

# The Indiana Commission to Combat Drug Abuse



*Behavioral Health Division*

## Comprehensive Community Plan

County: Fountain

LCC Name: The Fountain County Local Coordinating Council for a Drug-Free Indiana

LCC Contact: Stephany Dowd

Address: 1104 Eastwood Drive

City: Rockville, IN 47872

Phone: 765-562-2488

Email: kidakia@yahoo.com

Fountain County Commissioners:

Address: Fountain County Courthouse, 301 Fourth Street

City: Covington, IN

Zip Code: 47932

## **Vision Statement**

What is your Local Coordinating Council's vision statement?

The Fountain County Vision Statement is to collaborate with county schools, organizations, businesses, law enforcement and counseling services by providing education and project funding to reduce alcohol, tobacco, and other drug abuses in our residents.

## **Mission Statement**

What is your Local Coordinating Council's mission statement?

The mission of the LCC shall be to improve the quality of life in Fountain County by creating countywide awareness of alcohol, tobacco, and other drug (ATOD) issues and reducing abuse of and dependency on these substances through prevention/education, treatment/intervention, and criminal justice.

<b>Membership List</b>					
<b>#</b>	<b>Name</b>	<b>Organization</b>	<b>Race</b>	<b>Gender</b>	<b>Category</b>
1	Adam Tyler	Purdue Extension	Caucasian	Male	Prevention
2	Jerry Badgley	Celebrate Recovery	Caucasian	Male	Treatment
3					
4	Danielle Snider	West Central Regional Community Corrections	Caucasian	Female	Justice
5	Lindsey Winger	FC Probation	Caucasian	Female	Justice
6	Stephanie Campbell	FC Judge	Caucasian	Female	Justice
7	Daniel Askren	FC Prosecutor	Caucasian	Male	Justice
8	Tim Grzeskiewicz	Happy, Joyous & Free Recovery Life Coaching, LLC	Caucasian	Male	Treatment
9	Lisa Grzeskiewicz	Happy, Joyous & Free Recovery Life Coaching, LLC	Caucasian	Female	Treatment
10	Dawn Gritten, LCSW	Hope Springs Safe House	Caucasian	Female	Treatment
11	Misty Barnett	Hope Springs Safe House	Caucasian	Female	Treatment
12	Yessi Girdler	Covington Community School Corp.	Caucasian	Female	Prevention
13	DJ Jensen	Attica School Corp.	Caucasian	Male	Prevention
14	Amber Young	Social Worker at Covington Middle School	Caucasian	Female	Prevention
15					
16	Lori Webb	Valley Oaks Health	Caucasian	Female	Treatment
17	Donny Gill	Warren/Fountain County Health Dept.	Caucasian	Male	Prevention
18	JJ Payton	Parks Programs	Caucasian	Female	Prevention
19	Cindy Ricketts	Parks Programs	Caucasian	Female	Prevention
20	Stephany Dowd	LCC Coordinator	Caucasian	Female	Prevention

21	Jessica Gaudry	Parks Programs	Caucasian	Female	Prevention
22	Amy Schaller, BA, LAC	Crossroads Recovery Services	Caucasian	Female	Treatment
23					
24					
25					
26					
27					
28					
29					
30					

### LCC Meeting Schedule:

Please provide the months the LCC meets throughout the year:

Fountain County LCC meets at Noon on the 3<sup>rd</sup> Tuesdays, bi-monthly, in January, March, May, July, September, and November at the Courthouse' Commissioners room in Covington. Zoom is included.

## II. Community Needs Assessment

*The first step in developing an effective substance use and misuse reduction plan is to assess your community. A community assessment tells you about your community's readiness to implement prevention, treatment, and justice-related programs to address substance use and misuse. An assessment also provides an overview of the risk and protective factors present in the community, helping your coalition plan more effectively.*

