

# The Indiana Commission to Combat Drug Abuse



*Behavioral Health Division*

## Comprehensive Community Plan

County: Steuben County

LCC Name: DFS (Drug Free Steuben)

LCC Contact: Angie Zelt

Address: 104 E. Gale Street (Attn: Brett Hayes)

City: Angola, IN 46703

Phone: 260-710-5558

Email: [drugfreesteubencounty@gmail.com](mailto:drugfreesteubencounty@gmail.com)

County Commissioners: Wil Howard, Andy Laughlin, and Richard Shipe

Address: 317 South Wayne Street

City: Angola

Zip Code: 46703

### **Vision Statement**

Drug Free Steuben exists to support individuals, families and our community in achieving a life free from substance abuse.

### **Mission Statement**

The mission of Drug Free Steuben is to raise the awareness of alcohol, tobacco, and other drug issues, and positively impact the problem of drug and alcohol abuse in our community.

## Membership List

#	Name	Organization	Race	Gender	Category
1	Lisa Aldrich	Steuben County Council		F	Law Enforcement
2	Mada Waldrop	TLC	C	F	Intervention
3	Chris Emerick	Steuben Sheriff's Dpt.	C	M	Law Enforcement
4					
5	Shelly Grant	Women In Transition	C	F	Treatment
6	Megan Cook	Trine University	C	F	Education
7	Pam Feller	Probation	C	F	Judicial
8	Brett Hayes	Community Corrections	C	M	Judicial
9	Aimee Biddle	Community Corrections	C	F	Judicial
10	Matt Kling	Angola Police Dpt.	C	M	Law Enforcement
11	Andrew Wagner	MSD Schools	C	M	Prevention
12	Shannon Gleason	McMillen Health	C	F	Education
13	Brett Hayes	Community Corrections	C	M	Judicial
14	Tia Buchs	ACE Academy	C	F	Education
15	Laura Allen	Prairie Heights Schools	C	F	Education
16	Mckenna Lothamer	Steuben County Health Dpt.	C	F	Health
18	Megan Cooper	Bowen Health	C	F	Treatment
19	Ryan Sheets	Cameron Health	C	M	Health
20	Michael Meeks	SCSO		M	Law Enforcement
21	Heather Booher	Turning Point	C	F	Treatment
22	Angie Middleton	Steuben County Health Dept.	C	F	Prevention
23	Trinity Wright	JDAI	C	F	Law Enforcement
24	Mike Wood	Angola PD	C	M	Law Enforcement
25	Schauna Relue	MS Steuben County	C	F	Education
26	Zach Dawson	Allendale Treatment Center	C	M	Intervention
27	Leslie Schlottman	Turning Point	C	F	Intervention
28	Ruth Bear	County Council	C	F	Government
29	Sarah Jo Sites	MSD Steuben	C	F	Education
30	Tara Huisman	Steuben County Probation	C	F	Law Enforcement
31	Carolyn Davis	Faith Community Health Clinic		F	Prevention
32	Jackie Christman	Impact Institute	C	F	Intervention
33	Jennifer Barker	Northeast IN Council School Trust		F	Prevention

34	Alicia Johnson	Bowen Health		F	Treatment
35	Amy Oberlin	Cahoots Community Center	C	F	Prevention
36	Chad Miner	Enact Crisis		M	Intervention
37	Martha Spradlin	Enact Crisis		F	Intervention
38	Lakeisha Wertz	SCHD		F	Prevention
39	Catrenia Daniels	Bowen Health		F	Treatment
40	Robert Springer	Allendale Treatment Center		M	Treatment
41	Mike Lock	McMillen Health	C	M	Prevention
42	Amanda Montague	Elijah Haven	C	F	Intervention
43	Halle Siebenaler	TLC House		F	Intervention

### LCC Meeting Schedule

Please provide the months the LLC meets throughout the year: January, February, March, April, May, June, August, September, October, and November.

