The Indiana Commission to Combat Drug Abuse



Behavioral Health Division

Comprehensive Community Plan

County: Shelby

LCC Name: Shelby County Drug Free Coalition

LCC Contact: Lori Springer

Address: 157 West Washington Street

City: Shelbyville

Phone:317*512*6567

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County Commissioners: David Lawson, Nathan Runnebohm, Jason Abel Address:

25 W. Polk St.

City:Shelbyville

Zip Code:46176

Vision Statement

What is your Local Coordinating Council's vision statement?

A community who comes together to end substance abuse and promote positive healthy decisions.

Mission Statement

What is your Local Coordinating Council's mission statement?

To provide an organization through which the community can develop, plan, and implement coordinated, comprehensive efforts to address adult and youth substance abuse and to reduce the negative effects associated with such abuse.

Membership List					
#	Name	Organization	Race	Gender	Category
1	Amber Knopp	Ivy Tech College	Caucasian	Female	Education
2	Denise Ratekin	Shelby Co County EMT Service	Caucasian	Male	State, local and or tribal government agency
3	Marci Hungerford	Major Hospital	Caucasian	Female	Health
4	Charlie Taylor	Shelby County Sheriff Department	Caucasian	Male	Law Enforcement
5	Brad Landwerlen	Shelby County Prosecutor	Caucasian	Male	Law Enforcement
6	Dawn Houchin	Jane Pauley Health Clinic	Caucasian	Female	Medical
7	Kim Ferguson	Shelbyville High School	Caucasian	Female	Education
8	Michelle Herber	Shelbyville Central School Head Nurse	Caucasian	Female	Education/Health Care
9	Amy Reel	Shelby County Health Department	Caucasian	Female	State, local and or tribal government agency
10	Sarah Dudley	Department of Child and Family Services	Caucasian	Female	State, local and or tribal gov
11	Ali Brunner	Shelbyville Community Church	Caucasian	Female	Faith Based

12	Courtney Chapella	S. C. Chamber of Commerce	Caucasian	Female	Business
13	Tessie Hagerman	Retired	Caucasian	Female	Parent
17	Keyen Macklin	City of Shelbyville	Black	Female	State, local and or tribal gov
14	Amanda Bishop	SCDFC	Caucasian	Female	Civic
15	Merry Popplewell	Shelbyville Community Church	Caucasian	Female	Faith Based
16	Harlan Nigh	Word in the Woods (Christian Life Centre)	Caucasian	Male	Faith Based
17	Ernie Bishop	SC Library	Caucasian	Male	Business
18	Max Southern	The Ville Church	Caucasian	Male	Faith Base
19	Sandra Hall	Shelby Co County Health Department	Caucasian	Female	State, local and or tribal gov
20	Mike Turner	Shelbyville Police Department	Caucasian	Female	Faith Based
21	Christina Myer	Turning Point Domestic Violence	Caucasian	Female	Other Organizations with experience in substance abuse
22	Brian Roell	INCDTF	Caucasian	Male	Military
23	Melissa O'Connor	Shelby County At Risk Youth Program	Caucasian	Female	Youth Serving Organizations with experience in substance abuse
24	Ashley Martin	Shelby County Girls Inc.	Caucasian	Female	Youth Serving Organizations with experience in substance abuse
25	Amy Disney	Shelby County Drug Free Coalition	Caucasian	Female	Youth

LCC Meeting Schedule:

Please provide the months the LCC meets throughout the year: January February March April May June August September October November December. If there is a conflict of scheduling, we may cancel a meeting to accommodate schedules.

II. Community Needs Assessment

The first step in developing an effective substance use and misuse reduction plan is to assess your community. A community assessment tells you about your community's readiness to implement prevention, treatment, and justice-related programs to address substance use and misuse. An assessment also provides an overview of the risk and protective factors present in the community, helping your coalition plan more effectively.

