

# **The Indiana Commission to Combat Drug Abuse**



*Behavioral Health Division*

## **Comprehensive Community Plan**

County: Fulton County

LCC Name: Drug Free Fulton County

LCC Contact: Amber Moolenaar

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City: Rochester Indiana, 46975

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County Commissioners: Fulton County Courthouse

Address: 125 East 9<sup>th</sup> Street #108

City: Rochester, IN

Zip Code: 46975

## Vision Statement

What is your Local Coordinating Council's vision statement?

Fulton County will be a community free of substance abuse and addictions.

## Mission Statement

What is your Local Coordinating Council's mission statement?

**DFFC Mission statement: The mission of the Drug Free Fulton County is to bring together community stakeholders to combat alcohol, tobacco and other drug (ATOD) abuse in Fulton County.**

Membership List					
#	Name	Organization	Race	Gender	Category
1	Amber Moolenaar	DFFC	W	F	Coordinator
2	Sherry Shepherd	DFFC/CASA	W	F	Chairperson/Prevention
3	Matthew Utter	FC Sheriff's Office	W	M	Justice Services
4	Scott Wilburn	Caston School	W	M	Prevention/Education Treatment/Intervention
5	Dayna Kolanowski	Tippecanoe Valley Schools	W	F	Prevention/Education Treatment/Intervention
6	Katherine Horton	Woodlawn	W	F	Prevention/Education
7	Jason See	Woodlawn/ The Outlet	W	M	Prevention/Education Treatment/Intervention
8	Hector Fernandez	Celebrate Recovery/ JCAP	H	M	Treatment/Intervention Prevention/Education
9	Pat Brown	Recovery Café	W	M	Treatment/Intervention
10	Mitch Scott	FC Sheriff's Office	W	M	Justice Services
11	Rick Utter	Rochester Schools	W	M	Prevention/Education Treatment/Intervention

### LCC Meeting Schedule:

Please provide the months the LCC meets throughout the year:

January, February, March, April, May, June, July, August, September, October, November.

Meetings are available to meet in person and virtually through Zoom.

## II. Community Needs Assessment

*The first step in developing an effective substance use and misuse reduction plan is to assess your community. A community assessment tells you about your community's readiness to implement prevention, treatment, and justice-related programs to address substance use and misuse. An assessment also provides an overview of the risk and protective factors present in the community, helping your coalition plan more effectively.*

### Community Profile

County Name
Fulton County
County Population
20,358
Schools in the community
Rochester Community School Corporation, Tippecanoe Valley School Corporation, Living Faith Christian Academy, Caston School District.
Medical care providers in the community (hospitals, health care centers, medical centers/clinics, etc.)
Woodlawn Hospital, Fulton County Health Department, Woodlawn Medical Clinic, Akron Medical Clinic, Fast Pace Health
Mental health care providers in the community (hospitals with psychiatric/behavioral health units, mental health clinics, private/public providers, etc.)
4C Health, Counselors, Rochester Schools use 4C Health, Tippecanoe Valley have contracted services through Bowen in Warsaw
Service agencies/organizations
CASA, DCS, Area 5, Healthy Families
Local media outlets that reach the community
Rochester Sentinel, Radio Stations, Ink Free News, Channel 4. Facebook Pages, Shopper's Guide
What are the substances that are most problematic in your community?
Alcohol, Drugs (Tobacco, Meth, Heroin, Marijuana, Vaping in Youth).
List all substance use/misuse services/activities/programs presently taking place in the community.
The Outlet Youth Center, Celebrate Recovery, School Education on Drugs and Alcohol, Drug Court, Recovery Café, 4C Health, Bowen Center

## Community Risk and Protective Factors

*Use the list of risk and protective factors to identify those present in your community. Identify the resources/assets and limitations/gaps that exist in your community related to each. The lists are not all-inclusive and others may apply.*

**Risk Factors Examples:** trauma and toxic stressors; poverty violence; neighborhood characteristics; low neighborhood attachment; community disorganization; community norms and laws favorable toward drug use, firearms, and crime; availability of alcohol and other drugs; weak family relationships; family substance use; peer substance use; mental health problems; families moving frequently from home to home; limited prevention and recovery resources.

