# The Indiana Commission to Combat Drug Abuse



Behavioral Health Division

# **Comprehensive Community Plan**

County: Dearborn LCC Name: Community Advocating for Substance-Abuse Awareness (CASA) LCC Contact: Amy Rose Address: 423 Walnut Street City: Lawrenceburg, IN Phone: 812.532.3538 Email: arose@dearborncounty.in.gov

County Commissioners: Jim Thatcher, Rick Probst, Art Little Address: 165 Mary Street City: Lawrenceburg Zip Code: 47025

### **Vision Statement**

What is your Local Coordinating Council's vision statement?

Dearborn County Citizens will be empowered to make safe and healthy choices free from the harms of alcohol and other drugs.

**Mission Statement** 

What is your Local Coordinating Council's mission statement?

To develop and support a comprehensive community plan focused on preventing and reducing substance abuse and addiction among youth and adults in Dearborn County by driving impactful advocacy efforts.

Me	mbership List				
#	Name	Organization	Race	Gender	Category
1	Kelley McDaniel	Perfect North	W	F	Business
	-	Slopes			
2	Andrea Speath	Lawrenceburg	W	F	Education
		Community			
		Schools			
3	Alyssa Bailey	UC	W	F	Youth
4	Kendra Whitham	St. Elizabeth Dearborn	W	F	Health
5	Marsheila Wagers	1Voice	W	F	Recovery
6	Stacey Perleberg	CIvista Bank	W	F	Business
7	Garrett Bascom	Garret Basom Law	W	М	Criminal Justice
8	Miranda Boyles	Eagle 99.3	W	F	Business
9	Alan Weiss	City of Greendale	W	М	Civil
10	Guinevere Bansbach	City of Lawrenceburg	W	F	Civil
11	Bonnie Carter	St. Lawrence Jail Ministry	W	F	Faith-based
12	Shane Slack	Greendale Police	W	М	Criminal Justice
13	Brian Miller	Lawrenceburg Police	W	М	Criminal Justice
14	Marcia Parcell	Dearborn County Purdue Extension	W	F	Health education
15	Elizabeth Biersdorfer	Dearborn County Purdue Extension	W	F	4H Youth-serving
16	Krisit Eberhart	Big Brothers Big Sisters	W	F	Youth-serving
17	Martin Justice	Community Mental Health	W	М	Mental Health
18	Kathy Barnum	NAMI SE Indiana	W	F	Mental Health
19	Alex Parnuik	Court Appointed Advocates	W	М	Civic
20	Stephanie Hartman	CHOICES	W	F	Recovery
21	Jascia Robinson	PATHS	W	F	Education

22	Kristina Martin	DO/County	W	F	Criminal Justice
		Prosecutors			
		Office			
23	Danielle Becker	Safe Passage	W	F	Civic
24	Cameron Spence	DCYA-SDHS	W	М	Civic
25	Noah Mersman	DCYA-ECHS	W	М	Civic
26	Lean Ambs	Project Hope	W	F	Recovery
27	Steve Kelly	Probation	W	М	Criminal Justice
28	Maria Coudret	SIEOC	W	F	Youth-serving
29	Breanna Upton	SIEOC	W	F	Health
30	Curt Borntrager	SDHS	W	М	Education

#### LCC Meeting Schedule:

Please provide the months the LCC meets throughout the year:

January, February, April, May, June, August, September, October, November, and December

### **II.** Community Needs Assessment

The first step in developing an effective substance use and misuse reduction plan is to assess your community. A community assessment tells you about your community's readiness to implement prevention, treatment, and justice-related programs to address substance use and misuse. An assessment also provides an overview of the risk and protective factors present in the community, helping your coalition plan more effectively.

#### **Community Profile**

County Name
Dearborn
County Population
50,047
Schools in the community
Sunman-Dearborn Community Schools, Lawrenceburg Community Schools, South Dearborn Community Schools, St. Lawrence and St. Mary's

Medical care providers in the community (hospitals, health care centers, medical centers/clinics, etc.)

