The Indiana Commission to Combat Drug Abuse



Behavioral Health Division

Comprehensive Community Plan

County: Howard

LCC Name: Drug Free Howard County Council on Substance Abuse Prevention Local

Coordinating Council

LCC Contact: Rob Pruett

Address: 618 S. Main Street

City: Kokomo, IN 46901

Phone: 765-457-9313

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County Commissioners: Jeff Lipinski, Brad Bray, Jack Dodd

Address: 220 N. Main Street

City: Kokomo, IN

Zip Code: 46901

Vision Statement

What is your Local Coordinating Council's vision statement?

We currently do not have a "Vision Statement."

Mission Statement

What is your Local Coordinating Council's mission statement?

"The mission of the "Mayor's Community-Based Council on Substance Abuse, Howard County's Local Coordinating Council," is to coordinate substance abuse activities for Howard County. We serve the community by educating the public on all facets of substance abuse problems by creating and funding programs that prevent and reduce drug abuse in our county."

| Me | mbership List | | | | |
|----|----------------------|---|------|--------|----------------------------|
| # | Name | Organization | Race | Gender | Category |
| 1 | Jennie Cauthern | Turning Point SOC | W | F | Community Mental Health |
| 2 | Cynthia Evans | Kokomo Cents Schools | В | F | Education |
| 3 | Chad Van Camp | Kokomo Police Department | W | F | Local Police |
| 4 | Aaron Schaal | Indiana State Police | W | M | State Police |
| 5 | Barb Hilton | Prevent Child Abuse Howard County | W | F | Community |
| 6 | Dustin Delong | Adult Chief Probation Officer Howard County | W | M | Criminal Justice |
| 7 | Laura Rood | Adult Probation Officer Howard County | W | F | Criminal Justice |
| 8 | Steve Dishon | Principal Taylor High School | W | М | Education |
| 9 | Kayla Ewing | Sargent's Place | W | F | Community |
| 10 | Mark Dubois | Western School Corporation | W | М | Education |
| 11 | Gary Cook | Howard County Sherriff's Department | W | M | Criminal Justice |
| 12 | Joe Wesche | Community Howard Regional Hospital | W | М | Treatment |
| 13 | James Carroll | Indiana State Health Department | В | М | Health Department |
| 14 | Pastor William Smith | 2nd Missionary Baptist Church | В | М | Clergy |
| 15 | Jennifer Johnson | Ivy Tech | W | F | Education |
| 16 | Mark Lantz | Eastern Howard Schools | W | М | Education |
| 17 | Ashley Shoaff | Turning Point | W | F | Community Mental Health |
| 18 | Reba Harris | Gilead House | В | F | Treatment |
| 19 | Jennifer Ogle | Tobacco Free Howard County | W | F | Community |

| 20 | Ericka Echelbarger | Northwestern Schools | W | F | Education |
|----|--------------------|---|---|---|-----------|
| 21 | Lisa Washington | Minority Health Alliance of Howard County | В | F | Community |
| 22 | Dr. Steven Seele | Howard County Coroner | W | М | Community |
| 23 | Lisa Willis Gidley | Four County Counseling | W | F | Treatment |
| 24 | Tracey Martino | Family Service Association | W | F | Community |
| 25 | Jennifer Lombard | Indiana Youth Institute | W | F | Community |
| 26 | Kurt Georges | Deputy Coroner Howard County | W | М | Community |
| 27 | | | | | |
| 28 | Chris Westlake | Kokomo Housing Authority | W | M | Community |
| 29 | Derek Steele | Kokomo Housing Authority | W | M | Community |
| 30 | Jill Snyder | Project Access | W | F | Community |
| 31 | Cathy Stover | Community At Large | W | F | Community |
| 32 | Stacey Morgan | Department of Child Services | W | F | Community |
| 33 | Rob Pruett | Executive Director LCC | W | М | Community |
| 34 | Nate White | First City of Treatment | W | М | Treatment |
| 35 | Sara Gruber | Prevent Child Abuse | W | F | Treatment |
| 36 | Sherry Rahl | Kokomo Urban Outreach | W | F | Treatment |
| 37 | Nicole Latourette | Howard County Health Department | W | F | Community |

LCC Meeting Schedule:
Please provide the months the LCC meets throughout the year:

January-June August-November

II. Community Needs Assessment

The first step in developing an effective substance use and misuse reduction plan is to assess your community. A community assessment tells you about your community's readiness to implement prevention, treatment, and justice-related programs to address substance use and misuse. An assessment also provides an overview of the risk and protective factors present in the community, helping your coalition plan more effectively.