Community Profile

County Name Shelby County Population 45,039: The County Seat of Shelbyville is located centrally in the county, 28 miles from Indianapolis. The county borders Rush, Bartholomew, Decatur, Hancock, Johnson, and Marion Counties. There are 14 townships and several small towns in the county. The largest towns are Morristown, Waldron, and Fairland. Schools in the community

4 school districts = 7 elementary schools, 5 Middle Schools and 5 High Schools

Medical care providers in the community (hospitals, health care centers, medical centers/clinics, etc.) 2 MHP (Major Hospital and Priority Care), Jane Pauley Community Health Center, VA Shelbyville Campus

Mental health care providers in the community (hospitals with psychiatric/behavioral health units, mental health clinics, private/public providers, etc.)

Community Behavioral Health (Gallahue) 317-392-2564

7 E Hendricks St, Shelbyville, IN 46176

Community Outreach & Network Services 317-926-5463

1 Howard St, Shelbyville, IN 46176 www.consindy.org/index.html

ER Counseling LLC 317-680-0500

54 W Broadway St Suite 6, Shelbyville, Indiana 46176

Individual, Family and Group

Accepts Medicare and most insurance

FHL Christian Counseling 317-683-7089 www.fhlchrisitiancounseling.com

Jane Pauley Community Health Center 317-421-6060

1640 IN-44, Shelbyville, IN 46176

www.janepauleychc.org

Katera Huff, LCSW 812-618-1440

1620 S Miller St, Shelbyville, Indiana 46176

Liz Owens, LCSW 317-662-2604

1620 S Miller St, Shelbyville, Indiana 46176

Major Psychology Services 317-392-2971

2325 Intelliplex Dr Suite 207, Shelbyville, IN 46176

www.mymhp.org/psych

Tides of Life 317-398-8361

16 Public Square, Suite A-5, Shelbyville, IN 46176 www.tidesoflifecounseling.com/index.html

Shelbyville VA Clinic 317-988-1772

30 W Rampart Rd, Shelbyville, IN 46176

Department of Child Services (CPS/DCS) 2535 Parkway Dr, Suite 1, Shelbyville, IN 46176 Family Services and Prevention Programs 2021 S Riley Hwy, Shelbyville, IN 46176 www.fspp.org Shelby County Youth Assistance Program 317-392-3722 10 W Polk St. Shelbyville, In 46176 WIC Program of Shelby County 317-398-3002 37 E Washington St, Shelbyville, IN 46176 Connect2Help (2-1-1) Shelby County Division of Family Passanges 317-398-3057			
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37 E Washington St, Shelbyville, IN 46176 Connect2Help (2-1-1) 211			
Connect2Help (2-1-1) 211			
Shelby County Division of Family Descriptor 217 200 2057			
Shelby County Division of Family Resources 317-398-3957			
2565 Parkway Dr Suite 2, Shelbyville, IN 46176			
Supplemental Nutrition Assistance Program (SNAP)			
Shelby County Health Department 317-392-6470			
1600 E St Rd 44, Shelbyville, IN 46176 www.health.shelbycounty73.us			
Society of St. Vincent de Paul Shelby County 317-395-7027			
ER Counseling LLC 317-680-0500			
54 W Broadway St #6, Shelbyville, IN 46176			
Individual, Family, Group options			
Turning Point (Shelbyville)			
Local media outlets that reach the community			
Shelbyville Newspaper, Radio Giant 98, Addison Times (on-line newspaper)			
What are the substances that are most problematic in your community?			
Marijuana, Alcohol and Tobacco			
List all substance use/misuse services/activities/programs presently taking place in the community			
Shelby County Drug Free Coalition Youth Council:			

Leadership, monthly meetings, community, and events

Shelby County Drug Free Coalition Community Education Campaigns: Each community events purpose is to strengthen community-based prevention efforts through impactful educational events. This initiative will feature Red Ribbon Prescription & OTC drug awareness and Orange Ribbon Alcohol Awareness campaigns, fostering open dialogue and providing critical information about substance misuse.

ER Counseling: Provides critical treatment and intervention services to the most financially vulnerable individuals struggling with substance use: those who are uninsured, ineligible for existing programs, and unable to afford care. We will eliminate financial barriers to recovery, ensuring access to life-changing support.

