# The Indiana Commission to Combat Drug Abuse



### Behavioral Health Division

# **Comprehensive Community Plan**

County: Johnson

LCC Name: Drug Free Johnson County

LCC Contact: Michelle McMahon

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City: Franklin

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County Commissioners: Brian Baird, Kevin Walls, Ron West

Address: 86 W. Court Street

City: Franklin

Zip Code: 46131

## **Vision Statement**

We envision a healthy community with cohesive relationships between stakeholders to decrease substance use related problems.

## **Mission Statement**

Drug Free Johnson County (DFJC) is a volunteer organization dedicated to serving as a catalyst for preventing, treating, and reducing the negative effects of substance abuse by youth and adults in Johnson County.

Me	Membership List					
#	Name	Organization	Race	Gender	Category	
1	Sonya Ware- Meguair	Girls Inc of Johnson County	Caucasion	Female	Prevention/Education	
2	Kendee Kolp	Reach For Youth	Caucasion	Female	Treatment/Intervention	
3	Tammi Hickman	Johnson County CASA	Caucasion	Female	Youth Services	
4	Aaron Hagist	Greenwood PD	Caucasion	Male	Justice/Law Enforcement	
5	Dawn LaPlante	Upstream Prevention	Caucasion	Female	Prevention/Education	
6	Ross Stackhouse	HeavenEarth Church	Caucasion	Male	Religious; Treatment/Intervention	
7	<b>Dustin Burton</b>	Greenwood Probation	Caucasion	Male	Justice/Law Enforcement	
8	Keri Lyn Powers	Hickory Recovery	Caucasion	Female	Treatment/Intervention	
9	Susan Sahm	Boys & Girls Club of Johnson County	Caucasion	Female	Prevention/Education	
10	Michele Lee	Turning Point Domestic Violence Services	Caucasion	Female	Prevention/Education; Treatment/Intervention	
11	Tina Snider	Tara Treatment Center	Caucasion	Female	Treatment/Intervention	
12	Kody Martin	Franklin PD	Caucasion	Male	Justice/Law Enforcement	
13	Katie Krukemeier	Johnson County	Caucasion	Female	Treatment/Intervention	

		Juvenile			
		Probation			
14	Aubrey	<b>Boys &amp; Girls</b>	Caucasion	Female	Prevention/Education
	Buchanan	Club of			
		Johnson			
		County			
15	Talia Adkins	Whiteland	Caucausion	Female	Justice/Law
		Police			Enforcement
		Department			
16	Janna Mallay	George JR	Caucasion	Female	Treatment/Intervention
		Republic in			
		Indiana			

### **LCC Meeting Schedule:**

Please provide the months the LCC meets throughout the year: January, February, March, April, June, August, September, October, November, December

### II. Community Needs Assessment

The first step in developing an effective substance use and misuse reduction plan is to assess your community. A community assessment tells you about your community's readiness to implement prevention, treatment, and justice-related programs to address substance use and misuse. An assessment also provides an overview of the risk and protective factors present in the community, helping your coalition plan more effectively.

### **Community Profile**

County Name: Johnson

County Population: 164,298 (US Census Bureau, 2021)

**Schools in the community**: Center Grove Community School Corp., Clark-Pleasant School Corp., Edinburgh Community School Corp., Franklin Community School Corp., Greenwood Community School Corp., Nineveh-Hensley Jackson School Corp., Our Lady of Greenwood, St. Rose of Lima, Greenwood Christian Academy, St. Francis & Claire

Medical care providers in the community (hospitals, health care centers, medical centers/clinics, etc.):

Johnson Memorial Health, Community Health Network South Hospital, Windrose, Franciscan Alliance, St. Thomas Health Clinic, American Health Network, Adult & Child

# Mental health care providers in the community (hospitals with psychiatric/behavioral health units, mental health clinics, private/public providers, etc.)

Adult & Child, Centerstone, Reach for Youth, Assist, George Jr. Republic, Valle Vista, School Counselors, New Outlook Counseling, Kenosis Counseling, Jane Pauley Center, Tara Treatment (substance use), Groups Recover Together, Otis T. Bowen Center, Mental Health America of Indiana, Landmark Recovery (substance use), Hickory Recovery (substance use), Ethan Crossing of Indianapolis, and other Local Private Practices

### Service agencies/organizations

Upstream Prevention (including Empower Johnson County), Reach For Youth, Girls Inc. of Johnson County, Boys and Girls Clubs of Johnson County, United Way of Johnson County, Johnson County Community Foundation, Systems of Care, Turning Point Domestic Violence Services, Recover Out Loud, Firefly Children & Family Alliance, and others

