

The Indiana Commission to Combat Drug Abuse



Behavioral Health Division

Comprehensive Community Plan

County: Knox

LCC Name: Knox County Cares

LCC Contact: Laura Jimenez

Address: 105 Broadway Street

City: Vincennes

Phone: 812-790-2599

Email: ljimenez@cfsindiana.org

County Commissioners: Kelly Streeter, Trent Hinkle, T.J. Brink

Address: 111 N. 7th Street #3

City: Vincennes

Zip Code: 47591

Vision Statement

What is your Local Coordinating Council's vision statement?

Knox County Cares inspires a community free of drug and alcohol abuse.

Mission Statement

What is your Local Coordinating Council's mission statement?

Knox County Cares is a cooperative county-wide effort to reduce the misuse of alcohol, tobacco, and other drugs: to implement a comprehensive plan of prevention, intervention, education, and justice for all persons of the county: to coordinate efforts to combat their effectiveness.

Membership List					
#	Name	Organization	Race	Gender	Category
1	Joseph Williams	Superior Court II	White	Male	Treatment/Justice
2	Sara Higgs	Knox Co. Alcohol & Drug Program	White	Female	Treatment/Justice
3	McKenzie Young	CFS, Corp.	White	Female	Prevention
4	Bill Gadberry	Indiana State Police	White	Male	Justice
5	Major James Wehrman	Knox Co. Sheriff's Office	White	Male	Justice
6	Jennifer Andrews	VU Counseling	White	Female	Treatment/Prevention
7	Marsha Bishop	LAM	White	Female	Treatment
8	Denise Swink	Knox Co. CASA	White	Female	Prevention
9	Tina Hidde	Vincennes School Corp.	White	Female	Prevention
10	Dawn Elkins	North Knox School Corp.	White	Female	Prevention
11	Chief Jon Hillenbrand	Vincennes PD	White	Male	Justice
12	Matt Toothman	South Knox School Corp.	White	Male	Prevention
13	Liz Meeks	Grasshopper Group	White	Female	Prevention/Treatment
14	Christina Payne	LIFT Team	Pacific Islander	Female	Treatment
15	Erica Bloebaum	Hope's Voice	White	Female	Prevention
16	Amy Moore	CFS, Corp.	White	Female	Prevention
17	Mark Storms	Courage House	White	Male	Treatment
18	Haviland Cardinal	Building Blocks	White	Female	Prevention
19	Dirk Carnahan	Knox Co. Prosecutor	White	Male	Prevention
20	Laura Jimenez	LIFT Team	White	Female	Treatment
21	Kenna Dillon	Knox County Drug Court	White	Female	Treatment
22	Joe Branson	NOW Counseling	White	Male	Prevention/Treatment
23	Annie Burton	New Beginnings	White	Female	Treatment
24	Jeanne Porter	Family Recovery Court	White	Female	Treatment/Justice
25	Tiffany Muranaka	Knox County Community Learning Kitchen	White	Female	Prevention
26	Loren Myers	VUPD	White	Male	Justice
27	Cindy Granger	FHC	White	Female	Prevention/Treatment
28	Anita Hess	Columbus Organization	White	Female	Prevention/Treatment
29	Michael Catt	KCHD	White	Male	Prevention
30	Troy Pickel	First City Sunrise	White	Male	Prevention/Treatment

LCC Meeting Schedule:

Please provide the months the LCC meets throughout the year:

January – June, August – December

First Wednesday of Every Month at Noon

Community Needs Assessment: Results

The first step in developing an effective substance use and misuse reduction plan is to assess your community. A community assessment tells you about your community's readiness to implement prevention, treatment, and justice-related programs to address substance use and misuse. An assessment also provides an overview of the risk and protective factors present in the community, helping your coalition plan more effectively.

Community Profile

County Name

Knox

County Population

36,070 (U.S. Census Bureau 2024)

Schools in the community

Vincennes Community School Corporation

North Knox School Corporation

South Knox School Corporation

Vincennes Catholic Schools

Vincennes University

Washington Learning Academy

Medical care providers in the community (hospitals, health care centers, medical centers/clinics, etc.)

Good Samaritan Hospital

VA Clinic

Family Health Center (Federally Qualified Health Center)

PACE Health Connection

WIN Recovery

Vincennes University Clinic

Fast Pace Health Clinic

Good Samaritan Convenient Care Clinic

Mental health care providers in the community (hospitals with psychiatric/behavioral health units, mental health clinics, private/public providers, etc.)

