# The Indiana Commission to Combat Drug Abuse



Behavioral Health Division

# **Comprehensive Community Plan**

County: Newton LCC Name: Coalition for a Drug Free Newton County LCC Contact: Gene Bell Address: 1123 W 250 N City: Morocco, IN 47963 Phone: 219-863-8455 Email: gbell@icloudmailusa.com

County Commissioners: Kyle Conrad, Abbey Rossiter, Glen "Butch"Cain Address: 4117 S. 240 W. Suite 100 City: Morocco, IN Zip Code: 47963

## **Vision Statement**

What is your Local Coordinating Council's vision statement?

To enhance the quality of life for Newton County residents.

# **Mission Statement**

What is your Local Coordinating Council's mission statement?

It is the mission of the Coalition for a Drug Free Newton County to educate and promote local activities that reduce the legal, and illegal use and abuse of alcohol, tobacco and other drugs in Newton County.

Me	mbership List				
#	Name	Organization	Race	Gender	Category
1	Deb Arseneau	Educator,	С	F	Educator
		Purdue			
		University			
2	Jeff Drinski	Prosecutor	С	М	Court
3	Danielle Sands	Patron	С	F	Community Member
4	Larry Bartley	Patron	С	М	Community Member
5	Donna Blaney	Morocco Beautification	С	F	Civic Organization
6	Diane Gonczy	Step Ahead	С	F	Patron
7	Lucy Illingworth	Extension Homemaker	С	F	Community Member
8	Misty Gonzalez	Crisis Center	С	F	Treatment
9	Gene Bell	Patron	С	М	Community Member
10	Shannon Cothern	Sheriff	С	М	Law Enforcement
11	Bob Gonczy	Teacher	С	М	Education
12	Wayne Kriemelmeyer,Pastor	Trinity Church	С	М	Religion
13	Maxine Dyer	Extension Homemaker	С	F	Patron
14	Mary Jarvis	Township Trustee	С	F	Government
15	Christopher Wilson	Sheriff Department	С	М	Law Enforcement
16	Scott McCord	Coroner	С	М	Health
17	Dr. Ibekie	Physician	Blk	М	Treatment
18	Kittsen McCumber	Extension Homemaker	С	F	Community Member
19	Deb Miller	Secretary NN School Corp.	С	F	Community Member
20	Kelsey McPeters	Crisis Center	С	F	Treatment
21	Trisha Drain	Executive Director NCCS	С	F	Government
22	Wanda Monjon	Extension Homemaker	С	F	Patron
23	Abbey Rossiter	Commissioner	С	F	Government
24	Ť				
25			1		
26			1		
27			1		
28					

29			
30			

#### LCC Meeting Schedule:

January, February, March, April, May, June, August, September, October, November

# II. Community Needs Assessment

The first step in developing an effective substance use and misuse reduction plan is to assess your community. A community assessment tells you about your community's readiness to implement prevention, treatment, and justice-related programs to address substance use and misuse. An assessment also provides an overview of the risk and protective factors present in the community, helping your coalition plan more effectively.

#### **Community Profile**

County Name
Newton
County Population
13,808
Schools in the community
South Newton School Corporation, North Newton School Corporation
Medical care providers in the community (hospitals, health care centers, medical centers/clinics, etc.) Ibekie Foundation – IFC Clinic, Iroquois Memorial, Brook Health Centre
Mental health care providers in the community (hospitals with psychiatric/behavioral health units, mental health clinics, private/public providers, etc.) Valley Oaks serves our area
Service agencies/organization
Newton County Community Services, Division of Family Resources, Department of Child Services
Local media outlets that reach the community WIVR County 101.7; WIBN, WGFA 94.1; WLQI 97.7; Enterprise Newspaper
What are the substances that are most problematic in your community?
Alcohol, nicotine, opioids, prescription drugs, marijuana, cocaine, methamphetamine

List all substance use/misuse services/activities/programs presently taking place in the community DARE, AA, Celebrate Recovery, Phoenix Solutions

#### **Community Risk and Protective Factors**

Use the list of risk and protective factors to identify those present in your community. Identify the resources/assets and limitations/gaps that exist in your community related to each. The lists are not all-inclusive and others may apply.

