# The Indiana Commission to Combat Drug Abuse



## Behavioral Health Division

# **Comprehensive Community Plan**

County: Fulton

LCC Name: Drug Free Fulton County

LCC Contact: Amber Moolenaar

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City: Rochester, IN 46975

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County Commissioners: Fulton County Courthouse

Address: 125 East 9th Street #108

City: Rochester, IN

Zip Code:46975

## **Vision Statement**

What is your Local Coordinating Council's vision statement?

Fulton County will be a community free of substance abuse and addictions.

## Mission Statement

What is your Local Coordinating Council's mission statement?

<u>DFFC Mission statement: The mission of the Drug Free Fulton County is to bring together community stakeholders to combat alcohol, tobacco and other drug (ATOD) abuse in Fulton County.</u>

Membership List					
#	Name	Organization	Race	Gender	Category
1	Amber Moolenaar	DFFC	W	F	Coordinator
2	Travis Heishman	FC Sheriff Off.	W	M	<b>Justice Services</b>
3	<b>Matthew Utter</b>	FC Sheriff Off.	W	M	<b>Justice Services</b>
4	Jodi Miller	FC Sheriff Off.	W	F	<b>Justice Services</b>
5	<b>Sherry Shepherd</b>	CASA	W	F	Prevention
6	Scott Wilburn	<b>Caston School</b>	W	M	Prevention &
					Treatment
7	Skeeter Daughtery	Rochester	$\mathbf{W}$	M	Prevention &
		Schools			Treatment
8	Dayna Kolanowski	Tippecanoe	W	$\mathbf{F}$	Prevention &
		Valley Schools			Treatment
9	Cynthia Rainey	DCS	W	F	Treatment
10	Susann Fields	DCS	W	F	Treatment
11	Katherine Horton	Woodlawn	W	F	Prevention
12	Jason See	Woodlawn	W	M	Prevention
13	Rebecca Clark	4C	W	F	Treatment
14	Hector Fernandez	Celebrate Recovery	H	M	Treatment
15	Pat Brown	Recovery Café	W	M	Treatment
16	Mitch Scott	Rochester	W	M	Prevention &
		Schools			Treatment
17					
18					
19					
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## LCC Meeting Schedule:

Please provide the months the LCC meets throughout the year:
January, February, March, April, May, June, July, August, September, October, November.
Meetings are available to meet in person and virtual, whichever the member prefers.

## II. Community Needs Assessment

The first step in developing an effective substance use and misuse reduction plan is to assess your community. A community assessment tells you about your community's readiness to implement prevention, treatment, and justice-related programs to address substance use and misuse. An assessment also provides an overview of the risk and protective factors present in the community, helping your coalition plan more effectively.

### **Community Profile**

County Name Fulton County

County Population

20,327

Schools in the community

Rochester Community School Corporation, Tippecanoe Valley School Corporation, Living Faith Christian Academy, Caston School District.

Medical care providers in the community (hospitals, health care centers, medical centers/clinics, etc.) Woodlawn Hospital, Fulton County Health Department, Woodlawn Medical Clinic, Akron Medical Clinic, Fast Pace Health,

Mental health care providers in the community (hospitals with psychiatric/behavioral health units, mental health clinics, private/public providers, etc.)

4C Health, Counselors, Rochester Schools use 4C Health, Tippecanoe Valley have contracted services through Bowen in Warsaw

Service agencies/organizations

CASA, DCS, Area 5, Healthy Families

Local media outlets that reach the community

Rochester Sentinel, Radio Stations, Ink Free News, Channel 4, Facebook Pages, Shoppers Guide

What are the substances that are most problematic in your community? Alcohol, Drugs (Tobacco, Meth, Heroin, Marijuana, Vaping in Youth)

List all substance use/misuse services/activities/programs presently taking place in the community, The Outlet Youth Center, Celebrate Recovery, School Education on Drugs and Alcohol, Drug Court, Recovery Café, 4C Health, Bowen Center

## **Community Risk and Protective Factors**

Use the list of risk and protective factors to identify those present in your community. Identify the resources/assets and limitations/gaps that exist in your community related to each. The lists are not all-inclusive and others may apply.

