# The Indiana Commission to Combat Drug Abuse



# Behavioral Health Division

# **Comprehensive Community Plan**

County: Warren

LCC Name: Warren County Local Coordinating Council

LCC Contact: Breanna Blackburn

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## County Commissioners:

John Comer: <u>Jcomer@warrencounty.in.gov</u> Clay Andrews: <u>candrews@warrencounty.in.gov</u>

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Address: 125 North Monroe Street

City: Williamsport

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# **Vision Statement**

What is your Local Coordinating Council's vision statement?

The Warren County Local Coordinating Council's vision is to work with county organizations, schools, businesses, law enforcement, and counseling services to provide education and to fund programs that will reduce alcohol and other drugs abused in the county while improving overall mental health of residents.

# **Mission Statement**

What is your Local Coordinating Council's mission statement?

The Warren County Local Coordinating Council for a Drug Free Indiana recognizes alcohol and drug abuse to be a root cause of mental, health, and economic problems in Warren County. The abuse of such substances affects our society at every level from children to grandparents. The purpose of this LCC is to assess the needs and existing services in Warren County, to find the gaps in our current system of resources, and to implement strategies to fill those gaps.

Membership List							
#	Name	Organization	Race	Gender	Category		
1	Breanna Blackburn	Warren County Health Department	Caucasian	Female	Public Health		
2	Laci Frodge	Warren County Health Department  Caucasian Female Public Health		Public Health Nurse			
3	Ralph Shrader	MSD of Warren County	Caucasian	Male	Education		
4	Jim Beyer	MSD of Warren County	Caucasian	Male	Education		
5	Dr. Chad Cripe	MSD of Warren County	Caucasian	Male	Education		
6	Travis Brown	MSD of Warren County	Caucasian	Male	Education		
7	Mike Holland	MSD of Warren County	Caucasian	Male	Education		
8	Phil Halsama	MSD of Warren County	Caucasian	Male	Education/ Technology		
9	Karmine Akers	MSD of Warren County	Caucasian	Female	Education		
10	Megan Reynolds	MSD of Warren County	Caucasian	Female	Education		
11	Hayley Brooks	MSD of Warren County	Caucasian	Female	Elementary School Counselor		
12	Anthony Pruitt	Sheriff	Caucasian	Male	Law Enforement		
13	Bonnie Adams	Prosecutor	Caucasian	Female	Judiciary		
14	John Comer	County Commissioner	Caucasian	Male	Education/Labor		

15	Robin Hegg	Probation	Caucasian	Female	Judiciary	
16	Jason Dexter	Seeger SRO	Caucasian	Male	Law Enforcement	
17	Hunter Reece	Warren County Judge	Caucasian	Male	Judiciary	
18	Michelle Stucky	Warren County Community Foundation	Caucasian	Female	Community Foundation	
19	Amy Schaller	Crossroads Recovery	Caucasian	Female	Community Outreach	
20	Missy Barnett	Hope Springs Recovery	Caucasian	Female	Community Outreach	
21	Brant Needler	Warren County K9 Officer	Caucasian	Male	Law Enforcement	
21	Sean Sharma M.D	Warren County Health Department	Indian	Male	Public Health Officer	
22	Renee Petrie	MSD of Warren County	Caucasian	Female	Elementary School Counselor	

# **LCC Meeting Schedule:**

Please provide the months the LCC meets throughout the year: February, April, June, August, October, November

# II. Community Needs Assessment

The first step in developing an effective substance use and misuse reduction plan is to assess your community. A community assessment tells you about your community's readiness to implement prevention, treatment, and justice-related programs to address substance use and misuse. An assessment also provides an overview of the risk and protective factors present in the community, helping your coalition plan more effectively.

## **Community Profile**

County Name Warren

County Population 8,518 (2023)

# Schools in the community

- Williamsport Elementary School
- Pine Village Elementary School
- Warren Central Elementary School
- Seeger Memorial Jr/Sr High School

Medical care providers in the community (hospitals, health care centers, medical centers/clinics, etc.)

- St. Vincent Williamsport Hospital
- St. Vincent North Clinic

Mental health care providers in the community (hospitals with psychiatric/behavioral health units, mental health clinics, private/public providers, etc.)

