# The Indiana Commission to Combat Drug Abuse



## Behavioral Health Division

# **Comprehensive Community Plan**

County: Wells

LCC Name: CADA (Citizens Against Drug Abuse)

LCC Contact: Angie Dial

Address: 102 W. Market Street – Suite 205

City: Bluffton, IN 46714

Phone: (260) 824.8574

Email: CADAofWellsCounty@yahoo.com

County Commissioners: Michael Vanover – Blake Gerber – Jeff Stringer

Address: Wells County Courthouse – 102 W. Market Street

City: Bluffton

Zip Code: 46714

# **Vision Statement**

What is your Local Coordinating Council's vision statement?

CADA strives to raise awareness and reduce substance abuse through education and collaboration.

# **Mission Statement**

What is your Local Coordinating Council's mission statement?

The mission of Wells County Citizens Against Drug Abuse (CADA) is to investigate alcohol, tobacco, and other drug problems in our community; coordinate efforts to reduce these problems; and examine funding of programs designed to achieve this goal.

Me	mbership List				
#	Name	Organization	Race	Gender	Category
1	Adams, Kari	Bowen Center	С	F	TREATMENT
2	Andrews, Vicki (treasurer)	Southern Wells / Wells Co Govt	С	F	PREVENTION
3	Angel, Jackie	Landmark Recovery	C	F	TREATMENT
4	Bayne, Sandra	Council on Aging / WOW	C	F	TREATMENT
5	Carroll, Adam (chairman)	Loving Shepherd Ministries	C	M	TREATMENT
6	Dial, Angie (coordinator)	Family Centered Services	C	F	PREVENTION
7	Greer, Det Quinton	Wells County Sheriff's Dept	C	M	JUSTICES SERVICES
8	Haney, Janet	DHMA Regional Representive	C	F	PREVENTION
9	Heckel, Det Marijean	Bluffton Police Dept	С	F	JUSTICE SERVICES
10	Herrold, Stacy	Bluffton Middle School	С	M	PREVENTION
11	Hoag, Molly (vice-chairman)	<b>Purdue Extension</b>	C	F	PREVENTION
12	Holderman, Deane' (secretary)	Department of Child Services	C	F	JUSTICES SERVICES
13	Hulvey, Angela	Norwell High School	C	F	PREVENTION
14	McClish, Ofc Brian	Ossian Police Dept	C	M	JUSTICES SERVICES
15	Morrison, Stacy	Bluffton High School	C	F	PREVENTION
16	Onuegbu, Sherrie	Park Center	С	F	TREATMENT
17	Reinhard, Joel	Norwell Middle School	C	M	PREVENTION
18	Reinhard, Rachel	Grace and Mercy	C	F	PREVENTION
19	Runyon, Valerie	Wells County Probation Dept	C	F	JUSTICE SERVICES
20	Stronczek, Janella	City of Bluffton	C	F	JUSTICE SERVICES
21	Walker, Christine	Community Care	C	F	PREVENTION

22	Whicker, Mayor John	City of Bluffton	C	M	JUSTICES SERVICES
23	Wondercheck, Hattie	Wells County Chamber	C	F	PREVENTION

# LCC Meeting Schedule:

Please provide the months the LCC meets throughout the year:

2<sup>nd</sup> Thursday of the month at 11:30 am at the 4-H Community Center (unless otherwise noted):

JANUARY 12, 2023 @ FCS

**FEBRUARY 9, 2023** 

MARCH 9, 2023 @ FCS

APRIL 13, 2023

MAY 11, 2023

JUNE 8, 2023

JULY - - no meeting

AUGUST 10, 2023

**SEPTEMBER 14, 2023** 

OCTOBER 12, 2023

NOVEMBER 9, 2023

**DECEMBER 14, 2023** 

\*meetings are held from 11:30 am to 12:30 pm

## II. Community Needs Assessment

The first step in developing an effective substance use and misuse reduction plan is to assess your community. A community assessment tells you about your community's readiness to implement prevention, treatment, and justice-related programs to address substance use and misuse. An assessment also provides an overview of the risk and protective factors present in the community, helping your coalition plan more effectively.