Community Profile

| County Name |
|---|
| Howard |
| |
| |
| County Population |
| 83,658 |
| |
| Schools in the community |
| Kokomo Center Schools, Southeastern Howard Schools (Taylor), Eastern Howard Schools, |
| Western Howard Schools, Western Howard Schools |
| Western Howard Schools, Western Howard Schools |
| |
| |
| |
| Medical care providers in the community (hospitals, health care centers, medical centers/clinics, etc.) |
| St. Vincent's Hospital, Community Howard Hospital |
| |
| |
| Mental health care providers in the community (hospitals with psychiatric/behavioral health units, |
| mental health clinics, private/public providers, etc.) |
| St. Vincent's Hospital, Community Howard Hospital, Four County Counseling, Bowen Center, |
| The Villages |
| |
| |
| Mental health care providers in the community (hospitals with psychiatric/behavioral health units, |
| mental health clinics, private/public providers, etc.) |
| Community Howard Regional |
| St. Vincents Kokomo Turning Point |

Systems of Care

The Villages

Family Psychiatric

Lafayette Pain Clinic

Bowen Center

Four County Counseling

Oasis Counseling

GROUPS

Mental Health America

Systems of Care

Kokomo Urban Outreach

Kokomo Rescue Mission

Turning Point

Department of Child Services

The Robert Kinsey Youth Center

WIC Program of Howard County

Kokomo YMCA

FSSA

Howard County Health Department

Kokomo Ministerial Association

Howard County United Way

What are the substances that are most problematic in your community? Alcohol, Marijuana, Vaping, Heroin, Methamphetamine

List all substance use/misuse services/activities/programs presently taking place in the community Turning Point, St. Vincent's Hospital, Community Howard Hospital, Four County Counseling, Bowen Center, Pick Yourself Up Program, 4 Community Celebrate Recoveries

Celebrate Recovery: Crossroads Community Church

Celebrate Recovery: Woodland Church Sober Living: South Creek Church of God Celebrate Recovery: Zion Tabernacle

Turning Point

Pick Yourself Up Program

Man Up Program

Kokomo Rescue Mission

Drug Free Howard County LCC

Howard County Youth Council for Substance Abuse Prevention

Community Howard Regional Mental Heath

St. Vincent's Kokomo

DARE

Numerous AA/ NA Self-Help Groups

Systems of Care Collaboration

Howard County Drug Court

Gilead House

Howard County Probation

Howard County Juvenile Probation

Open Arms Living Facility
Howard County Domestic Violence Shelter
Medically Assisted Treatment
Individual Substance Abuse Counseling
Group Substance Abuse Counseling
Overdose Prevention
Emergency Response Teams
First Responder Mental Health First Aid
Substance Abuse Education
Peer Recovery Coaches
Peer Recovery Education

Community Risk and Protective Factors

Use the list of risk and protective factors to identify those present in your community. Identify the resources/assets and limitations/gaps that exist in your community related to each. The lists are not all-inclusive and others may apply.

<u>Risk Factors Examples:</u> trauma and toxic stressors; poverty violence; neighborhood characteristics; low neighborhood attachment; community disorganization; community norms and laws favorable toward drug use, firearms, and crime; availability of alcohol and other drugs; weak family relationships; family substance use; peer substance use; mental health problems; families moving frequently from home to home; limited prevention and recovery resources.

<u>Protective Factors Examples:</u> strong family relationships; neighborhood economic viability; low childhood stress; access to health care; access to mental health care; community-based interventions; restricted access to alcohol and other drugs including restrictive laws and excise taxes; safe, supportive, and connected neighborhoods; meaningful youth engagement opportunities; local policies and practices that support healthy norms and child-youth programs; positive connection to adults.¹

| Risk Factors | Resources/Assets | Limitations/Gaps |
|--------------------------------|--------------------------------|------------------------------------|
| 1. Substance Abuse amongst | 1. Community Youth Mentoring | 1. Substance abuse amongst |
| Adolescents continues to be a | groups and organizations | adolescents appears to be the |
| problem due availability of | | accepted norm |
| substances, lack of parental | 2. Parental Education | |
| involvement and | | 2. Lack of parental participation, |
| developmental issues regarding | 3. Schools and other community | awareness, connectedness, |
| peer influence | prevention partners | oversight and denial |
| | | |
| | | |

¹Risk and protective factors extracted from IUPUI Center for Health Policy Community Conditions Favorable for Substance Use, April 2018.

