## The Indiana Commission to Combat Drug Abuse



Behavioral Health Division

## **Comprehensive Community Plan**

County: Morgan LCC Name: Morgan County Substance Abuse Council LCC Contact: Barbara Dinwiddie Address: 180 South Main Street City: Martinsville Phone: 765-342-1013 Email: barbara@morganprevention.org

County Commissioners: Kenny Hale, Bryan Collier, Don Adams Address: 180 South Main Street City: Martinsville Zip Code: 46151

### **Vision Statement**

What is your Local Coordinating Council's vision statement?

Our vision is a community where everyone has the knowledge to make informed decisions.

#### **Mission Statement**

What is your Local Coordinating Council's mission statement?

Our mission is to provide evidence-based prevention, education, and advocacy in Morgan County in the areas of substance misuse, human trafficking, suicide prevention, and mental wellness.

Membership List					
#	Name	Organization	Race	Gender	Category
1	Brent Worth	Morgan County Sheriff's Office	W	Μ	Law -Parent
2	Steve Brock	Retired- Private Business Owner	W	M	Education- Law- Health
3	Bobbi Paquin-Reese	Franciscan Health	W	F	Health
4	Mark Uebel	Indiana University	W	М	Education
5	Steve Sonnega	Prosecutors Office	W	М	Law
6	Virginia Brown	Dept Child Services	W	F	DCS- Parent
7	Kaleb Coryell	Home Bank	W	Μ	<b>Civic- Financial</b>
8	Bob Goodrum	WellSpring	W	М	Housing- Civic - Parent
9	Miranda Beauchamp	Morgan County Court Services	W	F	Courts- Probation- Parent
10	Cathy Gray	St. Thomas More	W	F	Faith- Health
11	Dennis Nail	Martinsville Police Dept	W	М	Law
12	Dave Rogers	Morgan County Jail	W	М	Law
13	Barbara Dinwiddie	Morgan County Substance Abuse Council	W	F	Education- Parent
14	Bridgett Morales	Morgan County Substance Abuse Council	Н	F	Parent- Trauma- Education- Foster Care
15					

LCC Meeting Schedule: Please provide the months the LCC meets throughout the year:

Our LCC meets every month on the 4th Tuesday of the month from 8:00 - 9:30 am. Our meetings are a hybrid of in-person and zoom so all members of the community as well as the coalition can attend safely.

### **II.** Community Needs Assessment

The first step in developing an effective substance use and misuse reduction plan is to assess your community. A community assessment tells you about your community's readiness to implement prevention, treatment, and justice-related programs to address substance use and misuse. An assessment also provides an overview of the risk and protective factors present in the community, helping your coalition plan more effectively.

#### **Community Profile**

County Name
Morgan
County Population
72,206 (2021)
Schools in the community
Mooresville Consolidated School District
Eminence Community School Corporation
Monroe-Gregg School District
Metropolitan School District of Martinsville
Nineveh-Hensley-Jackson United School Corporation (partially Morgan Co, mostly Johnson Co)
Mooresville Christian Academy
Tabernacle Christian School
Hammons School
Charles L. Smith Fine Arts Academy
Martinsville Central Education Center

Medical care providers in the community (hospitals, health care centers, medical centers/clinics, etc.)

CVS MinuteClinic

Walgreens Community Health Network Clinic

Franciscan Health primary and specialty care clinics

IU Health primary and specialty care clinics

Mental health care providers in the community (hospitals with psychiatric/behavioral health units, mental health clinics, private/public providers, etc.)

Centerstone

LPS Behavioral Health

IU Health Morgan

Franciscan Health Behavioral Health

Adult and Child- online

Advantage Counseling Services

Bowen Center 988 Crisis Team

**Recovery Works** 

Choices Coordinated Care

#### Service agencies/organizations

Morgan County Substance Abuse Council

WellSpring

Morgan County CASA Program

Churches in Mission

Morgan County YMCA

Morgan County Boys and Girls Club

Stability First

Morgan County Habitat for Humanity Desert Rose Martinsville Youth Development Center The Haven Youth Center Reformers Unanimous- in jail program Red Barn food and clothing pantry South Central Community Action Program Little Red Door Cancer Agency Morgan County Connect Groups of Indiana Department of Veterans Affairs Community Foundation of Morgan County Kendrick Foundation United Way of Central Indiana Youth First Veteran Services St. Vincent de Paul Society Peace Restored Habitat for Humanity Health Department Catholic Charities City Changers Local media outlets that reach the community WCBK (102.3 FM) WMYJ (94.1 FM) Mooresville Decatur Times- only part time and not printed in the county Porch Time

