## The Indiana Commission to Combat Drug Abuse



Behavioral Health Division

# **Comprehensive Community Plan**

County: White LCC Name: Partners for a Drug Free White County LCC Contact: White County Auditor's Office – Nicole Widmer & Libby Billue Address: 110 N Main St City: Monticello Phone:574-583-5761 Email: nicole.widmer@whitecounty.in.gov

County Commissioners: Steve Burton, James Davis, Mike Smolek Address: 110 N Main St City: Monticello Zip Code: 47960

#### **Vision Statement**

What is your Local Coordinating Council's vision statement?

Partners for a Drug Free white County was formed for the purpose of uniting individuals, businesses and agencies within the county to create a forum for gathering and exchanging information related to alcohol, tobacco and other drugs. Furthermore, the goal of sharing this information was for the members of our community a safe, healthy, drug-free environment for our families.

#### **Mission Statement**

What is your Local Coordinating Council's mission statement?

To provide a forum for the exchange of information related to tobacco, alcohol and other drugs in our county, thereby empowering communities to create change

| Membership List |                   |                                     |       |        |                      |
|-----------------|-------------------|-------------------------------------|-------|--------|----------------------|
| #               | Name              | Organization                        | Race  | Gender | Category             |
| 1               | Nicole Widmer     | Coordinator                         | White | Female | Administration       |
| 2               | Libby Billue      | Co-<br>Coordinator                  | White | Female | Administration       |
| 3               | Brandon Mcleland  | White County<br>Sheriff's Office    | White | Male   | Justice              |
| 4               | Jim Bolen         | Frontier Police<br>Department       | White | Male   | Justice              |
| 5               | Chris Blake       | Monticello<br>Police<br>Department  | White | Male   | Justice              |
| 6               | Teresa Puterbaugh | White County<br>Council on<br>Aging | White | Female | Prevention/Treatment |
| 7               | Gail Shriver      | North White<br>Schools              | White | Female | Prevention/Treatment |
| 8               | Desiree Swaim     | Twin Lakes<br>School                | White | Female | Prevention/Treatment |
| 9               | Shawn McCracken   | Tri-County<br>Schools               | White | Male   | Prevention/Treatment |
| 10              | Kathy Bassett     | Frontier<br>Schools                 | White | Female | Prevention/Treatment |

| 11 | Melinda Provo | White County<br>Probation | White | Female | Prevention/Treatment |
|----|---------------|---------------------------|-------|--------|----------------------|
| 12 |               |                           |       |        |                      |
| 13 |               |                           |       |        |                      |

#### LCC Meeting Schedule:

Please provide the months the LCC meets throughout the year: February, April, June, August, October, December

## **Community Needs Assessment: Results**

The first step in developing an effective substance use and misuse reduction plan is to assess your community. A community assessment tells you about your community's readiness to implement prevention, treatment, and justice-related programs to address substance use and misuse. An assessment also provides an overview of the risk and protective factors present in the community, helping your coalition plan more effectively.

#### **Community Profile**

County Name - White

County Population – 24,651 (as of 2021)

Schools in the community - Twin Lakes, Tri-County, Frontier, North White

Medical care providers in the community (hospitals, health care centers, medical centers/clinics, etc.) IU White Memorial Hospital, Monon Family Health Clinic, Wolcott Family Health Clinic, and White County Health Department

Mental health care providers in the community (hospitals with psychiatric/behavioral health units, mental health clinics, private/public providers, etc.) Valley Oaks

Service agencies/organizations

Council on Aging, United Way

Local media outlets that reach the community WLFI, WMRS, News and Review, Herald Journal

What are the substances that are most problematic in your community? Methamphetamine, Heroin, Vaping, Marijuana, Controlled Substances

List all substance use/misuse services/activities/programs presently taking place in the community, United Way Opioid Task Force Quick Response Team, Local NA/AA classes

#### **Community Risk and Protective Factors**

Use the list of risk and protective factors to identify those present in your community. Identify the resources/assets and limitations/gaps that exist in your community related to each. The lists are not all-inclusive and others may apply.

<u>Risk Factors Examples</u>: trauma and toxic stressors; poverty violence; neighborhood characteristics; low neighborhood attachment; community disorganization; community norms and laws favorable toward drug use, firearms, and crime; availability of alcohol and other drugs; weak family relationships; family substance use; peer substance use; mental health problems; families moving frequently from home to home; limited prevention and recovery resources.