- Valley Oaks Health
- Families United
- Two Roads
- Illume Counseling and wellness
- MHA
- Sycamore Springs
- Holon
- WCRCC Programs and services
- Cross Roads Recovery
- MSD of Warren County School based student counseling services

# Service agencies/organizations

- Purdue Extension Office
- Hope Springs Safe House
- Warren County Health Department
- Warren County Community Foundation
- Area Churches
- 4-H
- Aspen Health Navigator
- Community Partners

# Local media outlets that reach the community

- Review Republican Newspaper
- Fountain County Neighbor Newspaper
- County/school/ local organization websites
- Social Media Outlets
- Televised News Programs

What are the substances that are most problematic in your community?

- Alcohol
- Marijuana
- Nicotine
- Tobacco
- Methamphetamine
- Prescription Drugs

List all substance use/misuse services/activities/programs presently taking place in the community

- Johnny's House: Turning Point Residential Recovery
- Crossroad Recovery- Narcotics Annoynomous, 12 Life Skill Corses
- Warren County Health Department- QUIT NOW

# **Community Risk and Protective Factors**

Use the list of risk and protective factors to identify those present in your community. Identify the resources/assets and limitations/gaps that exist in your community related to each. The lists are not all-inclusive and others may apply.

<u>Risk Factors Examples:</u> trauma and toxic stressors; poverty violence; neighborhood characteristics; low neighborhood attachment; community disorganization; community norms and laws favorable toward drug use, firearms, and crime; availability of alcohol and other drugs; weak family relationships; family substance use; peer substance use; mental health problems; families moving frequently from home to home; limited prevention and recovery resources.

<u>Protective Factors Examples:</u> strong family relationships; neighborhood economic viability; low childhood stress; access to health care; access to mental health care; community-based interventions; restricted access to alcohol and other drugs including restrictive laws and excise taxes; safe, supportive, and connected neighborhoods; meaningful youth engagement opportunities; local policies and practices that support healthy norms and child-youth programs; positive connection to adults.<sup>1</sup>

Risk Factors	Resources/Assets	Limitations/Gaps
Continuing alcohol, marijuana, and toba Nicotine use		<ol> <li>Proximity to legal marijuana as a gateway drug</li> <li>Availability of "Vape" products</li> <li>Rise in opioid abuse</li> </ol>
Poverty and lack of high school educati opportunities		Limited post high school education resources     Transportation restrictions     Lack of affordable treatment
3. Mental health issue	1. Valley Oaks 2. School Counselors 3. 811 4. Families United	<ol> <li>Rise in teen mental health concerns</li> <li>Lack of mental health services</li> <li>Affordability of treatment</li> </ol>
<b>Protective Factors</b>	Resources/Assets	Limitations/Gaps
1. Youth Programs	<ol> <li>Summer Park Program</li> <li>4-H, Purdue Extension</li> <li>Church youth groups</li> <li>Red Ribbon Week</li> <li>Extra-curricular sports, activities, and clubs</li> <li>Healthy Families</li> </ol>	<ol> <li>Lack of funding</li> <li>Transportation</li> <li>Lack of participation</li> </ol>

<sup>&</sup>lt;sup>1</sup>Risk and protective factors extracted from IUPUI Center for Health Policy Community Conditions Favorable for Substance Use, April 2018.

2.	Alcohol, tobacco, and	1.	Cross Roads Recovery	1.	Lack of insurance
	other drug counseling.	2.	Celebrate Recovery	2.	Lack of transportation
		3.	Valley Oaks Health	3.	Lack of residential treatment
		4.	WCRCC Programs and		options
			services		
3.	Law Enforcement	1.	Sheriff's Dept., Local police	1.	Lack of funding
			department	2.	Lack of equipment
		2.	Increased patrols	3.	Lack of manpower
		3.	Probation department		_

# III. Making A Community Action Plan

Now that you have completed a community assessment and have identified the risk and protective factors that exist, you can develop a plan of action. The Comprehensive Community Plan (CCP) is a systematic and community-driven gathering, analysis, and reporting of community-level indicators for the purpose of identifying and addressing local substance use problems.

- Step 1: Create problem statements, and ensure problems statements are in line with statutory requirements
- Step 2: Ensure your problem statements are evidence-informed, then prioritize
- Step 3: Brainstorm what can be done about each
- Step 4: Prioritize your list, and develop SMART goal statements for each
- Step 5: List the steps to achieve each goal

# **Step 1: Create + Categorize Problem Statements**

*Create problem statements as they relate to each of the identified risk factors.* 