<u>Risk Factors Examples:</u> trauma and toxic stressors; poverty violence; neighborhood characteristics; low neighborhood attachment; community disorganization; community norms and laws favorable toward drug use, firearms, and crime; availability of alcohol and other drugs; weak family relationships; family substance use; peer substance use; mental health problems; families moving frequently from home to home; limited prevention and recovery resources.

<u>Protective Factors Examples:</u> strong family relationships; neighborhood economic viability; low childhood stress; access to health care; access to mental health care; community-based interventions; restricted access to alcohol and other drugs including restrictive laws and excise taxes; safe, supportive, and connected neighborhoods; meaningful youth engagement opportunities; local policies and practices that support healthy norms and child-youth programs; positive connection to adults.<sup>1</sup>

<sup>1</sup>Risk and protective factors extracted from IUPUI Center for Health Policy Community Conditions Favorable for Substance Use, April 2018.

Risk Factors	Resources/Assets	Limitations/Gaps
1.Availability of Alcohol and	1.Probation Dept. Data	1.Ease of access to ATOD
Other Drugs		
	2.Sheriff Dept. Data	2.Limited Community-based
	3.Crisis Center, Schools and	prevention programs
	Coroner Data	3.Limited family activities
2.Weak family relationships	1.McKinney-Veno law homeless	1.Limited family activities
	report (schools)	
		2.Economic disadvantage
	2.Strengthening families	
	Program through Purdue	3.Poor child supervision and
	extension	discipline
	3.Crisis Center data	

3.Limited Prevention and Recovery Resources	1.IFC Clinic,	1Lack of treatment options.
	2.Coroner Report	2Lack of insurance coverage.
	3.Celebrate Recovery, AA	3.Lack of transportation.
		4.Lack of community support
Protective Factors	Resources/Assets	Limitations/Gaps
1.Meaningful youth engagement opportunities 2.County Library Programs	<ol> <li>Youth programs (FFA, 4-H, Scouts, Sports, Church)</li> <li>Youth after- school clubs</li> <li>In-school resources (SADD, FBLA, FCCLA, Student Council</li> <li>After school care at the elementary schools</li> <li>Goodland Early Learning Center Licensed Child Care</li> <li>Men of Iron- Jr. High School</li> </ol>	<ol> <li>Lack of preventative efforts</li> <li>Limited access to transportation</li> <li>Lack of community support</li> </ol>
2.Positive connection to adults	<ul> <li>1.County Library programs</li> <li>2.Youth Programs (FFA,4-H, Scouts, Sports, Church)</li> <li>3.Step Ahead community programs</li> <li>4.Purdue Extension community programs</li> <li>5.DARE</li> <li>6.NN After School Tutoring Program</li> </ul>	<ul><li>1.Limited access to programs</li><li>2.Bedroom community</li><li>3.Limited number of mentors/volunteers</li></ul>
3.Local policies and practices that support healthy norms and child-youth programs	<ul> <li>1.Extra curricular after school programs elementary, junior high and high school</li> <li>2.Step Ahead community programs</li> <li>3.Purdue Extension community programs</li> <li>4. County library programs</li> </ul>	<ol> <li>Limited funding priorities</li> <li>Limited resources to promote youth programs</li> <li>Limited volunteers/mentors</li> </ol>

# III. Making A Community Action Plan

Now that you have completed a community assessment and have identified the risk and protective factors that exist, you can develop a plan of action. The Comprehensive Community Plan (CCP) is a systematic and community-driven gathering, analysis, and reporting of community-level indicators for the purpose of identifying and addressing local substance use problems.

Step 1: Create problem statements, and ensure problems statements are in line with statutory requirements

Step 2: Ensure your problem statements are evidence-informed, then prioritize

- Step 3: Brainstorm what can be done about each
- Step 4: Prioritize your list, and develop SMART goal statements for each
- Step 5: List the steps to achieve each goal

#### **Step 1: Create + Categorize Problem Statements**

Create problem statements as they relate to each of the identified risk factors.