### Community Needs Assessment Results

*The first step in developing an effective substance use and misuse reduction plan is to assess your community. A community assessment tells you about your community's readiness to implement prevention, treatment, and justice-related programs to address substance use and misuse. An assessment also provides an overview of the risk and protective factors present in the community, helping your coalition plan more effectively.*

#### Community Profile

##### County Name

Steuben

##### County Population

34,917

##### Schools in the community

Prairie Heights School Corporation

Fremont Community Schools

MSD of Steuben County

Hamilton Community Schools

ACE Academy

**Medical care providers in the community (hospitals, health care centers, medical centers/clinics, etc.)**

Activate Healthcare  
Bowen Center Health Clinic  
Cameron Family Medicine  
Cameron Hospital Physician Office  
Cameron Memorial Community Hospital  
Faith Community Health Clinic  
Home Sweet Home Healthcare  
Lutheran Medical Group Maplewood Family Medicine  
Mattox Family Physicians Inc  
Neurology Center  
Parkview Health System  
Steuben County Health Department  
Watkins Family Practice

**Mental health care providers in the community (hospitals with psychiatric/behavioral health units, mental health clinics, private/public providers, etc.)**

Cameron Memorial Community Hospital  
Cameron Psychiatry  
Faith Community Health Clinic  
Janice A. King, LMHC, LMFT Counseling Services  
Living Well Behavioral Health

Mental Health Association  
Northeastern Center  
Parkview Physicians Group  
Bowen Health  
The Sante Group, Inc.  
Tricia Bowerman, MS, LMFT

**Service agencies/organizations**

Impact Institute  
Women In Transition  
McMillen Health  
Allendale Treatment Center  
Elijah Haven  
Faith Clinic  
Steuben County Welfare Department  
Community Action of NE Indiana  
Bowen Health  
TLC House  
Stay Home Senior Care  
Community AntiViolence Alliance  
Family & Social Services Administration  
Turning Point Homeless Shelter  
Project Help  
Steuben County Division of Family Resources  
Northeast Indiana Community Corrections  
JDAI  
Cahoots Community Center  
Four County Transitional Living  
Whittington Homes & Services  
Northeastern Center

**Local media outlets that reach the community**

Herald Republican  
Ink Free News  
Newsbreak  
Roadside Thoughts  
Steuben Republican  
WANE-TV  
WAWK AM Radio  
WEAX Radio  
WISE  
WPTA  
WLZZ Country Radio  
WTHR Radio

**What are the substances that are most problematic in your community?**

Meth - adults  
Marijuana - adults  
Prescription medications - adults  
  
Marijuana - youth  
Vapes - youth  
Alcohol - youth

**List all substance use/misuse services/activities/programs presently taking place in the community**

Women In Transition  
Celebrate Recovery  
AA  
JDAI  
McMillen Health  
Health Department  
Faith Clinic  
Probation  
Elijah Haven  
Bowen Health  
Northeast Indiana Community Corrections  
Northeastern Center  
Turning Point Shelter  
TLC House

**Community Risk and Protective Factors**

*Use the list of risk and protective factors to identify those present in your community. Identify the resources/assets and limitations/gaps that exist in your community related to each. The lists are not all-inclusive and others may apply.*

Risk Factors Examples: trauma and toxic stressors; poverty violence; neighborhood characteristics; low neighborhood attachment; community disorganization; community norms and laws favorable toward drug use, firearms, and crime; availability of alcohol and other drugs; weak family relationships; family substance use; peer substance use; mental health problems; families moving frequently from home to home; limited prevention and recovery resources.

Protective Factors Examples: strong family relationships; neighborhood economic viability; low childhood stress; access to health care; access to mental health care; community-based interventions; restricted access to alcohol and other drugs including restrictive laws and excise taxes; safe, supportive, and connected neighborhoods; meaningful youth engagement opportunities; local policies and practices that support healthy norms and child-youth programs; positive connection to adults.<sup>1</sup>

Risk Factors	Resources/Assets	Limitations/Gaps
Mental health	Virtual options for mental health counseling.  Treatment options.  Strong and engaged schools  Drug Free Steuben County	Small community.  No public transportation.  Lack of community awareness of drug problems.  Lack of community awareness regarding resources.

<sup>1</sup> Risk and protective factors extracted from IUPUI Center for Health Policy Community Conditions Favorable for Substance Use, April 2018.

