

# **The Indiana Commission to Combat Drug Abuse**



*Behavioral Health Division*

## **Comprehensive Community Plan**

County: Union County

LCC Name: Drug Free Union Couty

LCC Contact: Kay Riker-Peyton

Address: 6 W South Street

City: Liberty, IN

Phone: 765-458-5393

Email: [kayrp.thehaven@gmail.com](mailto:kayrp.thehaven@gmail.com)

County Commissioners: Tim Williams, Howard Curry, & Dean VanWinkle

Address: 26 W Union Street

City: Liberty, IN

Zip Code: 47353

## **Vision Statement**

What is your Local Coordinating Council's vision statement?

Union County will be a safe, healthy and substance abuse free community to live, work and thrive

## **Mission Statement**

What is your Local Coordinating Council's mission statement?

To promote and empower youth and adults through education, awareness and advocacy. Build community partners and relationships to have a healthier and substance free community.

Membership List					
#	Name	Organization	Race	Gender	Category
1	Randy Judd	UCHS	W	M	School
2	Lisa Felsman	Centerstone	W	F	Treatment
3	Jeff Adams	Sheriff	W	F	Law Enforcement
4	Sarah Spoonamore	Citizen	W	F	Citizen
5	Diann Timberman	Church	W	F	Faith Based
6	Beth Lang	UCHD	W	F	School Liaison
7	Kim Klein	UCHD	W	F	Education
8	Kay Riker-Peyton	Haven	W	F	Prevention
9	Jeff King	Realtor	W	M	Business
10	Cy Johnson	UCDC	W	M	Community
11	Monica Hoffman	UCMS	W	F	School
12					
13					
14					
15					
16					
17					
18					
19					
20					
21					
22					
23					
24					
25					
26					
27					
28					
29					
30					

LCC Meeting Schedule:
Please provide the months the LCC meets throughout the year: January, February, March, April, May, June, September, October and November on the third Monday of designated months at 4:00. Meeting will be held at the Union County Health Department and Zoom option will be provided.

## II. Community Needs Assessment

*The first step in developing an effective substance use and misuse reduction plan is to assess your community. A community assessment tells you about your community's readiness to implement prevention, treatment, and justice-related programs to address substance use and misuse. An assessment also provides an overview of the risk and protective factors present in the community, helping your coalition plan more effectively.*

### Community Profile

County Name
Union County
County Population
6,973
Schools in the community  This is all under one school district Union County High School Union County Middle School Liberty Elementary School College Corner Elementary School  Community Care Head Start Lil' Friends of the Library Preschool
Medical care providers in the community (hospitals, health care centers, medical centers/clinics, etc.)  Union County Health Department Neighborhood Health Center Oxford Internal Medicine No Dentist No Eye doctor No Pharmacy
Mental health care providers in the community (hospitals with psychiatric/behavioral health units, mental health clinics, private/public providers, etc.)  Centerstone- has councilor in the high school and at the jail, no building Neighborhood Health Center- offers minimum mental health services
Service agencies/organizations  Prevention is the Cure Purdue County Extension SIEOC

<p>Local media outlets that reach the community</p> <p>Facebook, KICKS 96, The Liberty Herald, 101.3</p>
<p>What are the substances that are most problematic in your community?</p> <p>Tobacco/Vapes, Alcohol, THC, Prescription Drugs, Meth, Heroin and Fentanyl</p>
<p>List all substance use/misuse services/activities/programs presently taking place in the community</p> <p>Prevention is the Cure (Substance Free Alternative Events)</p> <p>Prevention is the Cure (social norms campaigns)</p> <p>Red Ribbon Week at schools</p> <p>Celebrate Recovery</p> <p>Alcoholics Anonymous</p> <p>Narcotics Anonymous</p> <p>Tobacco Cessation</p> <p>Too Good for Drugs curriculum offered in grades 3-8</p>

## Community Risk and Protective Factors

*Use the list of risk and protective factors to identify those present in your community. Identify the resources/assets and limitations/gaps that exist in your community related to each. The lists are not all-inclusive and others may apply.*

**Risk Factors Examples:** trauma and toxic stressors; poverty violence; neighborhood characteristics; low neighborhood attachment; community disorganization; community norms and laws favorable toward drug use, firearms, and crime; availability of alcohol and other drugs; weak family relationships; family substance use; peer substance use; mental health problems; families moving frequently from home to home; limited prevention and recovery resources.