| | | 3. Lack of resources, time, |
|---|---|---|
| | | funding and human resources |
| 2. Substance Abuse amongst | 1. Howard County Systems of | 1. Lack of publicity and public |
| Adults continues to be a | Care | awareness of programs that |
| problem due availability of | | currently exist and how to access |
| substances, lack of access to | 2. Turning Point | services |
| treatment, poor peer group | | |
| involvement and lack of | 3. Strong community | 2. Lack of financial resources to |
| resources to fund treatment | collaboration and cooperation | pay for treatment and provide |
| | | transportation to treatment |
| | | |
| | | 3. Stigma regarding addiction |
| | | and the consequences of |
| | | addiction |
| 3. Substance Abuse and | 1. Howard County Domestic | 1. Limited resources, waiting list, |
| Domestic Violence appear | Violence Shelter | immensity of the problem |
| strongly connected | | , , |
| | 2. Domestic Violence Advocates | 2. Again, limited resources, only |
| | and Advocates of individuals | one person |
| | who've personally experienced | 1 |
| | crimes committed against them | |
| | | |
| | 3. Both Perpetrators and Victims | |
| | have access to Mental Health | 3. Genuine barriers to access of |
| | and court ordered Treatment | care, finances, insurance, |
| | | care, illiances, insurance, |
| | groups | |
| | groups | transportation to name a few |
| Protective Factors | groups Resources/Assets | transportation to name a few |
| Protective Factors 1.Adolescent substance abuse | Resources/Assets | transportation to name a few Limitations/Gaps |
| 1.Adolescent substance abuse | | transportation to name a few |
| | Resources/Assets 1.Howard County Youth Council | transportation to name a few Limitations/Gaps 1.Limited exposure, not all high |
| 1.Adolescent substance abuse | Resources/Assets 1.Howard County Youth Council for Substance Abuse Prevention | transportation to name a few Limitations/Gaps 1.Limited exposure, not all high schools are involved |
| 1.Adolescent substance abuse | Resources/Assets 1.Howard County Youth Council | transportation to name a few Limitations/Gaps 1.Limited exposure, not all high schools are involved 2. Limited exposure, minimal |
| 1.Adolescent substance abuse | Resources/Assets 1.Howard County Youth Council for Substance Abuse Prevention | transportation to name a few Limitations/Gaps 1.Limited exposure, not all high schools are involved |
| 1.Adolescent substance abuse | Resources/Assets 1.Howard County Youth Council for Substance Abuse Prevention | transportation to name a few Limitations/Gaps 1.Limited exposure, not all high schools are involved 2. Limited exposure, minimal funding and lack of student |
| 1.Adolescent substance abuse | Resources/Assets 1.Howard County Youth Council for Substance Abuse Prevention 2.High School SADD groups 3.Multiple youth mentoring | transportation to name a few Limitations/Gaps 1.Limited exposure, not all high schools are involved 2. Limited exposure, minimal funding and lack of student involvement |
| 1.Adolescent substance abuse | Resources/Assets 1.Howard County Youth Council for Substance Abuse Prevention 2.High School SADD groups 3.Multiple youth mentoring organizations throughout the | Limitations/Gaps 1.Limited exposure, not all high schools are involved 2. Limited exposure, minimal funding and lack of student involvement 3.Limited funding, personnel, |
| 1.Adolescent substance abuse | Resources/Assets 1.Howard County Youth Council for Substance Abuse Prevention 2.High School SADD groups 3.Multiple youth mentoring | Limitations/Gaps 1.Limited exposure, not all high schools are involved 2. Limited exposure, minimal funding and lack of student involvement 3.Limited funding, personnel, lack of presence on all school |
| 1.Adolescent substance abuse prevention support | Resources/Assets 1.Howard County Youth Council for Substance Abuse Prevention 2.High School SADD groups 3.Multiple youth mentoring organizations throughout the County | Limitations/Gaps 1.Limited exposure, not all high schools are involved 2. Limited exposure, minimal funding and lack of student involvement 3.Limited funding, personnel, lack of presence on all school campuses |
| 1.Adolescent substance abuse prevention support 2. The Criminal Justice and | Resources/Assets 1.Howard County Youth Council for Substance Abuse Prevention 2.High School SADD groups 3.Multiple youth mentoring organizations throughout the County 1.Very strong relationships with | Limitations/Gaps 1.Limited exposure, not all high schools are involved 2. Limited exposure, minimal funding and lack of student involvement 3.Limited funding, personnel, lack of presence on all school |
| 1.Adolescent substance abuse prevention support 2. The Criminal Justice and Law Enforcement are actively | Resources/Assets 1. Howard County Youth Council for Substance Abuse Prevention 2. High School SADD groups 3. Multiple youth mentoring organizations throughout the County 1. Very strong relationships with multiple Howard County | Limitations/Gaps 1.Limited exposure, not all high schools are involved 2. Limited exposure, minimal funding and lack of student involvement 3.Limited funding, personnel, lack of presence on all school campuses |