### Community Profile

County Name

Fountain

County Population

16,511 in 2020 (latest data available) <a href="http://www.stats.indiana.edu/profiles">www.stats.indiana.edu/profiles</a> and <a href="http://www.indianaindicators.org/profiles">www.indianaindicators.org/profiles</a>
<p>Schools in the community</p> <p>Southeast Fountain School Corp., Attica Consolidated Schools, and Covington Community School Corp.</p>
<p>Medical care providers in the community (hospitals, health care centers, medical centers/clinics, etc.):</p> <p>VA Healthcare System in Danville, IL, Ascension St. Vincent Williamsport Hospital, Franciscan Health in Crawfordsville, and ambulance service.</p>
<p>Mental health care providers in the community (hospitals with psychiatric/behavioral health units, mental health clinics, private/public providers, etc.)</p> <p>Valley Oaks Health in Attica, Choices Counseling &amp; Substance Abuse Services in Veedersburg, Families United, Inc. in Attica. Dawn Gritten LCSW, Happy, Joyous &amp; Free, River's Edge Counseling, and Jillian Hawks, PhD, LMFT all are located in Covington. Ascension Medical Group-St. Vincent Veedersburg, Clean Slate Outpatient Addiction Medicine in Crawfordsville and Lafayette.</p>
<p>Service agencies/organizations</p> <p>American Legion Posts in Attica, Perrysville and Kingman, Purdue Extension Office, area churches, and WICF Attica Foundation, WICF Covington Foundation and Hope Springs Safe House.</p>
<p>Local media outlets that reach the community</p> <p>Fountain County Neighbor and Review Republican</p>
<p>What are the substances that are most problematic in your community?</p> <p>Alcohol, tobacco, marijuana, methamphetamine, cocaine, heroin, possession of paraphernalia and benzodiazepines</p>
<p>List all substance use/misuse services/activities/programs presently taking place in the community</p> <p>Take Back Prescription Box is located at Fountain County Jail, Celebrate Recovery/Hope Springs/The Landing in Attica, Veedersburg Summer Park Program, Covington Park Program, Valley Oaks Health: Beyond the Violence, West Central Regional Community Corrections home detention program and</p>

Covington Schools Red Ribbon Week and substance use prevention evidence-based programs in these schools: Covington and Fountain Central have Life Skills Prevention program at middle and junior high and Covington and Attica have Sport Prevention Plus Program at the high school, NA program is available in Attica on Fridays and in Covington on Saturdays.

## Community Risk and Protective Factors

*Use the list of risk and protective factors to identify those present in your community. Identify the resources/assets and limitations/gaps that exist in your community related to each. The lists are not all-inclusive and others may apply.*

Risk Factors Examples: trauma and toxic stressors; poverty violence; neighborhood characteristics; low neighborhood attachment; community disorganization; community norms and laws favorable toward drug use, firearms, and crime; availability of alcohol and other drugs; weak family relationships; family substance use; peer substance use; mental health problems; families moving frequently from home to home; limited prevention and recovery resources.

Protective Factors Examples: strong family relationships; neighborhood economic viability; low childhood stress; access to health care; access to mental health care; community-based interventions; restricted access to alcohol and other drugs including restrictive laws and excise taxes; safe, supportive, and connected neighborhoods; meaningful youth engagement opportunities; local policies and practices that support healthy norms and child-youth programs; positive connection to adults.<sup>1</sup>

Risk Factors	Resources/Assets	Limitations/Gaps
1. Intergenerational substance use	1.Prevention programming (Early Head Start) 2.Faith based community 3.	1. Single parents 2. Children poverty 3. Unemployment
2. Availability of alcohol and other drugs	1. Law Enforcement Saturation Patrols 2. School prevention programs 3. Random drug screens: schools, probation department, West Central Community corrections	1. General acceptance 2. Unemployment 3.
3.Adult and youth mental health issues	1. School Corporations 2. Purdue Extension 3. Adult Education programs	1. Lack of community mental health centers

<sup>1</sup>Risk and protective factors extracted from IUPUI Center for Health Policy Community Conditions Favorable for Substance Use, April 2018.

		2. Transportation 3. Staff shortages nationwide
Protective Factors	Resources/Assets	Limitations/Gaps
1. Alcohol, tobacco and other Drugs (ATOD) outpatient counseling	1. Choices Counseling Center 2. Celebrate Recovery 3. Valley Oaks-Health Beyond the Violence	1. Lack of insurance & providers. 2. Lack of residential treatment. 3. Lack of half-way house treatment or a step down housing.
School Corporations and Community Programs	1. Red Ribbon Week, Life Skills Prevention Programs, and Sport Prevention Plus Program. 2. Parks Summer Programs 3. Purdue Extension, 4-H	1. Lack of funding. 2. Lack of student participation. 3. Lack of Some parental involvement.
Law Enforcement	1. Sheriff's Dept., Local police depart. 2. Increased patrols 3. Probation department	1. Lack of funding 2. Lack of equipment 3. Lack of manpower

### III. Making A Community Action Plan

*Now that you have completed a community assessment and have identified the risk and protective factors that exist, you can develop a plan of action. The Comprehensive Community Plan (CCP) is a systematic and community-driven gathering, analysis, and reporting of community-level indicators for the purpose of identifying and addressing local substance use problems.*

Step 1: Create problem statements, and ensure problems statements are in line with statutory requirements

