

# **The Indiana Commission to Combat Drug Abuse**



*Behavioral Health Division*

## **Comprehensive Community Plan**

County: Owen County

LCC Name: Owen County Drug & Alcohol Resource Team (DART)

LCC Contact: Beck Scott

Address: 64 East Market Street

City: Spencer, IN 47460

Phone: 812-512-8030

Email: [beck.scott@owencounty.in.gov](mailto:beck.scott@owencounty.in.gov)

County Commissioners: Gary Burton, Leonard “Sam” Hobbs, David Risk

Address: 60 S. Main St.

City: Spencer, IN

Zip Code: 47460

## **Vision Statement**

What is your Local Coordinating Council's vision statement?

The Owen County Drug & Alcohol Resource Team (DART) strive to create a safe and nurturing environment for all of its citizens.

## **Mission Statement**

What is your Local Coordinating Council's mission statement?

The mission of the Owen County Drug & Alcohol Resource Team (DART) is:

- To actively involve community members interested in establishing and maintaining a county-wide council.
- Work to reduce the drug and alcohol problems in our county.
- To be a resource for schools, businesses, government, and our community; and
- To work to fund resource projects and programs to 'not for profit organizations.'
- Work to promote awareness of intervention and treatment options, as well as increase the number of addictions treatment efforts in the county.

<b>Membership List</b>					
<b>#</b>	<b>Name</b>	<b>Organization</b>	<b>Race</b>	<b>Gender</b>	<b>Category</b>
1	Cindy Rotman	Hamilton Center	Caucasian	Female	Treatment
2	Beck Scott	Positive Expectations LLC	Caucasian	Female	Justice/Prevention
3	Kevin Housand	Probation	Caucasian	Male	Justice
4	Sherri Knieriem	YMCA	Causian	Female	Prevention
5	Aaron Lagrange	Spencer – Owen School	Caucasian	Male	Prevention
6	Linda Webb	Waymakers	Caucasian	Female	Treatment
7	Johnnie Trenkamp	Middle Way House	Caucasian	Female	Treatment
8	Bill Browne	School officer	Caucasian	Male	Prevention
9	Kathy Newman	4H Fishing	Caucasian	Female	Prevention
10	Rachele Love	MHA	Caucasian	Female	Prevention

11	Jennifer Gouldsmith	IHC	Caucasian	Female	Treatment
12	Jamie Lowder	Purdue Extention	Caucasian	Female	Prevention
13	Julie Scott	Rescue Recovery	Caucasian	Female	Prevention
14	Joseph Marcinkus	Rescue Recovery	Caucasian	Male	Treatment
15	Jaren Rogers	Spencer Nazarene	Caucasian	Male	Prevention/Treatment
16	Kelly Chandley	Hickory Recovery Network	Caucaian	Female	Treatment
17					
18					
19					
20					

#### LCC Meeting Schedule:

Please provide the months the LCC meets throughout the year:

Meetings are held the 2<sup>nd</sup> Thursday of the month in January, March, May, August, September, and October.

## II. Community Needs Assessment

*The first step in developing an effective substance use and misuse reduction plan is to assess your community. A community assessment tells you about your community's readiness to implement prevention, treatment, and justice-related programs to address substance use and misuse. An assessment also provides an overview of the risk and protective factors present in the community, helping your coalition plan more effectively.*

### Community Profile

County Name Owen County
County Population 21,530
Schools in the community Spencer-Owen Community School Corp

Medical care providers in the community (hospitals, health care centers, medical centers/clinics, etc.) IHC, IU Health Southern Indiana Physicians, Health Department
Mental health care providers in the community (hospitals with psychiatric/behavioral health units, mental health clinics, private/public providers, etc.) Hamilton Center, Centerstone, Mental Health America, Indiana Health Centers (IHC)
Service agencies/organizations  Middle Way House, New Beginnings, FSSA, Work One, SCCAP, WIC, Owen County Adult Education, Salvation Army, YMCA, Head Start, Mark of Discipleship Mission Store, Emergency Food and Shelter Program, Garrard Chapel Food Pantry, Cunot Food Pantry, Light House Fellowship Church Food Panty, Boys and Girls Club, Owen County Women’s Ministry Center, Lacapagne Food Pantry,
Local media outlets that reach the community  WCLS Radio Go-Owen The Owen News Spencer Evening World Owen County Community Foundation Owen County Chatter
What are the substances that are most problematic in your community?  Meth, Opioids, alcohol, tobacco, vaping, marijuana, Fentanyl, cocaine, heroine, prescription drugs
List all substance use/misuse services/activities/programs presently taking place in the community  Hamilton Center – counseling and group therapy, Matrix (intensive out-patient program), Domestic Violence (MRT) Centerstone – Counseling and group therapy Indiana Health Centers (IHC) - mental health services B-Free at Spencer Church, St. Jude, Rescue and Recovery of Owen County, Spencer Pentecostal church - Miracles in the Making Recovery group, Rescue Recovery, Steinsville Nazerine,