Risk Factors	Problem Statement(s)
1.Availability of alcohol and other drugs, vaping	<ul> <li>1.Opioid/prescription drug use by adults and youth is a problem in Newton County.</li> <li>2.Alcohol and drug related offenses in Newton County continue to be an issue among the adults and underage youth.</li> <li>3.Tobacco and marijuana use by youth is a problem in Newton County.</li> </ul>
2.Weak family relationships	<ol> <li>Newton County is disadvantaged compared to other counties in the state in terms of economics and mental health resources.</li> <li>Limited economic resources among families prevents youth from getting things they need to succeed.</li> <li>The presence of drugs in the daily lives of families is an element that undermines family bonds and the protection of Newton County's children.</li> </ol>
3.Limited prevention and recovery resources	<ol> <li>Newton County does not have adequate prevention and recovery resources to meet the needs of all families.</li> <li>Newton County does not have housing or facilities for residents or families needing prevention and recovery services.</li> <li>Newton County has no prevention and/or recovery professionals to provide services to individuals.</li> </ol>

# **Step 2: Evidence-Informed Problem Statements**

Identify your top three problem statements using local or state data. Ensure that there is a problem statement for each co-equal funding category (e.g., prevention/education; intervention/treatment; and criminal justice services and activities).

Problem Statements	Data That Establishes Problem	Data Source
1.Alcohol and drug related offenses in Newton County continue to be an issue among the adults and underage youth.	Probation – Adults 252; Alcohol 60, marijuana 104, controlled substance/narcotic 31, methamphetamine 31, possession of syringe 13, cocaine 13. Juveniles 33; Alcohol 1, marijuana 7, Tobacco/Vaping 24, Methamphetamine 0, controlled substance 0, cocaine 1.	Probation Dept.
	Sheriff – adults 75, alcohol 31, drug deals 5, paraphenmalia 10, possession 32, public intox 2, minor consumption 2.	Sheriff Dept.
	Crisis Center – 46 clients, 36 children. Of the 46 clients, 10% used substance of some kind, ie; meth 3, cocaine 1, alcohol 0, prescription drugs 1, marijuana 0.	Crisis Center
	Schools – Suspensions 15; 6 vaping tobacco, 4 possession of vaping tobacco, 5 for vaping tobacco, . Expelled 6; 1 THC cartridge, 4 vaping, I drug paraphernalia.	Schools
	Coroner reports 3 drug related deaths; Fentanyl 2, and 1prescription medications.	Coroner
2.Newton County is at an economic disadvantage compared to other counties in the state, therefore there are less	2020 data: Poverty rate is at 10.5% compared to Indiana's 11.6%.	US Census
funding services and resources available for substance treatment use/abuse within the county.	The unemployment rate in Newton County is 1.4% compared to Indiana 2.7%	Stats Indiana

	North Newton Free/Reduced student lunches 53% South Newton Free/Reduced student lunches 63%	
3.Newton County does not have adequate prevention and recovery resources to fit the needs of residents and families.	IFC Clinic – 32 addictions patients AA Participants Celebrate Recovery participants DARE Program – 146 5 <sup>th</sup> grade students Junior High Health and Wellness Fair – 376 participants	Ibekie Foundation Newton County Step Ahead Newton County Sheriff Dept. Newton County Community Services

## **Step 3: Brainstorm**

Consider the resources/assets and limitations/gaps that were identified for each risk factor, and list what actions can be taken for each identified problem statement.

Problem Statements	What can be done (action)?
1.Alcohol and Drug related offenses in Newon County continue to be an issue among the adults and underage youth.	<ol> <li>Provide a consistent public education effort regarding dangers of ATOD, including information to community, patrons, parents and students regarding the financial, legal responsibilities and consequences associated with substance use and abuse.</li> <li>Support the Newton County judicial system and other county substance abuse programs.</li> <li>Support and encourage parents and student participation programs at the Elementary, Jr/Sr High Schools focusing on healthy lifestyles absent ATOD.</li> </ol>
2.Newton County does not have adequate prevention and recovery resources to fit the needs of residents and families.	<ol> <li>Support initiatives that provide resources for residents and families with inadequate resources.</li> <li>Support programs in Newton County that are offered to youth at no cost.</li> </ol>
3.Newton County does not have adequate prevention and recovery resources to fit the needs of residents and families.	1.Partner with local organizations to bring family- based programs to the community with an emphasis on living a healthy lifestyle absent ATOD.