LaSalle Behavioral Health - GSH

Vincennes University Counseling

Raintree

Moxie Counseling

Grasshopper Group – CFS, Corp

Family Health Center

Touchstone Therapy

<p>Service agencies/organizations</p> <p>Hoosier Uplands</p> <p>LAM</p> <p>United Way of Knox County</p> <p>PACE</p> <p>CFS, Corp.</p> <p>Rotary</p> <p>Kiwanis</p> <p>Knox County Chamber of Commerce</p> <p>Family Health Center</p> <p>Vincennes Teen Center</p>
<p>Local media outlets that reach the community</p> <p>WVUB</p> <p>Vincennes Sun Commercial</p> <p>WZDM</p> <p>TOC Direct Media</p> <p>WAKO</p>
<p>What are the substances that are most problematic in your community?</p> <p>Methamphetamine</p> <p>Opioids</p> <p>Fentanyl</p> <p>Prescription drugs</p> <p>Alcohol</p> <p>Tobacco/Vaping/Nicotine Devices</p>
<p>List all substance use/misuse services/activities/programs presently taking place in the community</p> <p>Life After Meth (LAM)</p> <p>NaloxBox locations throughout the county</p> <p>Celebrate Recovery</p> <p>Knox County Drug Court</p> <p>Knox County Alcohol and Drug Program</p> <p>AA/NA</p> <p>Addiction Solutions</p> <p>ACCM</p> <p>WIN Recovery</p> <p>GROUPS</p> <p>New Beginnings</p> <p>The Margaret Compton Recovery Hub</p> <p>PHP – Family Health Center</p> <p>Grasshopper Group – IOT and Medication Management</p> <p>LIFT Team</p> <p>Family Recovery Court</p> <p>Green Door Center – Family Health Center</p> <p>Courage House</p>

Community Risk and Protective Factors

Use the list of risk and protective factors to identify those present in your community. Identify the resources/assets and limitations/gaps that exist in your community related to each. The lists are not all-inclusive, and others may apply.

Risk Factors Examples: trauma and toxic stressors; poverty violence; neighborhood characteristics; low neighborhood attachment; community disorganization; community norms and laws favorable toward drug use, firearms, and crime; availability of alcohol and other drugs; weak family relationships; family substance use; peer substance use; mental health problems; families moving frequently from home to home; limited prevention and recovery resources.

Protective Factors Examples: strong family relationships; neighborhood economic viability; low childhood stress; access to health care; access to mental health care; community-based interventions; restricted access to alcohol and other drugs including restrictive laws and excise taxes; safe, supportive, and connected neighborhoods; meaningful youth engagement opportunities; local policies and practices that support healthy norms and child-youth programs; positive connection to adults.¹

Risk Factors	Resources/Assets	Limitations/Gaps
1. Alcohol, tobacco, and other drugs (ATOD) are readily available for youth consumption.	<ul style="list-style-type: none"> • Law enforcement agencies • Educational prevention campaigns and events • Drug take-back events and disposal boxes stationed throughout the community. 	<ul style="list-style-type: none"> • Lack of safe spaces for youth to gather/socialize. • General acceptance of youth using substances such as nicotine, vaping, alcohol, and marijuana • Low perception of harm
2. Untreated mental health issues co-related with substance misuse	<ul style="list-style-type: none"> • FHC integration with Samaritan Center • School Social Workers • New mental health treatment spaces • Peer Recovery Specialist Programs 	<ul style="list-style-type: none"> • Lack of data collection • Lack of funding for justice and treatment programs • Staff shortages across the county
3. Intergenerational substance misuse	<ul style="list-style-type: none"> • Prevention programming (Early Head Start, Strengthening Families Program, etc) • Low unemployment within the community • Faith based communities. 	<ul style="list-style-type: none"> • Poverty • Limited education/awareness • Limited involvement with treatment providers • Limited community involvement

¹Risk and protective factors extracted from IUPUI Center for Health Policy Community Conditions Favorable for