#### **Community Profile**

County Name Wells County

County Population 28,180 (2020 census)

Schools in the community

Bluffton Harrison Metropolitian School District (BES, BMS, BHS)

Northern Wells Community Schools (LES, OES, NMS, NHS)

Northern Wells Alternative School

Southern Wells Community Schools (SWES, SW Jr/Sr HS)

Bethlehem Luthern School

Kingdom Academy

Wesleyan Heritage Academy

New Life Christian School

Adams-Wells Special Services

Head Start Center

The Literacy Alliance

Medical care providers in the community (hospitals, health care centers, medical centers/clinics, etc.)

Bluffton Regional Medical Center

Lutheran Health Physicians (Ossian, Markle, Bluffton)

Meridian Health Services (Internal Medicine and Pediatrics)

Ear. Nose & Throat Associates

**Bluffton Pediatrics** 

Fort Wayne Orthopedics-BRMC

RediMed

Bluffton Regional Medical Center Continuing Care

Markle Health Care and Rehabilitation

Ossian Health Care and Rehabilitation

Christian Care Retirement Community

River Terrace Returement Community

Heritage Point of Warren

Visiting Nurse

Heartland Home Care & Hospice

Lutheran Health Network Home Health

Stillwater Hospice

Indiana Physical Therapy

Wells County Health Department

Wells County EMS

Corrective Chiropractic

Mulvey Chiropractic

P Scott Johnson Chiropractic

Sell Chiropractic Clinic

Shideler Chiropractic Clinic

Wilson-Confer Chirpractic Center

Bluffton Dental Clinic

Hott Family Denistry

Laura Kukelhan DDS

Mercy Seat Dentistry

Nicholason Family Dental

Riverstone Dental

Stillwater Family Dentistry

Parrish Orthodonics

Bluffton Family Eye Care

Ossian Family Eye Care

Eyecare Associates of Bluffton

WalMart Vision Center

Mental health care providers in the community (hospitals with psychiatric/behavioral health units, mental health clinics, private/public providers, etc.)

Park Center

**Bowen Center** 

Meridian Health Services

Renovate Counseling Services

Brickhouse Program of Loving Shephard Ministries

Center for Behavioral Health

Family Centered Services

Joan Phelps, LMHC

Crosswinds Counseling Center

Parkview Behavioral Health Institute

Service agencies/organizations

Kiwanis Club of Greater Bluffton

Optimists Club of Bluffton

Bluffton Rotary

Ossian Rotary

Bluffton Lions Club

Ossian Lions Club

Elks Lodge B.P.O.E. #796

Bluffton Moose Lodge #242

American Legion Post #111

Vietnam Veterans of America, Chapter 698

Bluffton Lodge #145 F & A Masons

Knights of Columbus, Bluffton

Knights of Columbus, Ossian

Parlor City Fraternal Order of Police Lodge #134

**Extension Homemakers** 

LiGHT (Ladies Initiating Giving-An Honored Tradition)