| 1.Adolescent substance abuse prevention support 2. The Criminal Justice and | Resources/Assets 1.Howard County Youth Council for Substance Abuse Prevention 2.High School SADD groups 3.Multiple youth mentoring organizations throughout the County 1.Very strong relationships with multiple Howard County municipal law enforcement | Limitations/Gaps 1.Limited exposure, not all high schools are involved 2. Limited exposure, minimal funding and lack of student involvement 3.Limited funding, personnel, lack of presence on all school campuses |
| 1.Adolescent substance abuse prevention support 2. The Criminal Justice and Law Enforcement are actively | Resources/Assets 1. Howard County Youth Council for Substance Abuse Prevention 2. High School SADD groups 3. Multiple youth mentoring organizations throughout the County 1. Very strong relationships with multiple Howard County | Limitations/Gaps 1.Limited exposure, not all high schools are involved 2. Limited exposure, minimal funding and lack of student involvement 3.Limited funding, personnel, lack of presence on all school campuses |
| 1.Adolescent substance abuse prevention support 2. The Criminal Justice and Law Enforcement are actively | Resources/Assets 1.Howard County Youth Council for Substance Abuse Prevention 2.High School SADD groups 3.Multiple youth mentoring organizations throughout the County 1.Very strong relationships with multiple Howard County municipal law enforcement agencies | Limitations/Gaps 1.Limited exposure, not all high schools are involved 2. Limited exposure, minimal funding and lack of student involvement 3.Limited funding, personnel, lack of presence on all school campuses 1.Limited and lacking resources |
| 1.Adolescent substance abuse prevention support 2. The Criminal Justice and Law Enforcement are actively | Resources/Assets 1. Howard County Youth Council for Substance Abuse Prevention 2. High School SADD groups 3. Multiple youth mentoring organizations throughout the County 1. Very strong relationships with multiple Howard County municipal law enforcement agencies 2. Robert J. Kinsey Youth Center | Limitations/Gaps 1.Limited exposure, not all high schools are involved 2. Limited exposure, minimal funding and lack of student involvement 3.Limited funding, personnel, lack of presence on all school campuses |
| 1.Adolescent substance abuse prevention support 2. The Criminal Justice and Law Enforcement are actively | Resources/Assets 1. Howard County Youth Council for Substance Abuse Prevention 2. High School SADD groups 3. Multiple youth mentoring organizations throughout the County 1. Very strong relationships with multiple Howard County municipal law enforcement agencies 2. Robert J. Kinsey Youth Center and the Juvenile Justice system | Limitations/Gaps 1.Limited exposure, not all high schools are involved 2. Limited exposure, minimal funding and lack of student involvement 3.Limited funding, personnel, lack of presence on all school campuses 1.Limited and lacking resources |
| 1.Adolescent substance abuse prevention support 2. The Criminal Justice and Law Enforcement are actively | Resources/Assets 1. Howard County Youth Council for Substance Abuse Prevention 2. High School SADD groups 3. Multiple youth mentoring organizations throughout the County 1. Very strong relationships with multiple Howard County municipal law enforcement agencies 2. Robert J. Kinsey Youth Center and the Juvenile Justice system in Howard County is incredibly | Limitations/Gaps 1.Limited exposure, not all high schools are involved 2. Limited exposure, minimal funding and lack of student involvement 3.Limited funding, personnel, lack of presence on all school campuses 1.Limited and lacking resources |
| 1.Adolescent substance abuse prevention support 2. The Criminal Justice and Law Enforcement are actively | Resources/Assets 1. Howard County Youth Council for Substance Abuse Prevention 2. High School SADD groups 3. Multiple youth mentoring organizations throughout the County 1. Very strong relationships with multiple Howard County municipal law enforcement agencies 2. Robert J. Kinsey Youth Center and the Juvenile Justice system in Howard County is incredibly strong in Leadership and | Limitations/Gaps 1.Limited exposure, not all high schools are involved 2. Limited exposure, minimal funding and lack of student involvement 3.Limited funding, personnel, lack of presence on all school campuses 1.Limited and lacking resources |
| 1.Adolescent substance abuse prevention support 2. The Criminal Justice and Law Enforcement are actively | Resources/Assets 1. Howard County Youth Council for Substance Abuse Prevention 2. High School SADD groups 3. Multiple youth mentoring organizations throughout the County 1. Very strong relationships with multiple Howard County municipal law enforcement agencies 2. Robert J. Kinsey Youth Center and the Juvenile Justice system in Howard County is incredibly | Limitations/Gaps 1.Limited exposure, not all high schools are involved 2. Limited exposure, minimal funding and lack of student involvement 3.Limited funding, personnel, lack of presence on all school campuses 1.Limited and lacking resources |