Jane Pauley Community Health Center: As a federally qualified health center, The Jane Pauley Community Health Center serves the Shelby County area and is an important partner for The Shelby County Drug-Free Coalition/Drug-Free Shelby County. Given the challenges many communities face relative to lower socioeconomic status, higher disease burden, and lower health care reimbursement rates, safety net providers like Jane Pauley work closely with the Shelby County Drug-Free Coalition / Drug-Free Shelby County to best serve our communities. We will continue to partner our two organizations to improve substance use disorders, alcohol use disorders, and tobacco addiction problems of the families that we serve. All patients are screened for substance, alcohol, and tobacco Use. Thanks to our partnership with the Shelby County Drug-Free Coalition / Drug-Free Shelby County, we can offer additional resources to our patients. Both of our organizations are working together to build a healthier community.

Treatment Incidentals: Helping people coming out of jail that are having problems finding the means to pay for treatment. Aiding people as they start on their long road to recovery.

Turning Point Domestic Violence: To support the agency's treatment program in Shelby County. Victims of domestic violence who struggle with alcohol and/or substance abuse. Treatment sessions address drug, alcohol, and OC/prescription drug abuse as it relates to the victimization and associated high risk of use and abuse by both adult victims and their children in violence filled situations.

Shelby County Probation: Serves all juveniles and adults actively on Probation, as ordered through the Courts. There are approximately 1100 adults and 50 Juveniles on Probation in Shelby County. Since January 1, 2019 there have been 80 new alcohol and drug assessments ordered. This program will offer positive reinforcement to these individuals to have more.

The Bridge Ministries: Provide treatment by rebuilding lives restoring families and revitalizing our community. Community care, Faith Based Recovery, Counseling and Leadership to adults and youth.

Major Hospital Health Partners - Provide comprehensive tobacco cessation services, including education and treatment, to young adults and adults. Our goal is to empower individuals to successfully quit smoking through evidence-based strategies, personalized

support, and access to necessary resources, ultimately improving health outcomes and reducing tobacco-related disease burden.

Girls Inc. - Breathe Clean- to educate students on protecting their health, prevent addiction, raise awareness, and encourage peer support.

Boys and Girl Club of Shelbyville – Teen Empowerment and Healthy Choices focus on helping Shelby County teen make smart decisions about ATOD. Giving teens the tools they need to stay healthy and confident in their choices.

Shelby County Sheriff's Department- in conjunction with Shelby County Court Services has developed a program aimed at inmates who want to leave a life of addiction and embrace life of continued recovery. This program takes place in the Shelby County Jail and is implemented with a multitude of individuals including Shelby County Jail Staff who work closely with program facilitators. Monies being sought would be used to provide financial support for the overall operation of the program.

Community Risk and Protective Factors

Use the list of risk and protective factors to identify those present in your community. Identify the resources/assets and limitations/gaps that exist in your community related to each. The lists are not allinclusive and others may apply.

<u>Risk Factors Examples:</u> trauma and toxic stressors; poverty violence; neighborhood characteristics; low neighborhood attachment; community disorganization; community norms and laws favorable toward drug use, firearms, and crime; availability of alcohol and other drugs; weak family relationships; family substance use; peer substance use; mental health problems; families moving frequently from home to home; limited prevention and recovery resources.

<u>Protective Factors Examples:</u> strong family relationships; neighborhood economic viability; low childhood stress; access to health care; access to mental health care; community-based interventions; restricted access to alcohol and other drugs including restrictive laws and excise taxes; safe, supportive, and connected neighborhoods; -youth programs; positive connection to adults.¹

Risk Factors	Resources/Assets	Limitations/Gaps
1.	1.Girls Inc. Breathe Clean	1. Lack of programs in
Limited prevention resources in	Program	Shelby
Shelby County		County
	2.Shelbyville Central Schools	
	Too Good for Drugs	2. Lack of state and local
	3.Shelby County Library Resources	funding in Shelby County for afterschool programs