Wells County Foundation

United Way of Wells County

Psi Iota Xi. Bluffton

Psi Iota Xi, Ossian

Sigma Phi Gamma, Epsilon Zeta Chapter

Tri Kappa, Beta Phi Chapter

Friends of the Library

Friends of Ouabache State Park

Friends of the Shelter

Friends Who Care Cancer Foundation

Upper Wabash Conservation & Science Center

Women's Auxiliary / Bargain Hut

Karing For Kids

The Resource Center / Community Care of NEI

Community Thrift / Community Care of NEI

Loving Shephard Ministries / Brickhouse Program

Family Centered Services, Inc

Wells County Council on Aging / Wells on Wheels

Behavior & Recovery Resource Center of Wells County

Domestic Violence Task Force

Wells County Chapter of PCA

Wells County DCS

Community & Family Services

Salvation Army of Wells County

Wells County Genealogy Society

Wells County Historical Society

Wells County 4-H Association

Purdue Extension / 4-H Program

Boy Scouts of America - Anthony Wayne Area Council

Girl Scouts of Northern Indiana-Michiana

Norwell FFA

Southern Wells FFA

Lifewise Christian Academy

Wells Community Boys and Girls Club

The Garage Youth Center

Youth For Christ / Big Jaws

Junior Achievement

Big Brothers Big Sisters NEI

**Bi-County Services** 

Work One of Northeast Indiana

Caylor Nickel Foundation Family YMCA

Creative Arts Council of Wells County

Wells County Public Library, Main Branch

Wells County Public Library, Ossian Branch

Wells County Foodbank

Northern Wells Food Pantry

Forgotten Children Worldwide

Foundations of Truth

Adams/Wells Crisis Center

Helping Hands Pregnancy Resource Center

Cancer Services of NEI

Run Hard Rest Well

Yehoshua, Inc

Wells County Chamber of Commerce

Wells County Economic Development

Ossian Economic Revitalization

Bluffton NOW

Wells County Trails

Bluffton Free Street Fair Association

Ossian Days, Inc

Wheels of Yesteryear

Wells County Community Corrections

Wells County Probation

FSSA

WIC

Local media outlets that reach the community

Fort Wayne Journal Gazette

Bluffton News Banner

Ossian Journal

Sunriser

The Advertiser

The Tab

Wells County Voice

**WPTA** 

WANE

WISE-TV

WFFT

WFWA / PBS

WZBD Radio (Berne)

WFCV Radio (Bluffton)

WJCO Radio (Montpelier)

Facebook (Wells County Government | Wells County Sheriff's Department | Bluffton Police

Department | Ossian Police Department)

What are the substances that are most problematic in your community?

Alcohol and Marijuana and Vaping (most use)

Meth laced with Fentanyl and Marijuana laced with Fentanyl (most problematic)

Fentanyl and Opiates and Methamphetamines (common)

Cocaine (recently reappearing)

List all substance use/misuse services/activities/programs presently taking place in the community

Park Center

Bowen Center

Meridian Health Services

Renovate Counseling Services

Praxis by Landmark Recovery

Center for Behavioral Health

Family Centered Services

Joan Phelps, LMHC

LSM Brickhouse Program

Crosswinds Counseling Center

Parkview Behavorial Health Institute

Wells County Probation / MRT Program

Community Corrections

CARE (Community Action Response and Engagement) / FCS

Adams-Wells Crisis Center

Grace & Mercy / Community Care of NEI

A Better Life-Brianna's Hope (Sonlight Wesleyan Church)

Reformers Unanimous (Grace Baptist Church)

Alcoholics Anonymous (First Church of Christ, Epworth Methodist Church-2, First Reformed Church)

Narcotics Anonymous (Epworth Methodist Church)

Thistles (Green Valley Golf Course)

Unshackled (Southern Wells Community Church)

iTown Bluffton Recovery

Foundations of Truth

Ethan Crossing

Behavior & Recovery Resource Center of Wells County

**CADA** 

WRAPP

Wells County Health Department

Council on Aging / Wells On Wheels

### **Community Risk and Protective Factors**

Use the list of risk and protective factors to identify those present in your community. Identify the resources/assets and limitations/gaps that exist in your community related to each. The lists are not all-inclusive and others may apply.

<u>Risk Factors Examples:</u> trauma and toxic stressors; poverty violence; neighborhood characteristics; low neighborhood attachment; community disorganization; community norms and laws favorable toward drug use, firearms, and crime; availability of alcohol and other drugs; weak family relationships; family substance use; peer substance use; mental health problems; families moving frequently from home to home; limited prevention and recovery resources.

<u>Protective Factors Examples:</u> strong family relationships; neighborhood economic viability; low childhood stress; access to health care; access to mental health care; community-based interventions; restricted access to alcohol and other drugs including restrictive laws and excise taxes; safe, supportive, and connected neighborhoods; meaningful youth engagement opportunities; local policies and practices that support healthy norms and child-youth programs; positive connection to adults.<sup>1</sup>

Risk Factors	Resources/Assets	Limitations/Gaps
1. Wells County is a rural	1. population density is low	1. limited recovery resources;
community		limited transportation options to
	2. small town mentality; want	treatment/recovery services
	community to thrive	
		2. population most in need of
	3. family oriented; take care of	services have limited financial
	our own	resources

<sup>&</sup>lt;sup>1</sup>Risk and protective factors extracted from IUPUI Center for Health Policy Community Conditions Favorable for Substance Use, April 2018.