<u>Protective Factors Examples:</u> strong family relationships; neighborhood economic viability; low childhood stress; access to health care; access to mental health care; community-based interventions; restricted access to alcohol and other drugs including restrictive laws and excise taxes; safe, supportive, and connected neighborhoods; meaningful youth engagement opportunities; local policies and practices that support healthy norms and child-youth programs; positive connection to adults.<sup>1</sup>

| Risk Factors     | Resources/Assets | Limitations/Gaps      |
|------------------|------------------|-----------------------|
| 1. Mental Health | 1. Valley Oaks   | 1. Insurance Coverage |
| Problems         |                  |                       |

<sup>&</sup>lt;sup>1</sup> Risk and protective factors extracted from IUPUI Center for Health Policy Community Conditions Favorable for Substance Use, April 2018.

|   | 2. 4- County Counseling  | 2. No Impatient Services   |
|---|--|--|
|   | 3. United Way QRT  | 3. Limited Outpatient<br>Services  |
| 2. Availability of Alcohol<br>and Drugs               | <ol> <li>AA / NA Classes</li> <li>Outpatient Counseling</li> </ol> | 1. Lack of Inpatient and<br>Outpatient Services  |
|   | <ol> <li>School Counseling</li> </ol>                              | 2. Insurance Coverage  |
|   |  | 3. Transportation to classes<br>and treatment  |
| 3. Crime  | <ol> <li>Law Enforcement</li> <li>Neighborhood watch</li> </ol>    | 1. Limited Budgets for Law<br>Enforcement  |
|   | programs   | 2. Small Departments /<br>Limited Man Power  |
|   | 3. School Resource<br>Officers                                     | 3. Not all schools have resource officers  |
| <b>Protective Factors</b>                             | Resources/Assets   | Limitations/Gaps   |
| 1. Access to Mental<br>Health Care                    | 1. ER/ Hospital  | 1. Insurance   |
| Treatur Care  | 2. Valley Oaks   | <ol> <li>Available bed space at<br/>Adult Facilities</li> </ol>                          |
|   | 3. 4 – County Counseling   | <ol> <li>No youth Facilities in area</li> </ol>  |
|   |  | 4. Transportation to/from out of county facilities                                       |
| 2. Meaningful Youthful<br>Engagement<br>Opportunities | <ol> <li>After Proms</li> <li>School Sports</li> </ol>             | 1. Rural Area /<br>transportation  |
| Opportunities   | <ol> <li>School Sports</li> <li>After School Clubs</li> </ol>      | 2. Smaller Schools have less programs  |
|   |  | <ol> <li>Lack of opportunities for<br/>youth involvement in the<br/>community</li> </ol> |
| 4. Community-based interventions                      | 1. Church  | 1. Transportation services   |
|   | 2. Local Organizations to help with assistance                     | 2. Supportive Family<br>Counseling   |
|   | 3. United Way  | 3. Educational<br>Opportunities  |

## Making A Community Action Plan

Now that you have completed a community assessment and have identified the risk and protective factors that exist, you can develop a plan of action. The Comprehensive Community Plan (CCP) is a systematic and community-driven gathering, analysis, and reporting of community-level indicators for the purpose of identifying and addressing local substance use problems.

Step 1: Create problem statements, and ensure problems statements are in line with statutory requirements

Step 2: Ensure your problem statements are evidence-informed, then prioritize

Step 3: Brainstorm what can be done about each

Step 4: Prioritize your list, and develop SMART goal statements for each

Step 5: List the steps to achieve each goal

#### Step 1: Create + Categorize Problem Statements

Create problem statements as they relate to each of the identified risk factors.

| Risk Factors                         | Problem Statement(s)   |
|--------------------------------------|--|
| 1. Access to Mental Health Care      | <ol> <li>Insurance is not available for some<br/>patients and they cannot access the right<br/>care they need.</li> </ol>  |
|                                      | <ol> <li>Available bed space at Adult Facilities is<br/>low and there can be waiting periods<br/>before patients can be accepted into<br/>treatment facilities.</li> </ol> |
|                                      | <ol> <li>There are no youth Facilities in area and<br/>many patients have to travel hours away<br/>to be treated.</li> </ol>   |
| 2. Availability of Alcohol and Drugs | 1. Drug use is at high rates among men and youth   |
|                                      | 2. Alcohol use and abuse is at high rates by adults and youth  |
|                                      | <ol> <li>Low recognition of alcohol and drug<br/>problems in White County requires LCC</li> </ol>  |

|          | to promote community awareness activities  |
|----------|--|
| 3. Crime | <ol> <li>Crimes of deception remain steady. As<br/>was the trend in 2022</li> </ol>  |
|          | 2. Juveniles committing crimes at a higher rate.   |
|          | <ol> <li>Poor home environments leading to<br/>Juveniles making poor decisions that lead<br/>them to life of crime.</li> </ol> |