#### Local media outlets that reach the community

Daily Journal, KORN County Radio, Indy Star, Southside Times, South Magazine, Center Grove Icon Magazine, The Courier Newspaper, Social Media, Franklin College Newspaper

### What are the substances that are most problematic in your community?

Heroin/Opiates, Marijuana, Methamphetamine, Alcohol, Nicotine, Cocaine, Prescription Drugs, Synthetics, Acid, Psilocybin Mushrooms

# List all substance use/misuse services/activities/programs presently taking place in the community

Above providers, plus school-based activities and programs. Homeschool Educators Group, Recovery Church: HeavenEarth Church, Reformers Unanimous Meetings: Greenwood Bible Baptist Church, Cornerstone Church/The Lord's Locker, Fellowship Baptist Church, Celebrate Recovery Meetings: Grace Assembly of God and Emmanuel Church of Greenwood Campus Fieldhouse, 12-Step: Grace United Methodist Franklin, Overdose Fatality Review Team, Naloxbox, and Recover Out Loud, Tara Treatment IOP

#### **Community Risk and Protective Factors**

Use the list of risk and protective factors to identify those present in your community. Identify the resources/assets and limitations/gaps that exist in your community related to each. The lists are not all-inclusive and others may apply.

<u>Risk Factors Examples:</u> trauma and toxic stressors; poverty violence; neighborhood characteristics; low neighborhood attachment; community disorganization; community norms and laws favorable toward drug use, firearms, and crime; availability of alcohol and other drugs; weak family relationships; family

substance use; peer substance use; mental health problems; families moving frequently from home to home; limited prevention and recovery resources.

<u>Protective Factors Examples:</u> strong family relationships; neighborhood economic viability; low childhood stress; access to health care; access to mental health care; community-based interventions; restricted access to alcohol and other drugs including restrictive laws and excise taxes; safe, supportive, and connected neighborhoods; meaningful youth engagement opportunities; local policies and practices that support healthy norms and child-youth programs; positive connection to adults.<sup>1</sup>

Risk Factors	Resources/Assets	Limitations/Gaps
1. Acceptable community	1. Community organizations	1. Trained doctors/others aware
norms of substance use	that address use (DFJC, Empower, etc.)	of prevention approaches
		2. Employers need workers, and
	2. Schools promoting non-use messaging	may/have relaxed screenings
		3. Lack of ability for law
	3. Data availability on community and youth perception	enforcement to consistently enforce alcohol violations
2. Low perception of harm of substance use	1. Community organizations that address use (DFJC, Empower, etc.)	1. Lack of prevention/awareness programs for adults related to adult misuse/abuse
	2. School resource officers interested in supporting prevention efforts	2. Lack of reach to those who dabble, but are not yet addicted
	3. Data availability on	3. Lack of factual information sharing
	community and youth perception	
3. Mental health challenges (self-medication/coping)	1. Intensive outpatient counseling for youth	1. Have mental health counseling resources in the County, but a
	2. 12 Step meetings	large deficit in provider to population ratio
	3. Residential and outpatient treatment	2. No juvenile/youth NA meetings
	4. Suicide Prevention Coalition of Johnson County	3. Not enough trauma-informed care, trainings, and referrals
<b>Protective Factors</b>	Resources/Assets	Limitations/Gaps

<sup>&</sup>lt;sup>1</sup>Risk and protective factors extracted from IUPUI Center for Health Policy Community Conditions Favorable for Substance Use, April 2018.

1. Community capacity to address problems	1. School resource officers interested in supporting prevention efforts	Lack of transportation for adults to resources, or childcare while utilizing
	2. Prosecutor willing to prosecute/increase enforcement	2. Lack of consistent enforcement related to alcohol
	3. Free Narcan	3. Lack of treatment available (for the right ages, right type, at the right time)
		4. Lack of case management agents/direct services
2. Social connectedness	Religious/community-based organizations focused on increasing connection	1. Schools expected to do too much, and don't have the mental health/treatment/prevention support capacity
	2. Director of Mental Health in school (and similar positions)	2. Lack of holistic approach to problems (involving family and
	3. Increase in focus (in community) on positive mental	immediate supports)
	health/connection	3. Uneven knowledge/connection to community resources for the entire population
3. Education (of substances and problems)	1. Existing efforts in schools to provide education to youth, including peer-to-peer education	1. Community awareness of problems (need more), but not of resources
	2. Community organizations that address use (DFJC, Empower, etc.)	2. Lack of education (outside of tobacco and nicotine)
	3. School resource officers interested in supporting prevention efforts	3. Lack of concern

# III. Making A Community Action Plan

Now that you have completed a community assessment and have identified the risk and protective factors that exist, you can develop a plan of action. The Comprehensive Community Plan (CCP) is a systematic and community-driven gathering, analysis, and reporting of community-level indicators for the purpose of identifying and addressing local substance use problems.

