



Indiana Statewide Implementation of Multisystemic Therapy (MST)

What is the opportunity?

Indiana Family and Social Services Agency (FSSA) Division of Mental Health and Addiction and the Indiana University School of Medicine Department of Psychiatry have partnered to conduct a statewide implementation of Multisystemic Therapy (MST) using funds provided by FSSA. Currently, there are no standard MST service providers in Indiana. *Our goal is for every Indiana child to be able to access MST services within an hour of their home.*



Who is eligible to participate?

Any youth-serving organization within the State of Indiana which treats youth with serious externalizing behaviors and/or justice-involved youth.



What is involved?

Participating provider organizations will work with IUSM and MST Services to:

- Assemble at least 1 MST team: 1 supervisor and 2-4 fully MST-dedicated therapists
- Attend 5-day MST orientation training
- Provide MST to local eligible youth



Which costs are covered by FSSA funds?

- Startup costs, including program development and 5-day orientation training
- Program support and license fees for 1 year

What is Multisystemic Therapy (MST)?

Multisystemic Therapy (MST) is an effective family-focused and community-based treatment approach for youth 12-18 with serious externalizing behaviors (e.g., theft and other criminal behaviors, aggressive/violent behavior, substance use, chronic school absences) who are at risk of out-of-home placement or involved in the justice system.

How can organizations fund MST sustainably?

In addition to utilizing psychotherapy codes billed to insurers, MST services can be funded through Indiana Department of Child Services (DCS) funding streams for cases that meet eligibility requirements. MST Services will work with agencies to work through funding and referral models to ensure sustainability.



SCHOOL OF MEDICINE
DEPARTMENT OF PSYCHIATRY

Contact Indiana Implementation Team: indmst@iupui.edu

If interested in participating in the Indiana implementation, please email by March 15th

For more information about MST: www.mstservices.com