#### **Step 2: Evidence-Informed Problem Statements**

Identify your top three problem statements using local or state data. Ensure that there is a problem statement for each co-equal funding category (e.g., prevention/education; intervention/treatment; and criminal justice services and activities).

| Problem Statements Data<br>Probl  | That Establishes<br>em  | Data Source  |
|---|---|--|
| 1. Alcohol use and abuse<br>is at high rates by adults<br>and youth.From<br>Depar<br>were<br>both r<br>of tho<br> | 2022- The Probation<br>tment reported that there<br>372 adults on probation for<br>hisdemeanors and felonies,<br>se 172 were substance<br>d. 18 Juveniles were on<br>tion and 11 were substance<br>cohol related.<br>Probation Department<br>ed that there were 372<br>on probation for both<br>meanors and felonies, of<br>172 were substance<br>d. 18 Juveniles were on<br>tion and 11 were substance<br>cohol related. | Alcohol arrests for 2022 were as<br>follows:<br>134 OWI's<br>These results were provided by<br>the White County Prosecutor's<br>Office<br>Drug arrest for 2022 were as<br>follows:<br>Possession of<br>Methamphetamine- 51<br>Possession of Marijuana – 144<br>Possession of cocaine – 5<br>Possession of a narcotic drug – 4<br>Possession of a narcotic drug – 4<br>Possession of a controlled<br>substance -10<br>Dealing in Methamphetamine -9<br>Dealing in a controlled<br>substance or synthetic drug - 2 |

| 3. Low recognition of alcohol  | The LCC participated in a Red  | These results were provided by<br>the White County Prosecutor's<br>Office<br>The data is from the LCC |
|--|--|---|
| and drug problems in White<br>County requires LCC to<br>promote community awareness<br>activities. | Ribbon Week campaign at 3 of<br>the area school corporations.<br>The 4 <sup>th</sup> corporation could not<br>participate due to conflicting<br>schedules. | The data is from the LCC  |
|  | There are currently 11 LCC members.  |   |

## **Step 3: Brainstorm**

Consider the resources/assets and limitations/gaps that were identified for each risk factor, and list what actions can be taken for each identified problem statement.

| Problem Statements   | What can be done (action)?  |
|--|---|
| 1. Alcohol use and abuse is at high rates by adults and youth  | 1. Provide funding to the Probation<br>Department to help those who cannot  |
|  | <ul><li>afford to get treatment on their own.</li><li>2. Provide funding to the local police agencies to assist with policing and</li></ul>   |
|  | <ul> <li>education in alcohol abuse.</li> <li>3. Provide funding to local schools to work<br/>on social skills, if not addressed poor<br/>social skills can lead to alcohol and drug</li> </ul> |
|  | use. Also, ask that the local schools take<br>part in the Indiana Prevention Resource<br>Center Survey to track the usage among   |
|  | Juveniles.<br>4. Provide funding to the White County  |
|  | Council on Aging to provide education on alcohol abuse.   |
| 2. Drug use (specifically meth, heroin, marijuana, inhalants, amphetamines, prescription drugs, and over the counter medications) is at high rates | 1. Provide Funding for drug tests. Twin<br>Lakes, Tri-County, North White and<br>Frontier continued their drug testing<br>programs and provided referral services                               |
| among men and youth.   | for students testing positive. Treatment<br>assistance was then available for those<br>who required help in getting treatment.  |
|  | 2. Provide funding to White County Council<br>on Aging to offset the expenses incurred<br>when they transport individuals on  |
|  | probation for their appointments with<br>Wabash Valley Outpatient Clinic, court<br>appearances and their drug tests.  |