Step 1: Create problem statements, and ensure problems statements are in line with statutory requirements

- Step 2: Ensure your problem statements are evidence-informed, then prioritize
- Step 3: Brainstorm what can be done about each
- Step 4: Prioritize your list, and develop SMART goal statements for each
- Step 5: List the steps to achieve each goal

### **Step 1: Create + Categorize Problem Statements**

*Create problem statements as they relate to each of the identified risk factors.* 

Risk Factors	Problem Statement(s)
1. Acceptable community norms of substance use	1. Youth perceive high rates of peer use.
	2. Adults approve of other adult recreational use of substances.
	3. Law enforcement lacks community support for enforcement of substance use infractions.
2. Low perception of harm of substance use	1. Youth in Johnson County misuse/abuse/use alcohol, nicotine, and marijuana because of a low perception of harm.
	2. Adults use illicit drugs and abuse alcohol because of a low perception of harm.
	3. Law enforcement is unable to focus on alcohol enforcement because of competing priorities.
3. Community capacity to address problems	1. Lack of comprehensive, evidence-based prevention programming for youth and adults.
	2. Lack of treatment access for substance use disorders.
	3. Substance abuse is a significant contributor to crime and crises in Johnson County.

**Step 2: Evidence-Informed Problem Statements** 

Identify your top three problem statements using local or state data. Ensure that there is a problem statement for each co-equal funding category (e.g., prevention/education; intervention/treatment; and criminal justice services and activities).

Problem Statements	Data That Establishes Problem	Data Source
1. Youth in Johnson		Indiana Youth Survey, Region 10
County misuse/abuse/use	3.2% 6 <sup>th</sup> Grade	(Bartholomew, Brown, Dearborn,

.111	7 10/ 0th C 1-	D 4 E 1-1' I . 1
alcohol, nicotine, and	7.1% 8 <sup>th</sup> Grade	Decatur, Fayette, Franklin, Johnson,
marijuana.	12.8% 10 <sup>th</sup> Grade	Ohio, Ripley, Rush, Shelby, Union
	16.8% 12 <sup>th</sup> Grade	(2022)
	M " P (20 P	
	Marijuana – Past 30 Days	
	.8% 6 <sup>th</sup> Grade	
	3.7% 8 <sup>th</sup> Grade	https://inys.indiana.edu/docs/survey/in
	7.1% 10 <sup>th</sup> Grade	dianaYouthSurvey_2022.pdf
	7.7% 12 <sup>th</sup> Grade	
	C: 44 P 4 20 P	
	Cigarettes – Past 30 Days	
	1.1% 6 <sup>th</sup> Grade	
	1.7% 8 <sup>th</sup> Grade	
	1.8% 10 <sup>th</sup> Grade	
	2.4% 12 <sup>th</sup> Grade	
	EVPs – Past 30 Days	
	7.1% 8 <sup>th</sup> Grade	
	10.1% 10 <sup>th</sup> Grade	
	10.1% 10" Grade 10.9% 12 <sup>th</sup> Grade	
	10.9% 12" Grade	
	Mental Health:	
	Felt sad two or more weeks in a	
	row:	
	35.2% 6 <sup>th</sup> Grade	
	35.4% 8 <sup>th</sup> Grade	
	37.8% 10 <sup>th</sup> Grade	
	36.8% 12 <sup>th</sup> Grade	
	30.870 12 Grade	
	Considered attempting suicide:	
	12.9% 6 <sup>th</sup> Grade	
	17.3% 8 <sup>th</sup> Grade	
	18.1% 10 <sup>th</sup> Grade	
	16.0% 12 <sup>th</sup> Grade	
	10.070 12 Grade	
	Made a plan for attempting	
	suicide:	
	10.2% 6 <sup>th</sup> Grade	
	13.2% 8 <sup>th</sup> Grade	
	13.7% 10 <sup>th</sup> Grade	
	11.0% 12 <sup>th</sup> Grade	
2. Lower reported quality	195 Treatment Episodes	State Epidemiological Outcomes
of life, and poor mental		Workgroup (2021-2022) (Johnson
health are contributors to	RX Opioid Misuse	County)
adults use of illicit drugs	45 of 195 (23.1%)	
and alcohol abuse.	RX Opioid Dependence	
	18 of 195 (9.2%)	
	Heroin Use	
	58 of 195 (29.7%)	
	Heroin Dependence	