Step 2: Ensure your problem statements are evidence-informed, then prioritize

Step 3: Brainstorm what can be done about each

Step 4: Prioritize your list, and develop SMART goal statements for each

Step 5: List the steps to achieve each goal

#### Step 1: Create + Categorize Problem Statements

*Create problem statements as they relate to each of the identified risk factors.*

Risk Factors	Problem Statement(s)
1. Generational substance use	1. Generational alcohol/substance use/abuse is present in Fountain County  2. Adults and youth don't recognize the consequences of substance use  3. Often children are present which normalizes use
2. Availability of alcohol and other drugs	1. Adults of Fountain County are abusing alcohol and other drugs.  2. The youth of Fountain County are using alcohol.  3.
3. Adult and youth mental health issues	1. Delays in assessing mental health concerns 2. Transportation 3. Education and awareness of substance use disorder and mental health conditions is lacking

## Step 2: Evidence-Informed Problem Statements

*Identify your top three problem statements using local or state data. Ensure that there is a problem statement for each co-equal funding category (e.g., prevention/education; intervention/treatment; and criminal justice services and activities).*

Problem Statements	Data That Establishes Problem	Data Source
1. Youth need prevention, education and treatment related to alcohol and substance abuse	Indiana Youth Survey Region 4 states an increase in alcohol abuse. In 2020 Student reported alcohol use was 13.3 % and in 2022 it was 14.1%	Indiana Youth Kids Count Data Dashboard (2024)



	<p>Indiana Youth Survey Region 4 states a decrease in marijuana use, however the 6.5% of student use is above the State average of 6.4% in 2022</p> <p>Indiana Youth Survey Region 4 states a decrease in vaping, however the 11.4% of student use is above the State average of 9.4% in 2022</p>	
2. Adults of Fountain County are abusing alcohol and other drugs.	<p>In Fountain County, Indiana, 16% of adults reported binge or heavy drinking.</p> <p>Alcohol cases filed in 2021: 65</p>	

	<p>public intoxication- 8 illegal possession or consumption of alcohol by a minor- 1</p> <p>operating a vehicle while intoxicated-14 operating a vehicle with an ACE of 0.08 or more- 14 operating a vehicle with an ACE of 0.15 or more- 11</p> <p>operating a vehicle with an ACE of 0.15 or more with a passenger less than 18 years of age- 3</p> <p>operating a vehicle while intoxicated endangering a person- 11</p> <p>operating a vehicle while intoxicated endangering a person with a passenger less than 18 years of age- 3</p> <p>2021 Probation Department positive drug screens for alcohol-8</p> <p>Between January 1, 2021 and December 31, 2021, Choices Counseling, LLC, had 122 alcohol &amp; drug offenses. referrals from Fountain County, with 42 being specific to alcohol.</p> <p>Alcohol = 42 combined total Alcohol &amp; Methamphetamine – 3</p> <p>Alcohol &amp; Marijuana – 24</p> <p>2021 Prosecutor’s office</p> <p>2021 Probation Department</p> <p>847 screens administered</p> <p>January 1, 2021 and December 31, 2021, Choices Counseling, LLC, who serves West Central Regional Community Corrections (WCRCC) (contact: dsnider@wcrcc.net)</p> <p>Alcohol, Marijuana &amp; Methamphetamine-16</p> <p>Alcohol &amp; Opiates-1</p>	
--	--	--

	<p>Alcohol, Heroin &amp; Marijuana -3</p> <p>Alcohol, Opiates &amp; Cocaine-1</p> <p>Between January 1, 2021 and December 31, 2021, West Central Regional Community Corrections had 59 referrals from Fountain County specific to alcohol offenses-16</p> <p>2/1/21 (opened doors) - 12/31/21</p> <p>Served over 100 new adult clients &amp; 9 adolescent clients.</p> <p>35 were actively engaged in the legal system for offenses related to drugs and alcohol. HJ&amp;F provided individual Substance abuse counseling, Intensive Outpatient Group Therapy services, and mental health counseling to address comorbid mental health issues. As of 3/15/22, 100% of those who have completed IOP continue to maintain sobriety and stay engaged in therapy services.</p> <p>Indiana Youth Survey Region 4:</p> <p>23.5% of 11th graders surveyed reported monthly use of alcohol (State average 20.8%)</p> <p>7.5% of 11th graders survey reported binge drinking (State average 8.8%)</p> <p>24.9% of 12th graders surveyed reported monthly use of alcohol (State average 28.5%)</p> <p>9.2% of 12th graders survey reported binge drinking (State average 12.7%)</p> <p>2021 West Central Regional Community Corrections (WCRCC)</p>	
--	---	--