		<p>Lack of knowledge regarding community resources.</p> <p>No detox facilities.</p> <p>Limited childcare.</p>
Small community with limited resources.	<p>Charlie Health available for youth and parents through the school system.</p> <p>Virtual options now available for treatment programs.</p> <p>Schools actively share drug/alcohol prevention education.</p> <p>Family focused community programs.</p> <p>Prevention education is offered in schools.</p>	<p>Limited youth programming.</p> <p>Rising mental health concerns.</p> <p>Difficult to get information out to community members regarding drugs and alcohol.</p> <p>Parents often see alcohol consumption as a rite of passage.</p> <p>Lack of community events.</p> <p>Marijuana is not viewed as a drug and many believe it should be legal.</p> <p>Youths are able to hide vapes to the point adults can't recognize them.</p>
Adult and youth drug use and alcohol use due in part to accessibility to legal marijuana, Delta 8 and prescription drugs.	<p>Treatment and intervention programs available.</p> <p>Prevention education available.</p>	<p>Youth often want to seek help but schools can't offer resources without parents knowing.</p> <p>No inpatient treatment facilities for minors.</p> <p>Many people traveling through Steuben County to larger cities makes drugs more readily available in our community.</p> <p>Steuben County is located near Michigan where marijuana is legal.</p>

		<p>Local billboards promoting marijuana use and promoting where it can be purchased.</p> <p>Lack of knowledge regarding prescription drug misuse.</p>
Protective Factors	Resources/Assets	Limitations/Gaps
Access to mental health care	<p>Steuben County is offering CIT training yearly.</p> <p>Local mental health counseling available.</p> <p>Virtual mental health counseling available.</p> <p>Treatment agencies addressing the issue of substance abuse and the connection to mental health diagnosis.</p> <p>Drug Free Steuben County has experienced growth.</p>	<p>The ability to get individuals who need assistance engaged.</p> <p>Stigma associated with mental health issues.</p> <p>Lack of public transportation.</p> <p>Lack of employment opportunities.</p>
Community-based interventions	<p>Many opportunities available in our community for individuals seeking support for substance abuse issues.</p> <p>Recovery homes located in the community.</p> <p>Local agencies offering programs such as AA and NA.</p> <p>Drug Free Steuben County has experienced growth.</p>	<p>Community knowledge of available resources in the community.</p> <p>Stigma associated with seeking treatment.</p> <p>No local detox facilities.</p>
Meaningful youth engagement opportunities	<p>Schools work to provide extracurricular activities for students.</p> <p>Law enforcement works to keep underage alcohol consumption and illegal drug activity in check.</p> <p>Local coffee shop offers youth programming.</p>	<p>Lack of parent participation in programs.</p> <p>Lack of transportation to youth events if parents aren't available.</p> <p>Need more programs offering a youth mentoring component.</p> <p>Lack of youth programs in the community.</p>



## Making A Community Action Plan

*Now that you have completed a community assessment and have identified the risk and protective factors that exist, you can develop a plan of action. The Comprehensive Community Plan (CCP) is a systematic and community-driven gathering, analysis, and reporting of community-level indicators for the purpose of identifying and addressing local substance use problems.*

Step 1: Create problem statements, and ensure problems statements are in line with statutory requirements

Step 2: Ensure your problem statements are evidence-informed, then prioritize

Step 3: Brainstorm what can be done about each

Step 4: Prioritize your list, and develop SMART goal statements for each

Step 5: List the steps to achieve each goal

### Step 1: Create + Categorize Problem Statements

*Create problem statements as they relate to each of the identified risk factors.*

Risk Factors	Problem Statement(s)
Mental health	Steuben County residents suffer from mental health related addiction issues.  Steuben County residents have many barriers to mental health treatment.  Steuben County residents continue to have limited child care resources making it difficult to manage the substance use recovery process.
Small community with limited resources.	Steuben County is a small rural community with limited resources for mental health and addiction services.  Steuben County continues to have a problem with underage drinking and adult alcohol misuse.  Steuben County has limited youth programming and mentoring opportunities.  Steuben County continues to have problems with adult and youth drug use.

Alcohol misuse and substance use disorders are a problem for youth and adults in Steuben County.	<p>Steuben county has no inpatient recovery services available for youth.</p> <p>Steuben County continues to have marijuana related offenses due in part to Steuben County bordering Michigan where marijuan is legal.</p> <p>Steuben County continues to have offenses related to the distribution of marijuana.</p> <p>Steuben County needs more education regarding the dangers of prescription drug misuse.</p> <p>Steuben County continues to see youth and adult drug and alcohol related offenses.</p>
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## Step 2: Evidence-Informed Problem Statements

*Identify your top three problem statements using local or state data. Ensure that there is a problem statement for each co-equal funding category (e.g., prevention/education; intervention/treatment; and criminal justice services and activities).*