**Protective Factors Examples:** strong family relationships; neighborhood economic viability; low childhood stress; access to health care; access to mental health care; community-based interventions; restricted access to alcohol and other drugs including restrictive laws and excise taxes; safe, supportive, and connected neighborhoods; meaningful youth engagement opportunities; local policies and practices that support healthy norms and child-youth programs; positive connection to adults.<sup>1</sup>

Risk Factors	Resources/Assets	Limitations/Gaps
1.Union County is 100% rural. The community norms and laws are favorable toward drug use	1.Too Good for Drugs and Alcohol recently started being taught in grades 3-8  2.Prevention is the Cure Coalition  3.UCHD educates youth who get caught vaping	1. Marijuana is legal in our boarding county, butler county, Ohio  2.There is a misperception of use and misuse among youth regarding ATODs  3.LCC not in operation
2. Lack of treatment options in Union County	1.There are treatment providers in surrounding counties  2.Centerstone counselors are provided in the jail and schools  3.Self-Help groups	1.Stigma of addiction/treatment  2. Transportation to treatment  3.No treatment providers in Union County
3. Lack of Mental Health providers in Union County	1.Neighborhood Health Center has some mental health options  2.Churchs  3.Centerstone is at the jail and in the schools	1.Lack of therapists in Union County  2.Stigma for asking for help  3.High Suicide Rates and Mental Health days

---

<sup>1</sup>Risk and protective factors extracted from IUPUI Center for Health Policy Community Conditions Favorable for Substance Use, April 2018.

Protective Factors	Resources/Assets	Limitations/Gaps
1.Law Enforcement Engagement Activities	1.Resouce officer and K9 at all UC schools  2.Law enforcement present at school activities and community events  3.Drug Take Back Day	1.Lack of law enforcement employees  2.Funding  3.Need new jail, capacity is only 10 inmates
2. Meaningful Youth Engagement Activities	1.DMHA grant funding  2. Union County Youth League  3. Library, which provides many youth and adult programs	1.Disparge populations  2.Transportation  3.Parent Engagement
3. Union County Health Dept.	1.Provides free physicals for youth sports  2.Provides free Narcan and free training and various health clinics  3.Provides free CPR training	1.Not enough staff  2.Stigma of health department  3.Awareness of Services

### III. Making A Community Action Plan

*Now that you have completed a community assessment and have identified the risk and protective factors that exist, you can develop a plan of action. The Comprehensive Community Plan (CCP) is a systematic and community-driven gathering, analysis, and reporting of community-level indicators for the purpose of identifying and addressing local substance use problems.*

Step 1: Create problem statements, and ensure problems statements are in line with statutory requirements

Step 2: Ensure your problem statements are evidence-informed, then prioritize

Step 3: Brainstorm what can be done about each

Step 4: Prioritize your list, and develop SMART goal statements for each

Step 5: List the steps to achieve each goal

#### Step 1: Create + Categorize Problem Statements

*Create problem statements as they relate to each of the identified risk factors.*

Risk Factors	Problem Statement(s)
1. Union County is 100% rural. The community norms and laws are favorable toward ATOD's	1. Alcohol is served at successful events in the community  2. Underage drinking is an acceptable rite of passage  3. Vaping has become a major issue in our schools, and some have been caught with THC in the vape
2. Lack of treatment options in Union County	1. There is an ongoing need for treatment services in Union County  2. Transportation to treatment is a barrier for people who need these services  3. Funding for people who need treatment
3. Lack of Mental Health providers in Union County	1. There is an ongoing need for people with a mental health issue  2. Transportation to a mental health facility is a barrier  3. Cost to get Mental Health Services is a barrier for the person needing services



## Step 2: Evidence-Informed Problem Statements

*Identify your top three problem statements using local or state data. Ensure that there is a problem statement for each co-equal funding category (e.g., prevention/education; intervention/treatment; and criminal justice services and activities).*

Problem Statements	Data That Establishes Problem	Data Source
1. Union County is 100% rural. The community norms and laws are favorable toward ATOD's	Past 30-day use for 12 <sup>th</sup> grade 42.9% drinking Past 30-day use for 10 <sup>th</sup> grade 16.2% for vaping Past 30-day use for 12 <sup>th</sup> grade marijuana 20.4%	INYS 2022
2.Lack of Mental Health facility	Mental Health in the past 12 months, feel sad or hopeless, 9 <sup>th</sup> grade 53.7%, 10 <sup>th</sup> grade 50 %, 11 <sup>th</sup> grade 46.7 % and 12 <sup>th</sup> grade 42.2%	INYS 2022
3. Lack of Treatment facility	According to the UC Sheriff the largest group (48%) of arrests are drug or alcohol related.	Management Performance Hub

## Step 3: Brainstorm

*Consider the resources/assets and limitations/gaps that were identified for each risk factor, and list what actions can be taken for each identified problem statement.*

Problem Statements	What can be done (action)?
1.ATOD use is a problem in Union County	1.Support Law enforcement to increase party patrols  2. Increase awareness of the harm of ATOD  3.Provide education about ATOD
2.Mental Health percentages are very high for Union County	1.Provide list of resources  2.Provide transportation to a facility when someone has been identified as needing this service  3.Pay for mental health services if possible or help with cost
3.There are no treatment centers in Union County	1.Provide a list of resources

	<p>2. Provide transportation to a facility when someone has been identified as needing this service</p> <p>3. Pay for treatment services if possible or help with cost</p>
--	--

#### Step 4: Develop SMART Goal Statements

*For each problem statement, prioritize your list of what can be done. Choose your top two actions for each. Then, develop goal statements that demonstrate what change you hope to achieve and by when you hope to achieve it.*