		3. Lack of financial resources for prevention resources
2. Alcohol Availability within the community	1.Too Good for Drug programs in the Shelbyville Central schools	1.Lack of education resources in county schools
Community	2. Shelby County Youth Assistance Program	2.Easy access to alcohol
	3. Teen al anon	3. Not enough fun activities for youth to do in the community
3. Low Parental disapproval for the	1. Parental education	1.Lack of parental connectedness
use of marijuana	2. Triton Middle School, mentoring group. "Making the	2.Lack of parental monitoring
	right choice."	3.Lack of family connections
	3.Community education events	
Duotostivo Esstava	Resources/Assets	Limitations/Gaps
Protective Factors	Resources/Assets	Lillitations/Gaps
1. Alcohol activities	1.SADD Group activities	1.Not all students are involved
		Not all students are involved These activities are great, but
	1.SADD Group activities2.After Prom Events3. Youth Council -1 High School	1.Not all students are involved2.These activities are great, but they are only held once a year
	1.SADD Group activities 2.After Prom Events	Not all students are involved These activities are great, but
	1.SADD Group activities2.After Prom Events3. Youth Council -1 High School	1.Not all students are involved2.These activities are great, but they are only held once a year3.Need to continue to be present
1. Alcohol activities	1.SADD Group activities2.After Prom Events3. Youth Council -1 High School is active	1.Not all students are involved2.These activities are great, but they are only held once a year3.Need to continue to be present in all 5 High Schools
1. Alcohol activities	1.SADD Group activities2.After Prom Events3. Youth Council -1 High School is active1.Youth Assistance Program	1.Not all students are involved 2.These activities are great, but they are only held once a year 3.Need to continue to be present in all 5 High Schools 1.Limited to one school 2.Not all students are aware or
1. Alcohol activities	1.SADD Group activities 2.After Prom Events 3. Youth Council -1 High School is active 1.Youth Assistance Program 2.Landing Zone	1.Not all students are involved 2.These activities are great, but they are only held once a year 3.Need to continue to be present in all 5 High Schools 1.Limited to one school 2.Not all students are aware or willing to attend
Alcohol activities Anti-Drug Activities	 SADD Group activities After Prom Events Youth Council -1 High School is active Youth Assistance Program Landing Zone Youth Council Activities Youth Council Program for Jr 	1.Not all students are involved 2.These activities are great, but they are only held once a year 3.Need to continue to be present in all 5 High Schools 1.Limited to one school 2.Not all students are aware or willing to attend 3. Not all students participate 1.Need more creative learning

III. Making A Community Action Plan

Now that you have completed a community assessment and have identified the risk and protective factors that exist, you can develop a plan of action. The Comprehensive Community Plan (CCP) is a systematic and community-driven gathering, analysis, and reporting of community-level indicators for the purpose of identifying and addressing local substance use problems.

- Step 1: Create problem statements, and ensure problems statements are in line with statutory requirements
- Step 2: Ensure your problem statements are evidence-informed, then prioritize
- Step 3: Brainstorm what can be done about each
- Step 4: Prioritize your list, and develop SMART goal statements for each Step
- 5: List the steps to achieve each goal

Step 1: Create + Categorize Problem Statements

Create problem statements as they relate to each of the identified risk factors.

Risk Factors	Problem Statement(s)
1.	1.ATOD school funding has been cut
Alcohol is readily availability within the community	2.Most of the domestic violence involve alcohol
	3. Shelby County youth and adults are driving or riding with those who are under the influence of alcohol
2.	1.Students report marijuana is very easy to obtain
Marijuana is not viewed as having harmful effects	
	2 Marijuana is perceived to be harmless by adults as well as youth
	3. Availability of treatment is difficult or impossible for those with inability to pay

3.	1. There is an increase in the number of e-cigs being
Tobacco, smokeless tobacco and electric vaping products use is continuing to increase	used by students and young adults
	2. Tobacco use is Shelby County is reflected in the high number of ER visits do to breathing and other
	lung problems
	3. Tobacco, smokeless tobacco, and electric vaping products are easy to obtain through family, friends, local retail outlets or online ordering.