Dearborn County Health Department, St. Elizabeth Dearborn, VIMDOS free clinic, Lawrenceburg Urgent Care, St. Elizabeth Urgent Care, VA medical center. Harmony Health clinics

Mental health care providers in the community (hospitals with psychiatric/behavioral health units, mental health clinics, private/public providers, etc.)

Community Mental Health, Bridges Counseling, Anchor counseling, Ireland Home services, Choices coordinated care

Service agencies/organizations

Southeast Indiana Economic Opportunity Corporation, United Way, River Valley Resources, LIfetime Resources, Clearinghouse Food pantry, NorthDearborn Pantry, Purdue Extension, Heart House Homeless shelter, Dearborn County Community Foundation, Court Appointed Advocates, NAMI SE Indiana, Safe Passage, One Community, One Family, Community Blessing Boxes, Nicotine Action Alliance

Local media outlets that reach the community

Eagle Country 99.3, The Beacon, Register Publications, WRBI, The 812, and the Journal-press

What are the substances that are most problematic in your community?

Alcohol, Nicotine, Marijuana, Methamphetamine

List all substance use/misuse services/activities/programs presently taking place in the community.

CMHC-Unity House in-patient recovery services, Southeast Indiana Treatment Center-medication

assisted recovery, Choices-CERT Recovery team, 1Voice-challenge to change, Purdue Extension-Strengthening families, Dearborn County Health Department-TPC programming, St. Elizabeth

Dearborn Recovery support services – St. Lawrence -Jail ministry, Youth Encouragement Services, National Alliance of Mental Illness, Dearborn/Ohio County Prosecutor's Office Diversion programming, Jail Chemical Addiction Program, Faith Recovery Network, Big Brother Big Sister of Greater Cincinnati-mentoring program, One Community One Family-Parent café trauma-informed care, Youth Move SE Indiana, Dearborn County Community Action Recovery Effort, Groups Recover Together, Celebrate Recovery, Dearborn County Youth Ambassadors

#### **Community Risk and Protective Factors**

Use the list of risk and protective factors to identify those present in your community. Identify the resources/assets and limitations/gaps that exist in your community related to each. The lists are not all-inclusive and others may apply.

<u>Risk Factors Examples:</u> trauma and toxic stressors; poverty violence; neighborhood characteristics; low neighborhood attachment; community disorganization; community norms and laws favorable toward drug use, firearms, and crime; availability of alcohol and other drugs; weak family relationships; family substance use; peer substance use; mental health problems; families moving frequently from home to home; limited prevention and recovery resources.

<u>Protective Factors Examples:</u> strong family relationships; neighborhood economic viability; low childhood stress; access to health care; access to mental health care; community-based interventions; restricted access to alcohol and other drugs including restrictive laws and excise taxes; safe, supportive, and connected neighborhoods; meaningful youth engagement opportunities; local policies and practices that support healthy norms and child-youth programs; positive connection to adults.<sup>1</sup>

Risk Factors	<b>Resources/Assets</b>	Limitations/Gaps
Adults have weakened family relationships	The strengthening families program is available for free, and access to faith-based options throughout the county.	More policymakers should focus on prevention.
History of family substance abuse	CARE, Strong adult recovery community, CMHC family therapy	Local culture prevents families from seeking help.
Parental attitudes are favorable towards alcohol, tobacco, and marijuana	Nicotine Action Alliance, Mobile Outreach Partnership	Communities glorify "entertainment" districts that focus on alcohol.
Adults and Youth need more options for mental health.	CMHC crisis team, CERT, Be well, Indiana	Schools need more mental health staff.
Vaping- E-cigarettes	Nicotine Action Alliance, DCYA, VOICE	Retailers sell to juveniles because penalties are less than sales.
Community normalization of alcohol use	Afterschool pograms, DCYA	The majority of community events have alcohol. The county seat uses "Whiskey City" to promote tourism.
Protective Factors	Resources/Assets	Limitations/Gaps
Community programming around families	IYI Parent Café's	Parent participation
	Strengthening families program	Transportation

<sup>&</sup>lt;sup>1</sup>Risk and protective factors extracted from IUPUI Center for Health Policy Community Conditions Favorable for Substance Use, April 2018.