<u>Risk Factors Examples:</u> trauma and toxic stressors; poverty violence; neighborhood characteristics; low neighborhood attachment; community disorganization; community norms and laws favorable toward drug

use, firearms, and crime; availability of alcohol and other drugs; weak family relationships; family substance use; peer substance use; mental health problems; families moving frequently from home to home; limited prevention and recovery resources.

<u>Protective Factors Examples:</u> strong family relationships; neighborhood economic viability; low childhood stress; access to health care; access to mental health care; community-based interventions; restricted access to alcohol and other drugs including restrictive laws and excise taxes; safe, supportive, and connected neighborhoods; meaningful youth engagement opportunities; local policies and practices that support healthy norms and child-youth programs; positive connection to adults.

Risk Factors	Resources/Assets	Limitations/Gaps		
1. Limited Prevention and	1. Probation involvement	<ol> <li>Lack of youth involvement in programs</li> <li>Lack of coping mechanisms</li> </ol>		
Recovery Resources	2. Resources for youth education			
	(ex. Health Class, Churches,			
	Youth Program)	for adults and youth		
	3. Student Resource Officers	3. Lack of substance abuse counseling/treatment		
2. Availability of Alcohol	1. Facilities for prevention and	1. Lack of community		
2.11. underlief of the oner	recovery resources	involvement		
	2. Drug and Alcohol Program after court involvement	2. Lack of prevention for other family members		
	3. AA, Celebrate Recovery	3. Community Norms		
3. Availability of Drugs	1. Facilities for prevention and recovery resources	1. Lack of community involvement		
	2. Drug and Alcohol program after court involvement	2. Lack of treatment programs for youth		
	3. NA, Celebrate Recovery	3. Weak family relationships/broken homes		
<b>Protective Factors</b>	Resources/Assets	Limitations/Gaps		
Access to Mental Health     Care	1. 4C Health to assist on mental health	1. Lack of awareness for teens on mental health issues & parents		
	2. Church assistance, Hospital assistance, local groups that help mental health among other daily	2. Lack of family stress assistance		
	life stressors	3. Lack of involvement from families, lack of continued		
	3. DCS, Court Referrals, Woodlawn, County Health Dept.	support for families		

2. Youth Outreach Center	Facility to provide safe place for students after school     Provide positive mentorships     Early intervention with troubled youth by staying connected	<ol> <li>Does not encompass all of Fulton County, only Rochester</li> <li>Limited hours of operation may limit at risk youth</li> <li>Funding is based on donations and gifts</li> </ol>
3. Community Based interventions	Celebrate Recovery, Outreach Center, Recovery Café     Assistance to community and their children (provides daycare, food, and build family support)     Continued care for assistance in drug and alcohol use	Funding may be minimal     Lack of continued attendance     Lack of youth support from families

## III. Making A Community Action Plan

Now that you have completed a community assessment and have identified the risk and protective factors that exist, you can develop a plan of action. The Comprehensive Community Plan (CCP) is a systematic and community-driven gathering, analysis, and reporting of community-level indicators for the purpose of identifying and addressing local substance use problems.

- Step 1: Create problem statements, and ensure problems statements are in line with statutory requirements
- Step 2: Ensure your problem statements are evidence-informed, then prioritize
- Step 3: Brainstorm what can be done about each
- Step 4: Prioritize your list, and develop SMART goal statements for each
- Step 5: List the steps to achieve each goal

## **Step 1: Create + Categorize Problem Statements**

*Create problem statements as they relate to each of the identified risk factors.* 

Risk Factors	Problem Statement(s)
1.	1. "Youth in our county needs more awareness on
Limited Prevention and Recovery Resources	alcohol & drug prevention and education."
	2. "Family reoccurrences of drug and alcohol abuse continue to rise in our county."
	3. "Continued prevention and recovery options should be available after court involvement."
2. Availability of Alcohol	1. "Family disputes in our county commonly involve alcohol"
	2. "Alcohol abuse is an issue within our county."
	3. "Drinking and driving is problematic within our community."