**Protective Factors Examples:** strong family relationships; neighborhood economic viability; low childhood stress; access to health care; access to mental health care; community-based interventions; restricted access to alcohol and other drugs including restrictive laws and excise taxes; safe, supportive, and connected neighborhoods; meaningful youth engagement opportunities; local policies and practices that support healthy norms and child-youth programs; positive connection to adults.

Risk Factors	Resources/Assets	Limitations/Gaps
1. Limited Prevention and Recovery Resources	1. Probation involvement 2. Resources for youth education (ex. Health Class, Churches, Youth Program) 3. Student Resource Officers	1. Lack of youth involvement in programs 2. Lack of coping mechanisms for adults and youth 3. Lack of substance abuse counseling/treatment
2. Availability of Alcohol	1. Facilities for prevention and recovery resources 2. Drug and Alcohol Program after court involvement 3. AA, Celebrate Recovery	1. Lack of community involvement 2. Lack of prevention for other family members 3. Community Norms
3. Availability of Drugs	1. Facilities for prevention and recovery resources 2. Drug and Alcohol program after court involvement 3. NA, Celebrate Recovery	1. Lack of community involvement 2. Lack of treatment programs for youth 3. Weak family relationships/broken homes
Protective Factors	Resources/Assets	Limitations/Gaps
1. Access to Mental Health Care	1. 4C Health to assist on mental health 2. Church assistance, Hospital assistance, local groups that help mental health among other daily life stressors	1. Lack of awareness for teens on mental health issues & parents 2. Lack of family stress assistance 3. Lack of involvement from families, lack of continued support for families

	3. DCS, Court Referrals, Woodlawn, County Health Dept.	
2. Youth Outreach Center	1. Facility to provide safe place for students after school 2. Provide positive mentorships 3. Early intervention with troubled youth by staying connected	1. Does not encompass all of Fulton County, only Rochester 2. Limited hours of operation may limit at risk youth 3. Funding is based on donations and gifts
3. Community Based interventions	1. Celebrate Recovery, Outreach Center, Recovery Café 2. Assistance to community and their children (provides daycare, food, and build family support) 3. Continued care for assistance in drug and alcohol use	1. Funding may be minimal 2. Lack of continued attendance 3. Lack of youth support from families

### III. Making A Community Action Plan

*Now that you have completed a community assessment and have identified the risk and protective factors that exist, you can develop a plan of action. The Comprehensive Community Plan (CCP) is a systematic and community-driven gathering, analysis, and reporting of community-level indicators for the purpose of identifying and addressing local substance use problems.*

Step 1: Create problem statements, and ensure problems statements are in line with statutory requirements

Step 2: Ensure your problem statements are evidence-informed, then prioritize

Step 3: Brainstorm what can be done about each

Step 4: Prioritize your list, and develop SMART goal statements for each

Step 5: List the steps to achieve each goal

#### Step 1: Create + Categorize Problem Statements

*Create problem statements as they relate to each of the identified risk factors.*

Risk Factors	Problem Statement(s)
1. Limited Prevention and Recovery Resources	1. "Youth in our county needs more awareness on alcohol & drug prevention and education."

	2. "Family reoccurrences of drug and alcohol abuse continue to rise in our county." 3. "Continued prevention and recovery options should be available after court involvement."
2. Availability of Alcohol	1. "Family disputes in our county commonly involve alcohol" 2. "Alcohol abuse is an issue within our county." 3. "Drinking and driving is problematic within our community."
3. Availability of Drugs	1. "Drug use can lead to future issues which affects our community." 2. "Drug use in our community is affecting adults and youth which leads to more negative lifestyles." 3. "Many arrests in our county are drug related."