	Faith-based resources	Lack of motivation to"make the time" to participate
Meaningful youth activities with a connection to the	Library, 4H, DCYA, Hope squad, BBBS site-based	Lack of transportation
community	mentoring, SAAD, JAG, community center, and main street family events	Low-income families cannot pay registration fees. Parent "buy-in"
	Large faith-based opportunities	
Trusted adults providing positive engagement outside of	Big Brothers Big Sisters' site	Parents/caregivers are unaware of resources
school	based mentoring	
	4H programming	Rural locations combined with transportation issues
	Dearborn County Youth	•
	Ambassadors	"vetting" adults who participate in youth organizations

## III. Making A Community Action Plan

Now that you have completed a community assessment and have identified the risk and protective factors that exist, you can develop a plan of action. The Comprehensive Community Plan (CCP) is a systematic and community-driven gathering, analysis, and reporting of community-level indicators for the purpose of identifying and addressing local substance use problems.

Step 1: Create problem statements, and ensure problems statements are in line with statutory requirements

Step 2: Ensure your problem statements are evidence-informed, then prioritize

Step 3: Brainstorm what can be done about each

Step 4: Prioritize your list, and develop SMART goal statements for each

Step 5: List the steps to achieve each goal

#### **Step 1: Create + Categorize Problem Statements**

Create problem statements as they relate to each of the identified risk factors. **\*\*We reviewed** these and are deciding to keep them "as is" since we have only had one grant cycle to work on them, some of which are ongoing- we did update where necessary, especially in the goal area.

Risk Factors	Problem Statement(s)
Parental attitudes favor alcohol, tobacco, and marijuana	Dearborn County Youth use and misuse alcohol, marijuana, and vaping products
Community culture stigmatizes SUD.	due to a relaxed attitude towards substances by parents/caregivers.
Family Substance use	Current culture glamorizes the use of alcohol, vapes, and marijuana but stigmatizes those with SUD.
	Youth using Substances is seen as a "rite of passage" without treatment referrals.
Youth have easy access to e-cigarettes.	Families and youth need more assets and a continuum of care to increase protective
Alcohol is viewed as "they are going to do it anyway" attitude	factors around substance use and abuse.
Availability of Delta THC in the local retail Environment	The ever-growing retail environment around vaping products blurs the lines between nicotine and marijuana
Not enough mental health workers	Access to timely mental health services is limited.
Trauma and toxic stressors	Adults in Dearborn county use and misuse of alcohol and other drugs
Poverty cycle	The Poverty cycle makes addressing SUD more challenging
Methamphetamine continues to be an issue.	Lack of time to integrate SEL programs heightens negative experiences

#### **Step 2: Evidence-Informed Problem Statements**

Identify your top three problem statements using local or state data. Ensure that there is a problem statement for each co-equal funding category (e.g., prevention/education; intervention/treatment; and criminal justice services and activities).

Problem Statements	Data That Establishes	Data Source
Dearborn County Youth	Problem 64.71% of community/coalition	
use and misuse alcohol,	members chose this statement	
marijuana, and vaping		LCC CCP survey 2022
products due to a	Tobacco Outlets Non-	
relaxed attitude towards	Compliance Rates for Minimum	
substances by		IPRC County snapshot 2021
parents/caregivers.	Age Laws	
	Dearborn Indiana	
	Number of tobacco compliance	
	inspections 16 2,662	IPRC County snapshot 2021
	Number of tobacco compliance	
	Violations 1 279	
	Percent of inspections that were	
	non-compliant 6.3% 10.5%	
	Nearly one-third of Hoosier	
	middle school students	
	(31.9%) and nearly two-thirds of	
	high school students under age 18 (62.6%)	
	thought it would be	
	somewhat or very easy to get	
	tobacco products if	
	they wanted some.	
	The majority of youth under	
	age 18 who use	
	cigarettes, cigars, or smokeless	
	tobacco obtain these	
	products from social sources,	
	such as having	
	someone else buys tobacco for	
	them.	
	Underage youth who purchased	
	tobacco most	
	commonly reported purchasing	
	tobacco from gas	
	stations or convenience stores.	
	School Suspensions or	
	Expulsions Related to Alcohol,	
	Tobacco, and/or Drug Use* Dearborn Indiana	
	Number of Suspensions	
	/Expulsions Incidents* 138	
	10,571	
	Number of Unique Students	
	Receiving	
	Suspension/Expulsion 124	
	9,713	
	50.0% of community/coalition	
	members chose this statement	