| | 3.Law Enforcement actively participates and collaborates at the highest levels | 3. Limited time, human resources and funding |
|--|--|--|
| 3.Howard County residents have access to substance abuse treatment services within the | 1. There are multiple providers within the county | 1. Stigma, insurance, transportation, etc |
| community | 2.Faith-Based "Celebrate Recoveries" are free and available | 2. Lack of public awareness, transportation |
| | 3.Turning Point and Systems of Care are providing outstanding Intervention for substance abuse | 3.Lack of public awareness, lack of on the job personnel, lack of recovery coaches |

III. Making A Community Action Plan

Now that you have completed a community assessment and have identified the risk and protective factors that exist, you can develop a plan of action. The Comprehensive Community Plan (CCP) is a systematic and community-driven gathering, analysis, and reporting of community-level indicators for the purpose of identifying and addressing local substance use problems.

- Step 1: Create problem statements, and ensure problems statements are in line with statutory requirements
- Step 2: Ensure your problem statements are evidence-informed, then prioritize
- Step 3: Brainstorm what can be done about each
- Step 4: Prioritize your list, and develop SMART goal statements for each
- Step 5: List the steps to achieve each goal

Step 1: Create + Categorize Problem Statements

Create problem statements as they relate to each of the identified risk factors.

| Risk Factors | Problem Statement(s) |
|---|--|
| 1. Substance Abuse amongst Adolescents | 1. There is a significant increase in vaping |
| continues to be a problem due availability of | amongst youth and young adults |
| substances, lack of parental involvement and | |
| developmental issues regarding peer influence | 2.Tobacco use in Howard County continues to be |
| | above state and national averages |
| | - |

| | 3.Access to all forms of tobacco products especially electronic versions are quite easy to obtain |
|--|---|
| 2. Substance Abuse amongst Adults continues to be a problem due availability of substances, lack of access to treatment, poor peer group involvement and lack of resources to fund treatment | 1.Alcohol, tobacco and other drug abuse continues to be a concern in Howard County 2.Cultural norming of substance abuse amongst adoults continues to be a concern |
| | 3.Attitudes of adults towards substance abuse especially marijuana use continues to be minimized as this issue becomes legal in numerous states |
| 3. Substance Abuse and Domestic Violence appear strongly connected | 1. This issue puts a massive strain upon an already taxed system that is over utilized, underfunded and under supported 2. This relationship of substance abuse and domestic violence appears to fuel domestic violence 3. Domestic violence negatively impacts the community |

Step 2: Evidence-Informed Problem Statements

Identify your top three problem statements using local or state data. Ensure that there is a problem statement for each co-equal funding category (e.g., prevention/education; intervention/treatment; and criminal justice services and activities).

| Problem Statements | Data That Establishes Problem | Data Source |
|--|--|---|
| 1.Substance abuse amongst Adolescents continues to be a problem in Howard County | 59 High School Students were suspended and 3 were expelled from 4 Howard County High Schools for substance abuse. This data is from the 2020-21 academic year. Kokomo High School declined to report their data. | Questionnaire sent out by LCC Executive Director and self report from all 5 County High Schools |
| 2. Substance abuse amongst Adults continues to be a problem in Howard County | There were 39 Adult Arrests concerning Alcohol (4 for Illegal Consumption, 35 for O.W.I.) There were 420 Drug Adult Arrests including (18 for Dealing Methamphetamine, 64 | Questionnaire sent out by LCC Executive Director and self report from the Howard County Sherriff's Department. |

| | for Possession of Marijuana) in 2021. | |
|--|---|---|
| 3. Substance abuse in Howard County is a problem and is being fueled by Domestic Violence. | 38% of individuals who participated in the Domestic Violence Education Group stated that substance abuse played a part in their domestic violence incident in 2022. | Information was obtained from the Non-Violence Education Group. |

Step 3: Brainstorm

Consider the resources/assets and limitations/gaps that were identified for each risk factor, and list what actions can be taken for each identified problem statement.