|   | 3. Provide funding to the White County       |
|---|--|
|   | Council on Aging to offset expenses for      |
|   | education regarding substance abuse.         |
|   | 4. Provide funding to the Probation          |
|   | Department to help those who cannot          |
|   | afford to get treatment on their own.        |
|   | 5. Provide funding to the local police       |
|   | ÷ .  |
|   | agencies to assist with policing and         |
|   | education in substance abuse.                |
| 3. Low recognition of alcohol and drug problems | 1. The LCC did offer a \$250 Scholarship to  |
| in White County requires LCC to promote         | all four White County High Schools.          |
| community awareness activities.                 | There were guidelines the senior's had to    |
|   | follow such as; be a graduating senior       |
|   | from a White County high school; be drug     |
|   | free; be enrolled in the high school drug    |
|   | testing pool; not have any D's or F's on     |
|   | report cards; not have any discipline        |
|   | issues; be actively involved in              |
|   | extracurricular activities; as well as write |
|   | an essay of no more the 500 words. The       |
|   | ad to write an essay as to 1) Why is         |
|   | remaining drug free important to you.        |
|   | And 2) how will remain drug free help        |
|   | you obtain your specific goals after high    |
|   | school and in life.                          |
|   | 2. Do a PSA at the local radio station       |
|   | WMRS.  |
|   | 3. Invite community, including parents and   |
|   | youth, to LCC meetings through publicity     |
|   | of meetings.                                 |
|   | 4. Provide community education workshops     |
|   | (including parent education programs).       |
|   | 5. Assist the White County Council on        |
|   | Aging with education workshops for the       |
|   | Senior Center.                               |
|   |  |

## **Step 4: Develop SMART Goal Statements**

For each problem statement, prioritize your list of what can be done. Choose your top two actions for each. Then, develop goal statements that demonstrate what change you hope to achieve and by when you hope to achieve it.

Problem Statement #1 Goal 1 The LCC will decrease the number of adults who are arrested for alcohol related offenses by 1 percent in 1 year. If this is not reached by 1 year then the LCC will reevaluate its approach. This information will be obtained through the Probation Department and Prosecutor's Office. Goal 2

The LCC will decrease alcohol abuse of juveniles aged 11-17 by 1 percent in 1 year. If this is not reached by 1 year then the LCC will reevaluate its approach. This information will be obtained through the Probation Department and Prosecutor's Office.

#### Problem Statement #2

Goal 1

The LCC will decrease the number of adults who are arrested for drug related offenses by 1 percent in 1 year. If this is not reached by 1 year then the LCC will reevaluate its approach. This information will be obtained through the Probation Department and Prosecutor's Office.

Goal 2

The LCC will decrease drug abuse of juveniles aged 11-17 by 1 percent in 1 year. If this is not reached by 1 year then the LCC will reevaluate its approach. This information will be obtained through the Probation Department and Prosecutor's Office.

Problem Statement #3

Goal 1

The LCC will increase/promote awareness through our Facebook page to the community by promoting the LCC. This will be done throughout the year through our Facebook page.

Goal 2.

The LCC will promote awareness through local newspapers and do a PSA for the community's awareness. This will be done throughout the year utilizing the News and Review Newspaper and the local radio station, WMRS.

## **Step 5: Plans to Achieve Goals**

For each goal, list the steps required to achieve each

| Problem Statement #1                                | Steps                             |
|---|-----------------------------------|
| Goal 1  |                                   |
|   | 1. Fund the prevention and        |
| The LCC will decrease the number of adults who      | education programs along with     |
| are arrested for alcohol related offenses by 1      | Justice programs that are focused |
| percent in 1 year. If this is not reached by 1 year | on adults and alcohol abuse.      |
| then the LCC will reevaluate its approach.          |                                   |