	Number and Percent of Children	
	Removed From Home Due to	
	Parent Alcohol and/or Drug	
	Abuse* Dearborn Indiana	
	Total Removals for Period	
	(SFY2020) 30 7,511	
	Parent Alcohol Abuse and/or	
	Parent Drug Abuse Indicated for	
	Removal Reason (Count)	
	20 4,578	
	Parent Alcohol Abuse and/or	
	Parent Drug Abuse Indicated for	
	Removal Reason (%) 66.7%	
	61.0%	
	Divorce and separation rates	
	Dearborn Indiana	
	Percent of population 15 years	
	and over who are divorced	
	11.0% 12.4%	
	Percent of population 15 years	
	and over who are separated	
	1.3% 1.3%	
Adults in Dearborn	50.0% of community/coalition	LCC CCP survey 2022
county use and misuse	members chose this statement	y
alcohol and other drugs	Number of Treatment Episodes	IPRC County snapshot 2021
	with Alcohol Use and	j i j i j i j i j i j i j i j i j i j i
	Dependence Reported at	IDH TPC County report 2021
	Treatment Admission in	J J J J J J J J J J J J J J J J J J J
	Indiana, by County (Treatment	IPRC County snapshot 2021
	Episode Data Set, SFY 2020)	j i j i j i j i j i j i j i j i j i j i
	Dearborn treatment episode,	
	Alcohol use 192 alcohol	
	consumotion88 45.8% 51 26.6%	
	Number and Rate (per 1,000) of	
	All and Fatal Alcohol-Related	
	Collisions in Indiana, by County	
	(Automated Reporting	
	Information Exchange System,	
	2019)	
	Excessive drinking	
	19%	
	18-20%15% 19%	
	Alcohol-impaired driving deaths	
	26%	
	Adult smoking	
	23%	
	Substance Use Treatment	
	Episodes*	
	Dearborn Indiana	
	Total number of admissions for	
	treatment 192 29,170	
	1041110111 172 27,170	

[		
	111 10,579	
	Percent of admissions with	
	prescription opioid use reported	
	57.8% 36.3%	
	Number of admissions with	
	alcohol use reported 88	
	12,148	
	Percent of admissions with	
	alcohol use reported 45.8%	
	41.6%	
	Number of admissions with	
	marijuana use reported 89	
	13,686	
	Percent of admissions with	
	marijuana use reported 46.4%	
	46.9% Number of admissions with	
	cocaine use reported 24 3,306	
	Percent of admissions with	
	cocaine use reported 12.5%	
	11.3%	
	Number of admissions with	
	heroin use reported 70	
	6,870	
	Percent of admissions with	
	heroin use reported 36.5%	
	23.6%	
	Number of admissions with	
	methamphetamine use reported	
	65 12,008	
	Percent of admissions with	
	methamphetamine use reported	
	33.9% 41.2%	
	Number of admissions with	
	prescription opioid use reported	
Families and youth need	50.0% of community/coalition	
more assets and a	members chose this statement	LCC CCP survey 2022
continuum of care to	Number and Percent of Children	
increase protective	Removed From Home Due to	
factors around substance	Parent Alcohol and/or Drug	IPRC County snapshot 2021
use and abuse.	Abuse* Dearborn Indiana	
	Total Removals for Period	
	(SFY2020) 30 7,511	
	Parent Alcohol Abuse and/or	
	Parent Drug Abuse Indicated for	
	Removal Reason (Count)	
	20 4,578	
	Parent Alcohol Abuse and/or	
	Parent Drug Abuse Indicated for	
	Removal Reason (%) 66.7%	