| Duahlam Statements | What can be done (action)? |
|---|---|
| Problem Statements 1.Substance abuse amongst adolescents (especially vaping and e-cigarette usage) continues to be a problem | What can be done (action)? 1.Peer-to-peer educational and training opportunities for adolescents need to increase |
| continues to be a problem | 2.Mentoring groups need to educate their participants regarding substance abuse |
| | 3.Make substance abuse treatment available to adolescents who cannot afford the treatment |
| | 4. Provide Educational experiences to Adolescents regarding Substance Abuse. |
| | 5. Executive Director to participate omn numerous Community Boards to provide awareness and education regarding Substance Abuse issues. |
| 2. Substance abuse amongst adults continues to be a problem in Howard County | 1.Greater public exposure to the substance abuse services that are currently being offered |
| | 2.Support participants and providers who participate in treatment programs |
| | 3.Support and increase funding to programs that provide substance abuse services |
| | 4. Executive Director to participate omn numerous Community Boards to provide awareness and education regarding Substance Abuse issues. |
| 3. Substance abuse in Howard County is a problem and is being fueled by Domestic Violence. | 1.Continued community education in schools and community venues |

| 2.The "Safe Dating" curriculum needs to continued to be taught in all area high schools |
|---|
| 3.The Non-Violence Education Group offered through the Court System needs greater exposure and more advocates |

Step 4: Develop SMART Goal Statements

For each problem statement, prioritize your list of what can be done. Choose your top two actions for each. Then, develop goal statements that demonstrate what change you hope to achieve and by when you hope to achieve it.

Problem Statement #1

Goal 1 Provide educational prevention opportunities to school corporations & families regarding the dangers, prevalence, and consequences of "vaping" and electronic cigarette use. Provide 10 Substance abuse prevention trainings on school campuses for the 2022-23 academic year. Provide 5 "Sweet Deception" trainings (The Dangers of Vaping) to students in various setting in Howard County.

Goal 2 Utilize the Howard County Youth Council for Substance Abuse Prevention to identify needs, strategize to develop effective prevention programs and initiate these within the school setting. Meet with the Youth Council on a monthly basis. Provide a minimum of 5 Major events throughout the year 2023, that focus on substance abuse prevention issues.

Problem Statement #2

Goal 1 Increase the number of Adults who may access substance abuse services that are already in place within the community. Refer for substance abuse treatment 80 individuals in the 2023 calendar year. Facilitate 50 individuals getting into substance abuse treatment in the 2023 calendar year.

Goal 2 Decrease the number of overdose deaths by implementing emergency response teams and increased Narcan accessibility and training. 70 doses of Narcan will be distributed to the general public and 450 doses will be distributed to partnering organizations. 3 Public trainings will be provided for the general public and 3 trainings will be provided for partnering organizations regarding proper utilization of Narcan. There will be 3 Distribution Sites established in Howard County not including existing Pharmacies. These will all occur in 2023.

Problem Statement #3

Goal 1 Provide substance abuse education and counseling to individuals who receive direct services from the Howard County Domestic Violence Shelter. The counseling will examine the causal nature of substance abuse to the Domestic Violence event and help the clients

recieive insight and awareness of that connection. Provide a minimum of 30 sessions of individual substance abuse counseling within the a year from the acceptance of this Plan for the 2023 calendar year. Urine Drug screens will be utilized to validate sobriety and successful completion of substance abuse treatment.

Goal 2 Members of the Non-Violence Education group (which is ongoing and court-ordered because of Domestic Assault) will receive 13 of hours addressing substance abuse education in a one year period of time in 2023. They will discuss the effects substance abuse has had upon their Domestic Violence incident.

Step 5: Plans to Achieve Goals

For each goal, list the steps required to achieve each

| Probl | em | Stat | temen | t #1 |
|-------|----|------|-------|------|
|-------|----|------|-------|------|

Goal 1 Provide educational prevention opportunities to school corporations & families regarding the dangers, prevalence and consequences of "vaping" and electronic cigarette use. Provide 10 Substance abuse prevention trainings on school campuses for the 2022-23 academic year. Provide 5 "Sweet Deception" trainings (The Dangers of Vaping) to students in various setting in Howard County.

Steps

- 1.Schedule 10 substance abuse prevention educational trainings with the community schools in Howard County and coordinate work with the 5 area High School SADD groups in 2023
- 2. Provide educational prevention opportunities to school corporations & families regarding the dangers, prevalence and consequences of "vaping" and electronic cigarette use. Provide 10 Substance abuse prevention trainings on school campuses for the 2022-23 academic year. Provide 5 "Sweet Deception" trainings (The Dangers of Vaping) to students in various setting in Howard County.
- 3.Schedule 3 substance abuse prevention educational opportunities within the faith community in 2023
- 4. Reduce the Youth alcohol use rate in Howard County by 1% in 2023.
- 5. Utilize the "Alternative to Prevention" Vaping Education Class to students who are caught vaping in schools.