	44 of 195 (22.6%)	
	Alcohol Misuse 85 of 195 (43.6%) Alcohol Dependence 58 of 195 (29.7%)	
	Marijuana Use 76 of 195 (39%) Marijuana Dependence 23 of 195 (11.8%)	
	Meth Use 70 of 195 (35.9%) Meth Dependence 42 of 195 (21.5%)	
	19% of Johnson County adults reported binge or heavy drinking.	CountyHealthRankings.org (2022)
	Johnnson County ranks 6 of 92 in Indiana Counties in quality of life.	
	Ratio of Population to Mental Health Providers (Includes providers that treat alcohol and other drug abuse) 1,000:1 Johnson County 560:1 Indiana	
	14 % of Johnson County adults reported frequent mental distress. (4.6 or more days of poor mental health in a month).	State Epidemiological Outcomes Workgroup (2021-2022)
3. Substance abuse is a significant contributor to crime and crises in	75 alcohol-related collisions in Johnson County (SEOW, 2021- 2022)	State Epidemiological Outcomes Workgroup (2021-2022)
Johnson County.	Johnson County death by suicide 11.8 per 100,000	
	Johnson County average number of mentally uhealthy days reported in the past 30 days-4.6	Johnson County Community Corrections Data (2022)

Total drug and alcohol arrests for the Johnson County in 2022: 1,512	Johnson County Sheriff's Department County-Wide Data
5852 screens conducted; 404 of which were positive (6.9%)  Of the positive screens: Alcohol 22%; Marijuana 21.5%; Opiates/Fentanyl/ Buprenorphine 12.4%; Methamphetamine 9%  Adult & Juvenile Probation Data:  Adult Total Screens: 2,995 Positive: 426 positive (14%) Of the positive screens: 56% Marijuana; 27% Methampetamines; 10% Opiates/Fentanyl  Juvenile Total Screens: 629 Positive: 320 (51%) Of the positive screens: 92.5% Marijuana; 7.5% Alcohol; 3.1% Methamphetamine; 1.8% Fentanyl	Johnson County Adult & Juvenile Probation Data (2022)
-	

## **Step 3: Brainstorm**

Consider the resources/assets and limitations/gaps that were identified for each risk factor, and list what actions can be taken for each identified problem statement.

Problem Statements	What can be done (action)?
1. Youth in Johnson County misuse/abuse/use	1. Increase support and awareness of
alcohol, nicotine, and marijuana.	organizations that address these issues.
	2. Support schools and community based organizations in their prevention programming.
	3. Increase ability of law enforcement to address
	alcohol violations.

2. Lower reported quality of life, and poor mental health are contributors to adults use of illicit drugs and alcohol abuse.	Increase prevention programming and awareness aimed at adults.
	2. Increase programming and access to care to individuals who use substances.
	3. Increase factual information sharing in the community.
3. Substance abuse is a significant contributor to crime and crises in Johnson County.	1. Provide supportive resources for schools, school resource officers, and community based organizations.
	2. Encourage enforcement of substance use infractions.
	3. Increase ability for law enforcement to enforce drug-related infractions.

### **Step 4: Develop SMART Goal Statements**

For each problem statement, prioritize your list of what can be done. Choose your top two actions for each. Then, develop goal statements that demonstrate what change you hope to achieve and by when you hope to achieve it.

### **Problem Statement #1**

Goal 1: Reduce substance use by middle school youth, for each substance, by 1% point as measured by the Indiana Youth Survey (Region 10) by 2025.

Goal 2: Reduce substance use by high school youth, for each substance, by 1% point as measured by the Indiana Youth Survey (Region 10) by 2025.

### **Problem Statement #2**

Goal 1: Increase treatment episodes by 3% from the 2020 baseline (195 episodes), as measured by the Treatment Episode Dataset data available through the State Epidemiological Outcomes Workgroup state report, by 2025.

Goal 2: Reduce the average number of mentally unhealthy days, by reducing the percent of adults in frequent mental distress by 1% (from a baseline of 14%), by the Treatment Episode Dataset data available through the State Epidemiological Outcomes Workgroup state report, by 2025.

### **Problem Statement #3**

Goal 1: Increase enforcement of alcohol and drug related offenses by 1% by 2025, as measured by the number of substance related arrests, through support of local law enforcement agencies efforts.

Goal 2: Decrease positive drug screen results of adults & juveniles placed on probation in Johnson County by 1% by 2025, as measured by Johnson County Probation Departments.