		<ul style="list-style-type: none"> • Lack of Childcare
Protective Factors	Resources/Assets	Limitations/Gaps
1. Cooperation between service providers and justice entities	<ul style="list-style-type: none"> • Drug Court /Recovery Supports • ATOD Coalitions and KCC • Faith-based organizations 	<ul style="list-style-type: none"> • Lack of data collection • Funding for justice and treatment programs • Staff shortages across the county
2. Strong community coalition work	<ul style="list-style-type: none"> • Diversity amongst coalition participants and agencies • Significant participation within the coalition • Support of community-based events and activities 	<ul style="list-style-type: none"> • Same/repeat members involved. • Uninvolved community entity participation • No youth representation or participation
3. Community events and activities	<ul style="list-style-type: none"> • Several free community events. • Many civic organizations • Vincennes Teen Center • Large faith-based community • Margaret Compton Recovery Hub 	<ul style="list-style-type: none"> • Transportation barriers persist in a largely rural county. • Limited participation ability with activities due to poverty or employment conflicts • Limited engagement of high-risk populations • Lack of childcare

Making A Community Action Plan

Now that you have completed a community assessment and have identified the risk and protective factors that exist, you can develop a plan of action. The Comprehensive Community Plan (CCP) is a systematic and community-driven gathering, analysis, and reporting of community-level indicators for the purpose of identifying and addressing local substance use problems.

Step 1: Create problem statements, and ensure problems statements are in line with statutory requirements

Step 2: Ensure your problem statements are evidence-informed, then prioritize

Step 3: Brainstorm what can be done about each

Step 4: Prioritize your list, and develop SMART goal statements for each

Step 5: List the steps to achieve each goal

Step 1: Create + Categorize Problem Statements

Create problem statements as they relate to each of the identified risk factors.

Risk Factors	Problem Statement(s)
1. Alcohol, nicotine, and other substances are readily available for youth and adults in the community.	<ul style="list-style-type: none">• There is ready access to ATOD by youth in the county.• The county lacks widespread prevention and education programs to raise awareness about the risks of ATOD and promote healthy behaviors targeted at youth and adults.
2. Substance misuse affects the mental health and quality of life for adults in the county.	<ul style="list-style-type: none">• Lack of knowledge in regard to accessing behavioral health services.• Limited public transportation in a rural county impedes access to treatment services.• Lack of behavioral health providers in the county exacerbates issues related to substance use disorder and other mental health concerns.
3. Extensive intergenerational substance use	<ul style="list-style-type: none">• Low educational attainment is identified as a risk factor for substance misuse.• At-risk populations living in the county exhibit high rates of substance misuse.• Lack of programs that foster healthy family relationships.

Step 2: Evidence-Informed Problem Statements

Identify your top three problem statements using local or state data. Ensure that there is a problem statement for each co-equal funding category (e.g., prevention/education; intervention/treatment; and criminal justice services and activities).

Problem Statements	Data That Establishes Problem	Data Source
<p>1. Youth and adults have high rates of social access to ATOD.</p>	<ul style="list-style-type: none"> Adults in Knox County are above the state average in the following substance use related health behaviors: adult smoking and alcohol-impaired deaths. Knox County is just under the state average at 16% for excessive drinking. (2024 County Health Rankings, Knox County) The average age of first use of any substances in Knox County is age 12 	<ul style="list-style-type: none"> Indiana Youth Survey, 2022 Knox County Indiana Robert Johnson County Health Rankings and Roadmaps 2024
<p>2. Individuals in Knox County need increased access to social and financial support to remove barriers in treatment and recovery.</p>	<ul style="list-style-type: none"> Knox County has been identified by the Indiana Office of Community and Rural Affairs (OCRA) as a rural opportunity zone. (OCRA, 2024) Knox County currently has a prescribing rate of 840.6 prescriptions per 1,000 residents for opioid in 2023 (Indiana Next Level Recovery data hub) Youth in Knox County are significantly disadvantaged compared to other parts of the state, as data reflects that 18% of children in Knox County, under the age of 18, live in poverty. (2023 County Health Rankings, Knox County) 	<ul style="list-style-type: none"> Indiana State Next Level Recovery Data. County Specific; 2023 Knox County Indiana Robert Johnson County Health Rankings and Roadmaps 2023 OCRA: Opportunity Zones (in.gov)

	<ul style="list-style-type: none"> Youth in Knox County are significantly disadvantaged compared to other parts of the state, as data reflects that 46% of students qualify for free or reduced lunch, which is higher than the state percentage. 	
3. Multiple barriers that inhibit access to prevention, treatment, and recovery services.	<ul style="list-style-type: none"> 460:1 mental health clinician to client ratio in Knox County. (2023 County Health Rankings, Knox County) 30% of Knox County students report hopeless, depressed, and mentally distressed. (INYS, 2022) The overall poverty rate for Knox County is 14.6 % for the entire county population. 	<ul style="list-style-type: none"> Knox County Indiana Robert Johnson County Health Rankings and Roadmaps 2023 Indiana Youth Survey 2022 STATS INDIANA Knox County, 2024

Step 3: Brainstorm

Consider the resources/assets and limitations/gaps that were identified for each risk factor, and list what actions can be taken for each identified problem statement.