## Step 2: Evidence-Informed Problem Statements

*Identify your top three problem statements using local or state data. Ensure that there is a problem statement for each co-equal funding category (e.g., prevention/education; intervention/treatment; and criminal justice services and activities).*

Problem Statements	Data That Establishes Problem	Data Source
1. "Youth in our county needs more awareness on alcohol & drug prevention and education."	<ul style="list-style-type: none"> <li>In 2022-2023, 60 School Suspensions or Expulsions Related to Alcohol, Tobacco, and/or Drug Use in Fulton County. There was an increase from 2021- 2022 School Year, in which there was 48 suspensions/expulsions.</li> <li>In 2023, Percent of Children Removed from Home Due to Parent Alcohol and/or Drug Abuse* is 53.8% in regards to just Fulton County Indiana. The State of Indiana is at 58.2%. These percentages have dropped slightly from 2022.</li> <li>About 10.0% of child removals in SFY 2023 was attributable to parental alcohol abuse [0.2 PP □ from previous year] (IN-DCS, 2023)</li> </ul>	<ul style="list-style-type: none"> <li><a href="#">County Profiles Data (iu.edu)</a> Prevention Insights; prevention.iu.edu County Specific</li> <li><a href="#">County Profiles Data (iu.edu)</a>  Prevention Insights; prevention.iu.edu.</li> <li><a href="#">2024 Drug Facts Sheet (in.gov)</a> FSSA Syra Health; Drug Facts</li> </ul>

<p>2. “Alcohol abuse is an issue within our county.”</p>	<ul style="list-style-type: none"> <li>• In 2022, 46.5% Hoosiers (12 years and older) reported current alcohol use [2.4(PP) up □ from previous year] (NSDUH, 2022)</li> <li>• In 2021, 17.0 Percent of adults that report excessive drinking in Fulton County. The state of Indiana is 16.9 percent according to excessive drinking.</li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">2024 Drug Facts Sheet (in.gov)</a> FSSA Syra Health; Drug Facts</li> <li>• <a href="#">County Profiles Data (iu.edu)</a>  Prevention Insights; prevention.iu.edu.</li> </ul>
<p>3. “Drug use in our community is affecting adults and youth which leads to increased negative lifestyles.”</p>	<ul style="list-style-type: none"> <li>• In 2022, The percent of family households with single parent is 29.5%, which could contribute to the increased negative lifestyles for families affecting adults and youth.</li> <li>• In 2022, Drug Overdose Mortality Rate in Indiana was 41 (per 100,000 pop.) which is 2,682 drug overdose deaths in Indiana. In 2021, Drug Overdose Mortality Rate in Indiana was 43 (per 100,000 pop.) which is 2,811 drug overdose deaths in Indiana. This shows there was a slight decrease, but still is currently an issue in Fulton County.</li> <li>• Marijuana use among young adults (18 to 25 years) has been increasing since 2016.</li> <li>• In 2022, 57.9 Percent of admissions with methamphetamine use reported (Substance Abuse Treatment Episodes) In 2021, it was 55.3 percent, so there was an increase in Fulton County.</li> <li>• The Adolescent Brain Cognitive Development Study (ABCD) study recently found that children exposed to cannabis prenatally were more likely to have mental health issues at ages 11-12.</li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">County Profiles Data (iu.edu)</a> Prevention Insights; prevention.in.edu</li> <li>• <a href="#">Drug Overdose Mortality by State (cdc.gov)</a> National Center for Health Statistics</li> <li>• <a href="#">2024 Drug Facts Sheet (in.gov)</a> FSSA Syra Health;</li> <li>• <a href="#">County Profiles Data (iu.edu)</a>  Prevention Insights; prevention.iu.edu.</li> <li>• <a href="#">NIDA IC Fact Sheet 2024</a> Fact Sheet; Prevention</li> </ul>

### Step 3: Brainstorm

*Consider the resources/assets and limitations/gaps that were identified for each risk factor, and list what actions can be taken for each identified problem statement.*