Problem Statement #1
<p>Goal 1</p> <p>Reduce the rate of alcohol usage by 2% by 2027</p>
<p>Goal 2</p> <p>Reduce the rate of vaping by 2% by 2027</p>
Problem Statement #2
<p>Goal 1</p> <p>Increase mental awareness within the community</p>
<p>Goal 2</p> <p>To explore potential partners for additional mental health treatment services for community members</p>
Problem Statement #3
<p>Goal 1</p> <p>Work with our court system to create policies around treatment</p>
<p>Goal 2</p> <p>Our goal is to add recovery coaches to our local jail</p>

#### Step 5: Plans to Achieve Goals

*For each goal, list the steps required to achieve each*

Problem Statement #1	Steps
----------------------	-------

<p>Goal 1</p> <p>Reduce the rate of alcohol usage by 2% by 2027</p>	<p>1.Colaborate with Neighborhood Health Center &amp; Oxford Internal Medicine to identify adults who drink excessively and offer alcohol screening tools</p> <p>2. Raise awareness about alcohol related harm through social media campaigns</p> <p>3.Build Coalition Capacity</p>
<p>Goal 2</p> <p>Reduce the rate of vaping by 2% by 2027</p>	<p>1.Raise awareness about vaping related harm through social media campaigns</p> <p>2.Promote State program Quit-now Indiana 1-800-784-8669</p> <p>3.Build Coalition Capacity</p>
<b>Problem Statement #2</b>	<b>Steps</b>
<p>Goal 1</p> <p>Increase mental health awareness within the community</p>	<p>1.Deliver QPR training</p> <p>2. Establish a grief counseling group</p> <p>3.Build Coalition Capacity</p>
<p>Goal 2</p> <p>Explore additional mental health treatment services for community members</p>	<p>1.Develop relationships with other mental health agencies in order to host “Out of the Darkness walk”</p> <p>2.Improve access to mental health services</p> <p>3.Build Coalition Capacity</p>
<b>Problem Statement #3</b>	<b>Steps</b>
<p>Goal 1</p> <p>Work with UC court system to create policies around treatment</p>	<p>1.Collabrate with community partners to implement the Handle with Care program in the school system</p> <p>2.Work with the Judge to develop jail release criteria for inmates utilizing recovery coaches</p> <p>3.Build Coalition Capacity</p>

Goal 2	
Our goal is to add recovery coaches to our local jail and schools	1.Develop relationships with other recovery agencies  2. Collaborate with Connection Café to obtain recovery coaches   3.Build Coalition Capacity

## IV. Fund Document

*The fund document allows the LCC to provide finances available to the coalition at the beginning of the year. The fund document gauges an LCC's fiscal wellness to empower their implementation of growth within their community. The fund document also ensures LCCs meet the statutory requirement of funding programs within the three categories of (1) Prevention/Education, (2) Treatment/Intervention, and (3) Criminal Justice Services and Activities (IC 5-2-11-5).*

Funding Profile		
<b>1</b>	Amount deposited into the County DFC Fund from fees collected last year:	\$0.00
<b>2</b>	Amount of unused funds from last year that will roll over into this year:	\$66,606.44
<b>3</b>	Total funds available for programs and administrative costs for this year (Line 1 + Line 2):	\$66,606.44
<b>4</b>	Amount of funds granted last year:	\$0.00
Additional Funding Sources (if no money is received, please enter \$0.00)		
<b>A</b>	Substance Abuse and Mental Health Services Administration (SAMHSA):	\$0.00
<b>B</b>	Centers for Disease Control and Prevention (CDC):	\$0.00
<b>C</b>	Bureau of Justice Administration (BJA):	\$0.00
<b>D</b>	Office of National Drug Control Policy (ONDCP):	\$0.00
<b>E</b>	Indiana State Department of Health (ISDH):	\$0.00
<b>F</b>	Indiana Department of Education (DOE):	\$0.00
<b>G</b>	Indiana Division of Mental Health and Addiction (DMHA):	\$0.00
<b>H</b>	Indiana Family and Social Services Administration (FSSA):	\$0.00
<b>I</b>	Local entities:	\$0.00
<b>J</b>	Other:	\$0.00
Categorical Funding Allocations		
Prevention/Education: \$ 16,651.61	Intervention/Treatment: \$ 16,651.61	Justice Services: \$ 16,651.61

<b>Funding allotted to Administrative costs:</b>		
<i>Itemized list of what is being funded</i>		<i>\$16651.61</i>
Coordinator compensation		\$5000.00
<p>***Note capping each category at \$5,000 so funding will last longer, the revenue stream is very minimal.</p> <p>The balance of total funds represents an accumulative balance since the LCC became inactive in 2019.</p>		
<b>Funding Allocations by Goal per Problem Statement: Per Year</b>		
<b>Problem Statement #1</b>	<b>Problem Statement #2</b>	<b>Problem Statement #3</b>
Goal 1: \$2,500.00	Goal 1: \$ 2,500.00	Goal 1: \$ 2,500.00
Goal 2: \$ 2,500.00	Goal 2: \$ 2,500.00	Goal 2: \$ 2,500.00