3.	1. "Drug use can lead to future issues which		
Availability of Drugs	affects our community."		
	2. "Drug use in our community is affecting adults and youth which leads to more negative lifestyles."		
	3. "Many arrests in our county are drug related."		

## **Step 2: Evidence-Informed Problem Statements**

Identify your top three problem statements using local or state data. Ensure that there is a problem statement for each co-equal funding category (e.g., prevention/education; intervention/treatment; and criminal justice services and activities).

Problem Statements	Data That Establishes Problem	Data Source
1.  "Youth in our county needs more awareness on alcohol & drug prevention and education."	5 Minor possession of Alcoholic Beverage in 2022 in Fulton County. Schools in Fulton County have continued vape issues among youth.	Fulton County Sheriff's Office
2. "Drinking and driving is problematic within our community."	80 Alcohol related traffic arrests occurred in 2022 in Fulton County.	Fulton County Sheriff's Office
3.  "Drug use in our community is affecting adults and youth which leads to increased negative lifestyles."	In 2022, 104 methamphetamine arrests, 19 marijuana arrests, and 14 arrests involving other narcotics occurred in Fulton County.  In 2022, there were 18 arrests for domestic battery in the presence of child less than 16 years old (See or Hear).	Fulton County Sheriff's Office

## **Step 3: Brainstorm**

Consider the resources/assets and limitations/gaps that were identified for each risk factor, and list what actions can be taken for each identified problem statement.

Problem Statements	What can be done (action)?		
1.  "Youth in our county needs more awareness on alcohol & drug prevention and education."	1. Support schools in-school and afterschool prevention and education programs. Educate youth about the negative aspects of alcohol and drug misuse among family members.		
	2. Educate youth about stressors and coping mechanisms.		
	3.Support community efforts to provide prevention and education opportunities for all community members.		
2. "Drinking and driving is problematic within our community."	Support and assist community alcohol related programs for prevention and education on drinking and driving.		
Community.	2. Support funding for intervention and treatment for individuals and family treatment and interventions.		
	3. Support law enforcement agencies in training and technology to help enforce current laws.		
3.  "Drug use in our community is affecting adults and youth which leads to increased negative lifestyles."	1. Encourage community efforts in providing family involvement that offers prevention education and awareness along with healthy lifestyle education.		
The styles.	2. Support and assist schools with technology and programs to reduce drug use in schools along with supporting treatment programs for adults.		
	3. Support law enforcement agencies with training, and technology to help decrease accessible drugs in our community.		

### **Step 4: Develop SMART Goal Statements**

For each problem statement, prioritize your list of what can be done. Choose your top two actions for each. Then, develop goal statements that demonstrate what change you hope to achieve and by when you hope to achieve it.

#### **Problem Statement #1**

#### Goal 1

The LCC will increase the awareness of alcohol and drug prevention and education amongst youth ages between 11-17 within one school calendar year. The awareness, education, and prevention among youth in schools will be increased by 3%. This data will be supported by documenting local schools' alcohol and drug education provided to youth through the school year and assisting schools on increasing awareness to the youth within our county. If there is a decrease in school education on alcohol and drug awareness, the LCCs approach will be reevaluated.

#### Goal 2

The LCC will increase the awareness of alcohol and drug prevention and education amongst youth ages between 11-17 within a one year. The awareness, education, and prevention among youth within Fulton County will increase by 3%. This data will be supported by assisting community alcohol and drug prevention and education programs and activities for youth within our county. If there is a decrease in community activities on alcohol and drug awareness, the LCCs approach will be reevaluated.

#### **Problem Statement #2**

#### Goal 1

The LCC will reduce the amount of drinking and driving occurrences in our county by 3% within a one-year period. This will be known by supporting law enforcement agencies with the training and technology to continue their efforts in enforcing laws. Data will be documented regarding drinking and driving arrests within our county from law enforcement agencies. If a 3% reduction is not achieved within one year, the LCCs approach will be reevaluated.