Problem Statements	Data That Establishes Problem	Data Source
Steuben County residents suffer from mental health related addiction issues.	33.8% of 7-12 graders reported having felt sad or hopeless for two or more consecutive weeks.	IYI Kids Count Data Book 2025
	13.2% of 7-12 graders considered suicide.	IYI Kids Count Data Book 2025
	9.6% of 7-12 graders planned suicide.	IYI Kids Count Data Book 2025
	In 2024, Indiana had the 16th highest rate of children under 18 at risk for depression, with 19.3 per 100,000.	IYI Kids Count Data Book 2025
	Indiana ranked 11th nationwide for youth under 18 at risk for suicidal ideation in 2024, with a rate of 17.8 per 100,000.	IYI Kids Count Data Book 2025
	Steuben County Suicides 2019 -7 2020 -11	Indiana Overdose and Suicice Report 2023

	2021 - 4 2022- 8 2023 - 9	
Steuben County is a small rural community with limited resources for mental health and addiction services.	4.4% Steuben County residents don't have their own transportation.  Steuben County has an 8.81% poverty rate.	IYI Kids Count Data Book 2025  Data USA
Steuben County continues to see youth and adult drug related offenses.	38 of 234 specimens tested positive for amphetamines.  39 of 234 specimens tested positive for THC (marijuana).  9.6% of 7-12 graders report alcohol use.  6.7% of 7-12 graders reported using marijuana.  5.9% of 7-12 graders reported vaping. Steuben County overdose deaths 2019- 4 2020 - 2 2021- 4 2022- 5 2023- 3	Steuben County Probation  Steuben County Probation  IYI Kids Count Data Book 2025  IYI Kids Count Data Book 2025  IYI Kids Count Data Book 2025  Indiana Overdose and Suicide Report 2023

### Step 3: Brainstorm

*Consider the resources/assets and limitations/gaps that were identified for each risk factor, and list what actions can be taken for each identified problem statement.*

Problem Statements	What can be done (action)?
Steuben County residents suffer from mental health related addiction issues.	Provide support to agencies offering mental health counseling.  Support judicial programs that address mental health issues.  Work to educate the community on substance use disorders associated with mental health issues.  Support mental health counseling agencies that provide services in the schools.

Steuben County is a small rural community with limited resources for mental health and addiction services.	<p>Promote virtual mental health and addiction therapy options.</p> <p>Attend community events to share resource information.</p> <p>Have recovery programs from surrounding communities share their program information with the coalition.</p> <p>Help promote agencies offering recovery services for adults and youth with substance use disorders.</p>
Steuben County continues to see youth and adult drug and alcohol related offenses.	<p>Increase coalition participation from AA and Celebrate Recovery.</p> <p>Attend community events to promote alcohol awareness information.</p> <p>Support educational programs at the collegiate level to reduce the abuse of alcohol among their students.</p> <p>Support alcohol prevention programs for k-12 school students.</p> <p>Support law enforcement and judicial initiatives that address alcohol related offenses and issues.</p> <p>Support education, prevention and early intervention programs that address the negative impact of alcohol.</p> <p>Raise public awareness of the problem of alcohol-related issues and their cost to society.</p> <p>Promote the Lifeline Law.</p>

#### **Step 4: Develop SMART Goal Statements**

*For each problem statement, prioritize your list of what can be done. Choose your top two actions for each. Then, develop goal statements that demonstrate what change you hope to achieve and by when you hope to achieve it.*

**Problem Statement #1**

<p>Goal 1</p> <p>Provide support to at least two agencies offering mental health counseling by April 2026.</p>
<p>Goal 2</p> <p>Work to educate the community on substance use disorders associated with mental health through at least nine Facebook posts by April 2026.</p>
<b>Problem Statement #2</b>
<p>Goal 1</p> <p>Increase the number of community events attended to share resource information by April 2026.</p>
<p>Goal 2</p> <p>Have three presentations from outside speakers by April 2026.</p>
<b>Problem Statement #3</b>
<p>Goal 1</p> <p>Increase coalition participation from AA and Celebrate Recovery by April 2026.</p>
<p>Goal 2</p> <p>Support educational programs at the elementary, high, and collegiate level to reduce the abuse of alcohol among their students by April 2026.</p>