Risk Factors	Problem Statement(s)
Continued alcohol, marijuana, and tobacco/ nicotine misused or abused in Warren County	<ul> <li>Proximity to legal marijuana as a gateway drug</li> <li>Availability of "Vape" products</li> <li>Underage alcohol abuse</li> </ul>
Prescription drug and illegal drugs are being abused in Warren County	<ul> <li>Rise in opioid abuse</li> <li>Proximity to legal marijuana as a "gateway drug"</li> <li>Lack of local treatment services</li> </ul>
Mental health issues and barriers to accessing treatment in Warren County	<ul> <li>Rise in teen mental health concerns</li> <li>Lack of mental health services</li> <li>Affordability of treatment</li> <li>Rural location</li> <li>Transportation restrictions</li> <li>Lack of qualified providers</li> </ul>

# **Step 2: Evidence-Informed Problem Statements**

Identify your top three problem statements using local or state data. Ensure that there is a problem statement for each co-equal funding category (e.g., prevention/education; intervention/treatment; and criminal justice services and activities).

<b>Problem Statements</b>	Data That Establishes	Data Source
Continued alcohol, marijuana, and tobacco/ nicotine misused or abused in Warren County	-117 drug or alcohol related cases were reported in 2024.  -61 counts were made for possession of marijuana in 2024.	Warren County Prosecutor's Office
	-There were 83 counts for OVWI in 2024  The Indiana Youth Survey reported: -14.9% of 7 <sup>th</sup> through 12 <sup>th</sup> graders reported monthly alcohol use.  -8.3% of 7 <sup>th</sup> through 12 <sup>th</sup> graders reported marijuana use monthly19.9% of 7 <sup>th</sup> through 12 <sup>th</sup> graders reported vaping as regular users.  -Valley Oaks Counseling Center	2022 Indiana Youth Survey  Valley Oaks Counseling Center
Prescription drug and illegal drugs are being abused in Warren County	reported clients referred for alcohol, marijuana, heroin, and spice.  -Clients were referred to the West Central Community Corrections for use of methamphetamine, cocaine, marijuana, alcohol, OxyContin, and fentanyl.	Warren County Sheriff's Department
	<ul> <li>-16 counts out of the 212</li> <li>Warren County drug or alcohol related counts were for possession of a controlled substance.</li> <li>-18 counts for possession of methamphetamine reported for 2024.</li> </ul>	Warren County Prosecutor's Office  Warren County Prosecutor's Office

	-24 Warren County arrests were for Operating a Vehicle While	
	Intoxicated by a controlled substance.	
Mental health issues and barriers to accessing treatment in Warren County	-According to the 2022 Indiana Youth Survey, teen mental health concerns have grown at an alarming rate for the second	2022 Indiana Youth Survey
	straight year:	
	-41% of 7 <sup>th</sup> -12 <sup>th</sup> graders reported feeling sad or hopeless for 2+ weeks in a row (Up from 24%).	
	-20.6 % of 7 <sup>th</sup> -12 <sup>th</sup> graders reported seriously considering attempting suicide at some time (Up from 11%).	
	-17.5 % of 7 <sup>th</sup> -12 <sup>th</sup> graders reported making a plan about attempting suicide at some time	
	(Up from 5%).	Indiana MPH Mental health Dashboard
	- According to the Indiana MPH Mental Health Dashboard 799	
	mental health events occurred in Warren County in 2024	

# **Step 3: Brainstorm**

Consider the resources/assets and limitations/gaps that were identified for each risk factor, and list what actions can be taken for each identified problem statement.

<b>Problem Statements</b>	What can be done (action)?
Continued alcohol, marijuana, and tobacco/nicotine misused or abused in Warren County	<ol> <li>Identify funding opportunities for different programs utilizing evidenced-based practices that educate residents about the risks of alcohol use and abuse</li> <li>Reduce alcohol use and abuse among adults and youth.</li> <li>Reduce marijuana use among adults and youth.</li> <li>Increase awareness and education among the youth pertaining to drug and alcohol abuse while driving.</li> <li>Increase the number of arrests leading to cases filed for those using alcohol while driving.</li> </ol>

	6. Increase drug abuse treatment options for adult and youth.
Prescription drug and illegal drugs are being abused in Warren County	<ol> <li>Decrease the number of adults abusing prescription drugs.</li> <li>Increase the number of arrests for illegal prescription drug use.</li> <li>Increase the number of people treated for prescription drug addiction.</li> <li>Increase drug abuse treatment options for adult and youth.</li> </ol>
Mental health issues and barriers to accessing treatment in Warren County	<ol> <li>Increase awareness of mental health concerns to school aged children.</li> <li>Increase mental health services to youth and adults.</li> <li>Increase the understanding of a connection between substance abuse and mental health issues.</li> </ol>
	Resources  1. 988 Crisis and Suicide Lifeline (IN.gov)  2. Indiana Suicide Prevention (IN.gov)  3. FSSA Mental Health Services (IN.gov)  4. Center for Disease Control and Prevention (CDC) Mental Health Resources (CDC website)

# **Step 4: Develop SMART Goal Statements**

For each problem statement, prioritize your list of what can be done. Choose your top two actions for each. Then, develop goal statements that demonstrate what change you hope to achieve and by when you hope to achieve it.