| Goal 2<br>The LCC will decrease alcohol abuse of juveniles<br>aged 11-17 by 1 percent in 1 year. If this is not<br>reached by 1 year then the LCC will reevaluate its<br>approach.   | <ol> <li>Fund the prevention and<br/>education programs along with<br/>Justice programs that are focused<br/>on juveniles and alcohol abuse.</li> <li>Support intervention and/or<br/>treatment efforts focused on<br/>youth alcohol abuse by providing<br/>schools with the funds to allow<br/>students counseling that need it.</li> <li>Support intervention and/or<br/>treatment efforts focused on<br/>senior alcohol abuse by providing<br/>the Council on Aging with funds<br/>to allow senior citizens<br/>opportunities for education and<br/>assistance.</li> <li>Secure funds to provide<br/>transportation for treatment.</li> </ol> |
|--|--|
| Problem Statement #2   | Steps  |
| Goal 1<br>The LCC will decrease the number of adults who<br>are arrested for drug related offenses by 1 percent<br>in 1 year. If this is not reached by 1 year then the<br>LCC will reevaluate its approach<br>Goal 2<br>The LCC will decrease drug abuse of juveniles<br>aged 11-17 by 1 percent in 1 year. If this is not<br>reached by 1 year then the LCC will reevaluate its<br>approach. | <ol> <li>Fund the prevention and<br/>education programs along with<br/>Justice programs that are focused on<br/>adults and substance abuse.</li> <li>Secure funds to provide<br/>transportation for treatment.</li> <li>Fund the prevention and education<br/>programs along with Justice<br/>programs that are focused on<br/>juveniles</li> <li>Support intervention and/or<br/>treatment efforts focused on youth<br/>substance abuse by providing<br/>schools with the funds to allow<br/>students counseling that need it.</li> </ol>   |
| Problem Statement #3   | Steps  |
| Goal 1<br>The LCC will increase/promote awareness through<br>our Facebook page to the community by<br>promoting the LCC. This will be done throughout<br>the year.   | <ol> <li>Properly manage the Facebook<br/>page to stay connected with the<br/>community and keep them<br/>informed.</li> </ol>   |
| Goal 2   | 1. Secure funds to purchase newspaper ads for awareness.   |

| The LCC will promote awareness via local         |
|--|
| newspapers/billboards, senior center and PSA for |
| the community awareness.                         |

- Do a PSA on the local radio station to promote the LCC
   Secure funds for awareness at the
- 3. Secure funds for awareness at the senior center.

## **Fund Document**

The fund document allows the LCC to provide finances available to the coalition at the beginning of the year. The fund document gauges an LCC's fiscal wellness to empower their implementation of growth within their community. The fund document also ensures LCCs meet the statutory requirement of funding programs within the three categories of (1) Prevention/Education, (2) Treatment/Intervention, and (3) Criminal Justice Services and Activities (IC 5-2-11-5).

#### **Funding Profile**

| Amount of funds deposited into a \$38115.00                   | he County Drug Free Community        | Fund from fees collected last year     |  |
|---|--------------------------------------|--|--|
| Amount of unused funds that rol                               | led over from the previous year: \$0 |  |  |
| Total funds available for program                             | ns and administrative costs for the  | upcoming year: \$38115.00              |  |
| Amount of funds granted the year                              | r prior: \$29,361.13                 |  |  |
| How much money is received fro                                | om the following entities (if no mor | ney is received, please enter \$0.00): |  |
| Substance Abuse and Mental He                                 | alth Services Administration (SAM    | IHSA): 0                               |  |
| Bureau of Justice Administration                              | (BJA): 0                             |  |  |
| Office of National Drug Control                               | Policy (ONDCP): 0                    |  |  |
| Indiana State Department of Hea                               | lth (ISDH): 0                        |  |  |
| Indiana Department of Education                               | n (DOE): 0                           |  |  |
| Indiana Division of Mental Heal                               |                                      |  |  |
| Indiana Family and Social Service                             | es Administration (FSSA): 0          |  |  |
| Local entities: 0   |                                      |  |  |
| Other: 0  |                                      |  |  |
| Funding allotted to prevention.<br>and activities (\$100.00): | /education; intervention/treatme     | nt; and criminal justice services      |  |
| Prevention/Education:   | Intervention/Treatment:              | Justice:                               |  |
| \$9530.00   | \$9530.00                            | \$12309.04                             |  |
| Funding allotted to Administra                                | tive costs:                          |  |  |
| Itemized list of what is being funded                         |                                      | Amount (\$100.00)                      |  |
| Coordinator's Salary  |                                      | \$2,000                                |  |
| Scholarships for Students                                     |                                      | \$2,000                                |  |
| Funding allotted by Goal per Problem Statement:               |                                      |  |  |
| Problem Statement #1  | Problem Statement #2                 | Problem Statement #3                   |  |
| Goal 1: \$9530.00   | Goal 1: \$9530.00                    | Goal 1: \$2000.00                      |  |
| Goal 2: \$9530.00   | Goal 2: \$9530.00                    | Goal 2: \$2000.00                      |  |