## Community Risk and Protective Factors

*Use the list of risk and protective factors to identify those present in your community. Identify the resources/assets and limitations/gaps that exist in your community related to each. The lists are not all-inclusive and others may apply.*

**Risk Factors Examples:** trauma and toxic stressors; poverty, violence; neighborhood characteristics; low neighborhood attachment; community disorganization; community norms and laws favorable toward drug use, firearms, and crime; availability of alcohol and other drugs; weak family relationships; family substance use; peer substance use; mental health problems; families moving frequently from home to home; limited prevention and recovery resources.

**Protective Factors Examples:** strong family relationships; neighborhood, economic viability; low childhood stress; access to health care; access to mental health care; community-based interventions; restricted access to alcohol and other drugs including restrictive laws and excise taxes; safe, supportive, and connected neighborhoods; meaningful youth engagement opportunities; local policies and practices that support healthy norms and child-youth programs; positive connection to adults.<sup>1</sup>

<b>Risk Factors</b>	<b>Resources/Assets</b>	<b>Limitations/Gaps</b>
1. Intergenerational substance abuse within families	1. Community Mental Health Centers  2. Multiple Prevention Programs  3. Local Recovery Groups and AAs	1. Parental understanding of ramifications of substance use by youth  2. Availability of organized after school programming and activities  3. Limited understanding of the ramifications of parental substance abuse on family
2. Drug and alcohol use by youth	1. School based prevention and awareness-oriented programming  2. Community Mental Health Centers and Purdue Extension, YMCA	1. Limited parental understanding of youth substance use  2. Limited community resolve or interest perception of approval  3. Limited therapy/substance use options in the schools
3. Limited prevention or treatment options located within the rural county	1. School based resource officers and programs  2. Community Mental Health Centers  3. Criminal Justice Programs	1. Underfunding of either after or in school prevention / awareness programs  2. Limited family engagement

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<sup>1</sup>Risk and protective factors extracted from IUPUI Center for Health Policy Community Conditions Favorable for Substance Use, April 2018.

		3. Limited community involvement in recovery activities
Protective Factors	Resources/Assets	Limitations/Gaps
1.School based awareness programming	1.School based resource officers  2. Hope Squad and DARE in schools  3. Community Mental Health Centers offer services to youth and adults	1.Limited school based programming by service providers  2.Limited funding for programming  3.Lack of after-school programs
2.Engaged Law Enforcement and Justice Agencies	1. Engaged Justice System  2.SRO engagement with Owen Co schools  3.Forge relationships between law enforcement and recovery community.	1.Limited Treatment options  2.Under Trained Law Enforcement  3.Travel and Transportation issues
3. Positive Family and Community Connection	1. Recovery groups  2.4- H Fishing Club  3. Upscale YMCA	1.Limited adult oriented activities  2.Flexibility and availability of social support services  3.Adult awareness or transportation to education events

### III. Making A Community Action Plan

*Now that you have completed a community assessment and have identified the risk and protective factors that exist, you can develop a plan of action. The Comprehensive Community Plan (CCP) is a systematic and community-driven gathering, analysis, and reporting of community-level indicators for the purpose of identifying and addressing local substance use problems.*

Step 1: Create problem statements, and ensure problems statements are in line with statutory requirements

Step 2: Ensure your problem statements are evidence-informed, then prioritize

Step 3: Brainstorm what can be done about each

Step 4: Prioritize your list, and develop SMART goal statements for each

Step 5: List the steps to achieve each goal

### Step 1: Create + Categorize Problem Statements

*Create problem statements as they relate to each of the identified risk factors.*

Risk Factors	Problem Statement(s)
1. Intergenerational substance abuse within families	1. Adults and youth in Owen Co abuse numerous types of substances including, but not limited to, Meth, Opioids, alcohol, tobacco, vaping, marijuana, Fentanyl, cocaine, heroine, prescription drugs  2. Adults and youth underappreciated the ramifications of substance abuse  3. Poverty, transportation and accessibility contribute to substance abuse
2. Drug and alcohol use by youth	1. There is limited prevention training  2. Limited education on prevalence of drugs/alcohol and tobacco use in Owen Co.  3. Adults and parents do not consider minor substance use harmful
3. Limited prevention or treatment options located within the rural county	1. Adults and youth in Owen Co need prevention education and treatment services related to substance use  2. Lack of transportation to prevention education and treatment services  3. Criminal Justice Agencies need training and advanced technologies to aid them in their efforts to combat substance abuse