Problem Statements	What can be done (action)?
1. Youth and adults have high rates of social access to ATOD.	<ol style="list-style-type: none"> 1. Fund equipment, materials, supplies, and training to aid in all three funding categories when combatting the use of mood-altering substances. 2. Support programs in all county schools and educational facilities with prevention campaigns and educational programs. 3. Support availability of substance use treatment and intervention services addressing substance use. This could

	include training, counseling services, program supplies, after-care services, and activities that assist those in recovery.
2. Individuals in Knox County need increased access to social and financial support to remove barriers in treatment and recovery.	<ol style="list-style-type: none"> 1. Support availability of substance use treatment and intervention services. This could include training, counseling services, program supplies, and after-care services. 2. Support individuals in recovery. Providing incentives to maintain recovery including hosting events to increase social support and/or assisting with relief of financial barriers.
3. Multiple barriers exist that inhibit access to prevention and treatment recovery services.	<ol style="list-style-type: none"> 1. Support availability of substance use treatment and intervention services. This could include training, counseling services, program supplies, and after care services. 2. Funding more activities for certified peer recovery coaches in the county

Step 4: Develop SMART Goal Statements

For each problem statement, prioritize your list of what can be done. Choose your top two actions for each. Then, develop goal statements that demonstrate what change you hope to achieve and by when you hope to achieve it.

Problem Statement #1
Goal 1: The KCC will reduce substance misuse for youth and adults, as measured by a decrease of at least 1% of substance misuse related health behaviors in the INYS 2024 and 2024 County Health Rankings Knox County. If a reduction of 1% is not achieved by the next fiscal year, the goal will be reevaluated.
Goal 2: The KCC will fund at least two requests that promote awareness of substance misuse within the community and/or support prevention education within the schools. If the goal is not achieved by the next fiscal year, the goal will be reevaluated.
Problem Statement #2
Goal 1: The KCC will support at least two community events to promote and increase awareness of services available by the end of next fiscal year. If the goal is not achieved by the next fiscal year, the goal will be reevaluated.

Goal 2: The KCC will fund at least two requests that support individuals in recovery to increase social support and/or assist with relief of financial barriers. If the goal is not achieved by the next fiscal year, the goal will be reevaluated.

Problem Statement #3

Goal 1: The KCC will fund at least one project that aids in raising awareness of available services locally and statewide. The KCC will also participate in the project, if applicable. If the goal is not achieved by the next fiscal year, the goal will be reevaluated.

Goal 2: The KCC will fund at least two initiatives whose goal is to remove barriers to SUD treatment, boost prevention, and aid in recovery and justice efforts. If the goal is not achieved by the next fiscal year, the goal will be reevaluated.

Step 5: Plans to Achieve Goals

For each goal, list the steps required to achieve each

Problem Statement #1	Steps
<p>Goal 1:</p> <p>The KCC will reduce substance misuse for youth and adults, as measured by a decrease of at least 1% of substance misuse related health behaviors in the INYS 2024 and 2024 County Health Rankings Knox County. If a reduction of 1% is not achieved by the next fiscal year, the goal will be reevaluated.</p>	<ul style="list-style-type: none"> • Prevention – Fund prevention and education programs focused on reducing youth/adults’ substance use. Support education and programming efforts relating to ATOD and related risk factors. • Treatment – Support the provision of treatment assessments and counseling services for youth/adults engaging in substance misuse. • Justice – Support Justice and Law Enforcement activities that reduce access to youth/adults’ substance use.
<p>Goal 2:</p> <p>The KCC will fund at least two requests that promote awareness of substance misuse within the community and/or support prevention education within the schools. If the goal is not achieved by the next fiscal year, the goal will be reevaluated.</p>	<ul style="list-style-type: none"> • Prevention – Support educational programming that increases awareness of nicotine, alcohol, and other substance misuse. Support prevention efforts that relate to reduction of social access and harm. • Treatment – Support the