2. Wells County offers limited capacity for treatment and recovery services	treatment capacity is expanding     a variety of support group options are available     sefforts continue to be made to reduce stigma and increase community support	3. interconnected community; limited peer mentors aside from regular peer group  1. mental health and treatment services are still severely limited; need outweighs availability  2. new local inpatient treatment facility only takes Medicaid patients at this time  3. deficit of trained staff exists; agencies struggle to fill openings
3. There are high incidents of substance use in Wells County	youth prevention programs     community awareness programs     compassionate and well-trained first responders	high arrest rate for alcohol and drug crimes      ATOD use can lead to other criminal acts      arrest to treatment time lapse is unfavorable
<b>Protective Factors</b>	Resources/Assets	Limitations/Gaps
1. Youth education is available in Wells County	1. county high schools utilize random student drug testing and resources and provide ATOD and mental health speakers; MS and HS have recently installed vape sensors in bathrooms  2. community ATOD resources, programming and collaboration  3. diversion programming for first time offenders offers ATOD education	1. youth use is increasing; especially via vaping devices  2. families financial needs are outweighing resources available, especially housing and food, presenting challenges in education and supervision  3. number of single parent households in poverty is increasing
2. Community education opportunities are provided in Wells County	CADA promotes community partnerships and discussion on trends and opportunities     Systems of Care brings providers together via monthly WRAPP meetings     Wells County Chamber of Commerce has facilitated	<ol> <li>lack of trained professionals to fill gaps in services</li> <li>getting people who need the knowledge and resources around the table</li> <li>programming can be cost prohibitive</li> </ol>

	community discussions and have included CADA as a resource	
3. Treatment and support options continue to slowly increase in Wells County	treatment provider capacity is increasing     programming has increased with virtual options expanding to hard to reach populations     support options have expanded to include a Medicaid addiction recovery treatment center in the community and a housing program for women in recovery continues to grow	cost can be prohibitive     capacity/enrollment/waiting period doesn't allow services to be available when needed, often due to lack of trained staff     transportation can be a barrier

# III. Making A Community Action Plan

Now that you have completed a community assessment and have identified the risk and protective factors that exist, you can develop a plan of action. The Comprehensive Community Plan (CCP) is a systematic and community-driven gathering, analysis, and reporting of community-level indicators for the purpose of identifying and addressing local substance use problems.

- Step 1: Create problem statements, and ensure problems statements are in line with statutory requirements
- Step 2: Ensure your problem statements are evidence-informed, then prioritize
- Step 3: Brainstorm what can be done about each
- Step 4: Prioritize your list, and develop SMART goal statements for each
- Step 5: List the steps to achieve each goal

### **Step 1: Create + Categorize Problem Statements**

Create problem statements as they relate to each of the identified risk factors.

Risk Factors	Problem Statement(s)
1. Wells County is a rural community	Shortages in trained staff has hindered needed awareness and education efforts in Wells County     There is a lack of resources/funding for education regarding ATOD issues in Wells
	County

	3. More diverse ATOD services are needed in Wells County
2. Wells County offers limited capacity for treatment and recovery services	Delays in licensing efforts and the availability of trained staff presented new challenges in serving those in treatment and recovery      There is an ongoing need for ATOD treatment and recovery services in Wells County
	3. Transportation can be a barrier to ATOD services in Wells County
3. There are high incidents of substance use in Wells County	1. ATOD use among youth and adults is problematic in Wells County
	2. There is an increase in recreational use of marijuana due to the ease of access from Ohio and Michigan
	3. There is an increase in mental health incidents in both youth and adults and an increase in relapses as a result of environmental factors such as an increase of random acts of violence in communities

# **Step 2: Evidence-Informed Problem Statements**

Identify your top three problem statements using local or state data. Ensure that there is a problem statement for each co-equal funding category (e.g., prevention/education; intervention/treatment; and criminal justice services and activities).