Step 2: Evidence-Informed Problem Statements

Identify your top three problem statements using local or state data. Ensure that there is a problem statement for each co-equal funding category (e.g., prevention/education; intervention/treatment; and criminal justice services and activities).

Problem Statements	Data That Establishes Problem	Data Source
1. Underage Drinking is a problem in Shelby County	17.9% High School Juniors report misuse of Alcohol in the past 30 days. 9.6% Report Binge drinking in the past 30 days.	Indiana Youth Survey ATOD 2022
	Shelby County Binge Drinking Prevalence: 14.7%. 71% people surveyed report alcohol use as a problem for persons younger than 21 years.	MHP Community Assessment
	According to Shelby County Sheriff Reports there were 279 alcohol related arrests made in 2024.	Shelby County Sherriff 2024

2. Marijuana Use is a problem in Shelby County	19.5% High School Senior report misuse of Marijuana in the past 30 days.	Indiana Youth Survey ATOD 2022
	Inventory to include data sharing/goal setting to create ATOD evidence-based practices specific to each small group.	Social and Emotional Learning Inventory (Triton Central Schools and Shelby County Youth Assistance)
	According to local officials, community assessments and police reports domestic violence is much higher in chemically dependent families.	Turning Point Domestic Violence Reports
3. The health burden of tobacco use in Shelby County is alarming.	16.6 % of High School Seniors report that they have used a tobacco product in the past 30 days.	Indiana Youth Survey ATOD 2024
	Tobacco and nicotine use continues to be present in patients who were treated in the Major Hospital Emergency Department	MHP yearly data report
	An increase in students having vaping device and being ticketed by the resource officers at school.	School administration/resource officers' reports

Step 3: Brainstorm

Consider the resources/assets and limitations/gaps that were identified for each risk factor, and list what actions can be taken for each identified problem statement.

Problem Statements	What can be done (action)?
1. Underage Drinking is a problem in Shelby County	1.Encourage and support education/prevention efforts at all levels for youth, parents/adults
Shelby County	2.Encourage and support efforts to provide services and treatment
	3.Encourage strict enforcement, prosecution, and penalties for offenders

2. Marijuana Use is a problem in Shelby County	1. Provide education to the public about the dangers of short- and long-term effects of marijuana
	2. Treatment availability to those that don't have the ability to pay
	3. Support and increase funding for law enforcement and other community partners
3. Tobacco Use is a problem in Shelby County	1.Conduct youth and adult community informational sessions
	2.Support and encourage programs that help people to stop using tobacco produces
	3. Tobacco Cessation in School Health and Physical Education classes

Step 4: Develop SMART Goal Statements

For each problem statement, prioritize your list of what can be done. Choose your top two actions for each. Then, develop goal statements that demonstrate what change you hope to achieve and by when you hope to achieve it.

Problem Statement #1

Goal 1

Reduce the number of underage alcohol related incidents in Shelby County by 3% by March 2026.

Goal 2

Decrease the number Students that report that it is very easy to obtain alcohol on the Indiana Youth Survey by 3% by March 2026.

Problem Statement #2

Goal 1

Increase the number of people who understand the long-term dangers of Marijuana by 10% by March 31, 2026.

Goal 2

12th graders will report a 4% increase for Perception of Parental disapproval for the use of marijuana on the Indiana Youth Survey March 31, 2026.

Problem Statement #3

Goal 1

Youth in grades 6-12 will report a 10% decrease for perception of peer use for cigarettes on the Indiana Youth Survey by March 31, 2026.

Goal 2

Reduce Smoking rates to 16.2% or less of the adult population (5,655 or fewer adult smokers in Shelby County) by 2030.

Step 5: Plans to Achieve Goals

For each goal, list the steps required to achieve each

Problem Statement #1	Steps
Goal 1	1. Support local SADD
Reduce the number of underage alcohol related incidents in Shelby County by 2% by March 2025.	organizations in programming addressing underage drinking
	2. Discourage social acceptance of alcohol misuse by promoting education through local media, social media and community activities
	3. Support programs that reduce underage drinking.