The Reporter Times- not printed in the county

#### What are the substances that are most problematic in your community?

Fentanyl

Methamphetamine

Polydrug

Heroin

Marijuana

Alcohol

Vaping- youth

Delta products

# List all substance use/misuse services/activities/programs presently taking place in the community

The Morgan County Substance Abuse Council offers youth programs to before and after school programs through the YMCA, Boys and Girls Club, The Haven Youth Center, The Martinsville Youth Development Center, Mooresville High School, Monrovia High School and WellSpring.

The Indiana Youth Institute in collaboration with the Morgan County Substance Abuse Council offers monthly trainings for youth workers on topics related to substance abuse, mental health, and various other related topics.

Stability First has a women's shelter (Magdalene House) who offer substance abuse treatment to women who are residing at their shelter. They plan to open a shelter for men in 2023/2024.

Wellspring is a homeless shelter that provides substance abuse counselling and testing to their residents.

The Martinsville Youth Development Center has a variety of prevention lessons they offer during the school year. They offer approximately 12 lessons over the course of the year. The program educates youth members that are in 5th-8th grade. The program material will focus heavily on vaping and e-cigarettes along with drugs, alcohol, drinking and driving, and peer pressure.

The Haven Youth Center provides the Character Counts program weekly to their students in after school care for grades 5-8. Activities teach youth experience and show how their character can help them prevent making poor choices regarding alcohol, drugs, and nicotine.

Reformers Unanimous (RU) is a faith-based addictions recovery program conducted in the Morgan County Jail.

Indiana Dream Team Ministry is an 18–36-month residential ministry focused on healing men that struggle with addiction and prison environments. Indiana Dream Team is an alternative sentencing opportunity for men.

Recovery Works (Pinnacle) Martinsville just opened. They will provide comprehensive inpatient and outpatient services for adults. They plan to provide educational, behavioral, and counseling programs as needed to promote the health and well-being of adults.

Churches in Mission provides the necessities for daily living to the people of Morgan County who struggle with the challenges of poverty. Many of these individuals are also affected by substance misuse concerns. Hope House provides education and resource programs to help clients and their families.

#### **Community Risk and Protective Factors**

Use the list of risk and protective factors to identify those present in your community. Identify the resources/assets and limitations/gaps that exist in your community related to each. The lists are not all-inclusive and others may apply.

<u>Risk Factors Examples:</u> trauma and toxic stressors; poverty violence; neighborhood characteristics; low neighborhood attachment; community disorganization; community norms and laws favorable toward drug use, firearms, and crime; availability of alcohol and other drugs; weak family relationships; family substance use; peer substance use; mental health problems; families moving frequently from home to home; limited prevention and recovery resources.

<u>Protective Factors Examples:</u> strong family relationships; neighborhood economic viability; low childhood stress; access to health care; access to mental health care; community-based interventions; restricted access to alcohol and other drugs including restrictive laws and excise taxes; safe, supportive, and connected neighborhoods; meaningful youth engagement opportunities; local policies and practices that support healthy norms and child-youth programs; positive connection to adults.<sup>1</sup>

Risk Factors	Resources/Assets	Limitations/Gaps
1.	1. Substance Abuse Council	1. Some individuals are not
Family and peer substance	offers trainings, conferences,	interested in learning
abuse:	and information to educate	information about
	youth and adults	substance abuse

<sup>&</sup>lt;sup>1</sup>Risk and protective factors extracted from IUPUI Center for Health Policy Community Conditions Favorable for Substance Use, April 2018.