Problem Statements	What can be done (action)?
1. "Youth in our county needs more awareness on alcohol & drug prevention and education."	<ol style="list-style-type: none"><li>1. Support schools in-school and afterschool prevention and education programs. Educate youth about the negative aspects of alcohol and drug misuse among family members.</li><li>2. Educate youth about stressors and coping mechanisms.</li><li>3. Support community efforts to provide prevention and education opportunities for all community members.</li><li>4. Support schools in programs to educate students on the effects of drug and alcohol related incidents along with the outcomes of drug and alcohol related incidents.</li><li>5. Support Law enforcement to help educate the students through programs for schools and students.</li></ol>
2. "Alcohol abuse is an issue within our county."	<ol style="list-style-type: none"><li>1. Support and assist community alcohol related programs for prevention and education on drinking and driving.</li><li>2. Support funding for intervention and treatment for individuals and family treatment and interventions.</li><li>3. Support law enforcement agencies in training and technology to help enforce current laws.</li><li>4. Support programs within the Jail to help educate incarcerated individuals along with treatment and intervention to be able to adjust when released.</li></ol>
3. "Drug use in our community is affecting adults and youth which leads to increased negative lifestyles."	<ol style="list-style-type: none"><li>1. Encourage community efforts in providing family involvement that offers prevention education and awareness along with healthy lifestyle education.</li><li>2. Support and assist schools with technology and programs to reduce drug</li></ol>



	<p>use in schools along with supporting treatment programs for adults.</p> <ol style="list-style-type: none"> <li>3. Support law enforcement agencies with training, and technology to help decrease accessible drugs in our community.</li> <li>4. Support programs within the Jail to help educate incarcerated individuals along with treatment and intervention to be able to adjust when released.</li> </ol>
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#### Step 4: Develop SMART Goal Statements

*For each problem statement, prioritize your list of what can be done. Choose your top two actions for each. Then, develop goal statements that demonstrate what change you hope to achieve and by when you hope to achieve it.*

Problem Statement #1
<p>Goal 1</p> <p>The LCC will increase the awareness of alcohol and drug prevention and education amongst youth ages between 11-17 within one school calendar year. The awareness, education, and prevention among <b>youth in schools</b> will be increased by 1%. This data will be supported by the Fulton County Statistics according to the IU County Profiles on students suspensions and expulsions related to tobacco, drug, and alcohol related incidents. If a 1% reduction is not achieved within a year, the LCCs approach will be reevaluated.</p>
<p>Goal 2</p> <p>The LCC will increase the awareness of alcohol and drug prevention and education amongst youth ages between 11-17 within a one year. The awareness, education, and prevention among <b>youth within Fulton County</b> will increase by 1%. This data will be supported by the Fulton County Statistics according to the IU County Profiles on Children Removed from Home Due to Parent Alcohol and/or Drug Abuse in Fulton County. If a 1% reduction is not achieved within a year, the LCC's approach will be reevaluated.</p>
Problem Statement #2
<p>Goal 1</p> <p>The LCC will reduce the alcohol related occurrences in our county by 1% within a one-year period. This will be supported by prevention and education programs through the jail and community. This will be known by following data on the Fulton County Statistics according to the IU County Profiles. Data will also be documented regarding drinking and driving arrests within our county from law enforcement agencies. If a 1% reduction is not achieved within one year, the LCCs approach will be reevaluated.</p>
<p>Goal 2</p>

The LCC will reduce the alcohol related occurrences in our county by 1% within a one-year period. This will be known by supporting intervention and treatment programs within the community to prevent future alcohol related offenses. These programs may be within the jail. Data will be documented from law enforcement as well as from the Fulton County Statistics and FSSA Drug Facts sheet. If a 1% reduction is not achieved within one year, the LCCs approach will be reevaluated.

### Problem Statement #3

#### Goal 1

The LCC will reduce drug use amongst youth, ages 11-17, and adults by 1% within a one-year period. This will be known by supporting community efforts in awareness on prevention and education on drug misuse to the **youth and adults** along with family awareness within our community. Data will be documented from the CDC, FSSA Drug Facts Sheet, and Fulton County Statistics. If a 1% reduction is not achieved within one year, the LCCs approach will be reevaluated.