#### Goal 2

The LCC will reduce the amount of drinking and driving occurrences in our county by 3% within a one-year period. This will be known by supporting intervention and treatment programs within the community to prevent future alcohol related offenses. Data will be documented from law enforcement and government agencies regarding repeat drinking and driving offenses within one year. If a 3% reduction is not achieved within one year, the LCCs approach will be reevaluated.

#### **Problem Statement #3**

#### Goal 1

The LCC will reduce drug use amongst youth, ages 11-17, and adults by 3% within a one-year period. This will be known by supporting community efforts in awareness on prevention and education on drug misuse to the youth and adults along with family awareness within our community. Data will be documented from local schools and government agencies on what options there are on prevention and education programs we have available for youth and adults. If a 3% reduction is not achieved within one year, the LCCs approach will be reevaluated.

#### Goal 2

The LCC will reduce drug use amongst youth, ages 11-17, and adults by 3% within a one-year period. This will be known by supporting local schools with programs and technology to continue their efforts in reducing drug use in schools. This will also be known by supporting local programs in efforts to reduce adult drug use in our community. Data will be documented from local schools and government agencies to track the student drug use in schools and drug use in court cases. If a 3% reduction is not achieved within one year, the LCCs approach will be reevaluated.

## **Step 5: Plans to Achieve Goals**

For each goal, list the steps required to achieve each

Problem Statement #1	Steps
Goal 1  The LCC will increase the awareness of alcohol and drug prevention and education amongst youth ages between 11-17 within one school calendar year. The awareness, education, and prevention among youth in schools will be increased by 3%. This data will be supported by documenting local schools' alcohol and drug education provided to youth through the school year and assisting schools on increasing awareness to the youth within our county. If there is a decrease in school education on alcohol and drug awareness, the LCCs approach will be reevaluated.	1. Prevention/Education- Support prevention and/or education programs/activities within schools  2. Intervention/Treatment- Support schools with items needed to be proactive on youth drug use  3. Justice Services/Supports- Fund government agencies for items to provide to students on local youth drug use
	statistics and juvenile court statistics
Goal 2	Prevention/Education- Fund     community prevention and education

The LCC will increase the awareness of alcohol and drug prevention and education amongst youth ages between 11-17 within a one year. The awareness, education, and prevention among youth within Fulton County will increase by 3%. This data will be supported by assisting community alcohol and drug prevention and education programs and activities for youth within our county. If there is a decrease in community activities on alcohol and drug awareness, the LCCs approach will be reevaluated.

programs for youth awareness on alcohol and drugs

- 2.Intervention/Treatment- Support families with providing awareness to their children and support counseling agencies for families
- 3. Justice Services/Supports- Support law enforcement agencies on their involvement with youth in our community

## **Problem Statement #2**

#### Goal 1

The LCC will reduce the amount of drinking and driving occurrences in our county by 3% within a one-year period. This will be known by supporting law enforcement agencies with the training and technology to continue their efforts in enforcing laws. Data will be documented regarding drinking and driving arrests within our county from law enforcement agencies. If a 3% reduction is not achieved within one year, the LCCs approach will be reevaluated.

## Steps

- 1. Prevention/Education- Support and/or fund law enforcement with updated training and education on alcohol related driving offenses
- 2. Intervention/Treatment- Support intervention and/or treatment efforts on alcohol abuse within our community
- 3. Justice Services/Supports- Support law enforcement with their efforts in removing impaired drivers from the roadway.

#### Goal 2

The LCC will reduce the amount of drinking and driving occurrences in our county by 3% within a one-year period. This will be known by supporting intervention and treatment programs within the community to prevent future alcohol related offenses. Data will be documented from law enforcement and government agencies in regard to repeat drinking and driving offenses within one

- 1. Prevention/Education- Fund prevention and/or education programs focused on alcohol abuse and relapse
- 2. Intervention/Treatment- Support intervention and/or treatment programs for alcohol abuse

year. If a 3% reduction is not achieved within one year, the LCCs approach will be reevaluated.