Poverty, weak family relationships, frequent moving	2. Education programs about alcohol, marijuana, and vaping will be offered at schools, WellSpring (homeless and community center), MYDC and Boys and Girls Club (after school programs), Stability First (residential treatment locations)		Many individuals do not know the dangers of these drugs and feel they know all they need to know
2. Limited prevention and recovery services: No treatment for mental health issues, limited (just	<ol> <li>Some schools offer free counseling</li> <li>Pinnacle- Recovery Works built a new facility in</li> </ol>	1.	Morgan County does not have enough locations to serve everyone with mental health issues
opened) treatment for substance abuse	2022 for substance abuse treatment	2.	Morgan County does not have enough locations to serve everyone with
	3. Indianapolis and Bloomington are in neighboring counties and offer these services		substance abuse issues
	4. Stability First plans to open a new residential facility for men- to join the facility available for women		
<ul><li>3.</li><li>Availability of alcohol and other drugs:</li><li>Weak family relationships, Family substance use</li></ul>	1. Education programs about alcohol, marijuana, and vaping will be offered at schools, and after school programs	1.	Many parents and youth do not know the dangers of vaping and feel it is a "better" alternative to cigarettes
	2. Local youth will participate in creating awareness campaigns to share with community	2.	Some parents allow their children to drink alcohol as long as they are at home.
	3. Substance Abuse Council, WellSpring, and Churches in Mission will offer trainings, conferences, and	3.	Some parents use marijuana and see no harm in allowing their teens to use as well

	information to educate youth, adults and people who work directly with those struggling with addiction	
Protective Factors	Resources/Assets	Limitations/Gaps
1. Strong bond with organizations such as child- youth programs	1. Substance Abuse Council, YMCA, Boys and Girls Club, Haven Youth Center, Martinsville Youth Development Center, After school athletics and clubs, local churches, music and art programs, Boy Scouts, Girl Scouts, 4-H	1. Some families cannot afford after school programs even when offered sliding scale fee
2. Community based intervention	<ol> <li>Stability First, WellSpring, Reformers Unanimous, Desert Rose, Churches in Mission, Pinnacle Recovery Works, Indiana Dream Team, Youth First</li> </ol>	<ol> <li>Everyone is not willing to reach out for the help they need</li> </ol>
3. Increase of anti-drug polices and expanded police presence	1. The Sheriff's Dept. will purchase and train two additional Canine officers. Mooresville Police have started a canine program and plan to add additional canines to their department.	1. The Sheriff's Dept and the Mooresville Police only has so many officers and canine officers and they are stretched on their time

Now that you have completed a community assessment and have identified the risk and protective factors that exist, you can develop a plan of action. The Comprehensive Community Plan (CCP) is a systematic and community-driven gathering, analysis, and reporting of community-level indicators for the purpose of identifying and addressing local substance use problems.

Step 1: Create problem statements, and ensure problems statements are in line with statutory requirements

Step 2: Ensure your problem statements are evidence-informed, then prioritize

- Step 3: Brainstorm what can be done about each
- Step 4: Prioritize your list, and develop SMART goal statements for each
- Step 5: List the steps to achieve each goal

#### **Step 1: Create + Categorize Problem Statements**

Create problem statements as they relate to each of the identified risk factors.

Risk Factors	Problem Statement(s)
<ol> <li>Family and peer substance abuse: Poverty, weak family relationships, frequent moving</li> </ol>	1. Youth feel they can use alcohol, vape, and marijuana and even if they get caught, they will receive very little punishment from the criminal justice system, their parents or their school.
	2. Some youth have a difficult home life and face issues such as abusive family members or friends of family because of substance abuse.
	3. Some youth have very little family income and their family struggles to pay bills or feed and clothe everyone in household.
	4. Some youth move frequently. This may be due to low income, defaulting on bills, parent jobs, or resources.
2. Limited prevention and recovery services: No treatment for mental health issues, one very new treatment facility for substance abuse	1. Morgan County has a limited number of services for individuals seeking help with substance abuse and almost zero support for mental health issues.

3. Availability of alcohol and other drugs: Weak family relationships, Family substance use	<ol> <li>Many parents and youth do not know the dangers of vaping and marijuana and feel it is a "better" alternative to cigarettes or other drugs</li> </ol>
	2. Some parents use marijuana and see no harm in allowing their teens to use as well.
	3. Some parents allow their children to drink alcohol if they are at home.

#### **Step 2: Evidence-Informed Problem Statements**

Identify your top three problem statements using local or state data. Ensure that there is a problem statement for each co-equal funding category (e.g., prevention/education; intervention/treatment; and criminal justice services and activities).