#### Goal 2

The LCC will reduce drug use amongst youth, ages 11-17, and adults by 3% within a one-year period. This will be known by supporting local schools with programs and technology to continue their efforts in reducing drug use in schools. This will also be known by supporting local programs in efforts to reduce adult drug use in our community. Data will be documented from the CDC, FSSA Drug Facts Sheet, and the Fulton County Statistics. If a 1% reduction is not achieved within one year, the LCCs approach will be reevaluated.

## Step 5: Plans to Achieve Goals

*For each goal, list the steps required to achieve each*

Problem Statement #1	Steps
<p>Goal 1</p> <p>The LCC will increase the awareness of alcohol and drug prevention and education amongst youth ages between 11-17 within one school calendar year. The awareness, education, and prevention among <b>youth in schools</b> will be increased by 1%. This data will be supported by the Fulton County Statistics according to the IU County Profiles on students suspensions and expulsions related to tobacco, drug, and alcohol related incidents. If a 1% reduction is not achieved within a year, the LCCs approach will be reevaluated.</p>	<ol style="list-style-type: none"> <li>1. Prevention/Education- Support prevention and/or education programs/activities within schools</li> <li>2. Intervention/Treatment- Support schools with items needed to be proactive on youth drug use</li> <li>3. Justice Services/Supports- Fund government agencies for items to provide to students on local youth drug use statistics and juvenile court statistics</li> </ol>

<p>Goal 2</p> <p>The LCC will increase the awareness of alcohol and drug prevention and education amongst youth ages between 11-17 within a one year. The awareness, education, and prevention among <b>youth within Fulton County</b> will increase by 1%. This data will be supported by the Fulton County Statistics according to the IU County Profiles on Children Removed From Home Due to Parent Alcohol and/or Drug Abuse in Fulton County. If a 1% reduction is not achieved within a year, the LCC's approach will be reevaluated.</p>	<ol style="list-style-type: none"> <li>1. Prevention/Education- Fund community prevention and education programs for youth awareness on alcohol and drugs</li> <li>2. Intervention/Treatment- Support families with providing awareness to their children and support counseling agencies for families</li> <li>3. Justice Services/Supports- Support law enforcement agencies on their involvement with youth in our community</li> </ol>
Problem Statement #2	Steps
<p>Goal 1</p> <p>The LCC will reduce the alcohol related occurrences in our county by 1% within a one-year period. This will be supported by prevention and education programs through the jail and community. This will be known by following data on the Fulton County Statistics according to the IU County Profiles. Data will also be documented regarding drinking and driving arrests within our county from law enforcement agencies. If a 1% reduction is not achieved within one year, the LCCs approach will be reevaluated.</p>	<ol style="list-style-type: none"> <li>1. Prevention/Education- Support and/or fund law enforcement with updated training and education on alcohol related driving offenses</li> <li>2. Intervention/Treatment- Support intervention and/or treatment efforts on alcohol abuse within our community. Support programs within the jail.</li> <li>3. Justice Services/Supports- Support law enforcement with their efforts in removing impaired drivers from the roadway.</li> </ol>
<p>Goal 2</p> <p>The LCC will reduce the alcohol related occurrences in our county by 1% within a one-year period. This will be known by supporting intervention and treatment programs within the community to prevent future alcohol related offenses. These programs may be within the jail. Data will be documented from law enforcement as well as from the Fulton County Statistics and FSSA Drug Facts sheet. If a 1% reduction is not achieved within one year, the LCCs approach will be reevaluated.</p>	<ol style="list-style-type: none"> <li>1. Prevention/Education- Fund prevention and/or education programs focused on alcohol abuse and relapse</li> <li>2. Intervention/Treatment- Support intervention and/or treatment programs for alcohol abuse. Support programs in the jail.</li> <li>3. Justice Services/Support- Fund justice services in ways to prevent alcohol abuse.</li> </ol>