- 6. Continue to develop and evaluate the "Vaping Education Alternative to Suspension Class" looking at it's effectiveness and data the class produces.
- 7. Provide funding to Community Organizations for Urine Drug Screens Testing for assistance in Intervention, Diagnosis and Treatment of individuals with Substance Use Disorder.

Goal 2 Utilize the Howard County Youth Council for Substance Abuse Prevention to identify needs, strategize to develop effective prevention programs and initiate these within the school setting. Meet with the Youth Council on a monthly basis. Provide a minimum of 5 Major events throughout the year 2023, that focus on substance abuse prevention issues.

- 1.Meet monthly with the HCYC and identify the specific needs of the youth of Howard County in 2023
- 2. Utilize the Howard County Youth Council for Substance Abuse Prevention to identify needs, strategize to develop effective prevention programs and initiate these within the school setting. Meet with the Youth Council on a monthly basis. Provide a minimum of 5 Major events throughout the year that focus on substance abuse prevention issues in 2023
- 3. Meet monthly with the HCYC and implement specific strategies of substance abuse prevention by offering meaningful events that address the need in 2023.
- 4. Meet monthly with the "Core Team" of the Howard County Youth Council on a monthly basis in 2023.
- 5. Recruit 5 High School Students to serve on the Howard County Youth Council for Substance Abuse Prevention from all 5 Area High Schools in 2022-23
- 6. Designate and recruit 10 Students of the Howard County Youth Council for Substance Abuse Prevention to serve as the "CORE" Leadership Team" in 2022-23.

- 7. Continue to recruit, train and implement 5 Adolescent recovery coaches. Train and implement 5 Adolescent Recovery Coaches in 2022-2023.
- 8. Continue to utilize the Howard County Youth Council for Substance Abuse Prevention in community Education opportunities regarding Vaping.
- 9. Provide funding to Local Law Enforcement for Drug Screens that will assist with on-site verification of Drug use aiding in litigation of the case.

Problem Statement #2

Goal 1 Increase the number of Adults who may access substance abuse services that are already in place within the community within the 2022-23 calendar year. Refer for substance abuse treatment 80 individuals in the 2023 calendar year. Facilitate 50 individuals getting into substance abuse treatment in the 2023 calendar year.

Steps

- 1.Continue to expand the services of "Turning Point." Increase the number of Adults who may access substance abuse services that are already in place within the community. Refer for substance abuse treatment 80 individuals in the 2023 calendar year. Facilitate 60 individuals getting into substance abuse treatment in the 2023 calendar year.
- 2.Continue to recruit, train and implement more recovery coaches. Train and implement 10 Recovery Coaches in 2022-2023
- 3.Effectively communicate with the community regarding the substance abuse services that already exist within our community
- 4. Since transportation is a real roadblock to Treatment, the LCC will fund transportation for at least 10 Adult members of our community to access treatment in 2023.

- 5. Increase the number of certified Recovery Coaches in Howard County by three in the year 2023.
- 6. Establish an "Emergency Response Team" (ERT) to intervene in those who have overdosed either seeking treatment at a Hospital or involved with Law Enfiorcement by 2023.
- 7. Will provide "De-Tox" services for 10 through the new Turning Point Drop-In Center in 2023
- 8. Provide funding to Community Organizations for Urine Drug Screens Testing for assistance in Intervention, Diagnosis and Treatment of individuals with Substance Use Disorder.
- 9. Provide funding to Local Law Enforcement for Drug Screens that will assist with on-site verification of Drug use aiding in litigation of the case.

Goal 2 Decrease the number of overdose deaths by implementing emergency response teams and increased Narcan accessibility and training. 70 doses of Narcan will be distributed to the general public and 450 doses will be distributed to partnering organizations. 3 Public trainings will be provided for the general public and 3 trainings will be provided for partnering organizations regarding proper utilization of Narcan. There will be 3 Distribution Sites established in Howard County not including existing Pharmacies. These will all occur in 2023.

- 1.Facilitate continued free Narcan trainings to the public through the Howard County Health Department. 3 Public trainings will be provided for the general public and 3 trainings will be provided for partnering organizations regarding proper utilization of Narcan in 2023.
- 2.Distribute free Narcan throughout the community. 80 doses of Narcan will be distributed to the general public and 450 doses will be distributed to partnering organizations in 2023.
- 3.Continue to educate the public regarding available intervention services and other services currently available in

Howard County to prevent overdose in 2023.

- 4. Look into establishing relationships with Community Organizations who directly deliver services to Overdose victims.
- 5. Provide resources to organizations who are providing "Direct Services" to Overdose Victims.