## Step 2: Evidence-Informed Problem Statements

*Identify your top three problem statements using local or state data. Ensure that there is a problem statement for each co-equal funding category (e.g., prevention/education; intervention/treatment; and criminal justice services and activities).*

Problem Statements	Data That Establishes Problem	Data Source
1. 1. Adults and youth in Owen Co abuse numerous types of substances including, but not limited to Meth, Opioids, alcohol, tobacco, vaping, marijuana, Fentanyl, cocaine, heroine, prescription drugs	<p>2024: 23% adults report smoking in Owen County</p> <p>2024 17% of adults report excessive or heavy drinking</p> <p>2021 20% of Driving deaths were alcohol related</p> <p>Indiana 3rd Highest state Meth prevalence</p> <p>In 2023, 16% of the screens were positive for methamphetamines and 24% were positive for marijuana.</p>	<p>countyhealthranking.org</p> <p>countyhealthranking.org</p> <p>countyhealthranking.org</p> <p>worldpopulationreview.com/state-rankings/meth-use-by-state</p> <p>Owen County Probation and Corrections</p>
2. Limited education on prevalence of drugs/alcohol and tobacco use in Owen Co.	<p>2022 82 youths were involved with Probation in Owen County</p> <p>2022 165 youths attended mental health and addiction services through Centerstone in Owen County</p> <p>2022 182 youths attended mental health and addiction services through Hamilton Center in Owen County</p>	<p>Owen County Court Services 2022 Annual Report</p> <p>2022 Centerstone Annual Report</p> <p>2022 Hamilton Center Annual Report</p>
3. Criminal Justice Agencies need training and technologies to aid them in their efforts to combat substance abuse and strengthen mental health.	<p>In 2023 35.8% of Owen County arrests were drug related (Highest arrest reason)</p> <p>2022 725 adults were involved with Probation in Owen County</p> <p>2020 13% of motor vehicle crashes involved alcohol</p>	<p>Indiana Management Performance Hub</p> <p>Owen County Court Services 2022 Annual Report</p> <p>countyhealthranking.org</p>



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### Step 3: Brainstorm

*Consider the resources/assets and limitations/gaps that were identified for each risk factor, and list what actions can be taken for each identified problem statement.*

Problem Statements	What can be done (action)?
1. Adults and youth in Owen co abuse numerous types of substances including, but not limited to, Meth, Opioids, alcohol, tobacco, vaping, marijuana, Fentanyl, cocaine, heroine, prescription drugs	1.Supporting recovery activities in the community 2. Support recovery groups in the community 3.Mental Health Facilities help with mental health issues that lead to addiction in the community.
2.Limited education on prevalence of drugs/alcohol and tobacco use in Owen Co.	1.Hooked on fishing not drugs 2.Hope Squad in schools 3.Participation in Drug Week 4. D.A.R.E. program is restarting in Owen County schools 5. Anti drug campaigns within the community
3. Criminal Justice Agencies need training and technologies to aid them in their efforts to combat substance abuse and strengthen mental health.	1.Additional Drug Tests purchased 2.Training for law enforcement and probation 3.Resources to assist probation in treatment and prevention 4. Support community events to support recovery

### Step 4: Develop SMART Goal Statements

*For each problem statement, prioritize your list of what can be done. Choose your top two actions for each. Then, develop goal statements that demonstrate what change you hope to achieve and by when you hope to achieve it.*

<b>Problem Statement #1</b>
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Goal 1 Owen County Drug & Alcohol Resource Team (DART) will support local recovery activities in the community.
Goal 2 Owen County Drug & Alcohol Resource Team (DART) will support local recovery groups in the community.
<b>Problem Statement #2</b>
Goal 1. Community and school prevention/awareness based events will be supported by Owen County Drug & Alcohol Resource Team (DART) council.
Goal 2 The percentage of youth and adults participating in abuse/ prevention events will be tracked and data gathered to establish a baseline.
<b>Problem Statement #3</b>
Goal 1. Increase awareness and resources for mental health and substance abuse.
Goal 2. Owen County Drug & Alcohol Resource Team (DART) will assist Law enforcement to increase capacity, training and supplies to address the number of criminal offenses related to substance use by 1 % within one year.