	<p>(contact: dsnider@wcrcc.net)</p> <p>2021 Happy, Joyous, Free Recovery Life Coaching (contact tim@hjflifecoaching.com)</p> <p>2020 Indiana Youth Survey Region 4</p> <p><a href="https://inys.indiana.edu/">https://inys.indiana.edu/</a> (latest data available)</p> <p>2020 Indiana Youth Survey Region 4</p> <p>2020 Indiana Youth Survey Region 4 youth have a range of high risk on Academic Failure scale from 35.1% in 6th grade to 34% in 12th grade. Community: laws and norms favorable to drug use have a range of high risk from 23.1% in 8th grade to 27.4% in 12th grade. Sixth grade was NA</p> <p>2019 Median household income: \$55,337.00 (#47 in State) Poverty rate: 12.5% (#29 in State)</p> <p>Poverty rate among children under 18: 17.4% (#28 in State), Free and reduced fee lunch recipients: (# 78 in State)</p> <p>Annual Unemployment rate 6.5 (#46 in State)</p> <p>December 2021: Unemployment rate: 1% (#54 in State)</p> <p>Public school enrollment: 2464 (#73 in State) 2019 ACS: Adults over 25 with High School diploma or higher 89% (#40 in State) BA or higher education 14.9% (#64 in State)</p> <p>Public school enrollment: 2464 (#73 in State) Adults over 25 with High School diploma or higher 89% (#40 in</p>	
--	--	--

	<p>State) BA or higher education 14.9% (#64 in State) 2019 Median household income: \$55,337.00 Adults reporting excessive drinking: 18% (IN 19%) 2020: 300 in 4-H and 16 Jr. Leaders 2021: 307 in 4-H and 24 Jr. Leaders <a href="https://inys.indiana.edu/">https://inys.indiana.edu/</a> (latest data available) 2-14-22 <a href="http://www.stats.indiana.edu/profiles">www.stats.indiana.edu/profiles</a> 2-24-22 -IndianaIndicators.org 2-12-22 IndianaIndicators.org/dash Purdue Extension, 4-H 2019-2020 School suspension or expulsions related to alcohol, tobacco and/or drug use in Fountain County- students counted once: 32 2019 Valley Oaks Health reported 43 individuals receiving addiction treatment services in Fountain County 2020 Valley Oaks Health reported 47 individuals receiving addiction treatment services in Fountain County</p>	
3. Education and awareness of substance use disorder and mental health conditions is lacking	<p>Indiana Youth Survey Region 4 states an increase in student reported mental health issues. In 2020 Student reported “feeling sad” was 34.6% and in 2022 it was 37.6%</p> <p>Indiana Youth Survey Region 4 states an increase in student reported mental health issues. In 2020 Student reported</p>	

	<p>“considered suicide” was 17.8% and in 2022 it was 18.2%</p> <p>Indiana Youth Survey Region 4 states an increase in student reported mental health issues. In 2020 Student reported “planned suicide” was 13.1% and in 2022 it was 13.6%</p> <p>Fountain County ratio of mental health providers to individuals is 1,264:1</p>	
--	--	--

### Step 3: Brainstorm

*Consider the resources/assets and limitations/gaps that were identified for each risk factor, and list what actions can be taken for each identified problem statement.*

Problem Statements	What can be done (action)?
Youth need prevention, education and treatment related to alcohol and substance abuse	1. Increase education/prevention activities that address abstinence skills for youth.

	2.Support schools in evidence-based programming and drug screening.  3.Increase substance use/abuse referrals
Adults of Fountain County need education, prevention and treatment programs in substance use/abuse	1. Support treatment providers that provide services to SUD individuals without insurance, drug testing and programming  2.Support and encourage education/prevention through community involvement  3.Support local law enforcement/probation through increasing capacity and other means to reduce/drug/alcohol use/abuse
Education and awareness of substance use disorder and mental health conditions is lacking	1. Increase awareness of mental health concerns to school aged children. 2. Increase mental health services to youth and adults. 3. Increase the understanding of a connection between substance abuse and mental health issues.

#### Step 4: Develop SMART Goal Statements

*For each problem statement, prioritize your list of what can be done. Choose your top two actions for each. Then, develop goal statements that demonstrate what change you hope to achieve and by when you hope to achieve it.*

<b>Problem Statement #1</b> - Youth need prevention, education and treatment related to alcohol and substance abuse
Goal 1 - Increase education/prevention activities that address abstinence skills for youth.
Goal 2 - Support schools in evidence-based programming and drug screening.