#### **Step 5: Plans to Achieve Goals**

*For each goal, list the steps required to achieve each*

<b>Problem Statement #1</b>	<b>Steps</b>
<p>Goal 1</p> <p>Provide support to at least two agencies offering mental health counseling by April 2026.</p>	<p>Encourage agencies to apply for DFS grants.</p> <p>Invite new agencies to the coalition that provide mental health services.</p> <p>Increase school participation at coalition meetings.</p>
<p>Goal 2</p> <p>Work to educate the community on substance use disorders associated with mental health through at least nine Facebook posts by April 2026.</p>	<p>Offer to promote services offered by coalition members on our Facebook page.</p> <p>Seek valuable information from outside of the coalition for Facebook posts.</p>

	<p>Provide community awareness regarding substance use disorders through Facebook posts.</p> <p>Promote prescription drug drop-off box for unused and expired medications.</p>
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Problem Statement #2	Steps
<p>Goal 1 Increase the number of community events attended to share resource information by April 2026.</p> <p>Goal 2 Have three presentations from outside speakers by April 2026.</p>	<p>Seek community event opportunities from coalition members.</p> <p>Seek community event opportunities from outside of the coalition.</p> <p>Promote community awareness of mental health and substance use disorders at community events.</p> <p>Invite agencies from outside Steuben County to present at coalition meetings</p>
Problem Statement #3	Steps
<p>Goal 1 Increase coalition participation from AA and Celebrate Recovery by April 2026.</p> <p>Goal 2 Support educational programs at the elementary, high, and collegiate level to reduce the abuse of alcohol among their students by April 2026.</p>	<p>Invite representatives AA and Celebrate Recovery to attend coalition meetings.</p> <p>Increase youth serving agency participation in the coalition.</p> <p>Encourage new agencies to apply for DFS grants.</p>

#### ***Fund Document***

***The fund document allows the LCC to provide finances available to the coalition at the beginning of the year. The fund document gauges an LCC's fiscal wellness to empower their implementation of growth within their community. The fund document also ensures LCCs meet the statutory requirement of funding programs within the three categories of (1) Prevention/Education, (2) Treatment/Intervention, and (3) Criminal Justice Services and Activities (IC 5-2-11-5).***

## IV. Fund Document

*The fund document allows the LCC to provide finances available to the coalition at the beginning of the year. The fund document gauges an LCC's fiscal wellness to empower their implementation of growth within their community. The fund document also ensures LCCs meet the statutory requirement of funding programs within the three categories of (1) Prevention/Education, (2) Treatment/Intervention, and (3) Criminal Justice Services and Activities (IC 5-2-11-5).*

Funding Profile		
<b>1</b>	Amount deposited into the County DFC Fund from fees collected last year:	\$38,266.67
<b>2</b>	Amount of unused funds from last year that will roll over into this year:	\$32,170.16
<b>3</b>	Total funds available for programs and administrative costs for this year (Line 1 + Line 2):	\$70,436.83
<b>4</b>	Amount of funds granted last year:	\$51,077.00
Additional Funding Sources (if no money is received, please enter \$0.00)		
<b>A</b>	Substance Abuse and Mental Health Services Administration (SAMHSA):	\$0.00
<b>B</b>	Centers for Disease Control and Prevention (CDC):	\$0.00
<b>C</b>	Bureau of Justice Administration (BJA):	\$0.00
<b>D</b>	Office of National Drug Control Policy (ONDCP):	\$0.00
<b>E</b>	Indiana State Department of Health (ISDH):	\$0.00
<b>F</b>	Indiana Department of Education (DOE):	\$0.00
<b>G</b>	Indiana Division of Mental Health and Addiction (DMHA):	\$0.00
<b>H</b>	Indiana Family and Social Services Administration (FSSA):	\$0.00
<b>I</b>	Local entities:	\$0.00
<b>J</b>	Other:	\$0.00
Categorical Funding Allocations		
Prevention/Education: \$17,609.21	Intervention/Treatment: \$17,609.21	Justice Services: \$17,609.21
Funding allotted to Administrative costs:		
<i>Itemized list of what is being funded</i>		<i>Amount (\$100.00)</i>
Coordinator compensation		\$10,000
Office supplies		\$7,609.20
Funding Allocations by Goal per Problem Statement:		
Problem Statement #1	Problem Statement #2	Problem Statement #3
Goal 1: \$8,804.61	Goal 1: \$8,804.61	Goal 1: \$8,804.61
Goal 2: \$8,804.60	Goal 2: \$8,804.60	Goal 2: \$8,804.60