# The Indiana Commission to Combat Drug Abuse



### Behavioral Health Division

# **Comprehensive Community Plan**

County: Tipton County

LCC Name: Tipton County Substance Use and Prevention Council

LCC Contact: Lisa Willis-Gidley

Address: 1948 West Boulevard St.

City: Kokomo

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County Commissioners: Dennis Henderson, Nancy E. Cline, Tracey Powell

Address: 101 E Jefferson Street

City: Tipton

Zip Code: 46072

### **Vision Statement**

What is your Local Coordinating Council's vision statement?

Ensure residents within Tipton County have access to the education and resources needed to prevent and/or address substance use.

### **Mission Statement**

What is your Local Coordinating Council's mission statement?

The mission of the Tipton County Substance Use and Prevention Council is to coordinate substance prevention activities in Tipton County. We serve the community by educating the county on all aspects of substance abuse problems by developing and maintaining programs that prevent or reduce substance use in Tipton County.

Membership List					
#	Name	Organization	Race	Gender	Category
1	Lisa Willis-Gidley	4C Health	С	F	Mental Health
2	Rick Stout	Tipton Probation	С	M	Probation
3	Dawn Snyder	Tipton Co. Health Dept	С	F	Health
4	Cathie Moore	QSource	С	F	Quality Improvement Organization
5	Tonya Prifogle	Community Howard	С	M	Mental Health
7	Taylor Louie	Tri-Central School	С	F	School Corporation
9	Tracy Regnier	Tipton County	С	F	Community Corrections
10	Lisa Connors	Domestic Violence Advocate	С	F	Domestic Violence Advocate
11	Matt Tebbe	Tipton County Sheriff	С	M	Sheriff Department
12	Lindsey Ogden	Tipton County	C	F	Tipton County
13	William Gossard	Tipton Care Coordination	С	M	Senior Care
14	Eric Hillis	Purdue Extension	С	M	Wellness
17	Dave Lacy	Tipton Police	С	M	Law Enforcement
19	Amanda Mendenhall	Boys and Girls Club	С	F	Service Agency
20	Dr. Ryan Glaze	Tipton Schools Corp	С	M	School Corp
21	Melissa Kikta	Tipton School Corp	С	F	School Corp
22	David Maddox	Tipton Schools/Tipton Police	С	M	SRO
23	Jennifer Lombard	IYI	C	F	Indiana Youth Institute
24	Shane Beal	Turning Point	C	M	Recovery/Addictions
25					

LCC Meeting Schedule:
Please provide the months the LCC meets throughout the year:
Every month, the fourth Monday at 2:30pm.

### II. Community Needs Assessment

The first step in developing an effective substance use and misuse reduction plan is to assess your community. A community assessment tells you about your community's readiness to implement prevention, treatment, and justice-related programs to address substance use and misuse. An assessment also provides an overview of the risk and protective factors present in the community, helping your coalition plan more effectively.

### **Community Profile**

County Name

### **Tipton County**

**County Population** 

#### 15,372 (2021)

Schools in the community

### **Tipton School Corporation and Tri-Central School Corporation**

Medical care providers in the community (hospitals, health care centers, medical centers/clinics, etc.)

### **IU Health Tipton Hospital**

Mental health care providers in the community (hospitals with psychiatric/behavioral health units, mental health clinics, private/public providers, etc.)

#### 4C Health, Community Howard Behavioral Health, Bowen Center

Service agencies/organizations

Boys and Girls Club, Area 5, Encore Center, Ministerial Association, United Way, Turning Point

Local media outlets that reach the community

Newspaper, Social Media, local community meetings

What are the substances that are most problematic in your community?

Alcohol, Opiates, Marijuana, Methamphetamines and Tobacco/vapes

List all substance use/misuse services/activities/programs presently taking place in the community

Medically Assisted Treatment, Substance Abuse Counseling-Individual and Group, Substance Abuse Education groups and Substance Abuse Treatment groups, Overdose Prevention, Crisis Access via Virtual Care Hub for Peer Recovery, Peer Recovery Services (face to face and virtual).

### **Community Risk and Protective Factors**

Use the list of risk and protective factors to identify those present in your community. Identify the resources/assets and limitations/gaps that exist in your community related to each. The lists are not all-inclusive and others may apply.