## Problem Statement #1 Increased alcohol and marijuana use.

### Goal 1

The Warren County LCC will work with the Warren County Health Department to decrease the tobacco, nicotine, and vaping use among residents by 1% by the end of the year. We will increase awareness for the QUIT NOW program for residents and the CATCH Program for youth residents. We will evaluate our efforts through annual statistic reports obtained from the school SRO, juvenile probation and law enforcement departments

#### Goal 2

The LCC will work with Law Enforcement/Criminal Justice by providing mini-grants in an effort to reduce alcohol abuse by youth and adults by increasing alcohol related arrests leading to cases filed. These funds will help increase the number of cases filed by 5 of those operating a vehicle while intoxicated. If an increase of 3 does not occur, the LCC will reevaluate its approach

# Problem Statement #2 Prescription drug abuse

### Goal 1

The LCC will promote and fund mini-grants to various organizations and schools who use evidence-based programs and or curriculum to provide prevention education and or treatment to reduce by 1% the total number of youth reporting prescription drug use. If a reduction does not occur, the LCC will reevaluate its approach.

#### Goal 2

The LCC will work with Law Enforcement/Criminal Justice by providing mini-grants to increase the number of arrests leading to cases filed for controlled substance abuse. These funds will help increase the number of cases filed for controlled substance abuse by 5 compared to the 2024 Prosecutor's report of 11. If an increase does not occur, the LCC will reevaluate its approach.

## Problem Statement #3 Teen mental health issues.

#### Goal 1

The Warren County LCC will increase mental health resources by 1 new resource. We will implement a new single session intervention program that is related to youth's mental health by the end of 2025.

### Goal 2

The Warren County LCC will promote and fund mini-grants to various organizations and schools who use evidence-based programs and or curriculum to provide prevention education and or treatment to lower the 41% of students in grades 7-12 feeling "helpless or sad" by 10% (according to the IYS). If a reduction does not occur, the LCC will reevaluate its approach.

### **Step 5: Plans to Achieve Goals**

For each goal, list the steps required to achieve each

Problem Statement #1	Steps
Alcohol/Nicotine/Marijuana/ Tobacco	
Goal 1 The Warren County LCC will work with the Warren County Health Department to decrease the tobacco, nicotine, and vaping use among residents by 1% by the	1. Work with the Warren County Health Department on getting reliable information about the QUIT NOW and CATCH program out to the residents that need it and don't know it's there.
end of the year. We will increase awareness for the QUIT NOW program for residents and the CATCH Program for youth residents. We will evaluate our efforts through annual statistic reports obtained from the school SRO, juvenile probation and law	2. Provide financial assistance and collaborate with school resource officer to educate youth about the dangers of alcohol, tobacco, nicotine and/or marijuana.
enforcement departments	3. Provide financial assistance to treatment/intervention programs and services with emphasis on evidence-based programming.
	4. Provide financial assistance to education and collaboration to bring back the program "every 15 minutes" or collaborate to have DUI Speakers at the school.

#### Goal 2

The LCC will work with Law Enforcement/Criminal Justice by providing mini-grants in an effort to reduce alcohol abuse by youth and adults by increasing alcohol related arrests leading to cases filed. These funds will help increase the number of cases filed by 5 of those operating a vehicle while intoxicated. If an increase of 3 does not occur, the LCC will reevaluate its approach

- 1. Provide financial assistance to treatment/intervention programs and services with emphasis on evidence-based programming.
- 2. Provide financial support to agencies who will host workshops and/or luncheons about the dangers of alcohol and/or marijuana.
- 3. Provide financial assistance to education and collaboration to bring back the program "every 15 minutes" or collaborate to have DUI Speakers at the school.

# **Problem Statement #2 Prescription Drugs**

#### Goal

The LCC will promote and fund mini-grants to various organizations and schools who use evidence-based programs and or curriculum to provide prevention education and or treatment to reduce by 1% the total number of youth reporting prescription drug use. If a reduction does not occur, the LCC will reevaluate its approach.