Problem Statements	Data That Establishes Problem	Data Source
1. Prevention/Education Teens are not well educated on the risks of alcohol and other drugs	<ul> <li>The 2019 Youth Risk Behavior Survey found that among high school students, during the past 30 days</li> <li>29% drank alcohol</li> <li>14% binge drank</li> <li>5% of drivers drove after drinking alcohol</li> <li>17% rode with a driver who had been drinking alcohol</li> </ul>	Center for Disease Control
	One in 16 high school seniors use marijuana daily. Many high school students experiment with—or regularly use—a variety of other drugs, including heroin, cocaine, ecstasy, methamphetamine, hallucinogens, and prescription drugs. (NIDA)	National Institute on Drug Abuse

2. Intervention/Treatment Youth and Adults are unaware of local services to assist them	Even before the pandemic, demand for mental health and substance use services was increasing, especially for our nation's young people. The COVID-19 pandemic has only made the situation more challenging, subjecting many young Americans to social isolation, loss of routines, and traumatic grief. Epidemiological data now show alarming rates of behavioral health needs among school- age youth, with significant increases in the number experiencing moderate to severe anxiety and depression. Even more concerning, suicide remains the second leading cause of death among young people between the ages of 10 and 24. Mental health emergencies among young people have increased across the board. In 2020, there was a 24 percent increase in emergency room visits for mental health reasons for children ages 5 through 11, and a more than a 30 percent increase in visits for those between 12 and 17 years old. Unfortunately, a significant proportion of our nation's youth still lack access to affordable health care coverage.	White House
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	Treatment for mental illnesses usually consists of therapy, medication, or a combination of the two. Research shows that mental illnesses are common in the United States, affecting tens of millions of people each year. Estimates suggest that only half of people with mental illnesses receive treatment. (NIMH)	National Institute of Mental Health
	23.5 million Americans are addicted to alcohol and drugs, which is equal to one in every 10 Americans over the age of 12, but only 11 percent of those with an addiction receive treatment. (SAMHSA)	SAMSHA
3. Criminal Justice Services Individuals need to be made aware of the harmful complication's drugs can cause not only physically but how criminal ramifications can cause problems.	<ul> <li>44% of teens arrested for burglary attributed their crime to the need for money to buy drugs. (SAMSHA)</li> <li>1 out of 3 teens arrested for assault attributed their crime to being high or drunk. (SAMSHA)</li> <li>Adolescent substance use may result in many health- related problems, such as depression and abnormal</li> </ul>	SAMSHA National Institute of Health
	brain functioning. (NIH) Substance use is also one of the risk factors that contribute to adolescent suicidal behavior. (NIH)	

Problem Statements	What can be done (action)?
<ol> <li>Prevention/Education</li> <li>Teens (and their guardians) are not well educated on the risks of alcohol and other drugs</li> </ol>	1. Educate youth on health effects of substances to reduce use by conducting programs at the Martinsville Youth Center, The Haven Youth Center, The Boys and Girls Club, WellSpring, Stability First, YMCA, and Churches in Mission as well as through schools with direct programming from Substance Abuse Council and Youth First social workers.
	2. Educate youth on the law regarding underage drinking, smoking, vaping and illegal drug use by conducting programs at the Martinsville Youth Center, The Haven Youth Center, The Boys and Girls Club, WellSpring, Stability First, YMCA, and Churches in Mission as well as through schools with direct programming from Substance Abuse Council and Youth First social workers.
	3. Health and community fairs are resuming and increasing in the county. MCSAC will have booths to share referral information with the community. MCSAC has updated their website and social media and is sharing information with all organizations and individuals in the county.
<ul><li>2. Intervention/Treatment</li><li>Youth and Adults are unaware of local services to assist them</li></ul>	1. Make sure the community is aware of resources so youth and adults are aware of how to receive help by conducting programs at the Martinsville Youth Center, The Haven Youth Center, The Boys and Girls Club, WellSpring, Stability First, YMCA, and Churches in Mission as well as through schools with direct programming from Substance Abuse Council and Youth First social workers.

Consider the resources/assets and limitations/gaps that were identified for each risk factor, and list what actions can be taken for each identified problem statement.