Problem Statements	Data That Establishes Problem	Data Source
1. ATOD use among youth is problematic in Wells County	-4.2% of random student drug testing in county middle schools (2021-2022 school year) came back positive for substance use (prescribed medication and cotinine)	Bluffton Middle School Norwell Middle School
	-13.5% of random student drug testing in county high schools (2021-2022 school year) came back positive for substance use (THC and cotinine)	Bluffton High School Norwell High School Southern Wells Jr/Sr HS
	- 60 citations were issued in 2022 (56: BPD / 4: WCSD / 0:	Bluffton Police Department WCSD

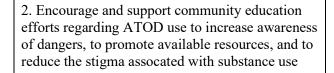
	OPD) for minor in possession of	OPD
	tobacco, including vapes under IC 35-46-1-10.5	OI D
	-7 of 35 (20%) juvenile supervisions through Wells County Probation were for substance-related charges	Wells County Probation Dept
	-15 juveniles were dispositioned through Teen Court in 2022; 13 (86.7%) were for ATOD use	Wells County Teen Court / FCS
2. There is an ongoing need for ATOD treatment and recovery services in Wells County	-432 clients received services for chemical dependency in Wells County in 2022 (131 at Park Center, 140 at Bowen Center, 161 at Renovate Counseling Services)	Park Center Bowen Center Renovate Counseling Services
	-95 chemical dependency clients participated in MAT programming in 2022 (45 at Park Center and 50 at Bowen Center)	Park Center Bowen Center
	-Park Center began an Adolescent Substance Use Education and Support Group in 2022, as of December there were 8 juveniles attending the 12-week program	Park Center
	-WOW provided 257 trips at no charge for 7 individuals to attend treatment/support services throughout 2022	Wells On Wheels (WOW) Council on Aging
3. ATOD use among adults is problematic in Wells County	-316 (25.3%) (WCSD:196, BPD:106, OPD:14) of all adult arrests (WCSD:653, BPD:535, OPD:61 = 1,249 total adult arrests) were for DUI in 2022; 168 (13.5%) (WCSD: 112, BPD:45, OPD:11) were drug arrests	Wells County Sheriffs Dept Bluffton Police Dept Ossian Police Dept
	-Drug screens for overall probation population in 2022 with positive results was 827 out of 1,596 (51.8%)	Wells County Probation

-Wells County EMS administered Narcan to 47 patients throughout 2022 (some patients received more than one dose)	Wells County EMS
-273 deaths occurred throughout 2022; 6 (2.2%) were considered by overdose	Wells County Health Dept

# **Step 3: Brainstorm**

Consider the resources/assets and limitations/gaps that were identified for each risk factor, and list what actions can be taken for each identified problem statement.

Problem Statements	What can be done (action)?
1. ATOD use among youth is problematic in Wells County	1. Support programs that seek to improve and increase community engagement and recognition for the youth population as a means to increase protective factors against ATOD use
	2. Support schools to continue random student drug testing programs and to collaborate to provide resources for students in violation or in need of ATOD or mental health services
	3. Support local law enforcement and other agency efforts to increase their capacity to reduce ATOD use in youth
2. There is an ongoing need for ATOD treatment and recovery services in Wells County	1. Support current ATOD education, prevention, intervention and treatment services and programming; especially to underserved populations
	2. Support new ATOD education, prevention, intervention and treatment programming and services
	3. Seek and support options to remove barriers to treatment and support services, including transportation services, virtual services and other unmet needs
3. ATOD use among adults is problematic in Wells County	1. Support programs that seek to improve and increase community engagement and recognition for the adult population as a means to increase protective factors against adult substance use



3. Support local law enforcement and other agency efforts to increase their capacity to reduce substance use in adults

### **Step 4: Develop SMART Goal Statements**

For each problem statement, prioritize your list of what can be done. Choose your top two actions for each. Then, develop goal statements that demonstrate what change you hope to achieve and by when you hope to achieve it.

#### **Problem Statement #1**

Goal 1

Random student drug testing with a positive result for DRUG USE will decrease by 1% for middle school students and .5% for high school students within the 2022-2023 school year; positive tests for cotinine continues to rise

Goal 2

100% of juveniles referred to Teen Court for ATOD-related offenses in 2023 will receive at least 1 opportunity for ATOD education

#### **Problem Statement #2**

Goal 1

The capacity to serve chemical dependency clients in Wells County will increase by 5 throughout 2023

Goal 2

The number of trips to treatment or support groups will increase by 1% in 2023

#### **Problem Statement #3**

Goal 1

Positive drug screens for probationers participating in probation services will decrease by 1% during 2023