### Steps

- Conduct evidence-based education/prevention programs in the school and throughout the community to reduce initiation and/or experimentation with controlled substances, by providing financial support.
- 2. Provide financial assistance to organizations to help raise awareness of risks associated with controlled substances abuse and misuse throughout the community with workshops, luncheons, and trainings.
- 3. Provide financial assistance to treatment/intervention programs and services with emphasis on evidence-based programming

#### Goal 2

The LCC will work with Law Enforcement/Criminal Justice by providing mini-grants to increase the number of arrests leading to cases filed for controlled substance abuse. These funds will help increase the number of cases filed for controlled substance abuse by 5 compared to the 2024 Prosecutor's report of 11. If an increase does not occur, the LCC will reevaluate its approach.

- Conduct evidence-based education/prevention programs in the school and throughout the community to reduce initiation and/or experimentation with controlled substances, by providing financial support.
- Provide financial assistance to organizations to help raise awareness of risks associated with controlled substances abuse and misuse throughout the community with workshops, luncheons, and trainings.
- 3. Provide financial assistance to treatment/intervention programs and services with emphasis on evidence-based programming.

# **Problem Statement #3 Mental Health**

Goal 1

### Steps

1. Provide funds and collaborate with Warren County Health Coalition to implement SSI into the schools

The Warren County LCC will increase mental health resources by 1 new resource. We will implement a new single session intervention program that is related to youth's mental health by the end of 2025.

- 2. Provide financial support through grant opportunities to mental health agencies and organizations providing services to youth or adults.
- 3. Provide financial assistance to organizations treating adults and/or youth with substance abuse issues contributing to mental health concerns.

### Goal 2

The Warren County LCC will promote and fund minigrants to various organizations and schools who use evidence-based programs and or curriculum to provide prevention education and or treatment to lower the 41% of students in grades 7-12 feeling "helpless or sad" by 10% (according to the IYS). If a reduction does not occur, the LCC will reevaluate its approach.

- 1. Provide grant opportunities to conduct education/prevention programs to reduce stressors and add coping skills through counseling services to youth or adults.
- 2. Provide financial support to conduct awareness and prevention activities to assist with feelings of helplessness and alternative to self-harm or suicide.
- Conduct evidence-based education/prevention programs in the school and throughout the community to promote a positive self-image and strategies for coping with stressors in young adults.

# IV. Fund Document

The fund document allows the LCC to provide finances available to the coalition at the beginning of the year. The fund document gauges an LCC's fiscal wellness to empower their implementation of growth within their community. The fund document also ensures LCCs meet the statutory requirement of funding programs within the three categories of (1) Prevention/Education, (2) Treatment/Intervention, and (3) Criminal Justice Services and Activities (IC 5-2-11-5).

Fu	Funding Profile						
1	Amount deposited into the Count	\$15,747.70					
2	Amount of unused funds from last year that will roll over into this year:			\$24,854.19			
3	Total funds available for program	ns and administrative costs for this	s year	\$40,601.89			
	(Line 1 + Line 2):			ŕ			
4	Amount of funds granted last yea			\$4,993.88			
	ditional Funding Sources (if no r			Φ0.00			
A	Substance Abuse and Mental Hea	· · · · · · · · · · · · · · · · · · ·	MHSA):	\$0.00			
B	Centers for Disease Control and I	. ,		\$0.00			
C	Bureau of Justice Administration	` /		\$0.00			
D	Office of National Drug Control	· · · /		\$0.00			
E	Indiana State Department of Heal	· /		\$0.00			
F	Indiana Department of Education	\$0.00					
G	Indiana Division of Mental Healt	` /		\$0.00			
H	Indiana Family and Social Services Administration (FSSA):			\$0.00			
I	Local entities:	\$0.00					
J	Other:	\$0.00					
	tegorical Funding Allocations		T				
	vention/Education:	Intervention/Treatment:	Justice Se				
\$12	2,700.63	\$12,700.63	\$12,700.6	53			
Fm	nding allotted to Administrative	costs:					
	nized list of what is being funded		Am	ount (\$100.00)			
	ordinator compensation		\$2,500	1.			
Off	fice supplies						
Funding Allocations by Goal per Problem Statement:							
				Statement #3			
C	G-11, 96 250 22 G-11, 96 250 22 G-11, 96 250 22						
GO	Goal 1: \$6,350.32 Goal 1: \$6,350.32 Goal 1: \$6,350.32						
Go	Goal 2: \$6,350.31 Goal 2: \$6,350.31 Goal 2: \$6,350.31						