	2. Health and community fairs are resuming and increasing in the county. MCSAC will have booths to share referral information with the community. MCSAC has updated their website and social media and is sharing information with all organizations and individuals in the county.
3. Criminal Justice Services Individuals need to be made aware of the harmful complication's drugs can cause not only physically but how criminal ramifications can cause problems.	1. Educate youth on the law regarding underage drinking, smoking, vaping and illegal drug use by conducting programs at Martinsville Youth Center, The Haven Youth Center, The Boys and Girls Club, WellSpring, Stability First, YMCA, and Churches in Mission as well as through schools with direct programming from Substance Abuse Council and Youth First social workers.
	2. Two Drug Interdiction Canine officers will be utilized by Morgan County Sheriff's Department to add/replace to their three active police dogs that are trained in Patrol, Narcotics Detection, and Tracking. The police dog will also assist in educational programs for youth and adults. The Mooresville Police Department are also adding Canine officers to their department.

#### **Step 4: Develop SMART Goal Statements**

For each problem statement, prioritize your list of what can be done. Choose your top two actions for each. Then, develop goal statements that demonstrate what change you hope to achieve and by when you hope to achieve it.

**Problem Statement #1** 

Goal 1

After school programs will work with youth to teach them the effects of substance use, with the intent to reduce misuse in youth. Monthly programs will be conducted at the Martinsville

Youth Center, WellSpring, The Haven Youth Center, YMCA, The Boys and Girls Club. This will be achieved by end of fiscal year.

#### Goal 2

Conduct substance misuse programs at WellSpring and Stability First, as well as through schools with Youth First social workers to increase knowledge and reduce misuse in the community. MCSAC will also conduct programming during the health classes of Mooresville High School and Martinsville High Schools. Monthly programming will occur with Mooresville Pioneer Academy for Student Success (alternative to suspension program). This will be achieved by end of fiscal year.

#### **Problem Statement #2**

#### Goal 1

MCSAC will provide free information and will be present at school fairs, health fairs and community events. We will give brochures to local food banks and churches on available services. MCSAC will also have informational booths available at both county libraries as well as the Mooresville Library. This will increase awareness of available services in the community. This will be achieved by end of fiscal year.

#### Goal 2

MCSAC will make sure referral resources are made available at the Martinsville Youth Center, The Haven Youth Center, The Boys and Girls Club, YMCA, WellSpring, Stability First, as well as the schools and libraries. This will be achieved by end of fiscal year.

#### **Problem Statement #3**

#### Goal 1

MCSAC will provide programs to educate youth and make them more aware of the dangers of underage drinking, smoking, vaping and illegal drug use. Schools and after school programs will educate youth on the laws governing substance abuse use. MCSAC will assist in finding guest speakers to help educate on specific requested topics by the schools and organizations. We will create and distribute educational videos to be shared with the community. This will be achieved by end of fiscal year.

#### Goal 2

Two Drug Interdiction Canine officers will be utilized by Morgan County Sheriff's Department to add/replace to their three active police dogs that are trained in Patrol, Narcotics Detection, and Tracking. The Canine will also assist in educational programs for youth and adults. The Mooresville Police Department are also adding Canine officers to their department. This will be achieved by end of fiscal year.