Problem Statement #3

Goal 1 Goal 1 Provide substance abuse education and counseling to individuals who receive direct services from the Howard County Domestic Violence Shelter. The counseling will examine the causal nature of substance abuse to the Domestic Violence event and help the clients recieive insight and awareness of that connection. Provide a minimum of 30 sessions of individual substance abuse counseling within the a year from the acceptance of this Plan for the 2023 calendar year. Urine Drug screens will be utilized to validate sobriety and successful completion of substance abuse treatment.

Steps

- 1. Provide substance abuse counseling to participants within the domestic violence shelter. Facilitate 50 individuals to receive direct substance abuse treatment in the 2023 calendar year. Urine Drug screens will be utilized to validate sobriety and successful completion of substance abuse treatment.
- 2. Assist residents at the domestic violence shelter to identify what role substance abuse has played in their current situation in 2023.
- 3.Add substance abuse care in the continuing care plan as individuals leave the domestic violence shelter in 2023.
- 4. Provide at a minimum substance abuse counseling for 20 Homeless females in Howard County in 2023.
- 5. Provide Substance Abuse Education to at least 50 individuals who have been comvicted of Domestic Violence in 2023.
- 6. Provide funding to Community Organizations for Urine Drug Screens Testing for assistance in Intervention, Diagnosis and Treatment of individuals with Substance Use Disorder.

| Goal 2 Goal 2 Members of the Non-Violence | | | | |
|---|--|--|--|--|
| Education group (which is ongoing and court- | | | | |
| ordered because of Domestic Assault) will receive | | | | |
| 13 of hours addressing substance abuse education | | | | |
| in a one year period of time in 2023. They will | | | | |
| discuss the effects substance abuse has had upon | | | | |
| their Domestic Violence incident. | | | | |

- 1. Members of the Non-Violenvce Support Group will receive 13 hours of Substance Abuse Education annually.
- 2. Members will be able to identify how substance abuse contributed to their Domestic Violence Situation.
- 3. Members will identify the effect substance abuse has played in their Domestic Violence charge.

IV. Fund Document

The fund document allows the LCC to provide finances available to the coalition at the beginning of the year. The fund document gauges an LCC's fiscal wellness to empower their implementation of growth within their community. The fund document also ensures LCCs meet the statutory requirement of funding programs within the three categories of (1) Prevention/Education, (2) Treatment/Intervention, and (3) Criminal Justice Services and Activities (IC 5-2-11-5).

| Fu | nding Profile | | | |
|---|--|--------------|--|--|
| 1 | Amount deposited into the County DFC Fund from fees collected last year: | \$68,358.46 | | |
| 2 | Amount of unused funds from last year that will roll over into this year: | \$38,496.46 | | |
| 3 | Total funds available for programs and administrative costs for this year (Line 1 + Line 2): | \$106,854.92 | | |
| 4 | Amount of funds granted last year: | \$100,000.00 | | |
| Additional Funding Sources (if no money is received, please enter \$0.00) | | | | |
| A | Substance Abuse and Mental Health Services Administration (SAMHSA): | \$0.00 | | |
| В | Centers for Disease Control and Prevention (CDC): | \$0.00 | | |
| C | Bureau of Justice Administration (BJA): | \$0.00 | | |
| D | Office of National Drug Control Policy (ONDCP): | \$0.00 | | |
| \mathbf{E} | Indiana State Department of Health (ISDH): | \$0.00 | | |
| F | Indiana Department of Education (DOE): | \$0.00 | | |
| G | Indiana Division of Mental Health and Addiction (DMHA): | \$0.00 | | |
| H | Indiana Family and Social Services Administration (FSSA): | \$0.00 | | |
| Ι | Local entities: | \$0.00 | | |

| J Other: | \$0.00 | | | | | |
|--|-------------------------|-------------------|--------------|--|--|--|
| Categorical Funding Allocations | | | | | | |
| Prevention/Education: | Intervention/Treatment: | Justice Services: | | | | |
| \$\$26,713.73 | \$26,713.73 | \$26,713.73 | | | | |
| Funding allotted to Administrative costs: | | | | | | |
| Itemized list of what is being funded | | Amount (\$100.00) | | | | |
| Coordinator compensation | | \$21,720.00 | | | | |
| Office supplies | | \$3745.76 | | | | |
| Funding Allocations by Goal per Problem Statement: | | | | | | |
| Problem Statement #1 | Problem Statement #2 | Problem | Statement #3 | | | |
| Goal 1: \$21,713.73 | Goal 1: \$16,713.73 | Goal 1: \$ | 5,000.00 | | | |
| Goal 2: \$5,000.00 | Goal 2: \$10,000.00 | Goal 2: \$ | 21713.73 | | | |
| | 1 | 1 | | | | |