### Step 5: Plans to Achieve Goals

*For each goal, list the steps required to achieve each*

Problem Statement #1	Steps
Goal 1. Owen County Drug & Alcohol Resource Team (DART) will support local recovery activities in the community.	<p>1. Justice – Support the participation of Justice and Law enforcement with DART meetings and activities</p> <p>2. Treatment – Support participation by treatment providers with DART meetings and activities</p> <p>3. Prevention – Support and increased awareness of treatment, programming, groups and activities found within the community</p>

Goal 2. Owen County Drug & Alcohol Resource Team (DART) will support local recovery groups in the community.	<p>1. Prevention – support programs in the community seeking to start or maintain prevention for adult and youth</p> <p>2. Treatment – Support programs in the community seeking to address underlying causes of substance abuse</p> <p>3. Justice – support Criminal Justice opportunities for building relationships with recovery groups in the community.</p>
<b>Problem Statement #2</b>	<b>Steps</b>
Goal 1 Community and school prevention/awareness based events will be supported by Owen County Drug & Alcohol Resource Team (DART) Council	<p>1. Prevention – Support and fund evidence based prevention programming</p> <p>2. Treatment – Support and fund programs that identify at risk youth and adults with other mental health risk factors</p> <p>3. Justice – Support and fund prevention programs that educate and address the ramifications of substance abuse</p>
Goal 2 The percentage of youth and adults participating in abuse/ prevention events will be tracked and data gathered to establish a baseline.	<p>1. Prevention -Encourage the local school and organizations to track program engagement.</p> <p>2. Treatment – Encourage local mental health providers to provide information and data on the need for substance abuse counseling and intervention.</p> <p>3. Justice – Support law enforcement and justice programs that address illegal substance use and their consequences.</p>
<b>Problem Statement #3</b>	<b>Steps</b>
Goal 1 Increase awareness and resources for mental health and substance abuse.	<p>1. Prevention – Provide information to the community on educational events related to prevention</p> <p>2. Treatment – Provide mental health counseling and resources to those struggling with addiction</p>

	3. Justice – Support Criminal Justice programs for detainee’s with addiction issues
Goal 2 Owen County Drug & Alcohol Resource Team (DART) will assist Law enforcement to increase capacity, training and supplies to decrease the number of criminal offenses related to substance use by 1 % within one year.	<p>1. Prevention – Increase cooperation with DART, justice, prevention and treatment providers with the intent of supporting awareness activities relating to substance abuse</p> <p>2. Treatment -Support treatment providers that provide counseling services for adults and youth with substance issues</p> <p>3. Justice – Support justice programs that specifically identify and address illegal drug use by youth and adults.</p>

#### IV. Fund Document

*The fund document allows the LCC to provide finances available to the coalition at the beginning of the year. The fund document gauges an LCC’s fiscal wellness to empower their implementation of growth within their community. The fund document also ensures LCCs meet the statutory requirement of funding programs within the three categories of (1) Prevention/Education, (2) Treatment/Intervention, and (3) Criminal Justice Services and Activities (IC 5-2-11-5).*

Funding Profile		
<b>1</b>	Amount deposited into the County DFC Fund from fees collected last year:	\$ 18,568.98
<b>2</b>	Amount of unused funds from last year that will roll over into this year:	\$0.00
<b>3</b>	Total funds available for programs and administrative costs for this year (Line 1 + Line 2):	\$ 18,568.98
<b>4</b>	Amount of funds granted last year:	\$ 17,424.31
Additional Funding Sources (if no money is received, please enter \$0.00)		
<b>A</b>	Substance Abuse and Mental Health Services Administration (SAMHSA):	\$0.00
<b>B</b>	Centers for Disease Control and Prevention (CDC):	\$0.00
<b>C</b>	Bureau of Justice Administration (BJA):	\$0.00
<b>D</b>	Office of National Drug Control Policy (ONDCP):	\$0.00
<b>E</b>	Indiana State Department of Health (ISDH):	\$0.00
<b>F</b>	Indiana Department of Education (DOE):	\$0.00
<b>G</b>	Indiana Division of Mental Health and Addiction (DMHA):	\$0.00
<b>H</b>	Indiana Family and Social Services Administration (FSSA):	\$0.00
<b>I</b>	Local entities:	\$0.00
<b>J</b>	Other:	\$0.00
Categorical Funding Allocations		
Prevention/Education: \$6000	Intervention/Treatment: \$6,000	Justice Services: \$6,000
Funding allotted to Administrative costs:		
<i>Itemized list of what is being funded</i>		<i>Amount (\$100.00)</i>
Coordinator compensation		\$0.00
Office supplies		\$568.98
Funding Allocations by Goal per Problem Statement:		
<b>Problem Statement #1</b>	<b>Problem Statement #2</b>	<b>Problem Statement #3</b>
Goal 1: \$3,000	Goal 1: \$3,000	Goal 1: \$3,000
Goal 2: \$3,000	Goal 2: \$3,000	Goal 2: \$3,000