#### **Step 5: Plans to Achieve Goals**

For each goal, list the steps required to achieve each

**Problem Statement #1** 

Goal 1 After school programs will work with youth to teach them the effects of substance abuse use, which will reduce use. Programs will be conducted at the Martinsville Youth Center, The Haven Youth Center, YMCA, WellSpring and The Boys and Girls Club. Goal 2 Referral resources will be made available at the Martinsville Youth Center, The Haven Youth Center, The Boys and Girls Club, WellSpring, and Stability First as well as the schools.	<ol> <li>MCSAC will reach out to organizations to create needs and schedule</li> <li>MCSAC will provide them with curriculum and guest speakers</li> <li>MCSAC will reach out to organizations to determine needs and quantity of information they need</li> <li>Materials will be ordered and dates scheduled</li> <li>MCSAC will provide them with curriculum and guest speakers</li> </ol>
Problem Statement #2	Steps
Goal 1 MCSAC will provide free information and will be present at school fairs, health fairs and community events. We will give brochures to local food banks and churches on available services. MCSAC will also have informational booths available at both county libraries as well as the Mooresville Library. This will increase awareness of available services in the community. This will increase awareness of available services in the community. Goal 2 Referral resources will be made available at the Martinsville Youth Center, The Haven Youth Center, The Boys and Girls Club, WellSpring and Stability First, as well as the schools.	<ol> <li>Create a list of school events, health fairs and community events</li> <li>Create brochures and educational information to distribute</li> <li>Attend events and distribute information</li> <li>MCSAC will reach out to organizations to determine needs and quantity of information they need</li> <li>Create brochures and educational information to distribute</li> </ol>
Problem Statement #3	Steps
Goal 1 MCSAC will provide programs to educate youth and make them more aware of the dangers of underage drinking, smoking, vaping and illegal drug use. Schools and after school programs will educate youth on the laws governing substance abuse use. We will provide guest speakers to help the schools and organizations. We will create and	<ol> <li>MCSAC will reach out to organizations to determine needs and schedule</li> <li>Curriculum will be ordered and dates scheduled</li> <li>MCSAC will provide them with</li> </ol>
distribute educational videos to be shared with the community.	curriculum and guest speakers

Schools and after school programs will educate youth on the laws governing substance abuse use. We will provide guest speakers to help the schools and organizations. We will create and distribute educational videos to be shared with the community.	
Goal 2	1. MCSAC will reach out to
Two Drug Interdiction Canine officers will be	organizations to determine schedule of
utilized by Morgan County Sheriff's Department	events where we may participate
to add/replace to their three active police dogs that	
are trained in Patrol, Narcotics Detection, and	2. Brochures and educational information
Tracking. The police dog will also assist in	will be ordered and dates scheduled
educational programs for youth and adults. The	
Mooresville Police Department are also adding	3. MCSAC will provide them with guest
Canine officers to their department. This will be	speakers and information. The Canine
achieved by end of fiscal year.	Unit and officer will attend events to
	help educate.

#### **IV. Fund Document**

The fund document allows the LCC to provide finances available to the coalition at the beginning of the year. The fund document gauges an LCC's fiscal wellness to empower their implementation of growth within their community. The fund document also ensures LCCs meet the statutory requirement of funding programs within the three categories of (1) Prevention/Education, (2) Treatment/Intervention, and (3) Criminal Justice Services and Activities (IC 5-2-11-5).

Funding Profile				
1	Amount deposited into the County DFC Fund from fees collected last year:	\$42,094.77		
2	Amount of unused funds from last year that will roll over into this year:	\$10.10		
3	Total funds available for programs and administrative costs for this year (Line 1 + Line 2):	\$42,104.87		
4	Amount of funds granted last year:	\$47,121.68		
Additional Funding Sources (if no money is received, please enter \$0.00)				
Α	Substance Abuse and Mental Health Services Administration (SAMHSA):	\$750.00		
B	Centers for Disease Control and Prevention (CDC):	\$0.00		
С	Bureau of Justice Administration (BJA):	\$0.00		
D	Office of National Drug Control Policy (ONDCP):	\$0.00		
Ε	Indiana State Department of Health (ISDH):	\$15,000.00		
F	Indiana Department of Education (DOE):	\$0.00		
G	Indiana Division of Mental Health and Addiction (DMHA):	\$103,000.00		
Η	Indiana Family and Social Services Administration (FSSA):	\$0.00		

Ι	Local entities:			\$0.00			
J	Other:			\$10,000.00			
Categorical Funding Allocations							
Prevention/Education: Intervention/Treatment:		Justice Services:					
\$10	\$10,523.69 \$10,523.69		\$10,523.69				
	nding allotted to Administrative	costs:					
Itemized list of what is being funded		Amount (\$100.00)					
Coordinator compensation		\$10,523.69					
Office supplies		\$					
Funding allotted by Goal per Problem Statement:							
Pr	oblem Statement #1	Problem Statement #2	Problem Statement #3				
То	tal: \$10,523.69	Total: \$10,523.69	Total: \$10,523.69				
	al 1: \$5261.84 al 2: \$5261.84	Goal 1: \$5261.84 Goal 2: \$5261.84	Goal 1: \$5261.84 Goal 2: \$5261.84				