61.0%	
Divorce and separation rates	
Dearborn Indiana	
Percent of population 15 years	
and over who are divorced	
11.0% 12.4%	
Percent of population 15 years	
and over who are separated	
1.3% 1.3%	

## **Step 3: Brainstorm**

Consider the resources/assets and limitations/gaps that were identified for each risk factor, and list what actions can be taken for each identified problem statement.

Problem Statements	What can be done (action)?
Dearborn County Youth use and misuse alcohol, marijuana, and vaping products due	Promote the Hidden in Plain sight parent training.
to a relaxed attitude towards substances by	Continue to share media that has an education
parents/caregivers.	prevention message.
	Sponsor and support "sober" events
Families and youth need more assets and a	Work to expand the reach of the Youth
continuum of care to increase protective factors around substance use and abuse.	Ambassador program, offering more opportunities for SPARKS programming.
	Educate local lawmakers to help with legislation around violations of sales to minors.
	Promote family activities that have meaningful engagement opportunities.
	Develop a story-sharing platform for youth that
	fosters positive encouragement.
Adults in Dearborn county use and misuse alcohol and other drugs	Promote mental health resources.
	Share community resources and Mobile Outreach
	partnership stops to address barriers parents/adults may have.
	Create-survey for adults around their thoughts on
	how to best promote misuse of substances.

#### **Step 4: Develop SMART Goal Statements**

For each problem statement, prioritize your list of what can be done. Choose your top two actions for each. Then, develop goal statements that demonstrate what change you hope to achieve and by when you hope to achieve it.

#### **Problem Statement #1**

#### Goal 1 ONGOING

Reduce the number of juvenile delinquency actions and incidents of illegal drugs and vaping use in schools by 1% in 2022-2023.

#### Goal 2 ONGOING

Increase adult awareness of the dangers of youth use and adult misuse by 1% through calculated media campaigns in 2022-2023.

#### **Problem Statement #2**

#### Goal 1 ONGOING

Decrease CPS cases attributed to substance misuse by 1% in 2022-2023 by providing resources to young couples about the importance of the co-parent household for the success of children

#### Goal 2 ONGOING

Increase parents' engagement in after school programs by 1% in 2022-2023 by creating resources and implementing programs that emphasize on the importance of co-parenting.

#### **Problem Statement #3**

#### Goal 1 ONGOING

Decrease substance misuse arrests and recidivism by 1 % in 2022-2023 by supporting family recovery programming in Dearborn County.

#### Goal 2 ONGOING

Increase mental health resources/services by 1% in Dearborn County in 2022-2023 by connecting community members to local providers.

#### **Step 5: Plans to Achieve Goals**

For each goal, list the steps required to achieve each

Problem Statement #1	Steps
Goal 1 ONGOING	1. Be aware of the problem
Reduce the number of juvenile delinquency	/staff/parent/caregiver education.
actions and incidents of illegal drugs and vaping	
use in schools by 1% in 2022-2023.	2. Alternatives from suspension for youth
	in middle and high school