### **Step 5: Plans to Achieve Goals**

For each goal, list the steps required to achieve each

Problem Statement #1	Steps
Goal 1: Reduce substance use by middle school youth, for each substance, by 1% point as measured by the Indiana Youth Survey (Region 10) by 2025.	<ol> <li>Theory-based/research informed programs for youth to decrease use of substances.</li> <li>Provide support for substance-free alternatives activities for youth.</li> <li>Provide resources and tools to providers to aid in the treatment of substance abuse.</li> </ol>
Goal 2: Reduce substance use by high school youth, for each substance, by 1% point as measured by the Indiana Youth Survey (Region 10) by 2025.	<ol> <li>Theory-based/research informed programs for youth to decrease use of substances.</li> <li>Provide support for substance-free alternatives activities for youth.</li> <li>Provide resources and tools to providers to aid in the treatment of substance abuse.</li> </ol>
Problem Statement #2	Steps
Goal 1: Increase treatment episodes by 3% from the 2021-2022 baseline (195 episodes), as measured by the Treatment Episode Dataset data available through the State Epidemiological Outcomes Workgroup state report, by 2025.	<ol> <li>Reduce barriers for adults to reduce their use and move towards recovery.</li> <li>Provide information to the community to increase awareness for local resources.</li> <li>Theory-based/research-informed programs for adults to decrease use of substances.</li> </ol>

Goal 2: Reduce the average number of mentally unhealthy days, by reducing the percent of adults in frequent mental distress by 1% (from a baseline of 14%), by the Treatment Episode Dataset data available through the State Epidemiological Outcomes Workgroup state report, by 2025.	<ol> <li>4. Provide resources and tools to providers to aid in the treatment of substance abuse.</li> <li>1. Reduce barriers for adults to increase access to care for behavioral health.</li> <li>2. Provide information to the community to increase awareness for local resources.</li> <li>3. Theory-based/research-informed programs for adults to decrease unhealthy days.</li> </ol>
Problem Statement #3	Steps
Goal 1: Increase enforcement of alcohol and drug related offenses by 1% by 2025, as measured by the number of substance related arrests, through support of local law enforcement agencies efforts.	Provide resources and tools to law enforcement to aid in the enforcement of substance-related crimes.      Increase positive community engagement with law enforcement entities to reduce substance related crimes.      Increase positive relationships and engagement between law enforcement and the court system.
Goal 2: Decrease positive drug screen results of adults & juveniles placed on probation in Johnson County by 1% by 2025, as measured by Johnson County Probation Departments.	Provide resources and tools to law enforcement to aid in the enforcement of drug-related crimes.      Provide resources and tools to offenders (while in jail) to decrease recidivism when released.

### IV. Fund Document

The fund document allows the LCC to provide finances available to the coalition at the beginning of the year. The fund document gauges an LCC's fiscal wellness to empower their implementation of growth within their community. The fund document also ensures LCCs meet the statutory requirement of funding programs within the three categories of (1) Prevention/Education, (2) Treatment/Intervention, and (3) Criminal Justice Services and Activities (IC 5-2-11-5).

Funding Profile						
1	Amount deposited into the County DFC Fund from fees collected last year:			\$114,745.95		
2	Amount of unused funds from last year that will roll over into this year:			\$1,064.67		
3	Total funds available for programs and administrative costs for this year			\$115,810.62		
4	(Line 1 + Line 2):			•		
4	Amount of funds granted last year	\$125,100.50				
Au	Additional Funding Sources (if no money is received, please enter \$0.00)  A Substance Abuse and Mental Health Services Administration (SAMHSA): \$0.00					
B	Centers for Disease Control and Prevention (CDC):			\$0.00		
C	,			\$0.00		
D	( )			\$0.00		
E	Indiana State Department of Health (ISDH):			\$0.00		
F	Indiana Department of Education (DOE):			\$0.00		
G				\$0.00		
H	` /			\$0.00		
I	Local entities:			\$0.00		
J	Other:			\$0.00		
Categorical Funding Allocations						
			Justice Se	Services:		
	9,000.00	\$29,000.00	\$28,999.9	\$28,999.95		
Funding allotted to Administrative costs:						
		nount (\$100.00)				
Coordinator compensation \$26,796.0						
Other/Operating Supplies \$2,014.67		7				
Funding Allocations by Goal per Problem Statement:						
Problem Statement #1 Problem Statement #2 Problem Statement #2		Statement #3				
Goal 1: \$19,018.00		Goal 1: \$13,113.00	Goal 1: \$	Goal 1: \$7,105.95		
	al 2: \$30,718.00	Goal 2: \$5,363.00		Goal 2: \$11,682.00		
L						