<u>Risk Factors Examples:</u> trauma and toxic stressors; poverty violence; neighborhood characteristics; low neighborhood attachment; community disorganization; community norms and laws favorable toward drug use, firearms, and crime; availability of alcohol and other drugs; weak family relationships; family substance use; peer substance use; mental health problems; families moving frequently from home to home; limited prevention and recovery resources.

<u>Protective Factors Examples:</u> strong family relationships; neighborhood economic viability; low childhood stress; access to health care; access to mental health care; community-based interventions; restricted access to alcohol and other drugs including restrictive laws and excise taxes; safe, supportive, and connected neighborhoods; meaningful youth engagement opportunities; local policies and practices that support healthy norms and child-youth programs; positive connection to adults.<sup>1</sup>

Risk Factors	Resources/Assets	Limitations/Gaps
1. Substance Abuse contributes to Domestic Violence Cases are near the national average in Tipton County. Data comes from Domestic Violence Advocate, police reports, crisis calls, National Coalition against Domestic Violence.  2022-38 new clients.	<ol> <li>Domestic Violence Advocate for the county.</li> <li>Domestic Violence Shelter located in the next county.</li> <li>Victims and perpetrators have access to mental health and substance abuse services within the county.</li> </ol>	1. Lack of Domestic Violence Shelter in Tipton County.  2. Stigma.  3. General barriers to access care, such as insurance, funds, and co-payments.
9 Victims reported substance abuse, 5 reported drugs/alcohol abuse and 4 were just alcohol.		
18 abusers with 8 reporting both drugs/alcohol and 10 alcohol abuse.		
2. Rates of crimes with substance abuse involvement are high in Tipton County.	1. Local law enforcement are supportive of local efforts.	Local law enforcement has limited resources.

<sup>&</sup>lt;sup>1</sup>Risk and protective factors extracted from IUPUI Center for Health Policy Community Conditions Favorable for Substance Use, April 2018.

Per Tipton County Community
Corrections=54 Adult
Participants
86% Successful Completion
Rate
96% Felons
18 is the Average Daily
Population (15 is our
recommended capacity)

While under supervision staff work with participants to reduce risk through case plans and program referrals. The dynamic risk factors include: Education, Employment, and Financial Situation Family and Social Support Neighborhood Problems Substance Abuse Peer Associations Criminal Attitudes and Behavioral Patterns Of the dynamic risk factors the domains: scoring High Risk most often was Substance Abuse, scoring Moderate Risk most often was Criminal Attitudes and Beliefs, and scoring Low Risk most often was Neighborhood Problems.

18% Low Risk 57% Moderate Risk 20% High Risk 5% Very High Risk

84% of participants were involved in treatment and education programs. This included individual therapy, intensive substance abuse treatment, release prevention, mental health case management and tutoring for the high school equivalency exam.

- 2. County jail now offers education and treatment groups to current inmates.
- 3. Active substance abuse prevention efforts with the county.
- 2. County jail has many inmates that are not in-county residents and are only housed at local jail.
- 3. LCC is now active, however, could use some increased focus in the community.

Our policy is to randomly test 20% of the population weekly. In 2022, 170 tests were taken and 31 were positive. The negative test rate is 81%. This is a equivalent to 2021.  3. Substance abuse, vaping and tobacco misuse are present in adolescent population in Tipton County.  2022-Tipton Middle School Tobacco 2 Other Drugs 2 Alcohol 1  Tipton High School Tobacco 12 Other Drugs 7 Alcohol 1  3 Juvenile Arrests in Tipton County 2021, 100% participated in treatment.	Mental health services are offered in both school corporations.     School corporations are involved in substance abuse prevention group.     Youth involvement at Boys and Girls Club Tipton County.	1. Lack of funding.  2. No EBP curriculum is regularly provided in Middle and High Schools, related to prevention.  3. No adolescent representation at LCC meetings.
<b>Protective Factors</b>	Resources/Assets	Limitations/Gaps
1. Tipton County has access to mental health and substance abuse services within the county.	<ol> <li>Tipton County will have a Mobile Crisis Team as of May 1, 2023.</li> <li>Mental Health America provides advocacy for the county.</li> <li>Turning Point is serving</li> </ol>	<ol> <li>Stigma.</li> <li>Public involvement/knowledge.</li> <li>Limited funds.</li> </ol>
mental health and substance abuse services within the	Mobile Crisis Team as of May 1, 2023.  2. Mental Health America provides advocacy for the county.	2. Public involvement/knowledge.