	<ol> <li>Use available resources and enable parents to understand nicotine addiction. (BRC referrals, juvenile court participation)</li> <li>Cultivate a better relationship between families and law enforcement.</li> </ol>
Goal 2 <b>ONGOING</b> Increase adult awareness of the dangers of youth use and adult misuse by 1% through calculated media campaigns in 2022-2023.	<ol> <li>Hidden in plain sight and DCYA presence at freshman orientation.</li> <li>Strategic prevention media - DCYA make a theater add</li> <li>Empower bars and restaurants to become smoke/vape free – work with the Nicotine Action Alliance</li> </ol>
Problem Statement #2	Steps
Goal 1 <b>ONGOING</b> Decrease CPS cases attributed to substance misuse by 1% in 2022-2023 by providing resources to young couples about the importance of the co- parent household for the success of children.	<ol> <li>Earlier intervention through social service than legal</li> <li>Family sober living facilities, including family therapy on site. <i>MORE PARENT</i> <i>PARTICIPATION AT YES</i> <i>HOME</i></li> <li>Fund Think smart stay safe, kids on the block, and strengthen families programs.</li> </ol>
Goal 2 <b>ONGOING</b> Increase parents' engagement in after school programs by 1% in 2022-2023 by creating resources and implementing programs that emphasize on the importance of co-parenting.	<ol> <li>Work with PTOs to create a more engaging system outside school email blasts.</li> <li>Incentivise parents to volunteer with their children</li> <li>Set up parent surveys to get parent opinions in nontraditional outlets to try and capture those who are usually unengaged</li> </ol>
Problem Statement #3	Steps
Goal 1 <b>ONGOING</b> Decrease substance misuse arrests and recidivism by 1 % in 2022-2023 by supporting family recovery programming in Dearborn County.	<ol> <li>Obtain MOUs from coalition partner agencies to utilize SAHMSA's "talk they listen" social media posts.</li> </ol>

	<ol> <li>Use the coalition's chamber membership to spread prevention messaging during the "chamber minute" on Eagle 99.3 radio.</li> </ol>
	<ol> <li>Engage parents from the recovery community to help mobilize others</li> </ol>
Goal 2 <b>ONGOING</b> Increase mental health resources/services by 1% in Dearborn County in 2022-2023 by connecting	1. Continue to use shared community drives to share resource lists and brochures
community members to local providers.	2. Support new initiatives at Community Mental Health, and NAMI
	3. Increase community awareness of bewellindiana.com

# **IV. Fund Document**

The fund document allows the LCC to provide finances available to the coalition at the beginning of the year. The fund document gauges an LCC's fiscal wellness to empower their implementation of growth within their community. The fund document also ensures LCCs meet the statutory requirement of funding

programs within the three categories of (1) Prevention/Education, (2) Treatment/Intervention, and (3) Criminal Justice Services and Activities (IC 5-2-11-5).

Fu	Funding Profile					
1	Amount deposited into the County DFC Fund from fees collected last year:			\$61,880.00		
2	Amount of unused funds from last year that will roll over into this year:			\$0.00		
3	Total funds available for program	s year	\$61,880.00			
-	(Line $1 + Line 2$ ):			-		
4	Amount of funds granted last year:			\$74,093.92		
Additional Funding Sources (if no money is received, please enter \$0.00)						
Α	Substance Abuse and Mental Health Services Administration (SAMHSA):			\$0.00		
B	Centers for Disease Control and Prevention (CDC):			\$0.00		
С				\$0.00		
D	Office of National Drug Control Policy (ONDCP):			\$0.00		
Е	Indiana State Department of Health (ISDH):			\$0.00		
F	Indiana Department of Education (DOE):			\$0.00		
G	Indiana Division of Mental Health and Addiction (DMHA):			\$0.00		
Η	Indiana Family and Social Services Administration (FSSA):			\$0.00		
Ι	Local entities:			\$95,000.00		
J	Other:			\$0.00		
Categorical Funding Allocations						
_	evention/Education:	Intervention/Treatment:	Justice Services:			
\$15	5,470	\$ 15,470	\$15,470			
Funding allotted to Administrative costs:						
	nized list of what is being funded	costs:	Δm	ount (\$100.00)		
			\$15,470.00			
			\$0.00			
	Funding Allocations by Goal per Problem Statement:					
	Problem Statement #1 Problem Statement #2 Problem Statement #3					
			Trobicin	Statement #5		
Goal 1: \$7,735.00		Goal 1: \$7,735.00	Goal 1: \$7,735.00			
Go	Goal 2: \$\$7,735.00 Goal 2: \$7,735.00 Goal 2: \$7,735.00		7,735.00			
L		1				