | \$500.00            | \$100.00          |
| Jasper High School Post Prom – Ipad education prize to increase participating at a drug free/safe event         | \$500.00            | \$100.00          |
| Northeast Dubois Post Prom Post Prom – Ipad to increase participation at a drug free/safe event                 | \$500.00            | \$100.00          |
| Huntingburg Teenage Canteen, Inc – audio, video, computer, advertising, DJ, and food for youth outreach program | \$2000.00           | \$1000.00         |
| Respecting Ourselves and Other Students (ROOS) – educational leadership camp and Red Ribbon week                | \$2250.00           | \$1000.00         |

|   |                         |                       |
|---|-------------------------|-----------------------|
| Stolen Blessings - 6 education convocation on risk and consequences of driving under the influence  | \$1500.00               | \$1000.00             |
| Huntingburg Herbstfest - bleachers, field prep, trophies and prizes for festival events   | \$1000.00               | \$0.00<br>Denied      |
| The PEERS Project of Indiana, Inc. - mentor training and curriculum development for substance abuse   | \$2172.00               | \$500.00              |
| Huntingburg Police Department - in car camera recordings and editing to be used for high school education program                                     | \$2000.00               | \$500.00              |
| <b>TOTAL(S)</b>   | <b>\$15,045.00</b>      | <b>\$6523.00</b>      |
| <b>APPLICANT/PROJECT &amp; PROGRAM DESCRIPTION</b>  | <b>AMOUNT REQUESTED</b> | <b>AMOUNT GRANTED</b> |
| <b>Treatment/Intervention</b>   |                         |                       |
| Dubois County Probation Department - hair and urine drug screens for probationers   | \$3750.00               | \$3750.00             |
| Memorial Hospital and Health Care Center - nicotine replacement patch, DVD, class materials, and incentives for smoke free cessations education class | \$2000.00               | \$2000.00             |
| <b>TOTAL(S)</b>   | <b>\$5750.00</b>        | <b>\$5750.00</b>      |
| <b>APPLICANT/PROJECT &amp; PROGRAM DESCRIPTION</b>  | <b>AMOUNT REQUESTED</b> | <b>AMOUNT GRANTED</b> |
| <b>Criminal Justice Services</b>  |                         |                       |
| Dubois County Probation Department - hair and urine Drug Screens  | \$3750.00               | \$3750.00             |
| Dubois County Sheriff Department - 5 PBT for drug enforcement deputies  | \$1495.00               | \$1495.00             |
| Huntingburg Police Department - in car camera for OWI stops used by drug enforcement officer  | \$2999.00               | \$2000.00             |
| <b>TOTAL(S)</b>   | <b>\$8,244.00</b>       | <b>\$7245.00</b>      |

(3) Total amount of dollars approved (including previous annual deposit and all unused/rolled over dollars) and dollars awarded (percentages included):

| CATEGORY                  | Percentage of Dollars Approved | Dollars Approved   | Percentage of Dollars Awarded | Dollars Awarded    |
|---------------------------|--------------------------------|--------------------|-------------------------------|--------------------|
| Prevention/Education      | 25%                            | \$9,516.85         | 69%                           | \$6,523.00         |
| Treatment/Intervention    | 25%                            | \$9,516.85         | 60%                           | \$5,750.00         |
| Criminal Justice Services | 25%                            | \$9,516.85         | 76%                           | \$7,245.00         |
| Administrative            | 25%                            | \$9,516.86         | 20%                           | \$900.00           |
| <b>TOTAL(S)</b>           | <b>100%</b>                    | <b>\$38,067.41</b> | <b>54%</b>                    | <b>\$20,418.00</b> |

**(4) Describe the grant process and requirements for the grantees:**

An article announcing the grant meeting is sent to local newspapers (Dubois County Herald, Ferdinand News, Huntingburg Press), television (WJTS), online newspaper (Dubois County Free Press) and radio (WITZ and WBDC) 7 to 10 days prior to meeting. The application is available on the Substance Abuse Council of Dubois County website <http://www.duboiscountysubstanceabuse.org/>

All potential grantees are required to submit a grant application for preapproval in February (for the March grant application) and August (for the September grant application) meeting. Upon approval the agency may submit a request at the March and/or September meeting during the application meeting. The agency representative is required to give a 2 - 5 minute oral presentation to the members in attendance and 10 typed grant applications to the coordinator. Applicants must use the form provided on the website. Requirements of designating the type of program (Prevention/Education, Treatment/Intervention, Criminal Justice Services) their request shall be filed under. The project description will need to include at least one area identified by the LCC's problem statements (Dubois County has identified youth use and adults abuse alcohol as a problem, Dubois County has identified youth and adults abuse prescription drugs as a problem, Dubois County has identified a lack of full continuum of treatment services providers in our area as a problem). A budget summary that describes expenses and income must be completed.

During the grant meeting months (March and September) agency representative's give an oral report to LCC members in attendance (usual participation is between 18 - 25 people). Questions and discussion is allowed after the oral report is given. Upon completion the Chair asks for a motion regarding the grant application. If a motion is made, the Chair asks for a second. If a second is also made, the Chair asks for a vote regarding the motion (yea, nay, or abstain). If the motion passes, the application is sent to the Executive Committee for funding consideration.

The Executive Committee meets within 30 days and determines funding. LCC coordinator forwards funding documents to ICJI for primary approval. Upon from ICJI approval letters of acceptance and a check are sent to successful applicants (agencies) with notification of the presentation date for a progress report (usually within 30 to 90 days after of the decision). Letters of denial or tabled grant applications with a reason is sent usually within 30 days after the decision.

Before any grantee can request additional funds for a similar grant, they must submit an oral and written Progress Report regarding the previous grant.

**(5) Provide administrative expenses (be specific):**

| EXPENSE  | COST     |
|--|----------|
| Coordinator's Salary, January 2013, 30 hours at \$30 per hour  | \$900.00 |
| Coordinator's Salary, February 2013, 30 hours at \$30 per hour | \$900.00 |
| Webmaster, 5 hours at \$10 per hour                            | \$50.00  |
| Webmaster, 2013 domain name renewal                            | \$12.07  |
|  |          |