3. Community Partners engage	1.Boys and Girls Club works	1.Stigma continues to remain a
in efforts to reduce stigma,	closely with both school	barrier in the county.
increase progamming and	corporations.	
collaborate.		2. Limits to programming.
	2.Community organizations host	
	and present education to the	3. Community entities may be
	community.	unaware of all
		services/programming available.
	3.Community organizations	
	provide valid input related to the	
	needs and strengths in the	
	county.	

### III. Making A Community Action Plan

Now that you have completed a community assessment and have identified the risk and protective factors that exist, you can develop a plan of action. The Comprehensive Community Plan (CCP) is a systematic and community-driven gathering, analysis, and reporting of community-level indicators for the purpose of identifying and addressing local substance use problems.

- Step 1: Create problem statements, and ensure problems statements are in line with statutory requirements
- Step 2: Ensure your problem statements are evidence-informed, then prioritize
- Step 3: Brainstorm what can be done about each
- Step 4: Prioritize your list, and develop SMART goal statements for each
- Step 5: List the steps to achieve each goal

### **Step 1: Create + Categorize Problem Statements**

*Create problem statements as they relate to each of the identified risk factors.* 

Risk Factors	Problem Statement(s)
1. Substance Abuse contributes to Domestic	1. Domestic violence impacts the community and
Violence Cases are near the national average in	involvement with substance use and misuse.
Tipton County. Data comes from Domestic	

Violence Advocate, police reports, crisis calls, and National Coalition against Domestic Violence.	<ul><li>2. Puts a strain on limited resources in the community.</li><li>3. The relationship between domestic violence and substance abuse in Tipton County is a concern.</li></ul>
2. Rates of crimes are related to substance use are increasing in Tipton County.	<ol> <li>Abuse of alcohol, tobacco, and other substances by adults in Tipton County is a concern.</li> <li>Lack of community-based treatment and resources.</li> <li>Lack of community prevention and education programming.</li> </ol>
3. Substance abuse is present in the adolescent population in Tipton County.	<ol> <li>Abuse of alcohol, tobacco, and other substances in adolescents in Tipton County is a concern.</li> <li>Minimal programs and youth programming in schools related to prevention of Substance use, alcohol, tobacco and vaping.</li> <li>Lack of EBP curriculum or programming addressing substance use or prevention.</li> </ol>

### **Step 2: Evidence-Informed Problem Statements**

Identify your top three problem statements using local or state data. Ensure that there is a problem statement for each co-equal funding category (e.g., prevention/education; intervention/treatment; and criminal justice services and activities).

Problem Statements	Data That Establishes Problem	Data Source
1. Substance Abuse fuels Domestic Violence cases and is near the national average in Tipton County.	<ul> <li>2022-38 new clients.</li> <li>9 Victims reported substance abuse, 5 reported drugs/alcohol abuse and 4 were just alcohol.</li> <li>18 abusers with 8 reporting both drugs/alcohol and 10 alcohol abuse.</li> </ul>	Tipton County Domestic Violence Advocate
2. Abuse of alcohol, tobacco, and other substances by adults in Tipton County is a concern.	54 Adult Participants 86% Successful Completion Rate 96% Felons 18 is the Average Daily Population (15 is our recommended capacity)	Tipton County Community Corrections Department

While under supervision staff work with participants to reduce risk through case plans and program referrals. The dynamic risk factors include: Education, Employment, and **Financial Situation** Family and Social Support **Neighborhood Problems** Substance Abuse Peer Associations Criminal Attitudes and **Behavioral Patterns** Of the dynamic risk factors the domains: scoring High Risk most often was Substance Abuse, scoring Moderate Risk most often was Criminal Attitudes and Beliefs, and scoring Low Risk most often was Neighborhood Problems. 18% Low Risk 57% Moderate Risk 20% High Risk 5% Very High Risk 84% of participants were involved in treatment and education programs. This included individual therapy. intensive substance abuse treatment, release prevention, mental health case management and tutoring for the high school equivalency exam. Our policy is to randomly test 20% of the population weekly. In 2022, 170 tests were taken and 31 were positive. The negative test rate is 81%. This is a equivalent to 2021. 2022-Tipton Middle School Tipton School and Tri-Central **School Corporations** Tobacco 2

3. Abuse of alcohol, tobacco, and other substances in adolescents in Tipton County is a concern.

Other Drugs 2 Alcohol 1

Tipton High School Tobacco 12 Other Drugs 7 Alcohol 1	
3 Juvenile Arrests in Tipton County 2021, 100% participated in treatment.	
Tri-Central School Corp less than 1%, we've had 3 this year so less than 1% of our discipline has been due tobacco and alcohol.	