Goal 2

Overdose deaths occurring in Wells County in 2023 will decrease by 1 within the year

#### **Step 5: Plans to Achieve Goals**

For each goal, list the steps required to achieve each

Problem Statement #1	Stons
Goal 1	Steps 1 Fund provention and/or advantion
Random student drug testing with a positive result for DRUG USE will decrease by 1% for middle school students and .5% for high school students	1. Fund prevention and/or education programs focused on youth ATOD use; including virtual options
within the 2022-2023 school year; positive tests for cotinine continues to rise	2. Support intervention and/or treatment efforts focused on youth; including virtual/telehealth options
	3. Fund training for law enforcement and/or justice services and supports that enhance youth recovery from alcohol use
Goal 2 100% of juveniles referred to Teen Court for ATOD-related offenses in 2023 will receive at	1. Fund random drug testing programs to help deter ATOD use for students
least 1 opportunity for ATOD education	2. Support intervention and/or treatment options for schools to refer students, including remote learning options
	3. Fund and support SRO's to enhance efforts to educate and monitor students in regards to ATOD use
Problem Statement #2	Steps
Goal 1 The capacity to serve chemical dependency clients	1. Fund prevention and/or education
in Wells County will increase by 5 throughout 2023	programs and services; educate providers and members of the community on services available
in Wells County will increase by 5 throughout	and members of the community on
in Wells County will increase by 5 throughout	and members of the community on services available  2. Support new and current intervention and/or treatment efforts available in the community; including virtual/telehealth
in Wells County will increase by 5 throughout	and members of the community on services available  2. Support new and current intervention and/or treatment efforts available in the community; including virtual/telehealth options  3. Support efforts to remove transportation and other barriers

	3. Support justice services and/or programs used to support recovery	
Problem Statement #3	Steps	
Goal 1 Positive drug screens for probationers participating in probation services will decrease by 1% during 2023	1. Fund prevention and/or education programs for the general community and for professionals regarding substance use  2. Support awareness for substance use intervention and/or treatment efforts  3. Fund training for law enforcement/justice services and/or supports that enhance recovery efforts	
Goal 2 Overdose deaths occurring in Wells County in 2023 will decrease by 1 within the year	<ol> <li>Support prevention/education programs or training for parents and providers</li> <li>Support intervention and/or treatment efforts for individuals</li> <li>Support justice services and/or supports to enhance adult recovery from alcohol and drugs</li> </ol>	

# IV. Fund Document

The fund document allows the LCC to provide finances available to the coalition at the beginning of the year. The fund document gauges an LCC's fiscal wellness to empower their implementation of growth within their community. The fund document also ensures LCCs meet the statutory requirement of funding programs within the three categories of (1) Prevention/Education, (2) Treatment/Intervention, and (3) Criminal Justice Services and Activities (IC 5-2-11-5).

Funding Profile					
1	Amount deposited into the County DFC Fund from fees collected last year:			\$19,581.16	
2	Amount of unused funds from last year that will roll over into this year:			\$2,546.91	
3	Total funds available for programs and administrative costs for this year			\$22,128.07	
	(Line 1 + Line 2):			·	
4	e s			\$19,992.89	
Additional Funding Sources (if no money is received, please enter \$0.00)					
A				\$0.00	
B	\ /			\$0.00	
C	,			\$0.00	
D				\$0.00	
E	Indiana State Department of Health (ISDH):		\$0.00		
F	Indiana Department of Education (DOE):		\$0.00		
G	,			\$0.00	
H	Indiana Family and Social Services Administration (FSSA):			\$0.00	
I	Local entities:			\$0.00	
_	J Other:			\$0.00	
Categorical Funding Allocations					
	vention/Education:	Intervention/Treatment:	Justice Services:		
\$5,	532.02	\$5,532.02 \$5,532.02		,	
Funding allotted to Administrative costs:					
Itemized list of what is being funded  Amount (\$100.00)					
		\$5,407.01			
I .		\$125.00	<i>′</i>		
Funding Allocations by Goal per Problem Statement:					
		Statement #3			
Goal 1: \$2,766.01		Goal 1: \$2,766.01	Goal 1: \$2,766.01		
Go	al 2: \$2,766.01	Goal 2: \$2,766.01	Goal 2: \$2,766.01		