2.Provide moral support to the IFC Clinic, AA
and Celebrate Recovery programs.
3.Provide support/funding for peer recovery
support person(s) training, and identify where
other resources need to be focused.
4. Support local law inforcement program needs.
5. Establish a partnership with Phoenix Recovery
Solutions to provide prevention and recovery
resources to Newton County.

## **Step 4: Develop SMART Goal Statements**

For each problem statement, prioritize your list of what can be done. Choose your top two actions for each. Then, develop goal statements that demonstrate what change you hope to achieve and by when you hope to achieve it.

#### **Problem Statement #1**

Goal 1

The LCC will reduce the number of youth suspensions/expulsions by 1% by providing a consistent public education effort regarding dangers of ATOD by the end of the 2023-24 school year. This will be known by school suspension/expulsions data. If a 1% reduction is not achieved by this time the LCC will re-evaluate their approach.

Goal 2

The LCC will reduce the number of youth on probation by 1% by providing a consistent public education effort regarding the dangers of ATOD by the end of the 2023-24 school year. This will be known by youth probation data. If a 1% reduction is not achieved by this time, the LCC will re-evaluate their approach.

#### **Problem Statement #2**

Goal 1

The LCC will provide resources for 500 students/families in need through the end of the 2023-24 school year. This will be known by impact reports of programs that we fund for this purpose. If 500 families are not reached, the LCC will investigate other avenues for reaching families and pursue those avenues in the future.

Goal 2

The LCC will provide funding for 2 ATOD prevention programs in Newton County that will be at no cost to participants.

#### Problem Statement #3

Goal 1

The LCC will partner with local organizations to reach 500 youth with ATOD prevention and educational materials and supplies by the end of the reporting year. This will be known through reports from organizations who serve youth with LCC resources.

### Goal 2

The LCC will provide funding for peer support recovery training to interested persons and professionals in the community. Newton County will have established a recovery community by Spring of 2024.

### **Step 5: Plans to Achieve Goals**

For each goal, list the steps required to achieve each

Problem Statement #1	Steps
Goal 1 The LCC will reduce the number of youth suspensions/expulsions by 1% by providing a consistent public education effort regarding dangers of ATOD by the end of the 2023-24 school year. This will be known by school suspension/expulsion data. If a 1% reduction is not achieved by this time, the LCC will re- evaluate their approach.	<ul> <li>1.Fund 1 convocation in each school corporation in the 2023-24 school year.</li> <li>2.Publish 6 PSA statements through local radio stations with ATOD information.</li> <li>3.Rent 1 billboard with signage on hotlines. "Call," also yard signs with hotline messages placed throughout the county</li> <li>4.Set up a booth at 2-4 school sporting events with ATOD information for dissemination.</li> <li>5.Publish ATOD information on our website and Facebook page 1-2 times per week. Republish information from other organizations that promote ATOD-free lifestyle.</li> </ul>
Goal 2 The LCC will reduce the number of youth on probation by 1% by providing a consistent public education effort regarding dangers of ATOD by the end of the 2023-24 school year. This will be known by youth probation data. If a 1% reduction is not achieved by this time, the LCC will re- evalute their approach.	<ul> <li>1.Promote/participate in activities that encourage positive youth development including but not limited to, school activities, youth organizations, peer groups and family involvement.</li> <li>2.Fund programs to support youth ATOD programs hosted by law enforcement in the schools. Ex. DARE</li> <li>3.Research evidence-based, youth- focused programs that can be implemented in our communities and work on steps to implement 1 or more in the near futue, partnering with our judicial system.</li> </ul>