## **Step 3: Brainstorm**

Consider the resources/assets and limitations/gaps that were identified for each risk factor, and list what actions can be taken for each identified problem statement.

Problem Statements	What can be done (action)?
1. Substance Abuse fuels Domestic Violence cases and is near the national average in Tipton County.	1. Prevention and education programs presented in both school corporations in the county within the next fiscal year. There have been no programs provided to date.
	2. Education provided to the community related to substance abuse fueling domestic violence, within next fiscal year, at 2 major community events.
	3. Train and add substance use screens to advocate process, goal of 6-12 months.
2. Abuse of alcohol, tobacco, and other substances by adults in Tipton County is a concern.	1. Implement family support groups for those that need education regarding addictions/substance use, into the community in 6-12 months.
	2. Committee will develop a list of resources for law enforcement to utilize and provide to individuals they interface with, seeking change/recovery. Completion of material in 6 months.
	3. LCC will provide education and materials to law enforcement by December 2023, to allow law enforcement to utilize within this fiscal year.

- 3. Abuse of alcohol, tobacco, and other substances in adolescents in Tipton County is a concern.
- 1.Peer mentoring groups in school corporations/Boys and Girls Club, within fiscal year. These groups will incorporate adult advisors and youth leaders.
- 2. Create peer focus groups, including students from both corporations, will create a needs assessment. The group starting in August 2023, and gaining outcomes over 3 months to define strategies to outreach youth.
- 3.Develop and implement a deferral program aimed at educating high risk youth on the risks of vaping.

### **Step 4: Develop SMART Goal Statements**

For each problem statement, prioritize your list of what can be done. Choose your top two actions for each. Then, develop goal statements that demonstrate what change you hope to achieve and by when you hope to achieve it.

#### **Problem Statement #1**

Goal 1: LCC will distribute flyers/brochures related to substance abuse education fueling domestic violence targeting families with children, at annual 4H Fair and Pork Festival.

Goal 2: Domestic Violence Advocate will receive training on standard screening tool by 4C Health or other community mental health organization, to aid in implementing within the aftercare program to better identify individuals in need of SA intervention or education, completion by December 2023.

### **Problem Statement #2**

Goal 1: Committee will develop a list of local providers/resources/services for law enforcement to utilize and provide to individuals they interface with, seeking change/recovery. Completion of material December 2023.

Goal 2: LCC will collaborate with Law Enforcement for one training on Substance Use/Education in the community in 2023.

#### **Problem Statement #3**

Goal 1: LCC will collaborate with both Tipton School Corporations to create peer focus groups, the peer focus group starting in August 2023 and targeting grades 6-12.

Goal 2: LCC will collaborate with both Tipton County School Corporations to implement a vaping deferral program, aimed at educating high-risk youth 14-17 years old, on the health effects of vaping. Deferral program will begin August 2023.

### **Step 5: Plans to Achieve Goals**

For each goal, list the steps required to achieve each

### **Problem Statement #1**

#### Goal 1

LCC will distribute flyers/brochures related to substance abuse education fueling domestic violence targeting families with children, at annual 4H Fair and Pork Festival.

### Steps

- 1. Workgroup will develop educational materials, aimed at substance abuse/use fueling domestic violence in the community, deadline of July 2023.
- 2. After approval and development of educational materials, workgroup will obtain materials to utilize for community education, deadline July 2023.
- 3. Distribute and educate in the community, at 4H Fair in July and the Annual Pork Festival in September, in 2023.

### Goal 2

Domestic Violence Advocate will receive training on standard screening tool by 4C Health or other community mental health organization, to aid in implementing within the aftercare program to better identify individuals in need of SA intervention or education, completion by December 2023.