Goal 2 Decrease the number Students that report that it is very easy to obtain alcohol on the Indiana Youth Survey by 3% by March 2026.	 Provide education for parents and other adults of the consequences of providing alcohol to underage youth. Social Media campaign educating against the dangers of underage alcohol use. Provide financial assistance for the enforcement and adjudication of alcohol misuse.
Problem Statement #2	Steps
Goal 1 Increase the number of people who understand the long-term dangers of Marijuana by 10% by March 31, 2026. Goal 2 12th graders will report a 4% increase for Perception of Parental disapproval for the use of marijuana on the Indiana Youth Survey March 31, 2026	 Provide financial assistance for evidence-based prevention programs and strategies. Provide financial assistance for youth serving organizations that educate students regarding the dangers and longterm effects of the use of marijuana and its derivatives. Encourage community education/awareness of marijuana use. Community-wide messaging regarding substance use, and positive coping. Provide forums to educate parents/adults about the risk of marijuana use Services for children and family members to break the cycle of drug abuse.
Problem Statement #3	Steps
Goal 1 Youth in grades 6-12 will report a 10% decrease for perception of peer use for cigarettes on the Indiana Youth Survey by March 31, 2026.	Conduct focused presentations on POS, E-cigarettes, Quitline and other tobacco products to school staff and officials Supply literature about the Quit line

	3.School Based activities
Goal 2 Reduce Smoking rates to 16.2% or less of the adult population (5,655 or fewer adult smokers in Shelby County) by 2030.	Orange Ribbon Breakfast Presentation targeted toward POS data from the STARS survey Community e-cigarette and POS Presentation Adult and Youth Tobacco and ecigarette community-wide messaging cigarettes, vaping.

IV. Fund Document

The fund document allows the LCC to provide finances available to the coalition at the beginning of the year. The fund document gauges an LCC's fiscal wellness to empower their implementation of growth within their community. The fund document also ensures LCCs meet the statutory requirement of funding programs within the three categories of (1) Prevention/Education, (2) Treatment/Intervention, and (3) Criminal Justice Services and Activities (IC 5-2-11-5).

Fu	Funding Profile		
1	Amount deposited into the County DFC Fund from fees collected last year:	\$56,956.50	
2	Amount of unused funds from last year that will roll over into this year:	\$0.00	
3	Total funds available for programs and administrative costs for this year (Line 1 + Line 2):	\$56,956.50	
4	Amount of funds granted last year:	\$58,135.72	
Additional Funding Sources (if no money is received, please enter \$0.00)			
A	Substance Abuse and Mental Health Services Administration (SAMHSA):	\$0.00	
В	Centers for Disease Control and Prevention (CDC):	\$0.00	
C	Bureau of Justice Administration (BJA):	\$0.00	
D	Office of National Drug Control Policy (ONDCP):	\$0.00	
E	Indiana State Department of Health (ISDH):	\$90,000.00	
F	Indiana Department of Education (DOE):	\$0.00	
G	Indiana Division of Mental Health and Addiction (DMHA):	\$0.00	
Н	Indiana Family and Social Services Administration (FSSA):	\$0.00	
I	Local entities:	\$0.00	
J	Other:	\$0.00	

Categorical Funding Allocat	ions	
Prevention/Education:	Intervention/Treatment:	Justice Services:
\$14,239.13	\$14,239.13	\$14,239.13
		\$42,717.39
Funding allotted to Administr	rative costs:	
Itemized list of what is being funded		Amount (\$100.00)
Coordinator compensation		\$11795.11
Office supplies		\$2,444.00
Funding Allocations by Goal 1	per Problem Statement:	
Problem Statement #1	Problem Statement #2	Problem Statement #3
Goal 1: \$8,761.41	Goal 1: \$7,613.45	Goal 1: \$10,102.30
Goal 2: \$4,866.52	Goal 2: \$4138.49	Goal 2: \$7,235.22