Problem Statement #3	Steps
<p>Goal 1</p> <p>The LCC will reduce drug use amongst youth, ages 11-17, and adults by 1% within a one-year period. This will be known by supporting community efforts in awareness on prevention and education on drug misuse to the <b>youth and adults</b> along with family awareness within our community. Data will be documented from the CDC, FSSA Drug Facts Sheet, and Fulton County Statistics. If a 1% reduction is not achieved within one year, the LCCs approach will be reevaluated.</p>	<ol style="list-style-type: none"> <li>1. Prevention/Education- Fund prevention and/or education programs focused on awareness of drug use in youth and adults</li> <li>2. Intervention/Treatment- Support community efforts for intervention and/or treatment guidance for youth and adult drug use</li> <li>3. Justice Services/Support- Support law enforcement on ways to become involved with community leaders in reducing youth drug use</li> </ol>
<p>Goal 2</p> <p>The LCC will reduce drug use amongst youth, ages 11-17, and adults by 3% within a one-year period. This will be known by supporting local schools with programs and technology to continue their efforts in reducing drug use in schools. This will also be known by supporting local programs in efforts to reduce adult drug use in our community. Data will be documented from the CDC, FSSA Drug Facts Sheet, and the Fulton County Statistics. If a 1% reduction is not achieved within one year, the LCCs approach will be reevaluated.</p>	<ol style="list-style-type: none"> <li>1. 1.Prevention/Education- Fund prevention and/or education programs in schools and local agencies focused drug abuse</li> <li>2. Intervention/Treatment- Support intervention and/or treatment for schools and local agencies to use in efforts to reduce drug use.</li> <li>3. Justice Services/Supports- Fund schools and jails with programs and technology to reduce drug use in schools as well as adult treatment agencies with programs and technology to reduce drug use.</li> </ol>

## IV. Fund Document

The fund document allows the LCC to provide finances available to the coalition at the beginning of the year. The fund document gauges an LCC's fiscal wellness to empower their implementation of growth within their community. The fund document also ensures LCCs meet the statutory requirement of funding programs within the three categories of (1) Prevention/Education, (2) Treatment/Intervention, and (3) Criminal Justice Services and Activities (IC 5-2-11-5).

Funding Profile		
<b>1</b>	Amount deposited into the County DFC Fund from fees collected last year:	\$15,179.49
<b>2</b>	Amount of unused funds from last year that will roll over into this year:	\$12,245.85
<b>3</b>	Total funds available for programs and administrative costs for this year (Line 1 + Line 2):	\$27,425.34
<b>4</b>	Amount of funds granted last year:	\$16,314.15
Additional Funding Sources (if no money is received, please enter \$0.00)		
<b>A</b>	Substance Abuse and Mental Health Services Administration (SAMHSA):	\$0.00
<b>B</b>	Centers for Disease Control and Prevention (CDC):	\$0.00
<b>C</b>	Bureau of Justice Administration (BJA):	\$0.00
<b>D</b>	Office of National Drug Control Policy (ONDCP):	\$0.00
<b>E</b>	Indiana State Department of Health (ISDH):	\$0.00
<b>F</b>	Indiana Department of Education (DOE):	\$0.00
<b>G</b>	Indiana Division of Mental Health and Addiction (DMHA):	\$0.00
<b>H</b>	Indiana Family and Social Services Administration (FSSA):	\$0.00
<b>I</b>	Local entities:	\$0.00
<b>J</b>	Other:	\$0.00
Categorical Funding Allocations		
Prevention/Education: \$6,857.34 **\$1.34 added to account for all funds.	Intervention/Treatment: \$6,856.00	Justice Services: \$6,856.00
Funding allotted to Administrative costs:		
Itemized list of what is being funded		Amount (\$100.00)
Coordinator compensation		\$6,000.00
Office supplies		\$856.00
Funding Allocations by Goal per Problem Statement:		
<b>Problem Statement #1</b>	<b>Problem Statement #2</b>	<b>Problem Statement #3</b>
Goal 1: \$3,429.34	Goal 1: \$3,428.00	Goal 1: \$3,428.00
Goal 2: \$3,428.00	Goal 2: \$3,428.00	Goal 2: \$3,428.00