- 1. Domestic Violence Advocate to be trained to complete a standard substance use screening tool by 4C Health or other community mental health organization, by December 2023.
- 2. Add an additional piece to assessment and aftercare plan within Domestic Violence Advocates database, within 6 months of fiscal year, to better identify those individuals to target for education and treatment.
- 3. Create a pathway for SBIRT triggers to implement into programming, within fiscal year, utilizing targets from the database.

#### **Problem Statement #2**

### Goal 1

Committee will develop a list of local providers/resources/services for law enforcement to utilize and provide to individuals they interface with, seeking change/recovery. Completion of material December 2023.

#### **Steps**

- 1. Workgroup will work with and collaborate with SOC, local providers, support groups, etc. to identify all area and needed resources for individuals they interface with, seeking change/recovery, deadline October 2023.
- 2. Workgroup will create easy to use material for law enforcement, including ordering and obtaining materials, deadline December 2023.

Goal 2  LCC will collaborate with Law Enforcement for one training on Substance Use/Education in the community in 2023.	3. Materials will be provided to law enforcement to utilize in the community and also gain education from designated individuals on substance use resources, deadline December 2023.  1. Local providers will meet with LE to gain understanding of needed SA education/training for the department, meet by December 2023.  2. Locate and designate a trained individual to facilitate groups within 2 months of scheduled training, by February 2023.
	3. Provide training to local LE by the end of 2023.
Problem Statement #3	Steps
Goal 1  LCC will collaborate with both Tipton School Corporations to create peer focus groups, the peer focus group starting in August 2023 and targeting grades 6-12.	1. Connect with Extreme Mentoring and Students Against Destructive Behaviors groups that currently exist within school corporations to engage students into peer focus groups and take leadership opportunity, within 3 months of school year beginning.
	2. Identify adult advisors from each youth location to aid in maintaining goals, within 3 months of school year beginning.
	3.Once peer group and adult advisors have been identified, the group will develop and define strategies for outreaching youth by end of 2024 school year.
Goal 2  LCC will collaborate with both Tipton County School Corporations to implement a vaping	1. Initial meeting with both school corporations to discuss aspects of deferral program and alignment with corporation, by May 2023.
deferral program, aimed at educating high-risk youth 14-17 years old, on the health effects of vaping. Deferral program will begin August 2023.	2. Development of curriculum aimed at youth programming will occur by August 2023.

3. Deferral program will be implemented within both school corporations in the
county.

### IV. Fund Document

The fund document allows the LCC to provide finances available to the coalition at the beginning of the year. The fund document gauges an LCC's fiscal wellness to empower their implementation of growth within their community. The fund document also ensures LCCs meet the statutory requirement of funding programs within the three categories of (1) Prevention/Education, (2) Treatment/Intervention, and (3) Criminal Justice Services and Activities (IC 5-2-11-5).

Funding Profile					
1	Amount deposited into the Count	ast year:	\$12,856.61		
2	Amount of unused funds from last year that will roll over into this year:			\$50,993.71	
3		as and administrative costs for this		\$63,850.32	
4	Amount of funds granted last year	r:		\$0.00	
	ditional Funding Sources (if no n		0.00)		
A		alth Services Administration (SAN		\$0.00	
В	Centers for Disease Control and I	,		\$0.00	
C	Bureau of Justice Administration	(BJA):		\$0.00	
D	Office of National Drug Control	Policy (ONDCP):		\$0.00	
E	Indiana State Department of Heal	• • •		\$0.00	
F	Indiana Department of Education	(DOE):		\$0.00	
G	Indiana Division of Mental Healt	h and Addiction (DMHA):		\$0.00	
Н				\$0.00	
I	Local entities:			\$0.00	
J				\$0.00	
Ca	tegorical Funding Allocations				
	vention/Education:	Intervention/Treatment:		Justice Services:	
\$29	9,925.16	\$15,962.58	\$15,962.5	8	
Б	T. T. A. T. A. T. C.				
	nding allotted to Administrative	costs:	1700	payet (\$100.00)	
	nized list of what is being funded		Amount (\$100.00) \$ 0.00		
	1			·	
	Office supplies \$ 2000.00				
Funding Allxocations by Goal per Problem Statement:					
Pro	Problem Statement #2 Problem Statement #3				
Goal 1: \$14,962.58 Goal 1: \$7981.29			Goal 1: \$7981.29		
Go	Goal 2: \$14,962.58 Goal 2: \$7981.29			Goal 2: \$7981.29	