<b>Problem Statement #2</b> - Adults of Fountain County need education, prevention and treatment programs in substance use/abuse
Goal 1 – Support a variety programs with the cost of drug screens, fee scholarships for treatment, curriculum and supplies for clients and families in assisting with intervention and treatment
Goal 2 – Support and encourage education/prevention through community involvement and activities
<b>Problem Statement #3</b> - . Education and awareness of substance use disorder and mental health conditions is lacking
Goal 1 – . Increase awareness of mental health concerns to school aged children
Goal 2 – Support training for law enforcement/first responders to recognize substance use disorders and co-occurring mental health conditions and increase referrals for individuals and families.

### Step 5: Plans to Achieve Goals

*For each goal, list the steps required to achieve each*

<b>Problem Statement #1</b> - Youth need prevention, education and treatment related to alcohol and substance abuse	<b>Steps</b>
Goal 1 - Increase education/prevention activities that address adstinence skills for youth.	1. Support schools in implementing evidence-based prevention strategies.  2.Support and fund substance free alternative events for youth  3.Support and fund opportunities to educate youth on prevention and education.
Goal 2 - Support schools in evidence-based programming and drug screening.	1. Support schools in implementing evidence-based prevention strategies. 2. Support schools in drug screening efforts 3. Support schools with educational/prevention opportunities



<b>Problem Statement #2 - Adults of Fountain County need education, prevention and treatment programs in substance use/abuse</b>	<b>Steps</b>
Goal 1 - Support treatment providers that provide services to SUD individuals without insurance, drug testing and programming	1. Support and fund treatment providers that provide services for individuals with alcohol/SUD  2. Support and fund community activities and other opportunities to educate and prevention SUD
Goal 2 - Support and encourage education/prevention through community involvement .	1. Support and fund education/prevention through community involvement  2. Support and fund activities to remove controlled substances from the community  3. Support and fund community activities and other opportunities to educate and prevention SUD
<b>Problem Statement #3 - . Education and awareness of substance use disorder and mental health conditions is lacking</b>	<b>Steps</b>
Goal 1- Increase the understanding of a connection between substance abuse and mental health issues .	1. Support and fund initiatives for youth and families to educate and prevent substance misuse 2. Support and fund substance free alternative events  3. Support and fund community mental health providers with services for individuals with alcohol/SUD
Goal 2 - Increase awareness of mental health concerns to school aged children.	1. Support and fund initiatives for youth and families to educate and prevent substance misuse 2. Support and fund substance free alternative events 3. Support and fund justice and law enforcement activities that identify and intervene with youth and adults who have Sud/mental illness

--	--

## IV. Fund Document

<b>Funding Profile</b>					
<b>1</b>	Amount deposited into the County DFC Fund from fees collected last year:				\$6,323.00
<b>2</b>	Amount of unused funds from last year that will roll over into this year:				\$14,861.00
<b>3</b>	Total funds available for programs and administrative costs for this year (Line 1 + Line 2):				\$21,184.00
<b>4</b>	Amount of funds granted last year:				\$18,587.19
<b>Additional Funding Sources (if no money is received, please enter \$0.00)</b>					
<b>A</b>	Substance Abuse and Mental Health Services Administration (SAMHSA):				\$0.00
<b>B</b>	Centers for Disease Control and Prevention (CDC):				\$0.00
<b>C</b>	Bureau of Justice Administration (BJA):				\$0.00
<b>D</b>	Office of National Drug Control Policy (ONDCP):				\$0.00
<b>E</b>	Indiana State Department of Health (ISDH):				\$0.00
<b>F</b>	Indiana Department of Education (DOE):				\$0.00
<b>G</b>	Indiana Division of Mental Health and Addiction (DMHA):				\$0.00
<b>H</b>	Indiana Family and Social Services Administration (FSSA):				\$0.00
<b>I</b>	Local entities:				\$0.00
<b>J</b>	Other:				\$0.00
<b>Categorical Funding Allocations</b>					
Prevention/Education: \$6,396.00    25%			Intervention/Treatment: \$6,394.00    25%		Justice Services: \$6,394.00    25%
<b>Funding allotted to Administrative costs:</b>					
<i>Itemized list of what is being funded</i>					<i>Amount</i>
Coordinator compensation 10%					\$2,000.00
Office supplies					\$0
<b>Funding Allocations by Goal per Problem Statement:</b>					
<b>Problem Statement #1</b>		<b>Problem Statement #2</b>		<b>Problem Statement #3</b>	
Goal 1: \$3,198.00		Goal 1: \$3,197.00		Goal 1: \$3,197.00	
Goal 2: \$3,198.00		Goal 2: \$3,197.00		Goal 2: \$3,197.00	