	<p>provision of tobacco cessation and other SUD treatment.</p> <ul style="list-style-type: none"> Justice – Support justice and law enforcement activities that identify and intervene with substance misuse.
Problem Statement #2	Steps
<p>Goal 1 The KCC will support at least two community events to promote and increase awareness of services available by the end of next fiscal year. If the goal is not achieved by the next fiscal year, the goal will be reevaluated.</p>	<ul style="list-style-type: none"> Prevention - Increase presence in the community to spread awareness and grow membership. Treatment - Active engagement and support of community partners. Justice – Support justice and law enforcement activities that identify and intervene with youth and adults who have SUD.
<p>Goal 2: The KCC will fund at least two requests that support individuals in recovery to increase social support and/or assist with relief of financial barriers. If the goal is not achieved by the next fiscal year, the goal will be reevaluated.</p>	<ul style="list-style-type: none"> Prevention - Invest in training, activities, and/or programming that reduce the use of ATOD. Treatment - Support programming that increases awareness of ATOD in the community. Justice - Support programming or trainings that aim to improve overall well-being (consistent with SAMHSA’s Eight Dimensions of Wellness)
Problem Statement #3	Steps
<p>Goal1: The KCC will fund at least one project that aids in raising awareness of available services locally and statewide. The KCC will also participate in the project, if applicable. If the goal is not achieved by the next fiscal year, the goal will be reevaluated.</p>	<ul style="list-style-type: none"> Prevention - Increase awareness of prevention and treatment services. Treatment – Support organizations and spaces whose focus is prevention of and treatment for substance misuse. Justice – Support justice and law enforcement activities that identify and intervene with youth and adults who have SUD.

<p>Goal 2:</p> <p>The KCC will fund at least two initiatives whose goal is to remove barriers to SUD treatment, boost prevention, and aid in recovery and justice efforts. If the goal is not achieved by the next fiscal year, the goal will be reevaluated. ^(OBJ)</p>	<ul style="list-style-type: none"> • Prevention - Consult with community partners to identify unknown barriers to prevention and treatment in the community. • Treatment - Support initiatives that assist in removing barriers relating to ATOD. • Justice - Support justice and law enforcement activities that identify and intervene with youth and adults who have SUD.

Fund Document

The fund document allows the LCC to provide finances available to the coalition at the beginning of the year. The fund document gauges an LCC's fiscal wellness to empower their implementation of growth within their community. The fund document also ensures LCCs meet the statutory requirement of funding programs within the three categories of (1) Prevention/Education, (2) Treatment/Intervention, and (3) Criminal Justice Services and Activities (IC 5-2-11-5).

Funding Profile

Amount of funds deposited into the County Drug Free Community Fund from fees collected last year (\$100.00): \$36,110
Amount of unused funds that rolled over from the previous year (\$100.00): \$64,897.53
Total funds available for programs and administrative costs for the upcoming year (\$100.00): \$120,014.97
Amount of funds granted the year prior (\$100.00): \$64,312.27
How much money is received from the following entities (if no money is received, please enter \$0.00):
Substance Abuse and Mental Health Services Administration (SAMHSA): \$0.00
Bureau of Justice Administration (BJA): \$0.00
Office of National Drug Control Policy (ONDCP): \$0.00
Indiana State Department of Health (ISDH): \$0.00
Indiana Department of Education (DOE):\$0.00
Indiana Division of Mental Health and Addiction (DMHA): \$0.00
Indiana Family and Social Services Administration (FSSA): \$0.00
Local entities:
Other:

Funding allotted to prevention/education; intervention/treatment; and criminal justice services and activities (\$100.00):		
Prevention/Education: \$12,000.00	Intervention/Treatment: \$12,000.00	Justice: \$12,000.00
Funding allotted to Administrative costs:		
<i>Itemized list of what is being funded</i>		<i>Amount (\$100.00)</i>
Administrative Fee for Entity Administering Fund		\$8,000.00
Funds for Administrative Needs		\$4,000.00
Funding allotted by Goal per Problem Statement:		
Problem Statement #1	Problem Statement #2	Problem Statement #3
Goal 1: \$6,000.00	Goal 1: \$6,000.00	Goal 1: \$6,000.00
Goal 2: \$6,000.00	Goal 2: \$6,000.00	Goal 2: \$6,000.00

The Knox County Cares (KCC) Local Coordinating Council (LCC) acknowledges a balance of \$120,014.97 in available funds. However, the requested allocation of \$48,000 for the year 2025 reflects the amount that has been requested consistently in previous years within Knox County. The KCC, in collaboration with the Knox County Auditor's office, has an established understanding that any additional fund requests, if approved unanimously by the KCC board members, will be considered and awarded outside of the pre-designated allocation.