Problem Statement #2	Steps
Goal 1 The LCC will provide resources for 500 students/families in need through the end of the 2023-24 school year. This will be known by impact reports of programs that we fund for this purpose. If 500 families are not reached, the LCC will investigate other avenues for reaching families and purse those avenues in the future.	<ul> <li>1.Collaborate with Newton County community programs that offer services to families in need and attend 2 events (or programs) to distribute ATOD information an resources to families.</li> <li>2.Provide funding to the Crisis Center to serve Newton County residents.</li> <li>3.Provide funding for Purdue extension's Strengthening Families program.</li> </ul>
Goal 2 The LCC will provide funding for 2 ATOD prevention programs in Newton County that will be at no cost to participants.	<ul> <li>1.Partner with school corporations to host a guest speaker or programs with an ATOD message.</li> <li>2.Research evidence-based, youth- focused programs that can be implemented in our communities and work on steps to implement 1 or more in the near future, partnering with our judicial system.</li> </ul>
Problem Statement #3	Steps
Goal 1 The LCC will partner with local organizations to reach 500 youth with ATOD prevention and educational materials and supplies by the end of the reporting year. This will be known through reports from organizations who serve youth with LCC resources.	<ul> <li>1.Fund programs that support family- oriented events at schools and throughout the community that are hosted by Purdue Extension and Step Ahead ie; Junior Master Gardener, Eat Your Way To Better Health, Block Parties, Kindergarten Family Fun Night.</li> <li>2.Support Sheriff's picnic in the park for youth and families.</li> <li>3.Support County library programs</li> <li>4.Support Newton County Extension Homemakers programs</li> </ul>
Goal 2 The LCC will provide funding for peer support recovery training to interested persons and professionals in the community. Newton County will have established a recovery community by Spring 2023.	<ol> <li>Provide initial funding to train a peer recovery support team in Newton County.</li> <li>Research and implement steps to establish a recovery community in Newton County.</li> </ol>

# V. Fund Document

The fund document allows the LCC to provide finances available to the coalition at the beginning of the year. The fund document gauges an LCC's fiscal wellness to empower their implementation of growth within their community. The fund document also ensures LCCs meet the statutory requirement of funding programs within the three categories of (1) Prevention/Education, (2) Treatment/Intervention, and (3) Criminal Justice Services and Activities (IC 5-2-11-5).

Funding Profile					
1	Amount deposited into the County DFC Fund from fees collected last year:			\$10,453.63	
2	Amount of unused funds from last year that will roll over into this year:			\$3,273.83	
3	Total funds available for programs and administrative costs for this year (Line 1 + Line 2):			\$13,727.46	
4	Amount of funds granted last year:			\$11,878.39	
Additional Funding Sources (if no money is received, please enter \$0.00)					
Α	Substance Abuse and Mental Health Services Administration (SAMHSA):			\$0.00	
B	Centers for Disease Control and Prevention (CDC):			\$0.00	
С	Bureau of Justice Administration (BJA):			\$0.00	
D	Office of National Drug Control Policy (ONDCP):			\$0.00	
E	Indiana State Department of Health (ISDH):			\$0.00	
F	Indiana Department of Education (DOE):			\$0.00	
G	Indiana Division of Mental Health and Addiction (DMHA):			\$0.00	
Η	Indiana Family and Social Services Administration (FSSA):			\$0.00	
Ι	Local entities:			\$0.00	
J	Other:			\$0.00	
Categorical Funding Allocations					
Prevention/Education: \$4,300.00		Intervention/Treatment: \$3,500.00	Justice Services: \$3,500.00		
Funding allotted to Administrative costs:					
Itemized list of what is being funded				Amount (\$100.00)	
Coordinator compensation \$0			\$0	1	
Office supplies/handouts for fair, summit, community events. \$2,427			\$2,427.46	,427.46	
Funding Allocations by Goal per Problem Statement:					
Pro	oblem Statement #1	Problem Statement #2	Problem	Statement #3	
Goal 1: \$2,800.00		Goal 1: \$1,500.00	Goal 1: \$2,000.00		
Go	al 2: \$1,500.00	Goal 2: \$1,500.00	Goal 2: \$1,000.00		