3. Justice Services/Support- Fund justice services in ways to prevent alcohol abuse

## **Problem Statement #3**

#### Goal 1

The LCC will reduce drug use amongst youth, ages 11-17, and adults by 3% within a one-year period. This will be known by supporting community efforts in awareness on prevention and education on drug misuse to the youth and adults along with family awareness within our community. Data will be documented from local schools and government agencies on what options there are on prevention and education programs we have available for youth and adults. If a 3% reduction is not achieved within one year, the LCCs approach will be reevaluated.

## Steps

- 1. Prevention/Education- Fund prevention and/or education programs focused on awareness of drug use in youth and adults
- 2. Intervention/Treatment- Support community efforts for intervention and/or treatment guidance for youth and adult drug use
- 3. Justice Services/Support- Support law enforcement on ways to become involved with community leaders in reducing youth drug use

#### Goal 2

The LCC will reduce drug use amongst youth, ages 11-17, and adults by 3% within a one-year period. This will be known by supporting local schools with programs and technology to continue their efforts in reducing drug use in schools. This will also be known by supporting local programs in efforts to reduce adult drug use in our community. Data will be documented from local schools and government agencies to track the student drug use in schools and drug use in court cases. If a 3% reduction is not achieved within one year, the LCCs approach will be reevaluated.

- 1.Prevention/Education- Fund prevention and/or education programs in schools and local agencies focused drug abuse
- 2. Intervention/Treatment- Support intervention and/or treatment for schools and local agencies to use in efforts to reduce drug use.
- 3. Justice Services/Supports- Fund schools with programs and technology to reduce drug use in schools as well as adult treatment agencies with programs and technology to reduce drug use.

## IV. Fund Document

The fund document allows the LCC to provide finances available to the coalition at the beginning of the year. The fund document gauges an LCC's fiscal wellness to empower their implementation of growth within their community. The fund document also ensures LCCs meet the statutory requirement of funding programs within the three categories of (1) Prevention/Education, (2) Treatment/Intervention, and (3) Criminal Justice Services and Activities (IC 5-2-11-5).

Fu	Funding Profile				
1	Amount deposited into the County DFC Fund from fees collected last year:			\$18,000.61	
2	Amount of unused funds from last year that will roll over into this year:			\$8,469.00	
3	Total funds available for programs and administrative costs for this year (Line 1 + Line 2):			\$26,469.61	
4	Amount of funds granted last year	r:		\$15,675.00	
Ad	ditional Funding Sources (if no r				
A	Substance Abuse and Mental Hea	,	MHSA):	\$0.00	
В	Centers for Disease Control and l	Prevention (CDC):		\$0.00	
C	Bureau of Justice Administration	· /		\$0.00	
D	Office of National Drug Control	Policy (ONDCP):		\$0.00	
E	Indiana State Department of Health (ISDH):			\$0.00	
F	Indiana Department of Education (DOE):			\$0.00	
G	Indiana Division of Mental Health and Addiction (DMHA):			\$0.00	
H	Indiana Family and Social Services Administration (FSSA):			\$0.00	
I	Local entities:			\$0.00	
J	Other:			\$0.00	
	tegorical Funding Allocations				
Prevention/Education: \$6,618.00		Intervention/Treatment: \$6,618.00	Justice Services: \$6,618.00		
	nding allotted to Administrative	costs:			
	nized list of what is being funded			ount (\$100.00)	
Co	ordinator compensation		\$6,618.00	)	
Office supplies \$					
Funding Allocations by Goal per Problem Statement:					
Pro	Problem Statement #1 Problem Statement #2 Problem			Statement #3	
Goal 1: \$3,300.00		Goal 1: \$3,300.00	Goal 1: \$3,300.00		
Goal 2: \$3,300.00 Goal 2: \$3,300.00			Goal 2: \$3,300.00		